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KA LEO
THE VOICE

ISSUE.40 VOLUME.110
MON, MAR. 28 - SUN, APR. 03, 2016

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BRING BACK THE FERRY

State needs to learn from its mistakes

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[COVER PHOTOS] RAFAEL EDWARDS / FLICKR; GABRIEL ESTEVEZ / KA LEO O HAWAI'I[COVER DESIGN] ILLUSTRATION BY AMY LOWE / KA LEO O HAWAI'I

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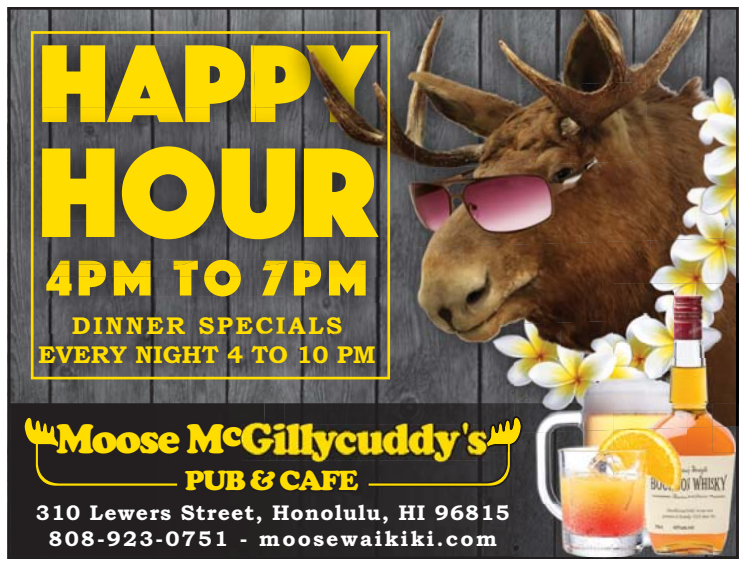

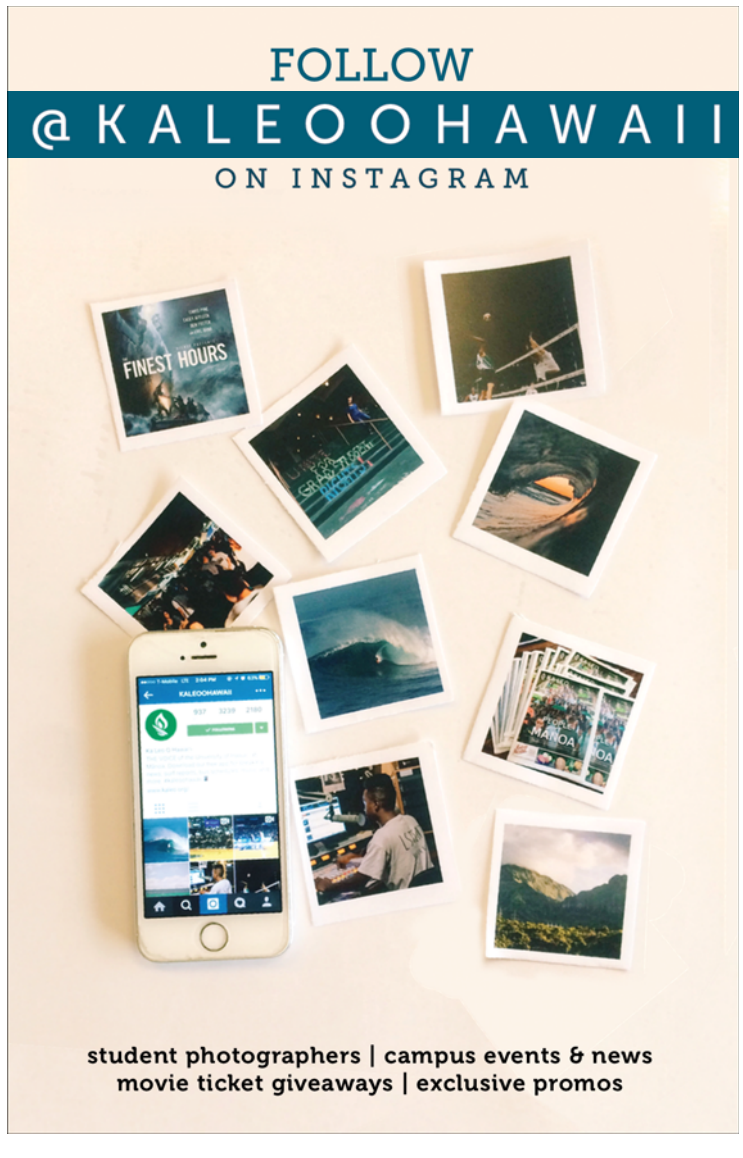

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▼ LET'S HAVE A CHAT

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Raising electronic cigarettes awareness at UH Mānoa

What's in your vaporizer?

SOURCE: TOWNPOST NETWORK / FLICKR

Surveys show a large disparity between the amount of students who actually use cigarettes and the amount of peers they believe use cigarettes.

NICOLE TAM
STAFF WRITER

The campus Health Promotion Office continues to raise awareness and educate students on electronic cigarettes (e-cigs) with its latest campaign, "Not What You Think" – a poster campaign launched in October 2015 and funded by the state Department of Health.

UH Mānoa's smoke-free campus policy went into effect in August 2015. This year's changes in Hawai'i's tobacco laws led the UH Mānoa smoke-free policy to include e-cigs as well.

"When [students] get a little bit of information [about e-cigs], it makes them think twice about it, ask questions about it," said Lisa Kehl, prevention specialist and counselor for the alcohol and other drug education program at on campus.

Posters from the campaign can be found around campus and residential halls. The four different poster designs present information about e-cigs:

Not regulated: electronic cigarettes are not currently regulated by the FDA and devices can leak or even explode.

Not allowed: new Hawai'i law enacted Jan. 1, 2016 prohibits those under 21 from using tobacco products

Not just water vapor: these devices form an aerosol, not water vapor.

Not a cessation device: there's no conclusive evidence that these devices can help people quit.

THE SCIENCE BEHIND E-CIGS

According to Heinz Gert de Couet, professor in molecular cell biology and developmental evolution at UH Mānoa, e-cigs generate small volumes of liquid called aerosol, which are small droplets of steam that carry chemical substances.

"The principle of e-cigs is to generate steam and to mix the water droplets with aromatic substances and with nicotine," Couet said.

Ho Leung Ng, an assistant chemistry professor on campus, said researchers are concerned that nicotine delivery by aerosol is potentially more toxic than regular cigarettes.

"The chemical composition of e-cigarettes is variable and not regulated. Users don't know what they are getting," Ng said.

TACKLING TRADITIONAL SMOKING

However, e-cigs aren't the only issue. Many are concerned about the environmental effects of traditional cigarettes.

Su Jun Lim-Higbie, technology licensing associate for the Office of Technology Transfer and Economic Development, works inside Sinclair Library. As a non-smoker, she raised concerns about cigarette litter issues outside her office.

> **"When [students] get a little bit of information [about e-cigs], it makes them think twice about it..."**
>
> – LISA KEHL
> PREVENTION SPECIALIST

"It's not pleasant, but it actually affects our colleagues who clean the hallway and I feel bad. Go to a designated area and smoke," Lim-Higbie said.

Freshman engineering major and smoker Adrian Ramirez feels that a designated smoking area on campus can improve the littering issue.

"There's a lot of littering going on and there's no excuse for that. [Smokers] should be putting out their butts in the trash anyway, but it doesn't help that there isn't a designated ashtray," Ramirez said.

Areas surrounding the Mānoa campus are courtesy zones which are areas where smokers are asked to face away from campus to ensure smoke is not blowing onto university grounds and that no litter is left behind, according to Healthy Mānoa's map of smoke-free areas. The rest of the UH Mānoa campus is designated a a smoke-free area by administration, although there are no penalties at this time.

YEARLY SURVEYS

An annual online survey on alcohol and cigarette use is administered every year by the Mānoa Alcohol Project and American College Health Association (ACHA).

Since electronic cigarettes are still new, only surveys in the past few years have data on e-cig use.

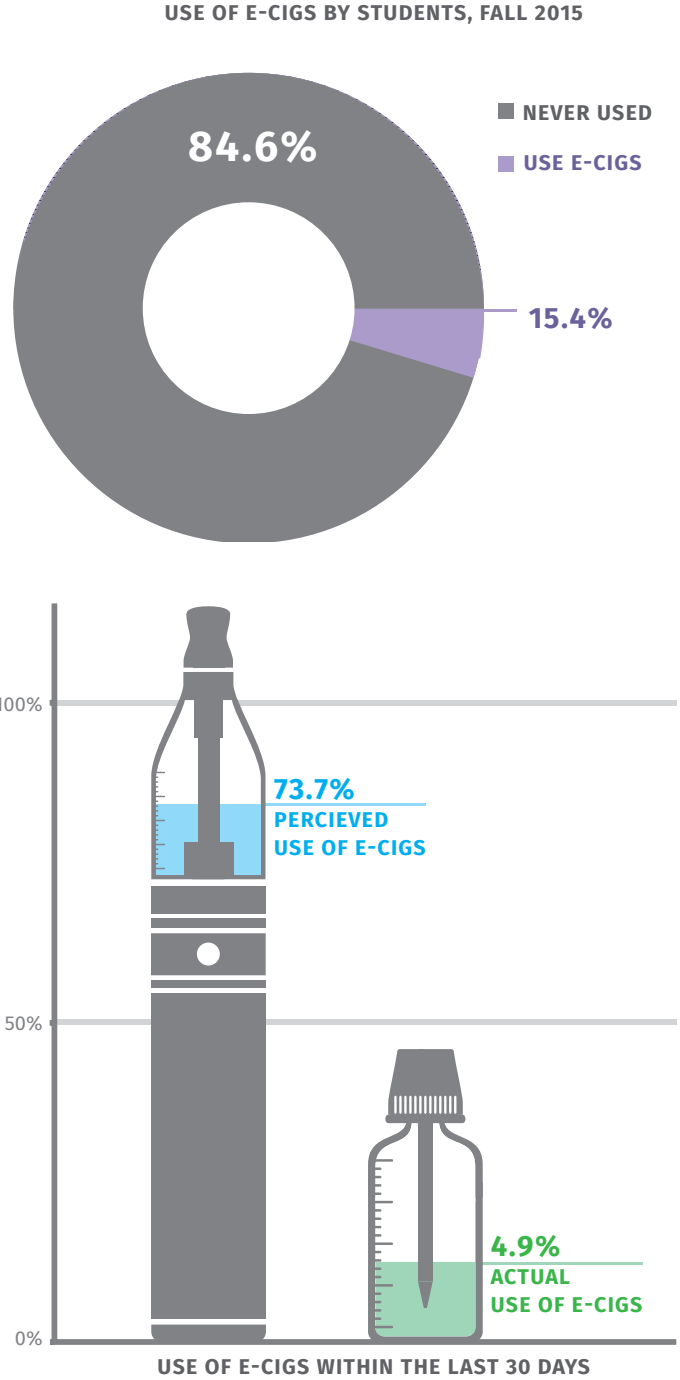
Kehl said around 10 to 12 percent of surveyed students used electronic cigarettes.

Of 19,861 students surveyed in the fall 2015 ACHA National College Health Assessment II (NCHA II), 4.9 percent of participants used e-cigs within the last 30 days of the survey.

"Our concern, especially with e-cigarettes, is that the use is going to go up because that's what they've seen among high school students here in Hawai'i, so we have no idea what to expect from this year's survey," Kehl said.

The 2016 survey will be distributed around the end of April and its results will be released in the summer.

////////////////////// Ka Leo O Hawai'i



ILLUSTRATIONS BY AMY LOWE / KA LEO O HAWAI'I

OPINIONS

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COVER STORY

We should make way for a new ferry

Why Hawaiʻi needs an improved Superferry

ALTAIRISFAR / WIKIMEDIACOMMONS
The old Superferry was recently moved to Canada.

CARLY YASHIKI
STAFF WRITER

Whether you attend school or have family from an outer island, your answer to visiting another Hawaiian island may be in the works. The Superferry, last heard of in 2009 when it went bankrupt, has nine bills circulating amongst lawmakers intending to bring it back in some form – indefinitely.

With a larger, slower boat, in hopes of reducing motion sickness, the state is also going to be mindful of the environmental impact. Sen. Michelle Kidani, a member of the Senate Transportation and Energy Committee, told Hawaii News Now that they want to "do everything right" and continue to "look at the venues and the environmental impact."

Although there is a financial roadblock of $180 million for the two ships, not including operating expenses, the state needs an inter-island system. If the design is environmentally friendly, it will provide a more affordable travel option and help promote local businesses amongst the islands.

A MORE AFFORDABLE TRAVEL OPTION

"The basic gist is to provide our Hawaiʻi residents with another form of transportation that may be less expensive," Kidani said.

When the Superferry was still running, it provided one-way fares ranging from $39 and $49. During this time, interisland tickets were also being sold for $9. Currently, airfares from Hawaiian Airlines range from $150 to over $200. Hawaiʻi was ranked as the most expensive state to live in America. With the living expenses of a Hawaiʻi resident, if the Superferry does return, the competition for inexpensive transportation will continue and ultimately ease the burden of an empty wallet.

SUPERFERRY IMPROVEMENTS

Another major concern of the Superferry was its speed. Although it was able to travel from island to island efficiently with the privilege of bringing along a vehicle, its speed worsened seasickness amongst passengers.

> **"The basic gist is to provide our Hawaiʻi residents with another from of transportation."**
>
> – MICHELLE KIDANI
> TRANSPORTATION AND ENERGY COMM

If the ferry is brought back, it is expected that the speed of the boat will lessen in hopes of preventing further seasickness.

Also, the state has been working towards improving any environmental issues.

"At the end of the day, if we have environmental concerns, they need to be addressed, no different than we did for rail," Mufi Hanneman said to Hawaii Business magazine.

Despite these complaints, according to two polls, one held by Hawaii News Now and the other by the Honolulu Star-Advertiser, the results show that more than 80 percent of people that voted were for an interisland system. In the Star-Advertiser poll, 87 percent of voters think that Hawaiʻi needs an interisland system, whereas the poll by Hawaii News Now showed 90 percent were in favor of the Superferry's return. This poll was out of 494 votes, and the poll results are in the last paragraph of both articles.

TRADE AND THE ECONOMY

Not only does the Superferry provide an inexpensive option to explore other islands, but its return could also generate a larger customer base amongst local businesses.

Dominic Kadooka, from Waimanalo Country Farms said to KHON: "We only sell [our products] here at farmers market. It would be great to have other islands and expand our customer base."

Kadooka is right. Since their best sellers — corn and lemonade — are requested on Maui and Kauaʻi, having an interisland system could promote the growth of local businesses. Especially in his case, due to their farmer's market location.

There is no definite way of knowing the outcome of this project, which is why it must be carefully discussed before making any final decisions. As the state continues to learn from previous flops, the return of the Superferry will hopefully be a permanent one that will continue to sustain interisland commerce.

Ka Leo O Hawaiʻi

General education courses: educating or useless?

BROOKE ALCURAN
STAFF WRITER

Have you ever opened up your University of Hawaiʻi at Mānoa STAR, looked at the small number of general education (GE) courses you have completed, and thought, "Will I ever finish them all?" The amount of GE's the UH Mānoa students take en route to their bachelor's degree is staggering.

At most, UH Mānoa undergraduates will take 23 courses to fulfill their general education requirements. This includes the 202-level competence of the second language requirement, which can take four courses and two years to complete. UH Mānoa should cut unnecessary general education classes required for students to graduate, so that more students may graduate on time.

CAMPUS GE REQUIREMENTS ARE NOT RELEVANT TO MAJORS

I still haven't wrapped my mind around why I need to take seven credits in the natural sciences (DB, DP and DY) as a music performance major and pre-business student. Maybe it is because when I perform in a musical, UH Mānoa wants me to remember the different muscles I am using to sing, or how much force my dance partner needs to exert in order to lift me onto his shoulders at a velocity of x meters per second?

A personal finance class or public speaking class may be important because they are classes that are not always taught in high school and the learning outcomes of these courses are beneficial for everyone in the long run. However, a class like MATH 100, where students are learning basic algebra and geometry, is useless because this is a subject students probably learned in middle or high school.

MORE GE'S EQUAL MORE TIME SPENT GETTING A DEGREE

Pounding students with so many requirements makes it difficult to graduate in a timely manner. UH Mānoa's 2015 six-year graduation rate stood at 57 percent, an increase from 2010's 48 percent.

When more people take longer to graduate, overcrowding happens, which makes it even more difficult for students to get into GE classes and finish them in a timely manner. In general, it seems as if keeping students in the system longer is the only requirement UH Mānoa's general education is asking of its undergraduates.

GE HAS NO PLACE IN COLLEGE EDUCATION

In February 2015, Harvard College's General Education Review Committee released an interim report on the state of their general education program. The committee, appointed by the dean, was comprised of senior faculty members of all divisions, departments and schools in the college. It strove to highlight the program's successes, areas in need of improvement and possible ways to move forward.

The committee found that GE "occupies no place in the college's identity," especially because the school "does little to convey what Gen Ed is or what role it plays in undergraduate education at Harvard." In addition, some students reported that they were not taking their GE's seriously while others reported that they "wish more Gen Ed courses were worth taking seriously."

Although there is not a similar report to this on UH Mānoa's GE program, it seems as if I am not the only college student who feels as if GE courses can actually be taken seriously. If Harvard College students struggle to find the role GE's play in their education, it is rational to believe that UH Mānoa students do as well. For undergraduates, general education study only allows us to get the credits required to graduate and are, quite frankly, useless.

FILE PHOTO / KA LEO HAWAIʻI
Students need a grade of at least a D to pass a GE class at UH Mānoa.

UH MĀNOA CAMPUS RESOURCE PAGE

Your resource for everything happening on the University of Hawai'i at Mānoa Campus

MĀNOA career center EMPLOYMENT

ON-CAMPUS PART-TIME

INTERVIEW TRANSCRIBER
College of Education | $10.10/hour | Close Date: 4/7/16 or when filled

Candidate must have excellent typing speed and accuracy. Supervision will consist of weekly meetings with the student worker about their work progress. No particular educational background is needed. Duties include but may not be limited to: Listening and transcribing audio files of interviews with study participants. The topic of the interviews to be transcribed is the problems faced by people with disabilities in finding appropriate housing. **Job Number: 172403**

OFF-CAMPUS FULL-TIME

CIAF INSURANCE EXAMINER
Hawaii Insurance Division - Captive Branch | Salary: TBD
Close Date: 6/8/16 or when filled

Candidate should have a college degree in accounting, business administration or economics, strong analytical skills and proficiency in Microsoft Word and Excel. Interested candidates should have minimally 3 years of examination or auditing experience in public accounting. The Examiners are responsible to conduct surveillance of the captive insurance companies through risk-focused examinations and financial analysis to ensure these companies are financially solvent. We are seeking motivated individuals who are interested in working in the alternate risk management industry. **Job Number: 171842**

OFF-CAMPUS PART-TIME

SUMMER STUDENT AIDE
City & County of Honolulu - Department of Parks & Recreation
$10.25/hour | Close Date: 5/31/2016 or when filled

Looking for candidates that have successfully completed at least one year of college by June 2016 and intend to continue toward a degree. Candidate must be enrolled in college at least half-time. The majority of summer aides assist the Department of Parks and Recreation in conducting the City's annual Summer Fun Program. As an aide, you will be required to teach classes for children in varies activities. You are responsible for the supervision of children at all times. **Job Number: 171762**

INTERNSHIPS & COOPERATIVE EDUCATION (CO-OP)*

ENGINEER TRAINEE CO-OP
Kaikor Construction Co., Inc. | Compensation: $15.50/hour | Close Date: 5/31/16

We are seeking a candidate that is a second semester sophomore, Junior, Senior, Graduate student. Candidate must be Civil Engineering major, with minimum GPA of 2.0- undergrad, 3.0- grad, with minimum 2 semesters remaining before graduation. Primary function is to assist project engineers in current job management duties. Secondary function is to assist the estimating department in preparing bid/estimates through quantity take offs, subcontractor/material solicitation, research historical data & compile summary reports to assist in future estimates among other things. See job listing for more details. **Job Number: 4639**

**WHAT IS CO-OP? Like internships, Co-ops are education-based and career-related. It is a nation-wide program comprised of a partnership between the employer, the student and the university. Co-ops are paid and require a two semester commitment.*

TO APPLY, GO TO **HAWAII.EDU/SECE**

EVENTS CALENDAR

MAR 28 Monday	MAR 29 Tuesday	MAR 30 Wednesday	MAR 31 Thursday	APR 1 Friday	APR 2 Saturday	APR 3 Sunday
7:30PM - 9:00PM **MAYA HOOVER, MEZZO-SOPRANO & JOSÉ MELÉNDEZ, PIANO** *ORVIS AUDITORIUM* **Mezzo-soprano Maya Hoover and pianist José Meléndez gave their first recital together in 1997, and they have been going strong as a duo ever since.**	*2:30PM - 4:00PM* **SAFE ZONE TRAINING: LGBTQ+ SAFETY AND INCLUSION** *CAMPUS CENTER 309/310* **We will discuss allyship for underrepresented groups, including LGBTQ+ populations, and share strategies to challenge micro-aggressions in various campus settings.** **Preregistration is required:** **manoa.hawaii.edu/ovcafo/uhmhr/ttraining**	*7:30PM - 9:30PM* **OPENING NIGHT: ONE FLEA SPARE** *EARLE ERNST LAB THEATRE* **Set in plague-ravaged 17th century London, a wealthy couple is preparing to flee their home when a mysterious sailor and a young girl try to sneak into their boarded-up house. Now, quarantined together for 28 days, the only thing these strangers fear more than the Plague is each other.** **Tickets: $8-$18.**	*4:30PM - 5:30PM* **FINANCING YOUR GRADUATE EDUCATION** *ORVIS AUDITORIUM* **Join the University of Hawai'i at Manoa Financial Literacy Peer Educators as they talk to undergraduates about how to finance their education. Undergraduate students will walk away with knowledge in how to realistically estimate the cost of their program of study, how to create a budget and most importantly funding options available to them.**	*11:00AM - 3:00 PM* **NATIONAL PB+J DAY** *HEMENWAY HALL 201* **Help us reach our goal of making and donating 1000 sandwiches to the Institute for Human Services! For more info, visit uhmdining.com** *9:00PM - 12:00AM* **CCBAC'S GLOW-UP MANOA** *CAMPUS CENTER BALLROOM* **An EDC event featuring DJ Hapa boy, DJ Technique and starring OVERWERK! This event is for UHM students only so bring your IDs!**	*10:00AM - 1:00PM* **THE MĀNOA EXPERIENCE: UNIVERSITY PREVIEW DAY** *MCCARTHY MALL AND UH MANOA CAMPUS* **Join us for our free annual event open to the public. Learn about admissions, financial aid and the vast opportunities available at the University of Hawai'i at Mānoa. Don't miss your chance to interact with current students, faculty, and staff representing various programs. Discover The Mānoa Experience!**	*4:00PM - 5:30PM* **UH SAXOPHONE CHOIR** *ORVIS AUDITORIUM* **Todd Yukumoto, director.** **The ensemble is made up of UH students and musicians from the community.** **Ticket Information:** **$12 general** **$8 UH faculty/staff/students, seniors** **$5 UHM music majors**

there's a lot more going on this week, so be sure to check out ***hawaii.edu/calendar/manoa***

OPINIONS

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Kimberlee Speakman
Opinions Editor

Orcas don't belong in captivity

Why sea entertainment venues need to stop capturing orcas for show

MARINO CARLOS / FLICKR

SeaWorld recently announced it will end its orca breeding program.

SAGAN EVANS
STAFF WRITER

In February 2010, Dawn Brancheu was finishing her nightly routine as an orca instructor in Seaworld's "Dine with Shamu" celebration. The orca she had been trained to work with, Tilikum, was floating alongside her when he unexpectedly took Brancheu's drifting hair in his mouth, swam to the bottom of the pool, and shook her violently like a toy.

When trainers were finally able to separate Brancheu from Tilikum, it was too late. She had died at the mouth of a 12,000-pound whale.

Three years after the incident, a documentary called "Blackfish" was created, providing an insight into the captivity of orcas, or killer whales, including Tilikum. This film created a public outcry for Seaworld and other marine shows to stop their orca shows and release their captive orcas back into the wild. Unfortunately for Tilikum, the orca shows have continued.

However, National Geographic reported on March 10 that Tilikum is dying of an infectious disease, which has raised the question of whether stealing orcas and other sea animals from the wild, holding them captive and training them to perform in shows is morally correct.

The recent reports of Tilikum's unfortunate end should remind the world of the orcas that are suffering in captivity. The whales being held in marine-parks are used for entertainment and exposed for monetary gain, with little attention being paid to the wellbeing of the animals. Orcas deserve to live happy lives with freedom to roam the oceans without fear of being captured for captivity.

SEAWORLD IGNORED THE DANGEROUS RISKS TO OBTAIN TILIKUM

According to PBS, Tilikum had already been involved in two killings before the incident with Dawn Brancheu. Tilikum killed Keltie Byrne, one of his trainers at Sealand in British Columbia, and eight years later, when he killed a man who had snuck into his Seaworld tank after hours.

"Tilikum is a very disturbed and dangerous animal," said David Kirby, the author of a book called Death at SeaWorld. "But I know of at least 20 other captive animals showing similar behavior. Orcas, after all, are intelligent, family-oriented animals that swim hundreds of miles a day. SeaWorld puts them in tiny tanks so we can pay to see them and distracts us all from the fact that Tilikum has been forced into living a horrible life in a tank far too small for him so that SeaWorld can pad its wallet."

2.5x THE ANNUAL MORTALITY RATE OF AN ORCA IS 2.5 TIMES MORE IN CAPTIVITY THAN IN THE WILD.

ORCAS DON'T BELONG IN CAPTIVITY

According to the Whale and Dolphin Conservation (WDC), as of 2015, there are 56 known orcas being held in captivity. At least 150 orcas have been taken into captivity since 1961, and of those 150, 127 are now dead. The annual mortality rate of an orca is 2.5 times more in captivity than in the wild.

The average lifespan for an orca in the wild is 30 to 50 years, and there have even been cases where orcas have lived to be 100 years old. The average age for captive orcas is 13 years, less than half the minimum age for orcas in the wild.

This is partly due to the whales being kept in small tanks, where they are unable to swim freely with their pod. More often than not, the orcas are kept alone, with limited connection to other whales. When the orcas are put in the same tank, the close quarters leads to fights, which are harmful for both orcas and the trainers involved.

In the wild, it is very rare for an orca to have a collapsed dorsal fin. When they do, it is a sign that the orca is sick or unhealthy. According to the UK Whale and Dolphin Conservation, 100 percent of orcas in captivity have a collapsed dorsal fin due to being confined in shallow pools. Along with this, recent reports that Tilikum is dying from a bacterial lung infection is further proof that orcas in captivity are living unstable lives within the confines of their tanks.

Ka Leo O Hawai'i

SOCIAL COMMENTARY

Spring Break

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For the Love of Tempura

Tempura Ichidai serves fresh tempura in Ala Moana Shopping Center.

RESTAURANT REVIEW

STEPHANIE KIM / KA LEO O HAWAIʻI

The layout of the restaurant includes seats in front of the tempura bar and booths around the ends.

STEPHANIE KIM
STAFF WRITER

Tempura Ichidai in the Ala Moana Shopping Center serves fresh, made-to-order tempura at their tempura bar, which is similar to a Japanese sushi bar. The restaurant opened up on the third floor of the Ewa wing this past January.

The atmosphere of the restaurant is clean and simple – customers sit along the tempura bar either at separate seats or at booths around the corners. The décor was modern and chic and customers have an open view of the kitchen. The restaurant is relatively large as it has two separate bars that are equipped with tempura fryers, rice cookers and server stations.

The restaurant features a set menu, along with the option of a la carte tempura items, appetizers, desserts and an alcohol and soft drink menu. The set menu includes 10 items, including five teishoku sets, one tokusen course and five donburi sets.

The tokusen course ($25) gives you the most items to eat. It includes a course menu of nine different tempura items, such as eggplant, chicken and snapper and finishes with a mini kakiage donburi with broth.

Tax is included for all menu items, so on average, a person can expect to spend $20-25 for a meal.

I ordered the shrimp tempura donburi set ($19), which includes four pieces of shrimp tempura and a piece of eggplant, kabocha (pumpkin) and kale tempura on a bed of rice. The donburi is served with miso soup and bite-size vegetable appetizers, such as pickles and kabocha.

The tempura is fried upon ordering, so it comes out hot and fresh after resting to dry off excess oil. The tempura was lightly battered and crunchy, but mild in taste. Surprisingly, the kale tempura was the most diverse in flavor and taste as the crunchy, salty kale was wrapped in a light tempura batter.

The tempura was lightly battered and crunch but mild in taste. Overall, the dining experience was good but nothing special.

Overall, the dining experience at Tempura Ichidai was good but nothing special. I'm a huge fan of almost any fried goodness, but the tempura here was just okay. The atmosphere was quiet and modern, the menu items were a bit pricey, and the tempura was light, crunchy, but mild in flavors – except for the kale tempura. If you're a big fan of Japanese-style tempura and dining, this is the place to be.

////////////////////// Ka Leo O Hawai'i

RATING

MORE INFO

TEMPURA ICHIDAI

LOCATION
Ala Moana Center
3rd Floor Ewa Wing
1450 Ala Moana Blvd.,
Honolulu, HI 96814

HOURS
11 a.m. – 10 p.m.
(last call at 9:30 p.m.)

CONTACT
955-8899

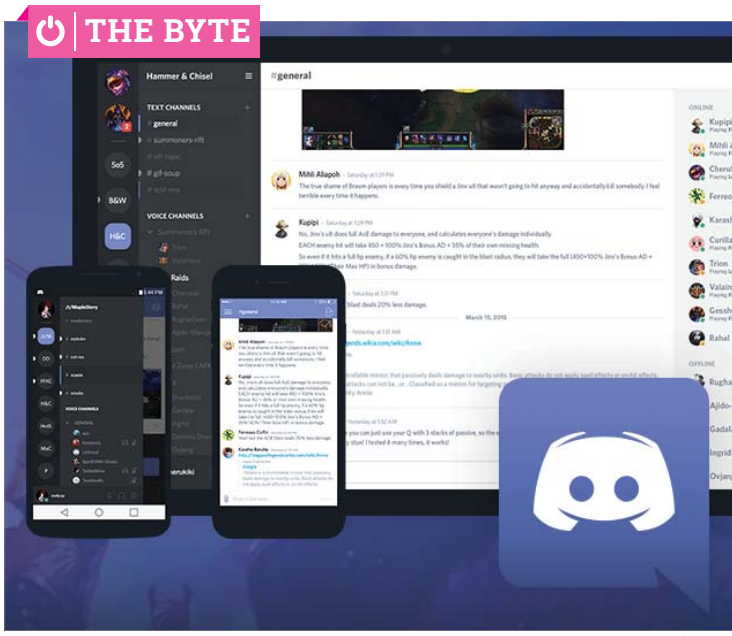
ATTIRE
Casual

ALCOHOL
Beer and wine only

Tempura Ichidai is owned by Pierthirty USA, Inc., a Japanese company that also owns Gokoku Honolulu, a Japanese sushi restaurant in Hawai'i Kai, and Cafe Lani Hawai'i.

SIDEBAR

THE BYTE



SOURCE: DISCORDAPP.COM

Users can subscribe to multiple servers to keep the conversations going.

Discord

Platform makes gaming chat a breeze

IKAIKA SHIVELEY
FEATURES EDITOR

Whether for strategy or leisure, communication is a necessity when it comes to multiplayer gaming. Instead of relying on in-game chat support, Discord gives power to the player.

Before the conversations begin, you must set up an account with a unique username. Once an account is established, users create their own private chat servers – each come with text and voice channels. Others can only gain access if invited, which users can do by sending a link through formats such as Twitter, Facebook or email.

Once invited, people can come and go as they please, even when the server's creator isn't present. A friends list isn't required, but the option allows you to see what games friends are currently playing. For an app that focuses on simplicity, it's quite frustrating that you cannot simply search a username for a friend request. Instead, one must enter an email or find them on a server.

Within text channels, users can send messages, photos, videos and document attachments to one another. Each attachment is sent instantly, eliminating any waits from loading or buffering. Users can create and name multiple channels for specific elements such as announcements, photos or just a general chat. This option is ideal for users with a larger community such as Twitch streamers, as it allows followers to meet in an according channel to chat.

While building a community, even when inactive is desired by many, the voice channels are what drives the app to popularity. The elimination of in-game chat not only removes vulgar 12-year-olds and unwanted rap music, but also allows for private conversations with friends. Have a friend with a sensitive mic? The tools provided by Discord makes it easy to lower the volume level on specific users to preserve your ear drums. The audio quality in the end depends on what microphone the individual is using, which means a voice party may be compiled of both high and low sound quality.

With dedicated servers to support Discord's many users, it's rare to be disconnected – even during extensive gaming that goes well past five hours. To be fair, the pros outnumber the cons in every way, leaving the negativities of the app more as minor gripes. With sleek design and customizable servers, Discord is an ideal application for gamers. Discord is also available via browser and desktop applications, which are both offered for free via their website discordapp.com.

////////////////////// Ka Leo O Hawai'i

RATING

MORE INFO

COST
FREE

DEVELOPER
Hammer and Chisel Inc.

SIZE
9.6 MB

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@kaleosports
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Sports Editor
Zach Johnson
Associate Sports Editor

'Cool in the pool'

UH water polo looks to finish their season the same way they started it

NICOLE TAM / KA LEO O HAWAI'I

The Rainbow Wahine water polo team's two leading scorers are both freshman here at UH.

JAY YUROW
STAFF WRITER

There's a constant hum surrounding UH athletes, no matter what time of year. This is because when a season ends for one sport, it leaves room for another one to begin.

If you're looking to follow Hawai'i's most consistently successful sport as of late, then turn your attention to the Rainbow Wahine water polo team.

The Rainbow Wahine currently rank No. 4 in the NCAA Collegiate Water Polo Association poll and hold a current record of 16-5. The team swept No. 8 Cal with scores of 10-9 and 7-6 victories. They also edged out No. 6 Michigan, 11-10.

Most recently, UH beat No. 7 UC Irvine, 3-2 with a game winning goal courtesy of freshman Irene Gonzalez. Gonzalez's dagger happened with just 13 seconds left to give Hawai'i win number 14.

"We're lucky," associate coach Ryan Castle said. "We're benefiting from having a small roster. Here in Hawai'i these girls have become very close and that's what keeps our team tight and helps us in the water."

> **"Here in Hawai'i, these girls have become very close and that's what keeps our team tight and helps us in the water."**
>
> – RYAN CASTLE
> ASSOCIATE COACH OF WATER POLO

Unlike last year's team however, this year's squad is a little different. Four starters from 2015's Big West championship team are sitting out this season, creating larger roles for the team's freshmen.

These big roles have led to big results. Of the 180 total goals the team has scored this season, 117 have been scored by freshman. Gonzalez leads Hawai'i with 39 goals, followed by Netherlands-born Femke Aan with 37.

"It's sort of nice that we're just coming in as freshman and don't have a preconceived idea," freshman Julia Barton said. "We're not worried about certain people because we haven't played them before. Sure it took us a little while to gel, we were all on separate pages at first. But when it all comes together, it's really nice to be a part of."

Another factor contributing to the team's success is the lack of pressure to excel as a small school, which the squad has embraced.

"I think people see us as a good force but everyone expects USC, UCLA or Stanford to win," attacker Hannah Thompson said. "The pressure is kind of off us in a sense because we're not expected to win all the time."

The Wahine have had the challenge of playing 17 road games before their first at home. The team began their season playing in the UC Santa Barbara tournament, followed by the Brown and UC Irvine Invitationals.

Recently, the team finally began their five home games at the Duke Kahanamoku Aquatic Complex. They hosted UC San Diego, CSU Bakersfield and will host UC Davis.

Hawai'i's first half of the season has been an undeniable success, but the team still has plenty of work to do yet. After UC Davis, the team will head to California once again, where they will conclude the season with another road trip. They will play Cal State Northridge, UC Santa Barbara and Long Beach State. Afterwards, their postseason will include the Big West Tournament and, if that goes as well as their season thus far, hopefully an appearance in the official NCAA tournament.

What do you think?
Let us know @KaLeoSports

The IncrediBows

How the UH men's basketball team made history this past 2016 season

RASHAWN WONG
STAFF WRITER

They say to always expect the unexpected.

This is something that can be said of the University of Hawai'i men's basketball team this past year. What started off as promising, ended just as sweet as the Big West champion Rainbow Warriors defied the odds and made it all the way to the NCAA tournament.

Nobody saw this end result coming with the Rainbow Warriors having to start their season with yet another new head coach. Things didn't get easier for them when they were hit with NCAA sanctions for violations in seasons past. Yet they did not falter, as every hit they took was used as motivation.

"Through adversity in past years, it's pretty dang impressive. They should be celebrated, and I know the state of Hawai'i is very proud of them," head coach Eran Ganot said. "Because at the end of the day their job is to influence people in a positive way, and they certainly did that. Kids look up to [them] in the community over there, morale is high because of them, because of the effort they put in and the manner in which they performed."

This 2015-16 team made the history books by netting a school record 28 victories, as well as winning both the Big West regular season and tournament titles. Not only did they claim an outright bid to the tournament for the first time in 14 years, the 'Bows also brought about a new era in Hawai'i basketball by picking up the first NCAA tournament win in program history. It was only fitting that it came in an upset fashion against the No. 4 California Golden Bears.

"There was a lot of people who put in a lot of work and sacrifice to get us to this point and these guys honored that and they will be remembered forever," Ganot said. "That banner is going to get updated. The [Big West championship] rings are getting touched up ... these guys should be celebrated and I believe they will. We are very appreciative of the tremendous support we have had throughout the year and that's why I say Hawai'i is the best place in the world."

> **"We are very appreciative of the tremendous support we have had ... and that's why I say Hawai'i is the best place in the world."**
>
> – ERAN GANOT
> UH MEN'S BASKETBALL HEAD COACH

Despite having their historic season cut short in a heartbreaker against the fifth seeded Maryland Terrapins in the second round of the tournament, the 'Bows still accomplished history. They were one game away from securing a perfect conference road record and they sold out the Stan Sheriff Center for the first time since 2004. They captured two prestigious post-season awards, as Ganot received the program's first Big West coach of the year honors and forward Stefan Jankovic notched the Big West player of the year honor.

With reduced scholarships and a postseason ban looming over the program next year, people are already question whether the 'Bows will be able to replicate their success from this past season. However, although we must wait on the fate of the four Rainbow Warrior juniors — Jankovic, Aaron Valdes, Mike Thomas and Stefan Jovanovic — this team should still be celebrated for accomplishing feats that haven't happened in over a decade.

"From us playing, to the coaches coaching, to the fans being here and supporting us, it's been a ride," forward Thomas said. "I think just being around the tournament and getting this experience has changed how people view the University of Hawai'i, how we view basketball. I mean, how we live our lives. It's crazy. It was amazing."

All season long, Ganot preached a message of "in order to build for your future, you have to honor your past," and their performance proves that they did. They brought back the semblance of an NCAA tournament run for the first time since 2002. And for the first time in over a decade, Hawai'i basketball fans can feel optimistic about what the future holds.

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University of Hawai'i

Tuition Proposal Public Meetings

Students and members of the public are invited to listen to a presentation on the proposed 2017-18 through 2019-20 tuition schedule and to present testimony at any of the follow meetings:

Apr. 4	1:00 PM	UH Mānoa Campus Center Ballroom
May 2	10:00 AM	Various sites via HITS (check website: http://www.hawaii.edu/offices/aa/tuition)

Testimony can also be sent via email to tuition@hawaii.edu or by mail to Tuition Proposal, UH Academic Planning and Policy, 2444 Dole St. Bachman Annex 6, Honolulu, HI 96822.

For more information visit www.hawaii.edu/offices/aa/tuition

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PHOTOS

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A RELAXING WEEKEND ON LĀNAʻI

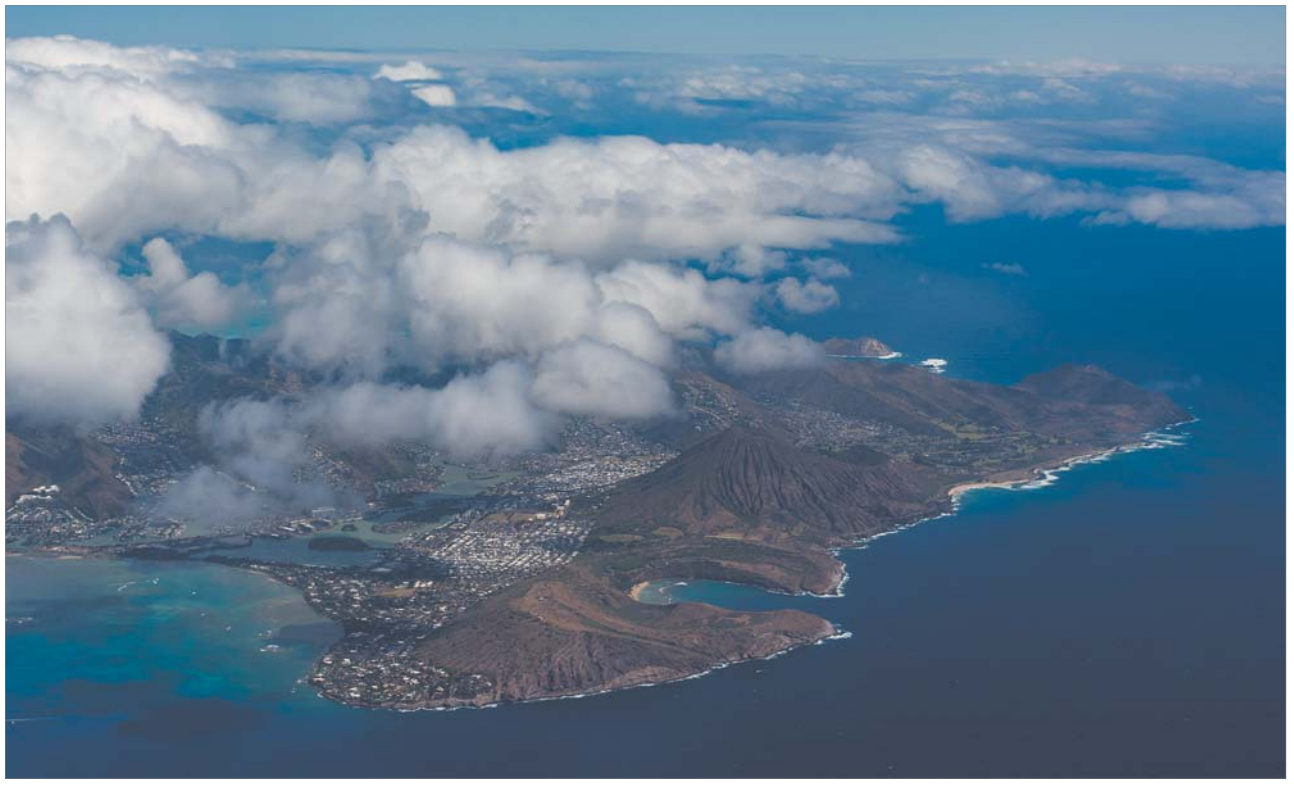
SHANE GRACE
ASSOCIATE PHOTOS EDITOR

Spring break is a great time to get away, especially in Hawaiʻi with so many neighboring islands nearby and student-friendly flight costs. Here is a glimpse of a short weekend getaway to Lānaʻi with friends.

◂ The locals we encountered were kind and hospitable, sharing a plethora of local knowledge and history.

The absence of large cities and light pollution on Lānaʻi provide some exceptional stargazing opportunities. ▸

▴ Lānaʻi doesn't offer many hiking options but the Munro Trail isn't to be missed with mountainous views like this.



◂ Beautiful views of Hanauma Bay and Koko Crater along with the rest of the Kaiwi coast.

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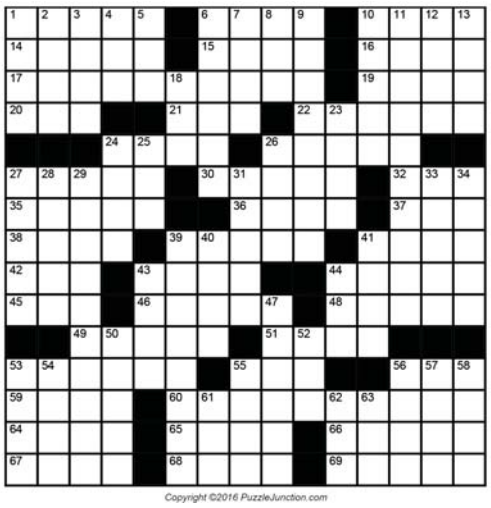
ADVERTISING

WEEKLY CROSSWORD PUZZLE

Provided by Puzzle Junction



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ACROSS

1 "Halt!" to a salt
6 Brooklyn Dodgers, once
10 Chew the fat
14 Embankment
15 Jacob's twin
16 Norse god of discord
17 Boo! Hiss!
19 The Emerald Isle
20 Adage
21 Over (Poet.)
22 Coarse
24 Pop
26 Ketchup name
27 Butcher's garbage
30 Drivel
32 Mouse catcher
35 Pooh's creator
36 Author Rice
37 Modern (Prefix)
38 Okla. city
39 Conifers
41 Asterisk
42 One-horse carriage
43 Burbot
44 Italian wine
45 Cigar residue
46 Inquired
48 Burns and ___
49 Cuts back
51 Enough, for some
53 Noble Italian family name
55 Hot springs
56 Santa's helper
59 Pub quaffs
60 Mutual
64 Rolling in dough
65 Brio
66 Search engine name
67 H. H. Munro AKA
68 Warble
69 Sprang up

DOWN

1 Priestly garb
2 Actress Miles
3 Swear
4 Rep.'s counterpart
5 John Ritter's dad
6 Decapitate
7 Consumer
8 Actress West
9 Certain physicians
10 Free from dirt
11 Flat and level
12 Related
13 Pint-sized
18 Atlantic food fish
23 Agitate
24 Hourglass contents
25 Corrida cry
26 Fine-tune
27 Alpha's opposite
28 The end, theatrically
29 Aircraft carrier part
31 Cooktop
33 Move in and out through traffic
34 Two Women star
39 Social insects
40 Signs, as a contract
41 Exclusive
43 Secular
44 Pouch
47 Taking drugs
50 Hindu sage
52 Forty winks
53 ET locale?
54 Charles Lamb's AKA
55 Glance over
56 Canyon sound
57 Mekong River land
58 Ice sheet
61 Actor Wallach
62 Swedish shag rug
63 Sculler's need

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To solve the Sudoku puzzle, each row, column and 3x3 box must contain the numbers 1 to 9.

Go to **kaleo.org** for the answers to our weekly Sudoku puzzle

	5			3		9		
7					5			8
9			6					
			5	4			1	
8								
2						5		9
		4					3	
1	9			7				2
	7			6				

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Cartoons on TV

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1. What cartoon family was awarded a star on the Hollywood Walk of Fame?
   (a) The Jetsons (b) The Simpsons (c) The Flintstones
2. What character made his debut on *The Huckleberry Hound Show* in 1958?
   (a) Yogi Bear (b) Quick Draw McGraw (c) Magilla Gorilla
3. What is the name of the robot character on *Futurama*?
   (a) Robbie (b) Fry (c) Bender
4. The evil Gargamel and his cat Azreal are characters in what cartoon?
   (a) The Smurfs (b) Josie and the Pussycats (c) Top Cat
5. What cartoon features the characters Hank, Peggy and Bobby?
   (a) Bob's Burgers (b) King of the Hill (c) The Family Guy
6. What was the name of the van the gang drove on *Scooby Doo Where Are You?*
   (a) The Creepy Camper (b) The Scooby Speedster (c) The Mystery Machine
7. How much does SpongBob SquarePants weigh?
   (a) 7 ounces (b) 1 ounce (c) 0.5 ounces
8. On *The Rocky and Bullwinkle Show*, what is Mr. Peabody's first name?
   (a) Hector (b) Durward (c) Monty

PHOTOS

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STRANGE TRAILS IN KALĀHEO

This vista is approximately four miles into the hike, which overlooks Kalāheo and the neighboring towns.

KEN REYES / PHOTO EDITOR

The path less traveled is the path I chose to take when I visited the island of Kauaʻi this spring break.

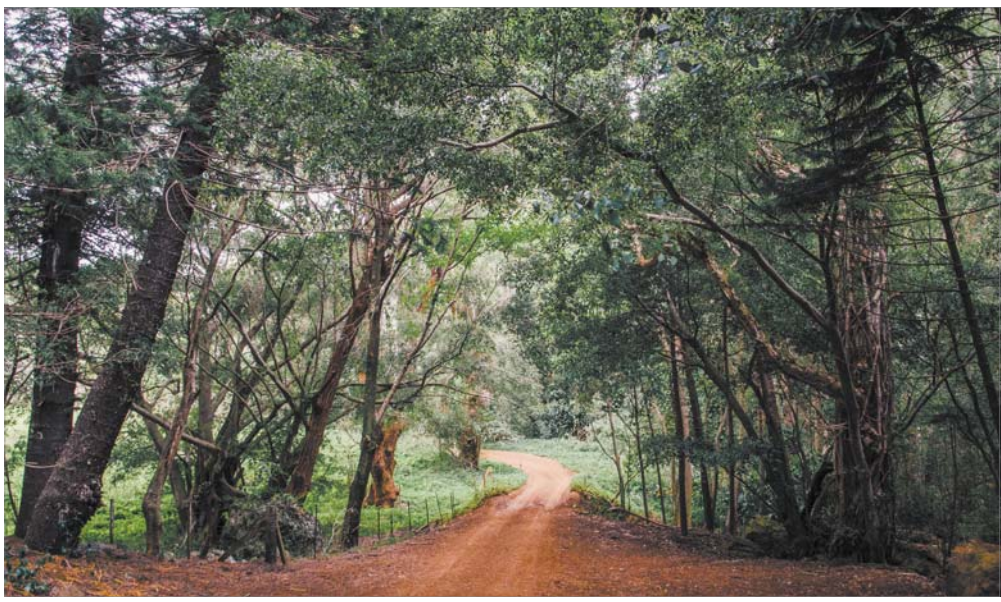
While I did stop by places with some tourist traffic like Waimea Canyon State Park, Hanalei Pier and Old Town Kōloa, there was nothing quite like escaping all the noise and being serenaded by nature – that was my experience hiking Kalāheo's backside to Mt. Kāhili.

The hike was approximately 12 miles long with a steady incline all the way to the top. Rain made the trail muddy, which did not make it an easy climb. While our group did not make it to Mt. Kahili's radio tower due to time constraints, the four-hour ascent to the mountain was worth the aches and sweat.

These photos were taken with a Nikon D7000.

DISCLAIMER

If you plan to do this hike, please do not attempt to go down to the dam or through the gate.



The trail started from the end of Puʻuwai Road leading up to a dirt path.

Alexander Reservoir, owned by Alexander & Baldwin, is an off-limits area where Kalāheo's water supply comes from. We were told that security guards roamed around the reservoir; to our surprise, there were none that day.

Another variety of the guava, the strawberry guava (Psidium cattleianum), is an invasive plant that was introduced to Hawaiʻi by the British. The Hawaiian name for the fruit is waiawī.