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KALEO O HAWAII

Monday
November 7, 2005

THE VOICE OF HAWAII

Water outage tomorrow in Noelani C and D

Water problems throughout Noelani upset students

By Julie Grass
Ka Leo Associate Editor-in-Chief

All water will be shut down in Noelani buildings C and D tomorrow from 11 a.m. – 3 p.m. for maintenance on a leaking water meter. Last week, other Noelani buildings experienced water shutdowns and problems with hot water and water regulators.

The boiler in Building A went out, causing no hot water throughout the building. According to the housing department, the water pressure was too high, causing the gaskets in the boiler to blow.

The problem was supposedly fixed Thursday. However, residents reported that as of 8:30 a.m. Friday morning, there was still no hot water. The lack of hot water upset and inconvenienced some residents in the A building.

"It's just a bit of an inconvenience," said Mark Blatnik, a sophomore business major. "It's not like you come here expecting the Ritz or anything. It just causes me to take quicker showers."

The boiler was repaired Friday and, according to the housing office, the hot water issue is no longer a problem. However, some residents are still having issues with their hot water.

"My hot water is not really hot water in our room. It's warmed, I guess," said Hina Maukanani, a resident in Noelani A building.

The high-pressure water regulator for buildings A, B and E is broken, and water is being supplied by the low-pressure regulator. The regulator is set to the highest setting, equivalent to the high-pressure regulator on the lowest setting. The housing office plans to fix the large pressure regulator over winter break because it requires an eight-hour water shut down.

"We didn't want to inconvenience residents during the semester," Rachel Weiler, Assistant Operations Manager for Student Housing, said. "We wanted to do it when we were less occupied."

Weiler said the pressure is fine and that hall staff are monitoring it and reporting back to her in case of changes.

"Our sink in our kitchen works fine. Like, I've got a lot of water pressure, even for hot water. But in my shower ... we don't have any water pressure for hot water," Maukanani said. "With the money that we pay, I think we should deserve to get our water fixed as soon as possible ... or they should give us some kind of accommodation for all of this inconvenience."



TONY BLAZEJACK • KA LEO O HAWAII

Junior Patrick Stern, a resident advisor at Hale Noelani, checks the water temperature in his apartment. Problems with warm water were reported and fixed at building A of Hale Noelani last week.

NewsBriefs

Festival on Vietnam War film and literature this week

Over 40 speakers will discuss Vietnam War films and literature this week as part of the University of Hawai'i at Manoa English department's 2005 Fall Festival of Writers event.

The festival, entitled "Thirty Years After: Literature and Film of War," runs from Nov. 1 – 11, and will explore different perspectives of the Vietnam conflict as seen in books and movies. Several Vietnam veterans will speak at the event, including literary critic Philip Beidler, Vietnamese literature translator Wayne Karlin and writer Tim O'Brien. The festival will also host a panel discussion with former Vietnam War correspondents, including UHM journalism professor Beverly Keverer.

"It's timely to look back and understand Vietnam," Heberle said. "It helps us understand what's going on overseas right now."

The event includes a film series during the week with free showings of Vietnam War-themed movies at the Honolulu Academy of Arts.

The 2005 Fall Festival of Writers is a free event open to the public. For more information, contact Mark Heberle at 956-3032 or visit www.english.hawaii.edu/events/festival2005.html to view the conference schedule.

Writing presentation

"Getting your Students to Write," a brown bag presentation and discussion event, will

take place tomorrow from 12 p.m. to 3 p.m. at Kuykendall Hall 106.

Invited panelists from a range of departments and disciplines from around the campus will share the specifics of their successes in meeting challenges in the areas of teaching and learning.

Register online at www.cte.hawaii.edu/OnlineReg.html.

For more information, call the Center for Teaching Excellence at 956-6978, e-mail cte@hawaii.edu, or visit www.cte.hawaii.edu.

Grad fair today

The Grad Fair 2005 will take place today from 10 a.m. to 3 p.m. at the Campus Center Ballroom. Participants in the fair can win prizes, take graduation pictures, order announcements, sign up for commencement speaker auditions, register to participate in the commencement ceremony, pre-order the graduation DVD and join the alumni association.

For more information, call Wendy Pearson at the Chancellor's office at 956-6145, e-mail graduate@hawaii.edu, go to www.manoa.hawaii.edu/commencement.

Psychology program today and tomorrow

The Psychology Undergraduate Advising Office is sponsoring a two-part program, "Post-BA Opportunities in Hawai'i for Psychology Majors," that will take place today and tomorrow in Gartley Hall 103 from

5 p.m. to 6:30 p.m.

Today's session will feature presentations by psychology department faculty on graduate programs in psychology at UHM.

Tuesday's session will feature representatives from graduate programs outside of UHM, including Argosy University.

Students will have the opportunity to hear about different areas of study and to ask questions.

Light refreshments will be served.

Commencement address auditions

The Fall 2005 Commencement Ceremony will include an address to the 2005 graduating class by an undergraduate degree candidate. A selection committee comprised of students, faculty and administrators will hold auditions on Monday, Nov. 30 at 4:30 p.m. in Hemenway Theatre.

Only Fall 2005 graduation candidates are eligible to audition. Students who must complete courses in Spring 2006 in order to graduate are not eligible to audition.

Speech candidates must meet the overall GPA minimum of 3.0.

All candidates will be judged using the following criteria:

Content (50 percent)
Intelligent, creative and original: The speech should display intelligence, eloquence, wit and originality. Avoid the use of clichés.

Appropriateness for graduation: The purpose of the ceremony is to honor our students, and to provide the opportunity for them to celebrate their degree candidacy with family and

friends. The speech should be respectful of all attendees and congratulatory in nature.

Relevance and significance: The speaker should have something relevant and significant to say to the student body and attendees.

Well organized, clear message.

Accessible to the public: The content should be easily understood by those inside and outside of the university.

Welcoming climate: The message should create drama and a welcoming climate, and have a memorable conclusion.

Effectiveness of Delivery (50 percent)

- Connection with the audience, stage presence, eye contact.

- Articulatness of delivery, appropriate volume.

- Energy and personality: the delivery should be lively.

- Formal, yet conversational delivery style.

- Grammatical considerations.

- Five minutes is the maximum time allowed.

Additional information:

Prospective candidates must do the following:

- Sign-up to audition by calling 956-6145.

- Bring 15 copies of their printed speech for the selection committee.

- Be prepared to introduce themselves.

- The content is to be identical to the content of the speech delivered in the ceremony.

- The order of auditions will be determined on the day of auditions by lottery.

- The auditions may be videotaped to assist the selection committee in making its decision.

- The auditions are open to the public.

For more information, e-mail graduate@hawaii.edu, or call 956-6145.

UH falters at WAC tournament

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By Zach Smith

Ka Leo Staff Writer

BOISE, Idaho — The University of Hawai'i soccer team was booted from the Western Athletic Conference Tournament in their first game for the fourth straight year today. This year it was at the hands of the Fresno State Bulldogs (9-9-2) by a score of 2-1.

It was a battle between the WAC Offensive Player of the Year, Hawaii's Natasha Kai and the WAC Defensive Player of the Year, Fresno State's Rochelle Jagdeo. It was also a battle between the six All-WAC selections of UH and the five All-WAC selections for the Bulldogs.

"Fresno played their heart out, we didn't have enough heart today," Kai said.

For the second time in less than one week, the 'Bows were forced to play Fresno's game. The Bulldogs got an early goal in both games and relied on their defense to frustrate Hawaii's attack.

"We didn't make the changes that we talked about," UH Head Coach Pinsoom Tenzing said. "A very disappointing loss."

The first half was controlled by Fresno State. It seemed like

every ball in the air was headed by the Bulldogs. The Bulldog defenders kept the ball away from the Hawai'i attack, forcing weak shots or blasts from outside the box.

"[FSU] came out like gangbusters," Tenzing said. "They won all the high balls like in Honolulu ... their back line was really well organized."

Fresno's attack was consistent and effective. By the 7th minute, junior midfielder Antonea Lugo got a pass from Senior forward Kortney Lewis behind the UH defense. She was pressured but got a shot off that was bobbled by senior goalkeeper Mahie Atay. Freshman forward Nicole Gutierrez recovered the rebound, but the shot was deflected wide by a defender.

Two minutes later, Atay deflected a rocket shot by Junior forward Courtney Sobrero.

In the 13th minute, Sobrero turned on a UH defender, giving her a one-on-one chance against the goalie. Atay also deflected this shot wide for a corner kick.

Atay could do nothing to save the shot by junior midfielder Antonea Lugo in the 28th minute. Lugo crossed a floater from 25 yards out that landed in the upper righthand corner. The referees conferred as to whether there



Hawaii's Adria Campbell runs through Fresno State defenders Rochelle Jagdeo and Aubrey Tennant during the first half of Friday's game.

JESSE BOWMAN
Ka Leo O Hawai'i

was an offside call, but the goal stood.

The 'Bows struck twice, just before the half, from outside the penalty box. Hard shots by sophomore defender Koren Takeyama and junior defender Krisha Kai were both tipped out of bounds by the Fresno keeper, junior Angie Larsen.

Shortly before the second half began, a cold rain started to fall. The pace of the game was slowed due to the weather conditions and Fresno's stalling techniques, but in the 57th minute, the 'Bows finally got a shot past Larsen. Junior forward Adria Campbell managed to pass through Fresno State's backline and into space. Natasha Kai turned on the jets in order to get an angle on the ball. She put enough boot on the ball to send it past Larsen and into the

open part of the net.

The Rainbow Wahine started playing with more energy after the goal. One minute later, Natasha Kai shot just wide from the top of the penalty box. In the 60th minute, Natasha Kai got a pass inside the box, but was heavily defended and couldn't turn on the ball. She passed to sophomore midfielder Gabina Bohlman at the top of the box. The shot was strong, but right at Fresno's goalkeeper and saved.

In the 69th minute, Lugo scored the game-winning goal when a header by Fresno forward Alison Sill leaked through Hawaii's defenders and left an easy shot to the right side of the net from less than ten yards out.

The Rainbow Wahine had a few more scoring chances, but their attempts to push the ball gave plen-

ty of opportunities for the attacking Bulldogs. One scoring chance was botched when the Fresno player was called for a handball, a cross to the weakside was saved by Atay and a goal was called back due to offside by Fresno.

"I got through one time and one time wasn't enough," Natasha Kai said. "we just didn't do our job today."

It was a disappointing end to an excellent season for the Rainbow Wahine. There were a lot of expectations coming into the tournament.

"We didn't want it to be how it was last week against Fresno," Atay said. "It showed that our team really wanted it, just to get back in the game. [I'm] thankful for ... getting the chance to play in this game ... it made me happy

Kai brings UH soccer to new heights

By Zack Smith

Ka Leo Staff Writer

BOISE, Idaho--Natasha Kai scored the only Bows goal in her final match as a member of the University of Hawaii soccer team. It's nothing new for the local girl from Kahuku, in fact it was her 72nd goal in 72 games with the team. Kai filled Hawaii's record books in her four years at the university and is undoubtedly the best athlete ever to play for the Rainbow Wahine. Her awards and records go on and on and she has excelled in almost every offensive category. In the Western Athletic Conference, she was named Freshman of the Year and Player of the Year three times -- an unprecedented feat.

"It was unexpected, I didn't think I was going to get it this year," Kai said of the award. "It's good to get it my senior year."

Kai led the Rainbow Wahine to Hawaii's only two WAC titles, including their first outright title, in her senior year. The season ended abruptly however, when the Hawaii'i was upset in the first round of the WAC tournament.

"It's weird, I mean four years went by and I'm going to miss it," Kai said when talking about her career at UH. "But I got asked to play for the full team for U.S.A. ... so I'm still gonna be playing soccer, just not for Hawaii anymore."

The chance to play professionally is a rare gift given only to the elite women players. Even though the competition is much tougher than at the collegiate level, Kai played for the under-21 national team.

"I played against the full team a lot when they were getting ready for the Olympics," she said of her time on the team. "It's another step up ... and I'm playing with older people so it's gonna help me out a lot ... to become a better player."

The move to the next level will take her away from her family, who has supported her throughout her career.

"It's awesome hearing my mom and dad in the stands, seeing them with all their green t-shirts," Kai said. Her parents Benny and Sharon attend every UH game to cheer on Kai and her sister Krisha.

"It just motivates me and my sister and our teammates. Having my dad sing the national anthem, I feel all warm inside when he sings. Then when he plays the drums it's like we get a hype and we get all nuts. It's gonna be different not having him play

at my games, but it's okay because I know they're there in my heart."

Now that her illustrious career at UH has ended, Natasha must return to the thrilling excitement of homework, textbooks, and sociology classes. Off of the playing field, "[I am] just like any other person in the world," Kai said.

"On the soccer field I'm one person and I know in my daily life I'm another person. A lot of people judge me [by] how I act on the field. They [see] this mean aggressive person, but then on the other hand I'm just laid back ... I'm chill. I just like to hang out with my friends, my family."

All of the achievements and accolades will leave a lasting legacy at UH but that isn't the most important thing to Kai.

"I just want people to remember me as me, just Tasha," she said.

And it's likely that Kai will be remembered for a long time, here in Hawaii'i and wherever else her talents take her. Even though the sun is setting on her collegiate career, Kai has much to look forward to in the future. For now, though, her plans are to check out the snow on the mountains of Idaho with her teammates and family, before returning home to Hawaii'i.



JESSE BOWMAN • KA LEO O HAWAII

Hawaii's Natasha Kai makes contact with Fresno State's Rochelle Jagdeo while taking one of her eight shots on the goal during the first half of Friday's WAC Championship Tournament semifinal game in Boise, ID. The Bulldogs went on to win 2-1.

Ka Leo Travel Guide

Money saving tips for travel hungry students



PHOTOILLUSTRATION & GRAPHICS COURTESY OF METRO

By Elaina Sanders
Ka Leo Contributing Writer

As a university student, now may be the best time of your life to travel. Most likely you don't have a mortgage, multiple car payments, or other mouths to feed and worry about. However, the main restraint that stops students from traveling is money. Many students use left over student loan money for travelling, and many have outside jobs. Because of money problems, students often wonder how to travel further on the smallest amount of cash possible. Here are some tips on how to make the most of your travel dollar.

showers. This may not sound like a lap of luxury, but for a student's budget these prices are amazing.

Other options include bed and breakfasts, but prices may be twice as much as a youth hostel. B&B's offer all of the amenities of a hotel, plus breakfast. They are generally run out of family homes, and are a great way to interact with the culture where you are staying. Some students will try to save some extra cash by staying in airports or train stations, but this is not recommended. Many cases of stolen passports and wallets have been reported from sleeping travelers.

Tips for Flying

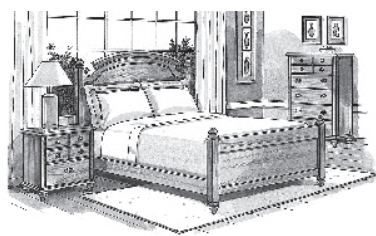
The first problem is getting off the island. There are many websites that offer cheap fares, but the best may be studentuniverse.com. This site is tailored to student's needs and offers special student rates. Tickets can be found anywhere from \$200-\$400 cheaper than tickets from a travel agent or other online sites.

If you are flying a major airline out of Hawai'i, and then flying

a smaller airline around your destination country, this is especially important. Smaller airlines usually have smaller baggage allowances and will charge you extra, usually about \$30-\$50. Try to pack about a week's worth of everything and limit checked baggage to one item. Lugging carry-on and two pieces of checked baggage around several airports will leave you frustrated, sore and too tired to sightsee.

Affordable Lodging

Once you get off the island, travelers must have a place to stay. The cheapest accommodations are hostels. There are thousands of hostels all over the world, and many can be found at hostelworld.com. This website lists over 10,000 hostels world-wide that are priced well within a student's budget. Most range from \$13-\$30 per night. Hostels generally offer single or double rooms, similar to a dorm room. They are usually self-catering and only supply the basic needs. You'll need to bring necessities like towels, and should double check to see if the hostels supply the bed sheets. Some hostels have the option of en-suite bathrooms, but most have public toilets and



Pre-plan your Activities

Travel books such as "Lonely Planet," "Fromer's" or a "Dummie's Guide" books can be helpful for on-the-go travelers. These give great ideas and information on what to see, and also include recommendations and ratings on activities, restaurants and accommodations. These guides can be purchased at most bookstores.

If you are planning on clubbing while traveling, the best way to find great clubs is by word of mouth. Try to meet locals or other travelers to get a good idea of the safest and best clubs to check out. Also, keep common sense in mind and stay with the people you are traveling with.

Watch your Wallet

Before leaving on vacation, it's a good idea to check with your bank about charges involved with withdrawing money from the ATM. There can be a lot of hidden charges, especially in foreign countries. Also, check to see if you have a weekend limit or 'cap' of how much can be spent or withdrawn. The banks will take the currency exchange rate into account and this can make it seem like you are taking less out than you actually are. It is also a good idea to keep all receipts

While you are preparing for your trip, remember that everything you pack is going to have to be lugged around with you the whole trip.

Traveling is exciting and seeing the world is a must. There are a million ways to travel; and just because you may not have tons of extra cash does not mean you can't have a great traveling experience. Traveling requires more know-how than planning.



COURTESY PHOTO ILLUSTRATION • METRO

By MJ Bjers

Ka Leo Contributing Writer

The busiest travel season of the year is rapidly approaching. Since 9/11, holiday travel has been increasing. The devastation caused by hurricanes Rita and Katrina has caused gas prices and air fares to rise.

For the low-budget traveler, this is bad news. While it was common to find travel bargains a couple of years ago, they are now becoming a rarity. But there are still options available for low-budget travelers, and even more for students. Below are some tips and pointers for those looking to book a flight home for the holidays.

Book Early

The early bird gets the worm, and often, the cheap flight home. The earlier you book your flight, the better the available prices will be. And if you are flexible on dates and times, or are willing to take a red-eye flight, you may find even better prices. Book today if possible.

Avoid Weekends

Depending on where you buy your tickets, prices can vary by up to 35 percent from weekdays to weekends. If you fly out on Thursday instead of Friday, Saturday or Sunday, the prices are often cheaper, regardless of which airline you chose.

Shop Around

The best prices can be found online, but even among bargain sites, prices can vary greatly. Some of the most popular travel sites are Expedia.com, Hotwire.com, Priceline.com and Orbitz.com. However, some of lesser-known Web sites, such as Opodo, Kayak.com, Zuji.com, have better bargains. There are also sites that offer special rates to only students, such as Studentuniverse.com and Statravel.com.

With time and effort, it is always possible to find a travel deal. Sometimes you just have to do a little digging. The forums at lonelyplanet.com or bootsnall.com are great places to start.

Explore while you're in paradise

By Melissa Borges

Ka Leo Contributing Writer

The brisk wind glides over my face and ears, giving me a chill that travels through my body. I close my eyes, I plug my ears and spread my arms. Inhaling deeply, I take in the feeling of pure serenity. I lean slightly forward as the wind seems to hold up my body. Then, slowly, I open my eyes, unplug my ears, lower my arms and stand up straight. If only for a few moments, it felt like I was floating on air.

Only 30 minutes outside of Honolulu, the Nu'uauu Pali Lookout gives this type of feeling. When people think about visiting or moving to Hawai'i most think about the volcanoes and major surf. The Lookout offers a different Hawaiian attraction.

Having lived in Hawai'i for more than a year, the Lookout never gets old in my book of things to do on the island. It's a place where something new can be learned or seen during every visit not to mention it's a short vacation away from the traffic and skyscrapers found in town.

On this abrupt drop of the Ko'olau Mountain Range, on the windward side of O'ahu, it is said that ghosts of ancient battles murmur, giving the destination eeriness on gloomy days.

On such days it's hard to see what lies ahead. Three feet in front might be too far ahead for the bare eye. The fog that builds up gives you the impression that you're walking through clouds. But I am lucky today. Even though the cold wind is blowing, the sun and clear sky make it possible to look out for miles at the lush tropical terrain of east O'ahu.



KUMARI SHERRETT • KA LEO O HAWAII

The Pali Lookout located in Nu'uauu overlooks the windward O'ahu.

Groups of tourists are common at the lookout. On any given day, tour buses park and unload passengers for a 10 to 15 minute stop, but to take in all the Lookout has to offer, at least 30 minutes is recommended. Plaques and story boards containing what is believed to have occurred during the Nu'uauu Pali Battle are posted along with information about the view.

The vista from this elevated peak at 1,200 feet above sea level is amazing. There's a panoramic view of the residential communities of windward O'ahu, which gives island visitors a perspective of the island that is home to nearly 80 percent of the state's population. Here, the gentle waters of Kailua Bay, the cone shaped Chinaman's Hat island, the clear blue, sailboat-filled waters of Kaneohe Bay, and the restless waves of the Pacific Ocean are all in sight.

Besides the breathtaking view, the lookout is said to be a mass grave for ancient warriors of 1795 O'ahu. The legend claims the warriors were thrown off the steep, forested edge by

King Kamehameha and his warriors. Some still believe, when night falls, cries from these ancient warriors can be heard from the valley below. The unification of the Hawaiian Islands is credited to Kamehameha's victory at the Battle of Nu'uauu Pali.

During the construction of the Pali Highway, hundreds of skulls were found at the foot of the cliffs.

No public transportation is offered to the lookout, but to drive there from Honolulu, take the Pali Highway off-ramp from the H1 freeway. Signs for the lookout are posted, so keep an eye out for them. To take a more scenic detour, turn right onto Nu'uauu Pali Drive off the Pali Highway. This will take you through the lush forest and will eventually shoot you back to the Pali Highway.

The park is open daily, weather permitted, from 9 a.m. to 4 p.m. Admission is free and there is ample free parking. A light jacket is a good idea. Hats and other items that may blow away are not recommended at the lookout.

Theater and Dance Calendar

Compiled by MJ Bjers
Ka Leo Staff Writer

"Battle of Will," a play by Laurent Gaud, is about the power struggle between a crime boss and the young man whose family he murdered. Opening night marks the re-opening of Kennedy Theatre. The play will be shown from Nov. 12 to Nov. 20. Tickets are on sale. Prices are \$15 for general admission, \$13 for seniors and faculty and \$4 for University of Hawai'i students with valid IDs. Buy tickets at the box office or at www.etickethawaii.com.

Kennedy Theatre presents "No Exit," a play by French existentialist Jean-Paul Sartre, at the Earle Earnst Lab Theatre. In "No Exit," which was first performed in 1944, three characters – Inez (played by Kate Nipko), Garcin (Mitch Mattson) and Estelle (Cindy Beth Davis) – are trapped in a room that turns out to be Hell. Shows begin Nov. 12 at 11 p.m. and continue through Nov. 19. Ticket prices are \$8 for general admission, \$7 for faculty and staff and \$3 for University of Hawai'i students with valid IDs.

Aloha Rosie's. Rosie and company are back for the final installation in the trilogy of musicals by Norm Boroughs and Joyce Maltby. The play will be performed at the Hawai'i Pacific University Theater until Dec. 4. It runs Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., and Sundays at 4 p.m. Ticket prices range from \$3 – \$20. For more information call 375-1282.

"Age Sex Location," a play by Dennis Carroll, is being performed at the Kumu Kahua Theater until Nov. 27. The play, spanning four generations, shows the story of a local family and its introduction to cyberspace. It is directed by Taurie Kinoshita and plays Thursday – Saturday at 8 p.m. and Sunday at 2 p.m. The play contains nudity and violence. For information on location or ticket prices, call 536-4441.

If you have the inside scoop on an upcoming event, or are putting on a show that you want everyone to know about, please e-mail us a quick brief about it, and be sure to include the time and place. E-mail all briefs to calendar@kaleo.org.

Monday Music Madness

Guitar Romantic is a pop-punk music gem

By Casey Ishitani
Ka Leo Contributing Writer

Perhaps it is the fallacy of our nation's music media, but the layperson isn't exposed to great punk rock anymore. Everything on the radio is either a terrible attempt at grunge-metal or some lame kid crying into a microphone about his girlfriend's infidelities. It is so bad that most people don't even know who the Ramones are.

But if you look hard, sometimes you stumble across a fleeting miracle, a once-in-a-long-time masterstroke of lyrics, music and attitude that wasn't processed and patented at Hot Topic. The Exploding Hearts' album, *Guitar Romantic*, is that miracle.

It opens with the raw sound of "Modern Kicks," distorted percussion and chiming guitars. Three minutes later, it unleashes the unbelievably catchy choruses of "I'm a Pretender." From there, anyone who has ever had a soul is hooked.

It isn't just the quality of what you are hearing that makes *Guitar Romantic* the bastion of pop, but the joy in which it is presented. Anyone can introduce a guitar solo by screaming, "Uh! Uh! Uhh! Guitar!" Few people can give it the carnal rapture that Hearts' lead singer Adam Baby does. Even fewer people can supplement it with as worthy a solo as lead guitarist Terry Six can. Special mentions should also go to drummer Kid Killer and his muscular beats, and bassist Matt Lock, who gives a bouncy quality to every song.

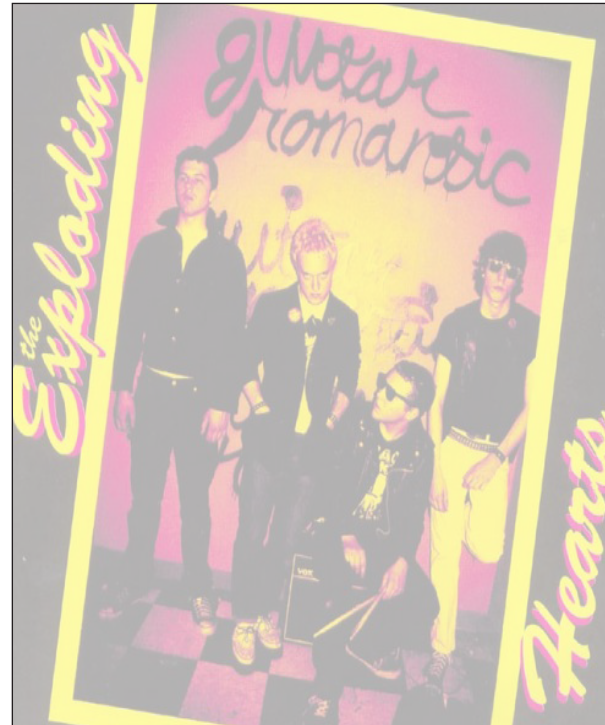
It is important to note that, unlike their disposable peers, the

Exploding Hearts don't simply mimic other punk bands such as the Sex Pistols, the Clash and Minor Threat. The Hearts add a little bit of doo-wop ("Throwaway Style") and a little Honky-Tonk ("Boulevard Trash"). Just as punk bands like the Ramones culled from the Kinks and Bo Diddley, the Hearts were looking to draw upon timeless influences, music that could be enjoyed for generations. That's probably why the album has a nostalgic quality to it, but still manages to sound fresh and inviting.

Guitar Romantic is a triumph of noise and fury, heartache and moxie. Every song is an instant classic. There is no filler, no lull, no low-point. The Exploding Hearts are the best pop-punk band since... well, since the Ramones.

And we will never, ever, get to hear them record another song. Three-fourths of the Hearts are dead. One icy night, the Hearts were riding in a van when it suddenly crashed and flipped over, killing drummer Kid Killer, bassist Matt Lock and lead singer Adam Baby. None of them were more than twenty-five years of age. Only lead guitarist Terry Six survived. A band before its time is killed before it even sees its time.

Hearing the youthful vigor and hope in some of the songs is chilling. You should listen to this because if you love anything and everything about rock, this is an essential album. Not empty-headed, goofy or somber and whiny, this — the only album the Hearts ever had the chance to make — is pure, cleansing music. It's the one the world missed, and shame on them. Don't make that mistake.



Band: The Exploding Hearts
Album Title: *Guitar Romantic*
Label: Dirt Nap Records
Release Date: April 1, 2003

COURTESY PHOTO
DIRT NAP RECORDS

Providing >> accessible education

Ways that people with learning disabilities can receive help

Here's an across-the-board sampling of authorized accommodations for people with learning challenges:

- | | |
|-------------------------------|-----------------------|
| 1) Extended time | 7) Dictation |
| 2) Reader | 8) Low distraction |
| 3) Private room | 9) Electronic speller |
| 4) Large print | 10) Braille |
| 5) Accessible table | 11) Calculator |
| 6) Adaptive computer software | 12) Books on tape |

By Nanci Wong

Ka Leo Contributing Writer

Helen Keller, Beethoven and Whoopi Goldberg are well known people who achieved much during their lives. It's is not commonly known, however, that they all faced learning disabilities.

According to the Individuals with Disabilities Education Act, a learning disability is a disorder in one or more of the basic psychological processes involved in understanding or using language, spoken or written, and may manifest itself as an imperfect ability to listen, think, speak, read, write, spell, or do mathematical calculations.

In the past, people with learning challenges were thought to be disabled or deficient. Individuals with learning challenges, however, are capable of success.

In order to help develop the full potential of people with learning disabilities, alternative teaching methods should be used. Learning disabilities can have underlying causes, such as depression, that need to be addressed by a counselor or teacher.

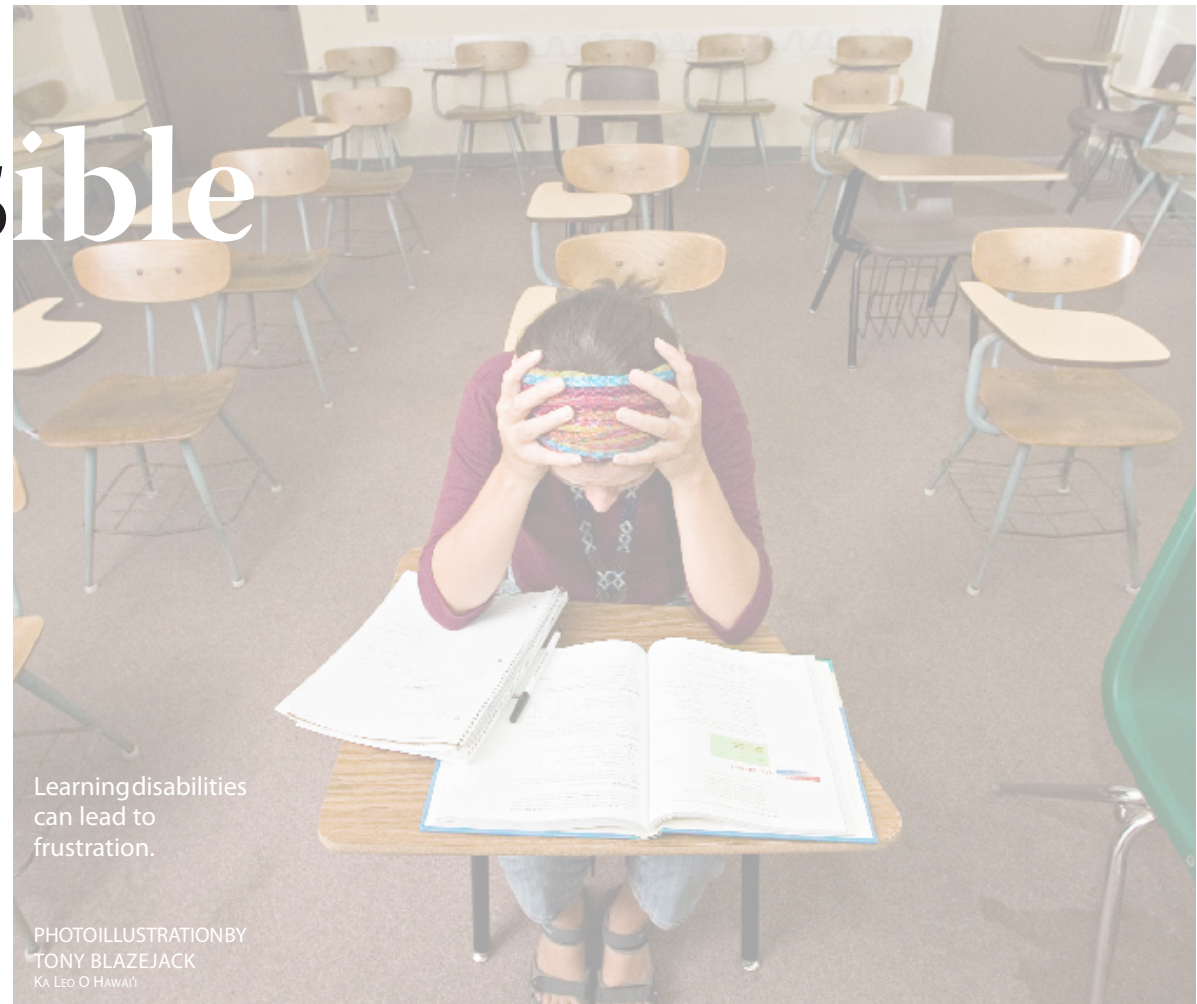
Academic coordinator Marian McDonald, from Stanford

University's Office of Accessible Education, states "A label of depression may signify [that] the individual student simply requires photocopies of a classmate's notes to compensate for his or her compromised concentration. [Methods] could encompass audio books and authorization for additional time to complete exams."

If you struggle with a learning disability, or know someone who does, look for assistance from your college. The University of Hawai'i created the KOKUA Program to provide assistance to students with special needs. KOKUA's office is located in the Queen Lili'uokalani Center for Student Services, room 13.

Academic specialists help individuals with learning disabilities by bridging the gap between teaching and learning styles. Accomplished educators, who care about inner-strength and academic accomplishments, are starting grassroots efforts throughout the nation to help people with learning disabilities.

One grassroots effort on the leeward coast of O'ahu is the Makaha Education Institute. This institute uses many different approaches, such



Learning disabilities can lead to frustration.

PHOTOILLUSTRATION BY
TONY BLAZEJACK
KA LEO O HAWAII

as clinical reading therapy, to help people with learning disabilities. Janet E. Powell, the founder of the Makaha Education Institute, is an expert on clinical reading therapy. According to Powell, clinical reading therapy encompasses individualized multi-sensory factors to capitalize on students' strengths, while minimizing their weaknesses.

Education institutes and Disability Resource Centers across the nation have learned to make time for thorough and sensitive intake procedures. They encounter students with severe disabilities and those

who have more minor diagnoses. Many students need a wide array of help, including emotional and social support. Changes in teaching approaches have also occurred, as students have given feedback on what works for them.

Although there are techniques that are known to help individuals with challenges, there is still a gap between student needs and faculty responses. Producing student materials in alternative formats — like Braille, audiotape or e-text — requires advance preparation time, sometimes months if the materials

contain graphics. DRCs receive negative feedback from students who are frustrated when they cannot promptly access class materials.

Teachers also face difficulties when they cannot provide original source materials that can be changed into different formats. I'm hopeful that there may be an incoming generation of instructors who will cater to disabled students and bridge this gap.

For more information about the KOKUA Program at UHM, call 956-7511.

Rainbow Wahine sweep through the Idaho Vandals

By Josh Gapp

Ka Leo Staff Writer

The No. 9 University of Hawai'i Rainbow Wahine (18-6, 12-0) took all three games (30-18, 30-23, 30-23) against their newly-inducted Western Athletic Conference opponent, the University of Idaho Vandals (13-12, 5-7), in front of a crowd of 5,790 at the Stan Sheriff Center.

The win pushed UH's WAC winning streak to 103 matches, while running its consecutive games streak to 30 games.

The match started off with an enticing game one. UH started to pull away early, going on a 5-1 run, before the Vandals regained their composure and brought the game to a 7-6. It would not last very long for Idaho as the Rainbow Wahine exploded with an impressive seven straight points with the attack power of sophomore outside hitter Tara Hittle.

"We played at a much higher level, which is exactly what we wanted to do to prepare ourselves for the post season," Hittle said. "When she is playing fast, when we can set her fast, she is effective. So Kanoë (Kamana'o) was going to her with the right tempo so she could fly in there and hit it really fast. When we play fast, she can be effective," UH head coach Dave Shoji said.

Hittle, named UH player of the match, ended the match with a notable 11 kills on 29 attempts with a service ace, eight digs and two blocks.

"Mentally, our team did not come out as focused and mentally prepared that we thought we were going to be," Idaho head coach Debbie Buchanan said after the loss.

Game two was a different match for the Vandals, as they came out strong by never letting Hawai'i get more than five points ahead. Junior attacker Sarah Mason led the Rainbow Wahine in game two with nine kills and no errors.

"We all went out there and freed it up and we did play with that post season passion. We know we have got to be error-free and we have got to take care of the ball. Got to get ready for that post season," Mason said.

Kills were not the only strategy for Hawai'i in game two, a game total 24 digs and four blocks proved that the Rainbow Wahine are a well-rounded team.

The Vandals were led by junior outside hitter Amanda Bowman, who had accumulated a match total 11 kills with five errors on 28 attempts, giving her a .214 attack percentage and three digs.

"She goes up and whacks the ball. That is what I really liked about her. She did not back down. When she was successful, her arm was faster than us. She threw some off-speed stuff in there that got the kill," Shoji said about Bowman's power.

The bench was the key source of action for Hawai'i in the third and final game, as freshman Jamie Houston, sophomore Kari Gregory and juniors Alicia Arnott and Cayley Thurlby all accumulated kills.

As the game progressed, the Rainbow Wahine pulled away to a 20-13 lead until senior Andrea Fox of Idaho came to serve two consecutive service aces to bring the game back to a five point lead for Hawai'i. The lead was taken down to just three (23-20) before a block and service ace by Price would spark UH's final run.

The Vandals enjoyed the atmosphere at the Stan Sheriff Center as

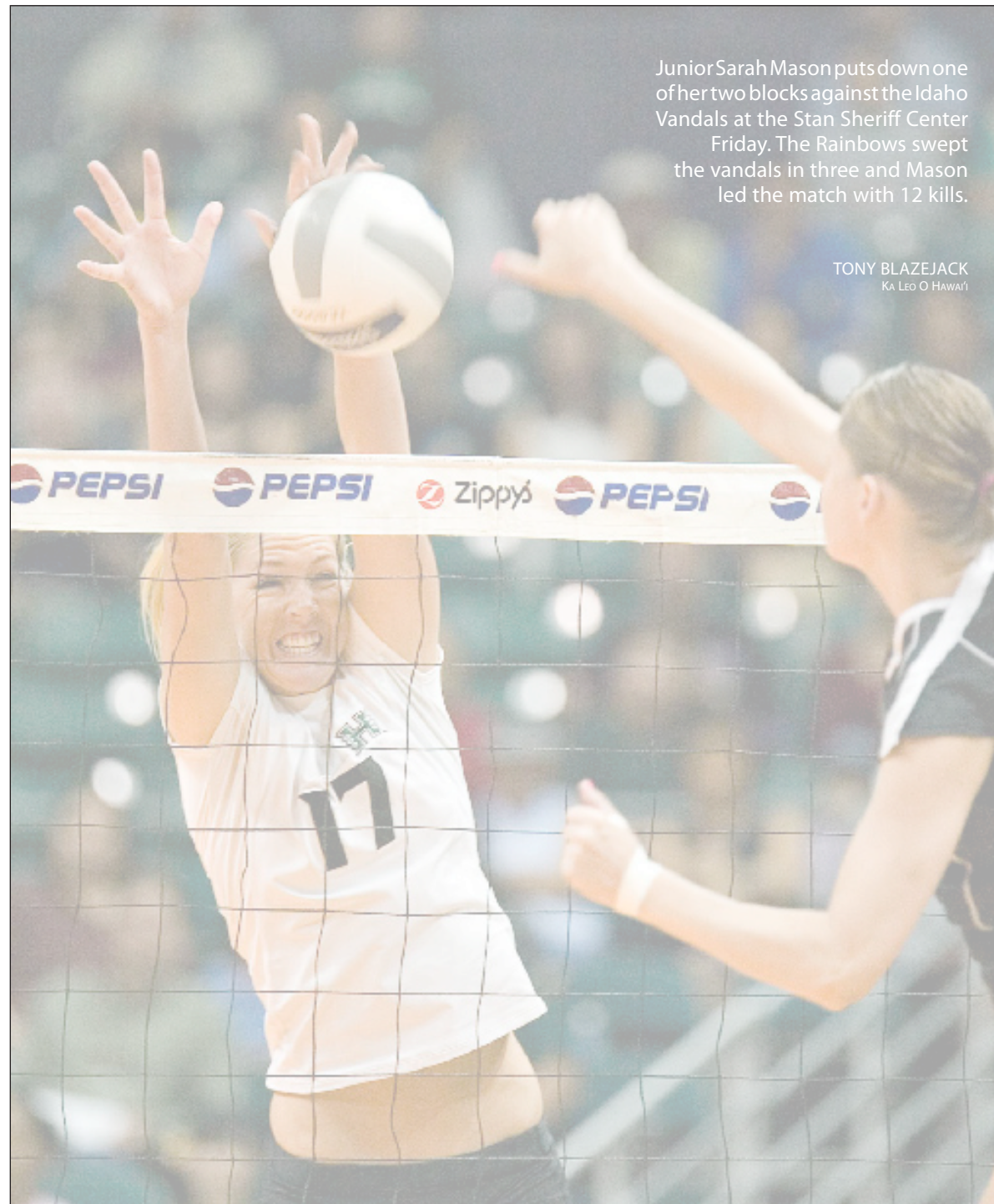
they met the Rainbow Wahine for the first time as WAC rivals.

"I think it is a great environment. It is just a great volleyball crowd. It is a good crowd. This is a good volleyball atmosphere," Buchanan said.

"I thought it was awesome; the environment is amazing. You do not have a lot of those mean hecklers. You just have people who are there to watch good volleyball. They know the game and you can

tell that by how they cheer, they cheer for us and they cheer for them. It is the next best place to be other than home," said Idaho junior outside hitter Amanda Bowman.

The Rainbow Wahine will now head on the road for their final two away matches before the WAC tournament at the end of the month. UH will be at Utah State on Nov. 9th, and on Nov. 12th, they will be at San Jose State.



Junior Sarah Mason puts down one of her two blocks against the Idaho Vandals at the Stan Sheriff Center Friday. The Rainbows swept the vandals in three and Mason led the match with 12 kills.

TONY BLAZEJACK
Ka Leo O Hawai'i

SPORTSBRIEFS: Weekend in Review

Warriors loss derails postseason hopes

Ka Leo Staff

University of Nevada (5-3, 4-1 WAC) parlayed two Hawai'i turnovers into touchdowns in the fourth quarter to defeat the Warriors, 38-28, Saturday at Mackey Stadium. Warrior receiver Davone Bess caught for a career-high 171 yards and one touchdown, while quarterback Colt Brennan threw for 409 yards and three touchdowns in the loss. UH had to win its remaining four games to have a shot at a bowl game.



BESS

Saturday's loss ended any chance of that happening this season.

Running back Nate Ilaoa got Hawai'i (3-6, 3-4 WAC) on the board first with a 3-yard touchdown run, but the PAT was blocked, allowing the Wolf Pack to take the

lead on the conversion after Caleb Spencer caught an 11-yard pass from Jeff Rowe.

Early in the second quarter, Brennan began at his own 1-yard line and tossed an 87-yard strike to Ross Dickerson. It was the fourth-longest pass play in UH football history. Four plays later, Brennan completed a 4-yard pass to Dickerson on fourth-and-goal and a two-point conversion to Jordan Slye, to put the Warriors ahead, 14-7.

Nevada scored 10 points in the second quarter to take a 17-14 lead at the break. The Wolf Pack added a touchdown on its first possession out of the locker room, a 14-yard catch by Spencer. But Hawai'i answered with a 74-yard drive, capped by a 22-yard touchdown pass from Brennan to Ryan Grice-Mullen, to make it 24-21 Nevada midway through the third quarter.

The Warriors threatened to take the lead on their next possession, but Brennan's pass to a wide-open Grice-Mullen, for an

apparent touchdown, bounced off his chest and fell to the ground.

Nevada got the ball in Warrior territory after Ilaoa fumbled, and eight plays later, added a 6-yard touchdown run by B.J. Mitchell to take a 31-21 lead with 11:34 to play. Mitchell finished with 150 yards and two touchdowns on 27 carries.

Brennan's attempt to mount a comeback resulted in an interception by Joe Garcia, giving the Wolf Pack the ball inside Warrior territory for the second time in as many possessions.

After Rowe scored on a 2-yard run, Brennan orchestrated an 87-yard drive capped by a 24-yard touchdown pass to Bess to cut the Nevada lead to 10 with 6:52 left on the clock. Nevada managed to run out the clock on its next possession to seal the victory.

Dickerson finished with five catches for 110 yards, his second 100-yard game this season. Linebacker Solomon Elimimian led all players with 10 tackles.