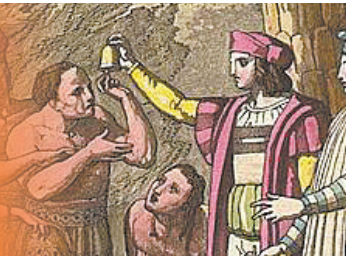


WE SHOULD CELEBRATE INDIGENOUS PEOPLE P. 04

Columbus Day cannot be considered a national holiday because it leaves us split.



RETELLING A MARCH ON CIVIL RIGHTS NEWS P. 03



THE VOICE
KALEO

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HOMECOMING DRUBBING P. 08

THE WARRIORS' HOMECOMING
THIS SEASON WAS ONE TO FORGET

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LET'S HAVE A CHAT

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NEWS



A Native Hawaiian community?

U.S. proposes a relationship with a Native Hawaiian government

JARED SHIMABUKURO / KA LEO O HAWAI'I ▲

Hawai'i became the 50th U.S. state on Aug. 21, 1959.

SHIWANI JOHNSON
STAFF WRITER

If the Native Hawaiian community forms a unified government and want a government-to-government relationship with the United States, a U.S. Department of the Interior (USDIO) proposal would create the administrative criteria and procedure that would be enacted.

Two highlights of the proposal are that the Native Hawaiian government would decide whether to reorganize itself, and what form that government would take.

According to an Office of Native Hawaiians FAQ sheet, the USDIO has chosen to create this proposal

in response to the call from community members for over a decade and its belief that re-establishing a formal relationship with the Native Hawaiian community would more effectively facilitate the relationship that Congress has already founded.

The proposal does not change anything regarding Hawaiian homelands, offer compensation for past wrongs or offer a relationship with more than one Native Hawaiian government. It also does not offer the same services and programs that are available to Native American's governments.

THE ONCE AND FUTURE NATION

For Noelle M.K.Y. Kahanu, assistant specialist on Public Human-

ities and Native Hawaiian programs in the UH Mānoa American Studies department, the actualization of a Native Hawaiian government is inevitable, so it is not an obstacle in her eyes. The problem would be the ability of the U.S. government to see a legitimacy, or lack thereof, in the process by which a Native Hawaiian government establishes itself.

"I believe in the inevitability of our Nationhood," Kahanu said in an email interview. "And I see it manifested everywhere – from a worldwide voyaging canoe to flourishing lo'i kalo and restored fishponds. Having spent five years working in Washington, D.C., I personally don't believe that an entity thousands of

miles away can grant us what we already inherently possess."

Kahanu also felt a "nation-within-a-nation" was an inadequate solution to the problem of granting Native Hawaiians true independence.

Furthermore, the legitimacy of the government could and might also be questioned by the Native Hawaiian people themselves, Kahanu said.

The legitimacy of the process and the process itself is important

American country on the mainland.

The public meetings in Hawai'i were held between June and July of 2014 on O'ahu, Maui, Lāna'i, Moloka'i, Kaua'i and Hawai'i Island, according to meeting minutes.

Community members voiced opinions on the legality of a U.S. government in Hawai'i, the history and legacy of Queen Lili'uokalani, the government already set in place by King Kalakaua, ways the U.S. government

"I see [Nationhood] manifested everywhere – from a worldwide voyaging canoe to flourishing lo'i kalo and restored fishponds."

– NOELLE M.K.Y. KAHANU

ASSISTANT SPECIALIST ON NATIVE HAWAIIAN PROGRAMS

to Kahanu, as well as the end goal.

"The main thing is that we create a government that is founded on our core principles and values, and reflects our intellect and aspirations," she said. "We should not limit ourselves to models that have failed in the past, or settle for less because we are fearful of what we might lose."

THE PATH TO PROPOSAL

In 2014, the USDIO, the federal agency that handles the United States' natural and cultural resources, issued an advanced notice on the proposal to solicit public comments on if and how it should proceed with a re-establishment of a government-to-government relationship with the Native Hawaiian community.

After the notice was issued, people could submit comments via the USDIO website or attend one of the public meetings that were held all across the state, and in Native

would remove itself from Hawaiian soil and industry and more.

"The United States stole it in 1893, didn't give it back," said attendee David Ka'eo Kainoa Kealoha Prais at the meeting at Hana High and Elementary School, according to meeting minutes. "Now you guys here telling us that, 'Oh, we'll give back, but what do you want?' I mean, just give it back, plain and simple. Stop being criminals."

"[I] strongly urge that the federal government move forward with a process to re-establish a government-to-government relationship with the Native Hawaiian people," said Collette Machado, the former chairperson of the Office of Hawaiian Affairs at the Capitol meeting. "I also urge that it be a pathway that is open to us, but that the decision of when and how to walk down that path is left to our people."

////////// Ka Leo O Hawai'i

Former UH employee's civil rights march commemorated in film

KEVIN HARRISON
STAFF WRITER

A film is being produced about a former campus employee's march with Martin Luther King, Jr., his work with civil rights in Hawai'i and the issue of voting rights in America.

The film, entitled "Answering the Call," is being produced and directed by former campus human resources employee John Witeck's nephew, Brian Jenkins. Jenkins said the film will be examining how voting rights are under attack in America. The film is in the production stage, with no release date set.

"Much of our documented history revolves around the vantage point of key figures, and I thought it would be really interesting to tell this story from a different angle," Jenkins said in an email interview.

ANSWERING THE CALL

Jenkins said he was inspired by his uncle's story at an early age and developed as his knowledge of pol-

itics and social issues increased. He said he wants his film to encourage students to not become apathetic about the world and to never lose idealism.

"Our title references one of the major themes in this project, the idea of taking a leap of faith and how that chance can forever open our hearts and give us guidance and meaning," Jenkins said.

Jenkins said that his film crew and Witeck will be traveling to Selma, Alabama, next year to film and further document Witeck's experiences.

According to Jenkins, voting rights is a polarizing issue that spreads throughout the United States and has not been adequately addressed. He said that Republicans are trying to restrict voting rights, and Democrats are trying to lessen them.

"This is an issue of integrity and civil rights. Every American citizen has the right to vote, and we should be doing everything in our power to uphold that right for all," Jenkins said.

According to the film's website,

legislation has been passed in several states making voting a process that is more restrictive about who is and is not allowed to vote.

On the film's website is a link to an Indiegogo fundraising campaign where donations to the project can be made.

WITECK'S JOURNEY

Witeck said he left for Selma after seeing footage of violence in the city and hearing King's call for people of goodwill to join him in Alabama.

Witeck said that upon arrival, he and his classmates were confronted by police officers with batons and were forced to turn back and hide. They later found their way to Brown Chapel where King was rallying his followers.

The day after the rally, Witeck said he was nearly killed by a group of men because of his support for the civil rights movement. He said he was harassed, threatened and even had rocks thrown at him by police as he marched.



COURTESY: BRIAN JENKINS ▲

Pictured: Director Brian Jenkins and uncle, activist John Witeck, in 1986.

After returning home and graduating college in Virginia, Witeck came to UH Mānoa to study Asian Studies and became involved in the civil rights issues in Hawai'i. He said that his work in Hawai'i has

centered around helping Native Hawaiians, working people and communities getting evicted.

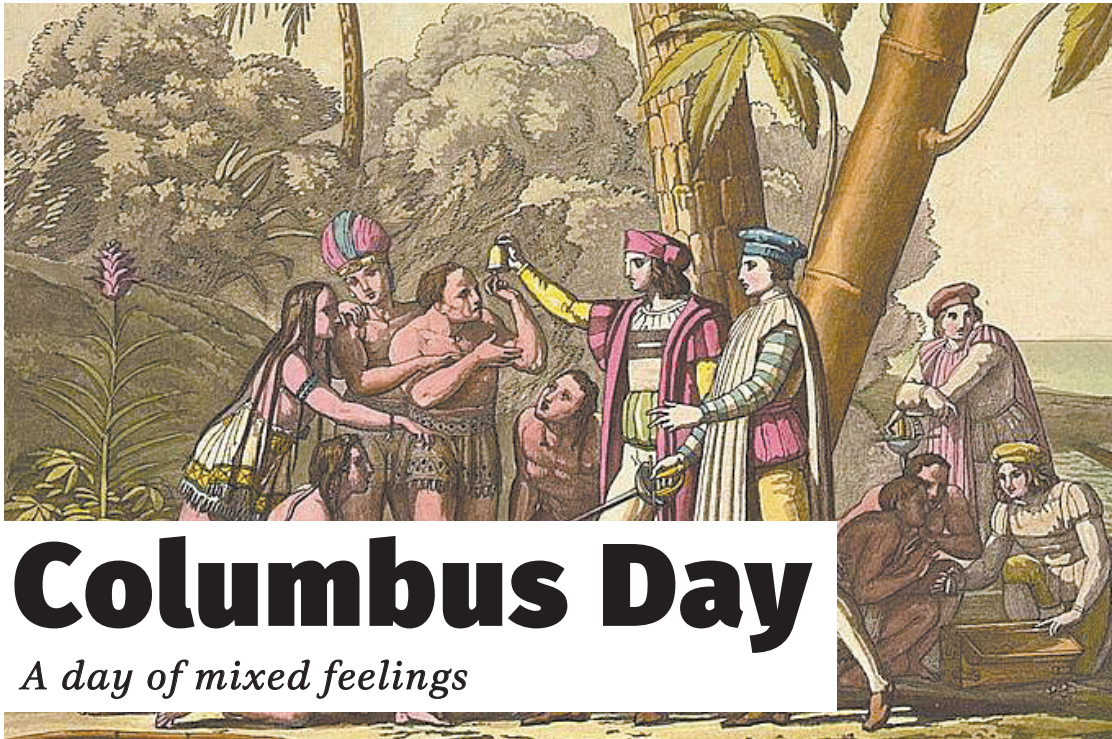
Witeck said he retired from his job in the campus human resources department last year.

OPINIONS

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Columbus Day

A day of mixed feelings

SOURCE: WIKIMEDIA COMMONS

Although one of the 10 official federal holidays, only 23 states give its employees off on Columbus Day.

JACQUES BRUNVIL
STAFF WRITER

Established as a federal holiday in 1937, Columbus Day has existed to celebrate the discovery of the New World by Christopher Columbus in 1492. Although celebrated on the same day, the second Monday of October, some cities and states (including Hawai'i) honor the day under a different name or do not honor it at all.

In Hawai'i, federal government offices are closed on Columbus Day whereas state, city and county government offices and schools are open for business. This is because the State of Hawai'i does not recognize Columbus Day as a holiday, recognizing Discoverer's Day instead. It honors the discovery of the Hawaiian Islands by Polynesians and was established by the

began a revolutionary wave of worldwide colonization, European culture domination and most notoriously mass slavery of both indigenous people and Africans. For this reason, there is controversy surrounding the holiday.

For many ethnic minorities throughout America, the discovery of the New World by Columbus is not only disputed but also perceived in a negative light. For many, the "new world" meant boundless opportunities, whereas for others, especially Native Americans, the "new world" and its settlers brought death and destruction.

According to Spanish historian Consuelo Varela, several accounts from both supporters and enemies of Columbus describe him as a brutal and ruthless tyrant during his governorship over the Island of Hispaniola (modern day Haiti

nesian settlers. Surely his treatment of indigenous people will make many Hawaiians reluctant to celebrate Columbus.

ALTERNATIVES

Columbus Day cannot be considered a national holiday because it leaves us split.

Considering we should have respect for original peoples of this land, we should celebrate Indigenous People's Day as a federal holiday. From the natives of the Americas to the stealing of Hawai'i, indigenous people are owed more homage than the man who introduced disease and death.

By changing the name of the federal holiday, we are not ignoring the contributions Columbus made to the world, but rather honoring people ignored by history.

////////// Ka Leo O Hawai'i
MORE INFO

ALTERNATIVES

October 9

- Leif Erikson Day
Las Vegas, Nevada

October 12

- Discoverer's Day
Hawai'i
- Native American Day
South Dakota
- Indigenous Peoples' Day
Berkley, California
Denver, Colorado
St. Paul, Minnesota
- Italian Heritage Day
San Francisco, CA
- Not observed
Oregon
Iowa
Nevada

Hawai'i chooses not to honor Columbus and instead honors Polynesian settlers. Many Hawaiians may be reluctant to celebrate him.

1969 Hawai'i legislature as non-holiday status in order to make room for Martin Luther King, Jr. Day.

In addition, local advocacy groups in Hawai'i have used this day to protest the holiday as a whole, suggesting we honor indigenous peoples instead. Introduced in January 2013 by House Rep. Maile Shimabukuro (D – Wai'anae, Mākaha, Mākua), House Bill SB317 SD1 proposed changing the second Monday of October from "Discoverer's Day" to "Indigenous People's Day." Unfortunately, the bill died.

WHAT CONTROVERSY?

When he first encountered the so-called "New World," Columbus not only manipulated and massacred indigenous people for riches — gold and farmland — but also

and Dominican Republic). Reports describe Columbus and his brothers using torture and mutilation to govern Hispaniola from 1493 to 1500. Due to the endless abuse of power during his governance, Columbus and his brothers were arrested and imprisoned for six weeks upon their return to Spain from the third voyage.

The native Taíno population indigenous to Hispaniola were used as slaves to acquire resources such as tobacco and gold. Due to brutal treatment by the Spanish, 85 percent of the Taíno were killed off less than a two decades after the arrival of Columbus. The colonizers eventually brought African slaves to replace the Taíno.

Hawai'i chooses not to honor Columbus and instead honors Poly-



The state has to pay for Mānoa facilities

Reports about dilapidation of the University of Hawai'i at Mānoa's facilities are neither new nor surprising. As time goes on, conditions may continue to deteriorate to the point that students may be unsafe attending classes. The College of Education building recently came under fire for being in dire need of infrastructural improvements.

While UH often faces criticism for its funding management, Mānoa's Office of Planning and Facilities — responsible for repairs, campus maintenance and large-scale infrastructural projects — should not take all the heat. The State of Hawai'i should reverse its long standing trend of neglect for public higher education and take care that the future of the islands is being prepared in a physically safe environment.

ON A SHOESTRING

According to Steve Meder, Interim Associate Vice Chancellor for OPF, UH Mānoa has only a budget of around \$50 million to \$55 million annually for repair and maintenance. Compare this number to the nearly \$500 million worth of deferred maintenance the campus needs to address. This latter sum does not account for the funding needed for large capital projects, such as the construction of new buildings.

Meder estimated the Office of Facilities Management handles more than 1,200 work orders per month and 14,000 work orders per year. Of those, about 20 percent are emergency requests, according to Meder.

Fortunately, UH Mānoa officials shut down access to the College of Education building before a serious accident happened. But what if there were a student or staff casualty? More importantly, what is going to assure students a severe accident will not occur in other rundown, overlooked buildings on campus?

The administration has stepped up its commitment to the community's well being by revamping

the Department of Public Safety. Yet dangerous campus facilities — a more elusive threat to personal security — have not been addressed.

At this point, UH Mānoa is in too deep a debt to make do with the resources it has; funding can only stretch so far until an alternate solution becomes possible. In order to address hazardous, sub-par facilities, the state legislature, which provides UH with about a quarter of its annual budget, needs to grant the system more money. UH Mānoa is the flagship state institution, but what the state gives is inadequate to confront severely rundown facilities.

DON'T LEAVE OUR SAFETY TO MARKET FORCES

This is not just a Hawai'i problem. Public colleges nationwide are becoming less public, as their finances have to depend on our tuitions to an even greater extent. It's unwise, however, to have higher education run entirely or even mostly as a business because our community reaps the benefits from educated people joining the workforce. Therefore, our community has to ensure that the future workforce is physically safe.

When we leave higher education to market principles, public schools are forced to compete not only with each other but also with private schools. This places a different kind of burden: fighting to impress us and claim our tuition dollars. They now have to outshine other institutions with gyms, stadiums, swimming pools and climbing walls, instead of taking care of the less illustrious infrastructure maintenance. This injustice of neglect could easily cause a tragedy.

A state campus is a public facility and should be financed by our taxes. This is why at the very least states should assist public schools financially when it comes to aging facilities. The State of Hawai'i is no exception: It would better help its flagship school before someone gets hurt.

ABOUT OUR VOICE

Opinions expressed in "Our Voice" are the work of Ka Leo's Editorial Board. Members include Editor-in-Chief Noelle Fujii, Managing Editor Brad Dell, Opinions Editor Pavel Stankov, News Editor Courtney Teague, Associate Opinions Editor Kimberlee Speakman and Photo Editor Ken Reyes. We encourage responses in the form of letters to the editor. To submit one, go to kaleo.org/opinion/submit or mail your letter to: Ka Leo O Hawai'i, 2445 Campus Road, Hemenway 107, Honolulu, HI 96822.

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OPINIONS

CEO: 5,000 percent price increase “ain’t [his] fault”

Why unethical business tactics don't belong with pharmaceuticals

CARLY YASHIKI
STAFF WRITER

Daraprim is a drug preventing infections like toxoplasmosis among HIV and cancer patients. As the drug was purchased in August, its price skyrocketed overnight as CEO and founder of Turing, Martin Shkreli, increased it by 5,000 percent. Talk about a hard pill to swallow.

It is understandable that pharmaceutical companies want to make a profit – to an extent. Never would a 5,000 percent increase be justifiable, especially from the perspective of middle and working class patients.

With such an increase, hospitals would not be able to afford Daraprim, which would create a burden for patients who rely on it. Generating a profit becomes trivial when the affordability of Daraprim (or any drug) threatens the lives of people infected by HIV.

WHY DO WE NEED A BETTER DRUG?

We probably don't need a better drug for toxoplasmosis.

“I certainly don't think this is one of those diseases where we have been clamoring for better therapies,” said Dr. Wendy Armstrong, professor of infectious diseases at Emory University, to the New York Times.

Originally, this drug was priced at \$13.50 and spiked to \$750 per tablet. Shkreli said in a CNBC interview, “this field desperately needs new ways to treat toxoplasmosis” in which he is “taking the money from Daraprim and creating a better, safer version of it.” Shkreli was not specific, however, of how much of the profit will be going towards a new version of Daraprim.

Most biotechnology companies raise prices on the venture capital funding as opposed to doing so on the patients who have no choice but to take the drug. Shkreli said this was a suitable price for Daraprim as this drug is still at the low end of what orphan drugs – custom medi-

cines for rare diseases – cost.

How valid are Shkreli's ethics? This would not be the first time he drew attention for questionable practices. In 2012, he lobbied the Food and Drug Administration to disallow drugs manufactured by companies whose stock he was short-selling. However, the drugs were approved. Although Shkreli said he was planning on lowering the price of Daraprim (without mentioning how much), the take away is that aggressive business tactics do not mix well with pharmaceuticals because unethical practices endanger patients who are unable to afford the particular drug.

5,000 PERCENT MORE ARROGANCE

“You don't care. You're a millionaire. But there are middle class people out there who will be in debt for decades just to pay,” said a tweet aimed at Shkreli.

In response he replied with, “ain't my fault (sic).” This and the more than 125 tweets by Shkreli call-

“This is just a business strategy; this is not a pharmaceutical company strategy. This is a predatory strategy.”

—DR. CARLOS DEL RIO
INFECTIOUS DISEASE EXPERT

ing out disputes about the price increase brings irony when referring back to the goal of Turing.

“Our number one priority is to ensure that all patients diagnosed with toxoplasmosis have an efficient and affordable means to access Daraprim,” Nancy Retzlaff, Turing's chief commercial officer, said.

WORD FROM THE IDSA

In the beginning of August, the Infectious Diseases Society of America (IDSA) and the HIV Medicine Association sent a joint letter asking Turing to implement a “rational and

fair pricing strategy for pyrimethamine” in order to make the drug more accessible to people infected with the disease.

The letter also mentions that toxoplasmosis is “one of the five neglected parasitic diseases targeted for public health action,” due to the high number of people infected by this particular disease: 60 million people in the United States alone. The severity of this disease is obvious and with a steep price increase, Turing is putting the affected at a higher risk. With the

legitimacy of the IDSA, also in relation to the HIV Medicine Association, this situation should not be taken lightly. More people should be aware how many will be negatively affected if the price remains at \$750 per tablet.

SMALL COMPANY WITH A BIG DRUG

“It's clearly the best drug,” infectious disease expert Dr. Carlos del Rio told Huffington Post. “If I had toxo, I'd want to get Daraprim.” Although there is an option to take other drugs similar to Daraprim, who would want the second best

drug to treat their disease? As this drug is viewed as a first class, it is understandable that most people will not settle for anything that is less than the best.

Shkreli explained that Turing is a rather small company and does not understand why people are drawing so much attention to this situation when there are bigger companies selling their products with greater price increases. On a larger scale, increasing pharmaceutical costs are the reasons why health insurance companies are also increasing their rates. Those who are uninsured, or cannot afford Daraprim, will have thousands of dollars in debt.

The underlying message is that the price increase of Daraprim will not only affect those taking the drug, but others in health care. Because the United States has no way of setting a price for a drug, the increase could impact the prices of other drugs and ultimately affect people who don't take Daraprim.

“This is just a business strategy; this is not a pharmaceutical company strategy. This is a predatory strategy,” del Rio said.

Unethical business tactics within the pharmaceuticals should be condemned for the sake of the wallets and well-being of not only Daraprim users, but those in the health care system, too.

What do you think?
Let us know @KaLeoOpinions



ILLUSTRATION BY JONATHAN ROSEN / KA LEO O HAWAII

MORE INFO

- Daraprim is the generic name for pyrimethamine, discovered in the 1950s by American biochemist and Nobel Prize winner Gertrude Elion. Pyrimethamine was originally used against malaria.

- Today we use the medicine to fight toxoplasmosis: an infectious disease caused by a single-cell parasite usually ingested with uncooked meat. According to the Centers for Disease Control and Prevention, there might be 60 million Americans hosting the parasite. Most show no symptoms.

- Cancer patients and people with HIV have weakened immune systems, which makes them especially vulnerable to toxoplasmosis. The only available medicine is Daraprim, sold by small pharmaceutical companies CorePharma and Turing. CorePharma's price is still \$13.50 per tablet.

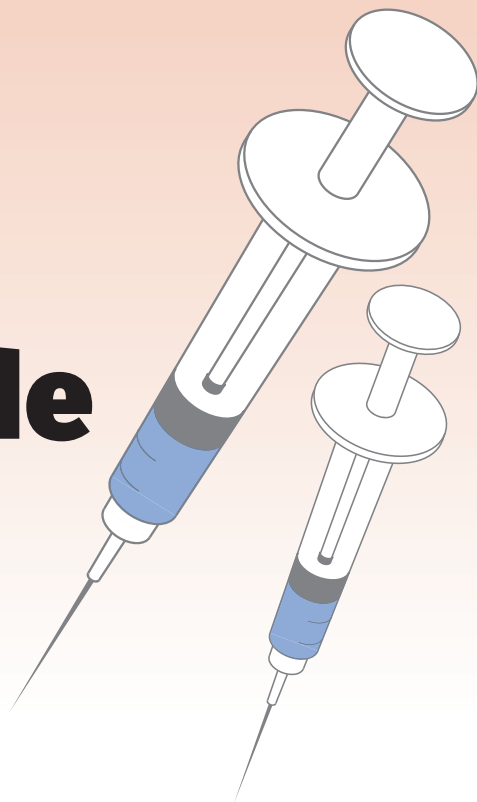
- More than two weeks after the scandal broke and Shkreli promised to lower the price of the drug, it remains at about \$750 a pill. According to a calculation by Business Insider, a 30-day supply of the medicine would cost \$27,006.

FEATURES

features@kaleo.org
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Features Editor

Flublok, available nationwide

*A new alternative to the
traditional flu vaccine*

TRICIA KHUN
STAFF WRITER

A new influenza vaccine free of eggs and antibiotics is now available nationwide.

Protein Sciences Corporation, a private Biotech company based in Connecticut, developed Flublok to provide a more effective prevention method for those who have yet to show symptoms of the virus.

The vaccine, which was approved by the U.S. Food and Drug Administration (FDA) in 2013, was developed using cell-based technology — cell culture — similar to that used to create cervical cancer vaccines.

The vaccine is available at Target, Walmart and other supermarkets and independent pharmacies.

Assuring the public that it is completely “safe, pure and effective” and will “provide better protection against the flu than a traditional flu vaccine,” the creators of Flublok emphasize that “vaccination with Flublok may not protect all individuals.”

Flublok is now available at University Health Services.

WHAT IS FLUBLOK?

Flublok is an egg-free, antibiotic-free, preservative-free and latex-free vaccine. Covered under Medicare and Medicaid, Flublok is the first protein based vaccine to protect against influenza virus which affects five to 20 percent of United States’ population.

HOW IS FLUBLOK DIFFERENT FROM THE TRADITIONAL OR OTHER INFLUENZA VACCINES?

Most influenza vaccines start out being manufactured using fertilized chicken eggs as a culture for the virus. However, Flublok is the only vaccine on the market that is egg-free, antibiotic-free and that doesn’t use live influenza viruses throughout the manufacturing of the vaccine.

WHO SHOULD GET FLUBLOK?

Flublok is approved only for adults 18 to 49 years old who do not have allergic reactions to vaccine components or for those who have egg allergies. However, whether Flublok is appropriate also depends on the severity of the egg allergy. Wendy Saelua, one of the head registered nurses at University of Hawai‘i Health Services, said, “For patients with egg allergies we follow the Center for Disease Control.”

BENEFITS

- triple protective strength compared to traditional flu vaccines
- no influenza virus
- no eggs or gelatin
- no antibiotics
- no thimerosal or other preservatives
- no latex

SIDE EFFECTS

- pain at site of injection
- fatigue
- headache
- muscle aches

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SOURCE: WIKIMEDIA COMMONS ▲

Fresh Ahi Off the Boat in Honolulu

STEPHANIE KIM
STAFF WRITER

Delivered daily from the fish auction, Fresh Ahi Off the Boat is a suitable name for the restaurant. Chung Chang, co-owner of the restaurant, said the fish is delivered at 9 a.m. every morning from a distributor that picks up the fish from the Honolulu Fish Auction.

Because the fish market is closed every Sunday, Fresh Ahi Off the Boat stays closed in order to only sell fresh fish, Chang said.

On Ke‘eaumoku Street, across from HMSA, Fresh Ahi Off the Boat can be recognized by its red outer walls and small cartoon decal of an ahi tuna waving a shaka on a boat. Inside, the walls are lined with pictures of the menu and fluorescent cloud-shaped lights. The restaurant does more takeout since the dining area only fits 20 people.

Fresh Ahi Off the Boat opened over two months ago and serves poke bowls, bentos and rolls. They have standard bowls like spicy ahi, ahi poke or spicy salmon. Other options include Poke Pop Pop, Tsunami, Hurricane or Local Bowl.

Some bowls, like the spicy salmon or Poke Pop Pop (a bowl of rice and shoyu poke topped with tempura and nori flakes) come in three different sizes, while the rest have a set price and one set size. While you have the option of picking a rice bowl from the menu, you can also create your own bowl. You can choose the fish, size, rice, sauce and toppings.

The bentos offered include options like spicy ahi, California roll, teriyaki chicken or shrimp tempura. For example, B1 has spicy ahi, spicy salmon, ahi nigiri and salmon nigiri. All rice bowls and bentos include miso soup and a choice of rice: white, brown, sushi or black. Black rice is a combination of white and multigrain mixed together and appears purple.

My dining partner and I ordered the Poke Pop Pop in a medium-sized bowl (\$9.25) and bento B4 (\$11.50)

that included spicy ahi, poke, California roll and rice. We asked if we could change the poke selection to another side of spicy ahi, which was easy to do. The shoyu poke in the Poke Pop Pop was buttery and melted with each bite.

The poke was soft, not chewy and didn’t taste overwhelmingly like fish. The salty shoyu flavors balanced the sweet teriyaki glaze. The tempura and nori flakes added texture to the dish but became too much towards the end. The California roll was nothing special, but we wanted to try the spicy ahi, as we were told that it was made from hand-ground poke slices. The results was small chunks of ahi lathered in spicy sauce and scooped into the bento. The texture of the spicy ahi was creamy, but it lacked the necessary heat.

Overall, Fresh Ahi Off the Boat delivered fresh, good-quality fish that had great texture, but its spicy ahi bowls lacked heat. Among places like Ono Seafood or Local Cravings, Fresh Ahi Off the Boat fits in as a place you should try.

Ka Leo O Hawai‘i

RATING



MORE INFO

FRESH AHI OFF THE BOAT

LOCATION
815 Ke‘eamoku St. Suite J101

HOURS
Mon.-Sat. 10 a.m. – 9 p.m.

CONTACT
947-4444

PARKING
Free parking in lot next to restaurant or metered street parking

WEBSITE
freshahiofftheboat.com

advertising2@kaleo.org

Justin Limasa
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Curcuma domestica

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way, cooking with it is medicinal!

You may be more familiar with it
in its dried form as one of the
spices in traditional curry
powder, but the many health
benefits may compel you to use
it in other ways.

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It contains potent antiviral,
antifungal and antibacterial
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even shown it to reduce viral
replication of 90% of cells
infected by the influenza virus.
It's also chocked full of potassi-
um and manganese that help
support immunity. So, while
every body is different and you
should always seek medical
advice when necessary, a good
dose of olena may help your
body combat all of those pesky
microbes floating around this
time of year.

Easy ways to use Olena/Turmeric

Cook with it - Add the
powdered version to your
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Turmeric Tea - heat some fresh
turmeric in water and add a
little local honey (fresh turmeric is
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Turmeric Milk - add a little to
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based milk and gargle with it.

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David McCracken
Sports Editor

Christian Shimabuku
Associate Sports Editor



SHANE GRACE / KA LEO O HAWAII ▲

UH scored six more points per game in 2014 than this year's team.

★ COVER STORY

Paradise lost

DAVID MCCracken
SPORTS EDITOR

DREW AFUALO
STAFFWRITER

When asked if she would be attending the homecoming game, Rainbow Wahine volleyball player Tai Manu-Olevao chuckled and said, "Maybe. Maybe [Friday's win] will rub off on them."

It did not.

"We just weren't clicking tonight and I couldn't tell you why," running back Melvin Davis said after the team's 28-14 loss to San Diego State. "[We're] just not playing 11-man ball. At this point, it starts tomorrow and we get back to watching film. It felt good to get another touchdown but honestly, I could have done more."

Davis finished the game with 52 yards and a touchdown, but the team finished the game with a net of just 53 yards rushing. On the other end of the spectrum, the Aztecs ran over UH for 218 yards including a 155 yard, three touchdown performance from running back Donnel Pumphrey.

"I wish I knew why we couldn't stop their run," Warrior head coach Norm Chow said. "We knew they were going to run and did that on the first two possessions. We even knew their first play of the game. We fell behind even though we knew what they were going to do."

Chow and the Warriors knew what they were going to do because the same thing happened last season in San Diego. The Aztecs ran for 283 yards, 183 of those coming from Pumphrey when the two teams met last season. The 'Bows dropped

"We just weren't clicking tonight and I couldn't tell you why. [We're] just not playing 11-man ball."

— MELVIN DAVIS
UH RUNNING BACK

that game 20-10.

For a coaching staff and team that is always 'looking at the tape' after a loss, one must question their film study habits.

"If I knew the answer to that then I wouldn't be sitting here," Chow



SHANE GRACE / KA LEO O HAWAII ▲

Max Wittek has thrown zero touchdown passes in the last three games.

said. "We fought hard but it's just the little mistakes we can't make. We can't have that lack of discipline especially against top teams like we've played in the past few weeks."

A lack of discipline was evident in the Warriors defense, which has usually been the mainstay for this team

backer Julian Gener, who set a career high with 19 tackles on the night.

"I love our guys and I love the effort we give, but we just have to play smarter," Gener said. "I couldn't really tell you what went wrong but we just have to take one game at a time, one down at a time and just take care of business. Once we start to do that every down of every series, we'll be where we want to be."

The Warriors have lost the last three games, and have not won a homecoming game since 2011. At 2-4 with an 0-2 record in Big West Conference play, the Warriors will again hit the road for the next two weeks to take on New Mexico and Nevada. Since beating UC Davis at home on Sept. 19, the Warriors have been outscored 111-14 in their past three games and have not scored on the road since Nov. 29, 2014, against Fresno State.

Students filled the Aloha Stadium student section Saturday night, cheering and celebrating their school's homecoming game. However, with two minutes left in the fourth quarter, one would have thought the students were never there in the first place. The fans who were still in attendance expressed their disappointment with boos that would echo across the stadium.

"It's kind of disappointing [to hear boos from the crowd]," Gener said. "But at the same time we use it as motivation. We're about what is going on the field, and not really what's going on in the stands."



SHANE GRACE / KA LEO O HAWAII ▲

UH is being outscored by an average of 17.9 points per game this season.

SIDEBAR

The Warriors' homecoming record this decade

'15 San Diego State
L 28-14
Oct. 10

'14 Nevada
L 26-18
Oct. 25

'13 Colorado State
L 35-28
Oct. 26

'12 New Mexico
L 35-23
Oct. 13

'11 New Mexico State
W 45-34
Oct. 22

'10 Idaho
W 45-10
Oct. 30

NEXT GAME



UNIVERSITY OF
NEW MEXICO

WHERE
University Stadium
Albuquerque, New Mexico

WHEN
1 p.m. HST

LAST MEETING
Oct. 13, 2012
New Mexico 35
Hawaii'i 23

MASCOT
Lobos

UNM RECORD
3-3 (overall)
1-1 (conference)

HAWAII'S RECORD
2-4 (overall)
0-2 (conference)

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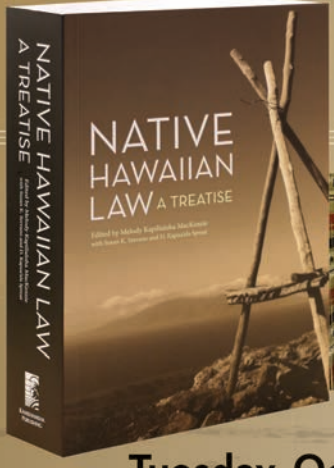
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Job Number: **112406**

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ACCOUNTING STUDENT ASSISTANT

UH Foundation

\$9.55/hour

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The candidate will be expected to perform a variety of clerical and office tasks including but not limited to: Verify accurate approval signatures, scan account establishment forms, change in signer forms, correspondence, journal vouchers and others documents as needed, Email account establishment forms to account administrators, Directors of Development and Scholarship office, upload documents to the Finance database, assist with yearly audit, provide support filing, faxing, data entry, and general office tasks, process closed account folders, campus errands.

Number: **144182**

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Job Number: **139653**

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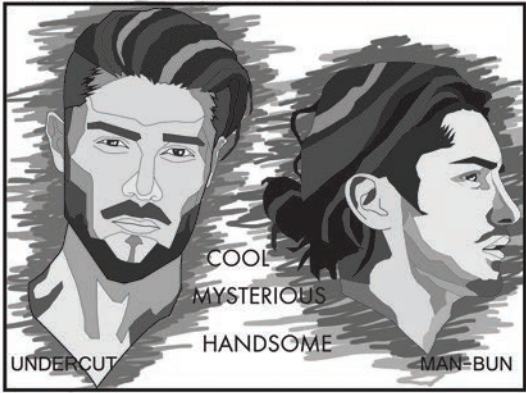
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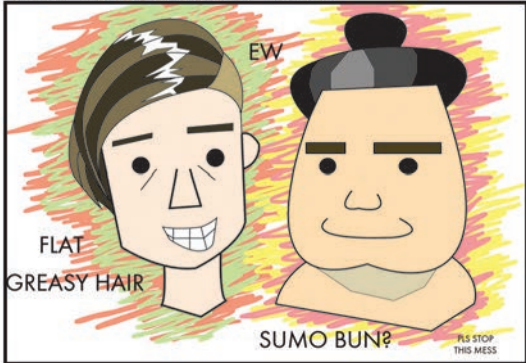
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HOW GUYS THINK THEY LOOK



by Katalina Kim

HOW THEY REALLY LOOK



Memento Mori by Neil Teaves



Labors Lost



by T.A. Cantero

WEEKLY ROUNDUP

Oct. 4 to Oct. 10

WOMEN'S CROSS COUNTRY

The Wahine won the Chaminade Invitational on Saturday, Oct. 10. Sophomore Montana Martinez led the way for the 'Bows with a 5k time of 18:23.4, good for second place individually.



RASHAWN WONG
STAFF WRITER



WOMEN'S VOLLEYBALL

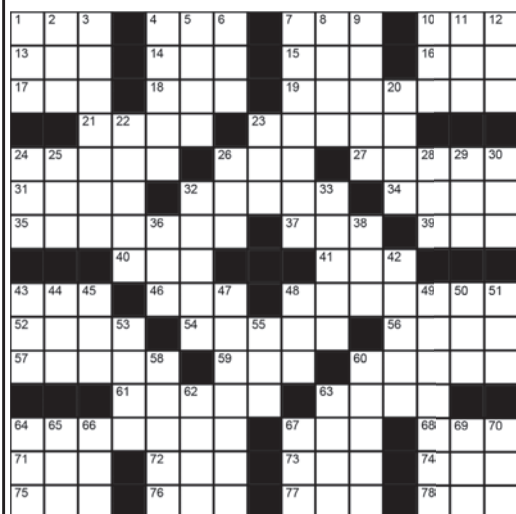
The No. 8 University of Hawai'i Rainbow Wahine continued their dominance in the Big West, sweeping through CSUN Friday night. With this victory, the 'Bows have now won their 10th straight, while sweeping their last six opponents. Powered by the trio in the middle of Nikki Taylor (14 kills), Tai Manu-Olevao (10 kills) and Kalei Greeley (9 kills), the 'Bows made quick work of the Matadors.

WOMEN'S TENNIS

The Wahine tennis team wrapped up play against Hawaii Pacific University in the 'Anuenue Invitational against on Saturday morning. The 'Bows were able to secure one win in doubles and three wins in singles. The Wahine will play host to the Weinman Foundation Invitational from Nov. 6-8, at the UH Tennis Complex.

WEEKLY CROSSWORD PUZZLE

Provided by Puzzle Junction



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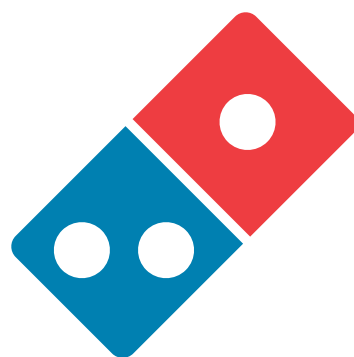
Across

- 1 Average
4 Craving
7 Boxer's punch
10 Shade tree
13 ____ de France
14 Tokyo, formerly
15 ET carrier
16 Caribbean, e.g.
17 Cushion
18 Assist
19 Clean-up guy
21 Bakery buy
23 Employs
24 Certain exams
26 Dracula, at times
27 It doesn't hold water
31 Absorbed
32 Rodeo rope
34 Remain
35 Swiftest mammal
37 "That's disgusting!"
39 Did lunch
40 Chafe
41 Authorize
43 Newt
46 Jack-tar
48 Fine
52 Film ____
54 Direct elsewhere
56 Feel concern
57 Coffee order
59 Small number
60 Small change
61 November birthstone
63 Locale
64 Dolomite, e.g.
67 Ariz. neighbor
68 ____easter
71 Action word
72 Linear unit
73 Lubricate
74 Low card
75 Bit of butter
76 12th graders (Abbr.)
77 Canny
78 Dry, as wine

Down

- 1 Lulu
2 Mode starter
3 Bureaucratic stuff
4 Time period
5 Blue-pencil
6 Affirmative action
7 Martial art
8 Way, way off
9 Dog treats
10 "C ____ la vie!"
11 DiCaprio, to fans
12 Deface
20 Horned goddess
22 Modify
23 Owns
24 Tolkien beast
25 Stadium cheer
26 "____, humbug!"
28 Greek letter
29 Tank
30 Needle part
32 Toil
33 Lascivious on-looker
36 Harbor craft
38 Biddy
42 Implied
43 Conclude
44 Adversary
45 Twitch
47 Happens
48 Church bench
49 Cries of sorrow
50 Three (It.)
51 Thumbs-up
53 Miles per hour, e.g.
55 Casbah headgear
58 Applications, e.g.
60 Beaut
62 Poker holding
63 Go yachting
64 Blueprint
65 Author Levin
66 After expenses
67 Romaine lettuce
69 Be in arrears
70 Bird of myth

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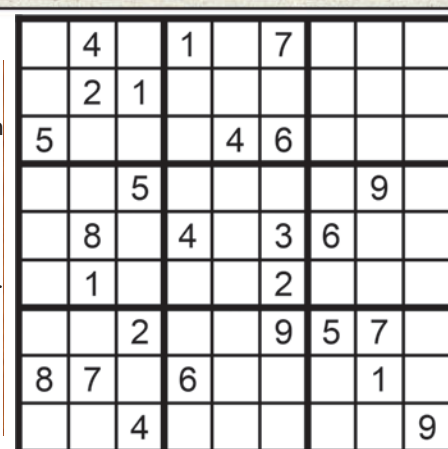
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‘THERE’S NO PLACE LIKE MĀNOA’

KENT NISHIMURA
PHOTOGRAPHER

The “There’s No Place Like Mānoa” homecoming celebrate was held on Oct. 9 from 11 a.m. to 2 p.m. The Associated Students of the University of Hawai’i put on games for registered independent organizations to compete in for money prizes and gave away shirts to students who attended. The food was catered by Da Spot, and students enjoyed a 360 degree photo booth from Timestoppers Hawaii.



◀ Maggie Hinshaw and Sean Mitsui wrestle in sumo suits during Homecoming festivities at Campus Center.



American Marketing Association club members Dylan Murakami and Matt Jones shave a balloon. ▶



Si’oto’ofa club member Cecilia Mailei and TKE chapter member Connor Nicol race with each other.

Accounting Club members Tori Tokunaga (center) and Mei Lee (right) participate in an activity where they had to cover a balloon in shaving cream then shave it. ▶

