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Ka Leo O Hawai‘i

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Vice president of student affairs retiring in December

By **Corey Riordan**
Ka Leo Contributing Writer

Doris M. Ching, vice president of student affairs since 1987, will be retiring this December. She has a long history with University of Hawai‘i, dating back to when she was a student. Ching started working with the university in 1969 and held a couple of positions before her appointment to the position of vice president of student affairs. Her previous positions include assistant to the president and associate dean of the UHM College of Education. She began her career in education as an intermediate school teacher. Her education includes a BEd and MEd from the University of Hawai‘i, as well as an EdD from Arizona State University.

Interim President David McClain praised Ching in a press release Tuesday. “Doris Ching is an outstanding example of a person committed to excellence who does not seek recognition or praise for her efforts. In every position

Doris has held, she has increased the quality of education, improved campus life, emphasized the importance of diversity, and served the needs of all students. She will be sorely missed,” McClain said.

Through her time at the University of Hawai‘i, Ching has shown dedication to the students and their needs. She has been behind the construction of many centers and programs. “Student development is the heart of the university, inside and out of the university,” Ching said.

Through her work at UHM and in the community, Ching has received honors and awards, including the UH Alumni Association Distinguished Alumni Award, the UH Manager of the Year Award, Women in Communications Headliner Award and YWCA Outstanding Woman in the Community.

Ching has been involved with many local and national boards over the years. After her retirement from UHM, she plans to continue her involvement with some of these organizations. She will continue involvement with the

National Association of Student Personal Administrators, where she was the first Asian woman to be elected president. She will also stay involved with Leadership Education for Asian Pacifics.

As far as other retirement plans are concerned, she will continue to run and stay fit as she always has though, “maybe not as fast as I used to,” she said. She has no immediate travel plans but assumes she will be traveling with the organizations she is currently involved with.

It is undecided if Ching’s position will be filled after her departure. She has discussed this issue with the president and has given a strong recommendation for the continued representation in this area. Students have also expressed their appreciation of her work and the need for this position at UHM. What Ching would like after her retirement is for a continued stress on the importance of the students and their wellbeing. “I don’t care if they remember me; I just want them to pay attention to the students,” Ching said.



Doris Ching, vice president for Student Affairs at UH Manoa, smiles during an interview in her office. Ching, who began working at UH in 1969, will retire at the end of the year after nearly four decades with the university.

TONY BLAZE JACK
Ka Leo O Hawai‘i

News Briefs

Sperm function seminar tomorrow

“Learning About Sperm Function by Understanding its Unique Chromatin Structure” will be presented tomorrow from 3 p.m. to 4 p.m. at the Hawai‘i Institute of Geophysics building, room 110.

Dr. Steven Ward will deliver this microbiology seminar. Ward is the Associate Professor of the Department of Anatomy and Reproductive Biology at the John A. Burns School of Medicine.

The Microbiology department is sponsoring this event. For more information, call 956-8553 or e-mail uhmicro@hawaii.edu.

Hearon to show computer music and video Saturday

Jim Hearon will show his computer music and video on Saturday night from 7:30 p.m. to 9:30 p.m. at the Orvis Auditorium, located at the Music department.

The Music department’s newest music technology faculty member presents multimedia works featuring 3-D video animation, digital audio synthesis, live electronic violin and keyboard controller for GUI interfaces.

Tickets are \$12 for general admission and \$8 for students and seniors. The Music department is sponsoring this event.

For more information, call the Music department at 956-8742, e-mail uhmmusic@hawaii.edu or visit www.hawaii.edu/uhmmusic/schedule.htm.

Nursing final oral

“Adolescents and Asthma,” a nursing final oral, will take place tomorrow afternoon from 3 p.m. to 5 p.m. at Webster Hall, room 402-C.

For more information, call 956-8500.

Zoology seminar on genomes

“When Genomes Collide: Consequences of Hybridization Between

Divergent Populations,” a zoology weekly seminar, will take place tomorrow from 3:30 p.m. to 4:30 p.m. at St. John Hall, room 011.

Suzanne Edmands will present this zoology seminar. Edmands is the associate professor of the Department of Biological Sciences at the University of Southern California.

The Zoology department is sponsoring this event.

For more information, call Irene Shigano at 956-5617 or e-mail shigano@hawaii.edu.

“Polar Wanderings” seminar

“Polar Wanderings,” a geology and geophysics seminar, will take place tomorrow from 4 p.m. to 5 p.m. at POST room 723.

Dr. Margo Edwards will present this seminar. Edwards is from the Hawai‘i Institute of Geophysics & Planetology,

The Geology department and the Geophysics department are sponsoring this event.

For more information, call Susan at 956-7640.

Professor Mount solo recital

Professor John Mount will present a solo recital of songs tomorrow night from 7:30 p.m. to 9:30 p.m. at the Orvis Auditorium, located at the Music department.

Mount will sing to and about women. He will sing works by Mozart, Ludwig Beethoven, Schubert, Brahms, R. Strauss, Berlioz, Ravel, Finzi, Ives, Stephen Sondheim, Mitch Leigh, Frank Loesser and Frederick Lowe.

Ticket prices are \$12 for general admission and \$8 for students and seniors.

The Music Department is sponsoring this event.

For more information, call 956-8742, e-mail uhmmusic@hawaii.edu or visit www.hawaii.edu/uhmmusic/schedule.htm.

Off-campus housing has many advantages over dormitories

By **Ashley Monfort**
Ka Leo Staff Writer

At many schools, such as the University of Oregon and the University of Colorado, living on campus after freshman year is uncommon. One point of living on campus the first year is to meet people. This is not the case with many students at the University of Hawai‘i at Manoa.

With rising gas prices and other expenses, finding an affordable apartment in Honolulu can be a challenge. Not only were Honolulu rentals ranked by MSNBC as the fifth-most expensive in the nation, but the city lacks places to build viable living spaces.

In order to find a place off campus, a student may have to wait anywhere from weeks to months. It depends on the timing; a student must be one of the first to call and keep in touch with the renter. Landlords are wary of college students because they fear the students will host parties or have unstable income. However, there are still many

opportunities to find places to live.

Students can use newspapers and online resources, such as Craigslist or the UHM housing Web site to find rooms. Asking around can also help in a student’s plight.

Living off-campus has many advantages. It gives a student a place to live without having to worry about what to do with his or her belongings when the school year is over. It also allows students to forgo the headache of finding a place to live during the summer. There are also fewer rules in terms of drinking and partying. Many students find it easier because they are away from the temptation of socializing rather than doing homework.

“It is easier to study [while living off campus]. ... It makes you do more things, because [while living on campus] you just stay on campus every weekend and drink. Now we’re closer to other places,” junior Chelsea Pummel said, who lives with three other female students in Waikiki. It took them a month to find their \$1800

apartment.

Students who decide that off-campus housing is best for them should be aware that it is usually not an overnight decision; it takes a fair amount of planning. Students shouldn’t expect to find the perfect prospect right away.

“Take what you can get because it’s really hard to find a place. I was looking for a place for several months. All the other people I know did the same thing,” Colin said, a junior at UHM who lives off McCully with three other students. He advises students to be aware that it costs a fair amount of money to live off campus. It’s a big step in life because students must keep track of bills.

For many students, living in Hawai‘i means an adjustment to spending more money than they may have. With the right kind of research and perseverance, most students can find a place to call their own.

“Just look in classifieds and stick with it, and you’ll find a good place,” Pummel said.

From UH’s Guide to Living Off Campus:

Additional Cash Needed

- Deposit: equal or less than one month’s rent
- Application fee
- First month’s rent
- Utility deposits if you are paying for your own utilities

Utilities

- Electricity: The average monthly bill for a residence for 2 people is \$57 - \$96. An account establishment fee of \$50 and up is also required.

- Gas: A deposit of \$75 - \$100 may be waived depending on your personal credit history. The deposit is returned or credited to your account in one year if all the bills were paid on time. Average monthly bill for 2 persons with a gas range and water heater is \$35 - \$40.

The Lease

- Long Term versus Short Term: Some owners or rental agents prefer to use a month-to-month tenancy

contract. This means that the apartment or rental unit is rented out on a month to month basis without a long-term lease. The advantage of this sort of lease is that a renter may be able to vacate the apartment at any time with a minimum of 28 days notice. The disadvantage to this sort of lease is that the landlord may be able to raise the rent or ask the tenant to vacate the apartment premises by giving a minimum of 45 days notice. This type of lease may also be written.

CampusBeat

Monday, Sept. 26

9:04 p.m. – A witness reported a dark-colored vehicle hit a gray Infinity in the BioMedical parking lot and left the scene.

Tuesday, Sept. 27

12:18 a.m. – A large group was reported making noise at Hale Wainani. They were asked to leave and complied.

1:43 a.m. – A trash can fire in front of Hale Wainani was extinguished by a resident. The can was damaged by the fire.

12:27 p.m. – Security found a moped with the keys in the ignition and engine running. The key was taken for safekeeping.

1:20 p.m. – The owner of the unattended moped called to claim the key.

3:30 p.m. – A Mokihana resident reported her bike had been stolen.

7:04 p.m. – A moped was stolen from the Hale Manoa parking lot.

Wednesday, Sept. 28

1:53 p.m. – A garbage truck collided with a shuttle bus near the Noelani store area.

Thursday, Sept. 29

11:31 p.m. – A man and woman were found in a gray Honda Passport at Lyons Arboretum. They were asked to leave.

9:46 p.m. – A resident reported smelling smoke at the Wa’ahila faculty housing.

9:49 p.m. – A Wa’ahila resident was not home and had left the stove on with a pot on the stove.

Friday, Sept. 30

1:46 p.m. – A moped rider crashed near the Agricultural Engineering building. He was taken to University

Health Services. The parking office was notified that oil spilled from the moped.

10:37 p.m. – A Pacific Protection Services guard requested assistance with a man at the Hale Aloha Lehua dorm. The man was refusing to show the guard what was in his bag. Campus security was able to identify him as a Hale Wainani resident.

Saturday, Oct. 1

12:00 a.m. – A Hale Noelani resident advisor requested assistance with a man who was refusing to show ID in a dorm room.

12:15 a.m. – The suspect at Hale Noelani was taken into custody for assaulting a campus security guard. The guard was injured and HPD was notified. A trespass warning was issued to the suspect’s accomplice.

1:22 a.m. – A fight at the Law school parking lot was reported. The group had been arguing over who should



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A Security Officer resets a fire-alarm switch after alarms in Hale Noelani and Hale Wainani were triggered late Friday night. The incident was reportedly a false alarm.

claim the keg of beer.

Sunday, Oct. 2

6:04 p.m. – A UH football player was reported shooting a BB gun at the pond. The man left in white Ford Explorer.

Monday, Oct. 3

1:19 a.m. – A Hale Laulima resident reported that someone burned a bunch of newspaper on the makai side of Laulima Gardens.

Hookipa event welcomes back students

By Jennifer Allen

Ka Leo Contributing Writer

The Center for Hawaiian Studies and Associated Students of the University of Hawai'i will be presenting Hookipa 2005 at the Kamakakuokalani Building tonight from 5:30 to 8 p.m.

“Hookipa is an event designed to welcome back UH students in a Hawaiian way,” said Mehanaokala Hind, an event coordinator for Hookipa 2005, as well as an academic advisor and graduate student at CHS. “We want to kick back and get to know each other and provide a small taste of what’s out there for students interested in learning about Hawaiian culture.”

Food, music, giveaways, information tables and a brief program are on the agenda for this year’s Hookipa.

Fall 2005 is the first semester the Hawaiian Studies and Hawaiian Language Departments have offered a master’s program, so part of Thursday night’s program will include recognition of first-year graduate students.

“It takes it to another level beyond the bachelor’s degree,” Hind said.

The 2005 Na Hoku award winners, Na Palapalai and the local Hawaiian reggae band Ooklah the Moc will provide entertainment for the night. Hind said it is important that the night is filled with diverse music.

“I firmly believe that any music made by a Hawaiian is Hawaiian music. Any music related to the human condition in Hawai’i, or inspired by this place, is Hawaiian music,” said Micky Huihui, a member of the vocal trio for Ooklah the Moc.

This is the first time Ooklah the Moc will be performing at Hookipa, Huihui said. She considers it an honor to share the stage with Na Palapalai. “They are awesome and a fine example of high caliber mele Hawai’i,” she said.

In addition to hearing what Hind refers to as top-notch entertainment, guests will be offered Hawaiian pupus like kalo, sweet potato and fish and can apply for giveaways like

CDs, books and shirts.

“We aim to make a connection to student life,” Hind said. “We want to showcase what we have in Hawaiian Studies for interested students.” Hind said Hookipa 2005 is designed to share hospitality and go beyond what a student may learn in a classroom.

To help showcase Hawaiian values, information tables will be set up by various student groups with a Hawaiian focus. Representatives from different colleges and departments, like the College of Education, the John A. Burns School of Medicine and the Hawaiian language department, will also have tables set up to highlight programs with a Hawaiian culture emphasis.

Hookipa is free and open to the public; everyone is welcome. “It doesn’t matter if it’s somebody from the valley next to us or from another part of the United States. We want everyone to take part in this welcome,” Hind said.

Graphic artist to discuss copyright infringement

By Brian Dalton

Ka Leo Staff Writer

Michiko Stehrenberger will be giving a presentation tonight on the marketing tactics of tobacco companies, and simple ways that artists can protect their intellectual property from being infringed upon. The presentation will take place at the University of Hawai’i at Manoa Art Auditorium from 7 p.m. to 9 p.m.

“I have a powerpoint presentation showing some of my design work, the evolution of the art style that has led up to developing the image that ultimately was hipster enough for a cigarette company that they just had to have it,” Stehrenberger said.

Stehrenberger’s artwork has been used in marketing campaigns for clients such as MTV, Britney Spears and Old Navy, and recently her work was used in the posters for GiRL FeST Hawai’i 2005. Stehrenberger’s art was also used, without her permission, in a national advertising campaign for R.J. Reynolds’ Camel Cigarettes brand.

In August 2000, R.J. Reynolds began a new national marketing campaign for its Camel Cigarettes brand, and started sponsoring nightclubs and other events. For this campaign, a drawing of Stehrenberger’s – that of a blue woman wearing a pair of headphones – was digitally altered to add

the Camel logo onto the headphones, and to erase the copyright information from within the image.

It was only after she started receiving emails from people who had seen the ads that she learned about Camel’s marketing campaign that used her artwork.

“People started emailing me from my website telling me that they’d recognized my image – even though my name was nowhere on it,” Stehrenberger said.

After spending years attempting to resolve the issue directly, Stehrenberger filed suit against R.J. Reynolds, claiming that her copyrighted artwork was used without her permission. Last year, she reached an out-of-court settlement with R.J. Reynolds.

R.J. Reynolds was unavailable for comment at press time.

“Intellectual property law is an important part of our law school offerings, and we are excited to have someone who can speak from first-hand experience as a plaintiff regarding this area of law,” said Mark Levin, associate professor at the William S. Richardson School of Law. The law school is co-sponsoring this event. “It’s so important for our students to learn about real people’s experiences with the law, instead of how it comes out of the books.”

A full list of sponsors and contact information can be found at www.kaleo.org.



Two students will win tuition money

Two University of Hawai'i students, one male and one female, will win \$1,500 toward tuition at Twilight 'Ohana, Friday Oct. 14th, at the Stan Sheriff Center. Students can register at a sign-up table at Gate A, beginning at 5 p.m.

At 8 p.m., 10 male and 10 female students' names will be drawn, and they will compete in the Honolulu Ford "Shot for Tuition." Students will also have the chance to win season tickets to the upcoming men's and women's basketball seasons and memberships in the school's student spirit group, the Manoa Maniacs.

Twilight 'Ohana, formerly called Midnight 'Ohana, signals the start of fall basketball practice. This year's theme is "Night for the Stars," and both squads will dress the part of their favorite celebrities. Local celebrities will be introduced, along with the Rainbow Warriors and Rainbow Wahine.

Admission is free, and the doors to the Stan Sheriff Center will open at 5 p.m. with food booths, contests and carnival games. The introduction of the teams begins at approximately 9 p.m., followed by a 3-point shoot-out featuring a men's and women's player and men's slam dunk contest. To cap off the evening, the teams will hold short intrasquad scrimmages.

Schedule of Events	
TIME	EVENT
5 P.M.	Stan Sheriff Center Gates Open
5-8 P.M.	Carnival on the Concourse
6-8 P.M.	Concert on the Court
8:15 P.M.	Performances by the UH Rainbow Dancers and Cheerleaders
8:30 P.M.	Honolulu Ford Shot for Tuition
8:45 P.M.	Show Begins with Master of Ceremonies Billy V
9 P.M.	Introduction of Men's and Women's Players, along with coaching staffs
9:15 P.M.	Three-Point Shooting Contest (Men and Women) and Slam Dunk Contest
9:30 P.M.	Scrimmage--Women's Team
9:45 P.M.	Scrimmage--Men's Team

Rainbow Wahine to face Fresno and Nevada



TONY BLAZEJACK • KA LEO O HAWAII

Senior Victoria Prince has been UH's best hitter this season. Prince is hitting .385 with 3.22 kills per game and 1.45 blocks per game. The Rainbow Wahine will square off against Nevada and Fresno State.



By Ashley Monfort
Ka Leo Contributing Writer

Rejuvenated after two road game wins, the University of Hawai'i women's volleyball team will face Fresno State (2-9, 0-3 Western Athletic Conference) on Friday and the University of Nevada Reno on Saturday.

The No. 11 Rainbow Wahine has come back from defeating Louisiana Tech (13-5, 1-3) in a three-game sweep Saturday. The Rainbow Wahine are coming back from one of their biggest wins against New Mexico State University (7-4, 1-3), where they lost the first two games but came back for the win in the five-game series. It was the first time this season that the team has been able to come back after being behind. Left and right side hitter Sarah Mason earned WAC Player of the Week honors because of her performance on the road. She recorded 11 kills and six digs against L.A. Tech and 19 kills and four blocks against NMSU.

"They had only lost one game in four years at home, so we knew it was going to be really tough. We were down 0-2 and we made the adjustment. We all stayed together to win that match ... We all came together and realized we can do this," senior Victoria Prince said, who had a double-double against NMSU.

The 'Bows have remained undefeated in the WAC.

Fresno State is without a win in the conference. The Bulldogs suffered a

four-game loss to L.A. Tech last week-end. Then, they played NMSU, where the Bulldogs recorded 95 digs but were defeated in three games. Outside hitter Allison Pitton, who had 19 kills against L.A. Tech, led the Bulldogs. The match against the 'Bows will be their fourth match against a ranked opponent.

"Fresno is struggling a little bit. They have a new coach, and I'm hoping we can play well and rest the starters, so Saturday night will be a little more competitive. Nevada is a good team," said UH coach Dave Shoji.

Nevada (9-5, 4-0) may prove to be a contender, as both schools have not been defeated in the conference so far. The Wolf Pack took the 'Bows to five games twice last season. Against Boise State, setter Ashley Miller posted a double-double with 38 assists and 10 digs. Senior middle blocker Salaia Salave'a, who has led in kills throughout the season, will be a possible starter Saturday night. She was also a two-time first-team All-WAC selection.

"It'll probably be a good revenge match for Nevada, trying to come back and beat us, but we have to play on our side of the court. We can't be worried about what they're going to do. We got to pull together as a team and play our game," Mason said.

Both games will start at 7 p.m. at the Stan Sheriff Center. Tickets for Friday and Saturday's matches are \$18 for lower level seats, with upper level seats starting at \$15 for adults, \$9 for seniors, \$6 for students and \$3 for UH students.

Cindy Sheehan inspires movement

WAR STATS

Recent war statistics since the beginning of the war on March 19, 2003:

- Currently, the war in Iraq has cost the nation approximately \$400 billion.
- The United States has lost 1,931 soldiers.
- Another 19,296 soldiers have been wounded.
- Between 26,165 and 29,478 Iraqi civilians have been killed.
- One out of every 10 soldiers evacuated from Iraq was done so because of psychiatric problems.
- There has been a rise in terrorist recruitment and action.
- Oil prices have been spiking.
- The use of depleted uranium weapons has polluted Iraqi soil and water systems, with some spillover into Iran and Kuwait.
- Secretary-General Kofi Annan found the war to be illegal, according to the United Nations Charter.

Sources: *GlobalSecurity.org*, *antiwar.com* and *www.iraqometer.com*

Malie Matsumoto
Ka Leo Staff Writer

Last Monday, the voices of hundreds of people outside the White House joined together in protest as police escorted Cindy Sheehan to jail. Amid anti-war chants of “Stop the war now!” and “Bring them home now!” Sheehan peacefully submitted to her escort, then smiled and waved at her supporters.

Many may remember Sheehan from headlines this past summer, when she began a protest outside of President Bush’s Texas ranch following the death of her son in Iraq. Her mission was, and still is, to stop the war and bring home all the sons and daughters who are now away from their loved ones. Her request seems like a simple one — stop the killing.

Monday’s gathering was a peaceful sit-down protest that aimed to further Sheehan’s mission. As reported by the Washington Post, Sheehan had requested a meeting with President Bush. When she was denied, she stopped outside the gates along Pennsylvania Avenue and sat down along with hundreds of other supporters and protestors. Sheehan’s arrest was followed by 370 other arrests for protesting without a permit.

This protest followed two others that occurred outside the White House the previous weekend. That Saturday’s protest boasted over 100,000 war protestors, and Sunday’s protest contained over 500. Speakers and participants in these protests included many veterans from both the Vietnam and Iraq wars. According to the New York Times, White House Press



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Anti-war demonstrators hold signs on Kapiolani Street.

Secretary Scott McClellan made statements that Bush is “very much aware” of the protestors and “recognizes that there are differences of opinion on Iraq.”

In an interview with BuzzFlash.com, Sheehan explained why she blames President Bush for the death of her son. “I think he rushed into this war, this invasion, without having proper intelligence ... the reasons he went are so clearly wrong; from his false claims that Iraq had weapons of mass destruction to there being no connection between Iraq and Saddam and Osama bin Laden.”

She also recounted her brief

encounter with President Bush as he made his rounds consoling the family members of dead soldiers. He called her “Mom” because he didn’t know her name.

“You have daughters. How would you feel if one of them was killed? Trust me, Mr. President, you don’t want to go there.” Sheehan said.

“You’re right. I don’t.” the president replied.

According to a recent USA Today/CNN Gallup Poll conducted from Sept. 16 to 18, 2005, the results of phone interviews with 818 adults showed that 67 percent of Americans disapprove of Bush’s handling of the

war situation. The poll also showed that, overall, 58 percent disapprove of the way Bush is handling his job as president.

Whatever his approval rating, it was Americans who voted him into office, and he’s here to stay for another three years. While the president is most likely correct in his statement that pulling troops out of Iraq immediately would prove dangerous to many parties involved, efforts should be focused on a plan to safely remove our soldiers and bring them home.

Cindy Sheehan has sparked a movement. We can only hope that it’s enough to make a difference.

Hawaii’s Governor addresses UH Mānoa students

Aloha,

On Sept. 30, I was honored to join with UHM President David McClain, Chancellor Denise Konan, Dean T. Samuel Shomaker and former Dean Ed Cadman for the dedication of the John A. Burns School of Medicine at Kaka’ako. This was truly a milestone for not only the University of Hawai’i and the Kaka’ako area, but for the State of Hawai’i. After decades of dreaming, planning and working to realize this dream, Hawai’i now boasts a world-class medical school, complete with high-tech educational centers and cutting-edge biomedical research facilities. It is a symbol of progress, center of life and source of

excitement for all the people of Hawai’i. The John A. Burns School of Medicine at Kaka’ako will be the jewel of the University of Hawai’i, presenting unique opportunities for medical students and prestigious faculty members to study, research and discover medical breakthroughs. The grants and investments coming in indicate the school’s potential to become one of the nation’s top medical institutions in the future. This is something every student can take pride in. This is only the first step in the state’s vision for the Kaka’ako area. The Hawai’i Community Development Authority plan to develop this neglected area in a way that allows residents and

visitors to enjoy a variety of activities in one location. It will be a place of open areas for the public to work, live and play. The medical school and the future UH Cancer Research Center, now under design, is only the beginning, and will serve as the centerpiece of this vision. I was honored to be a part of this historic moment. I believe there is no wiser investment than in you and your education, as you are the future leaders of our state. We remain committed to improving the University of Hawai’i facilities and increasing the autonomy of the University for the benefit of our students and our state. I hope you will take advantage of all that the University of Hawai’i has to offer.

As students, your fresh insight on many of our community issues is always welcome and appreciated. I look forward to hearing your ideas and urge you to e-mail me at Governor.Lingle@hawaii.gov. You may also call in questions to my weekly radio program at 7:05 a.m. Wednesdays on KHVH 830 AM (521-8383). For more information or to sign up for my weekly electronic newsletter, visit my Web site at www.hawaii.gov/gov.

Mahalo for reading my column. Study hard and have a great semester.

Governor Linda Lingle



GOVERNOR LINGLE

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Dear Wala ‘Au,

I’ve been best friends with Ben for two years, and we’ve been dating for about a year. He’s at a point in his life where he wants to experience more relationships. Partially because we drifted apart this summer and partially because Ben wants new experiences, we broke up after the first week of school. We’ve recently started talking about nonexclusive dating. I love Ben — I would marry him if he asked — but I don’t know how to be OK with the idea of him being with other girls. Please help.*

*Sincerely,
Desperately In Love*

**Name has been changed
Send your questions for Wala ‘Au to features@kaleo.org*

Letting love go may save your friendship



By Daniel Simon
Ka Leo Columnist

Dear Desperately in Love,

Just as I have never seen the Loch Ness Monster, I have never witnessed a smoothly running, long-term open relationship. I would like to believe in both, but I’m a pragmatist, a product of science over faith. To be clear, I define an open relationship as one where a primary pairing is sexually augmented by a possibly revolving cast of characters that does not threaten the emotional health of the couple. It may sound reasonable in the abstract, the sharing of a lover with the world, but I would imagine a long-term couple capable of handling this type of psychic juggling is as rare and unwitnessed as a 100-million-year-old dinosaur living in a Scottish loch.

It comes down to understanding what you want and can accept in the ways of love. Can you accept Ben’s behavior, or even endorse it, by likewise experimenting with other lovers? Have you experienced enough to know your limitations? An open relationship implies a love that is beyond the pettiness of average human lovers; putting aside biological charisma and jealousy is extremely hard for most people. Is this the kind of love you and Ben have for each other?

Although not explicitly stated in your letter, I suspect that you believe Ben will come around when he’s ready. But why would anyone give up eating his or her cake and having it too, given the option? Ironically, you portray Ben as a novice in the ways of love, yet he seems to understand the situation better than you do. Given his inexperience with sex, I encourage him to go and explore, but I would advise you against trying to go along for the ride with him, given your obvious attachment and seeming lack of interest in dating someone else.

Don’t hold your breath, don’t grow old and bitter in the waiting, and please, don’t contemplate marrying Ben at this point, because neither of you seem ready to make that type of emotional commitment. There are too many things that should be worked out before marriage. I suspect lingering problems left unexamined prior to marriage are a major cause of divorce.

Desperate lovers take desperate action. Do not lay down an ultimatum, like, “Ben, it’s either me or the highway!” Ben could also push such an ultimatum: “I have to do this. Come along willingly or it’s the end!” Both versions are normal reactions to desperation, and both positions leave little room for reconciliation. If you really love each other, but are simply not on the same page, split up. Save your friendship and save yourselves a world of pain. Circumstances may change in the future; but for now, you should let go.

It’s easy to talk about sharing your lover with another, but harder in practice. If you choose that path, you should do some mental preparation. Imagine: you enter a bedroom to find Ben and another woman. She’s straddling him, the small of her back glistening with orgasmic perspiration. The intrepid couple notices your presence. They pause, wave hello and then resume their grinding. You leave the room and brace against a wall to catch your breath in the shadows. She moans, he moans. In fact, the sex is so mind-boggling that the entire world moans in unison. The ground shakes, volcanoes explode, the electro-magnetic sphere shifts its axis. The geese, the elephants, the lawyers — every being explodes with satisfaction. And then, two by two, they all walk up the ramp of Noah’s Ark. The waters deluge the Earth, leaving you alone in the infinite void. Are you still OK with an open relationship?

Times seem tough for lovers everywhere, including me. Cupid can’t hit his mark — maybe he needs cataract surgery. Aphrodite needs a face-lift — her once captivating beauty no longer holds sway over an ocean of lovers. The two gods of love have lost their touch and left humanity adrift in an unromantic sea of impatience and desperation. Maybe it’s the time of Bacchus, the god of hedonism, who would say that everyone is free to pursue his or her own pleasures and that monogamous love is overrated. But is having sex the same as making love?



By Larissa Eisenstein
Ka Leo Columnist

Dear Desperately,

Your dilemma reflects an enduring theme addressed time and again by plaintive love songs, overpriced self-help books and patronizing advice columns alike: how to confront the pain of a relationship unraveling. Just ask Weezer — pulling just one thread can leave us lying on the floor naked, emotionally undone.

Unfortunately, your metaphorical sweater has caught on a metaphorical nail and yes, metaphorically, it has begun to unravel. It’s time to cut the thread and walk away while your sweater is salvageable. I know you didn’t write to me about some stinkin’ sweater — though if you did, I’d give you similar advice and would refer you to a knit alteration service in the yellow pages — so I’ll move away from the metaphorical. Here is, literally, the best advice you may ever not take: let him go.

Your guy may be a jackass who wants to string you along while he dates around, even though he’s just not that into you. Then again, he may be the

best guy in the world: considerate and sweet, opens doors for you and doodles your name in heart on his Pee-Chee folder. Either way, the love of your young life wants to fumble in the dark with a bunch of random chicks and just the thought of that — never mind the reality — is killing you. Unless you allow yourself to become a total doormat, any amount of dating him while he goes off and contracts the latest STD is only going to make you flip out, fight with him more often than not, and incessantly write not-stained letters to me bemoaning your fate.

Put your relationship on the shelf for a while and dust yourself off. Don’t do this out of the mistaken belief that if you love him enough to marry him, you’ll love him enough to let him go. I’m telling you to do yourself a favor and let the boy go. Prioritize yourself. Buy a new sweater. Sort out the mess in your head and develop interests that have nothing to do with him. After a while, you may find you don’t miss him as much. Maybe, if you’re lucky — and I’m sure you will be — you’ll find another guy to write to me about. Let him be taller, hotter and better in bed.

As a parting shove in the right direction, here are some sage words of advice penned by that talented twit Avril Lavigne: Take a risk/ Take a chance/ Make a change/ And break away.

Good luck.

P.S. If you don’t know what a Pee-Chee folder is, I’d also bet you haven’t seen any classic ‘80s movies by John Hughes. Do so immediately; they will cheer you up, teach you the fickle nature of fashion and illustrate the timelessness of your current romantic dilemma.

Ka Leo Chalkboard

Compiled by MJ Bjers
Ka Leo Staff Writer

“Word up to Ewa Tower. Oh, and what’s up with our special teams?”
J.C., Gateway

“Hey Katie, good luck this weekend! I hope he’s a hottie!”
Brittany B., Gateway

“Pedro offers you his protection.”
Ryan S., Johnson Hall

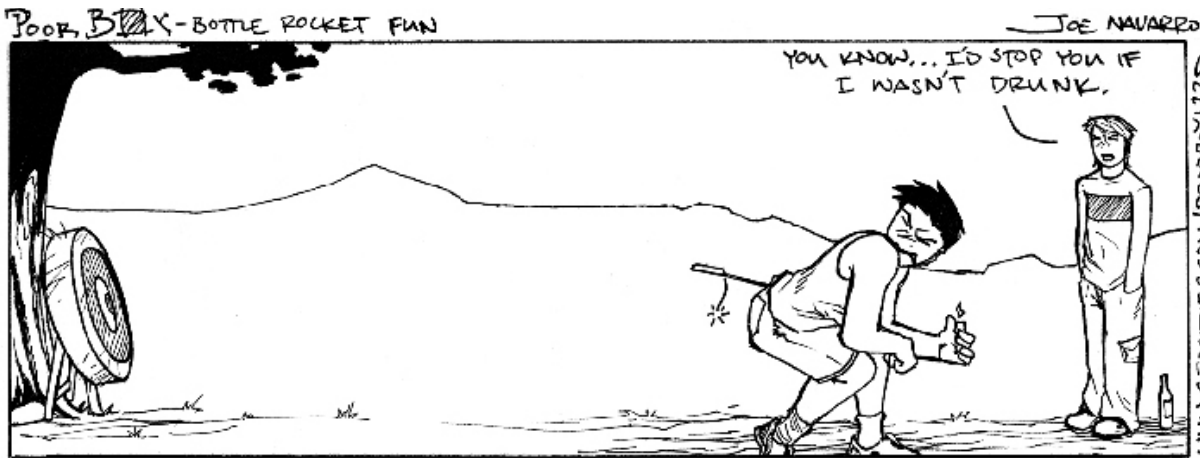
“Come on Warriors, I know you can do better than that! Better luck next time.”
Melanie P., Gateway

“Warriors are number one in my heart. Let’s get a

“W” in Louisiana, boys.”
Steve C., Wainani Apts.

“Congrats to the men’s and women’s sailing teams. Y’all friggin rock!”
Senor Lucha

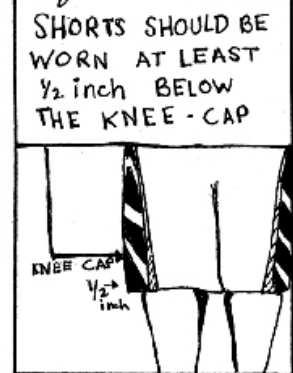
If you have a shout out you want heard, e-mail it to shoutouts@kaleo.org and label it ‘shout outs.’



HIGHER EDUCASHUN: SHOWDOWN

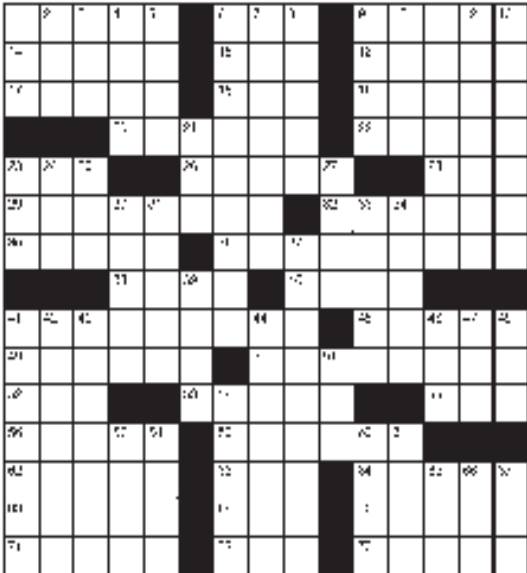


A Day in the Life of...



Crossword

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Solutions 10/5



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Men's volleyball travels to British Columbia

By Liane Yim
Ka Leo Staff Writer

The University of Hawai'i men's volleyball team will travel to Canada, getting its season started early. The Warriors open preseason play in British Columbia on Oct. 7 and 8, playing one practice match and one competitive match per day.

"We'll be doing a lot of different drills and plays and everyone will get to play a lot. We'll stat it all and get a lot of good information when we get up there," said UH head coach Mike Wilton.

This is not the first time a team from Canada and Hawai'i have met. Alberta traveled to Hawai'i last year to win in five sets the first night and three the next.

Matt Carere, a senior and B.C. native, was eager to describe B.C.'s strengths and weaknesses. "[They are] a little bit taller and bigger, but also slower and a little more powerful," he said.

Carere is familiar with their style of volleyball, having played against members on the squad.

"They're playing an international game. They always have good setters, are strong on the outsides and their offense is really diverse as far as the way they move the ball. They run combos and do a lot we don't see in the Mountain Pacific Sports Federation," said senior libero Alfred Reft,

The regular season and the MPSF play does not start until January 13, but the Warriors are having a head start to ensure that their season will not be cut short, as they've been in past years.

"Everyone's hungry; it's just the glare in the guys' eyes this year whenever we're practicing or lifting weights," Reft said.

Reft is the reigning All-American Defensive Player of the Year and has trained with the World University Team in Colorado Springs this summer. Practicing with players at the

next level helped Reft see what he needed to work on and what the whole Warrior squad should work on as well.

For the five seniors returning, there is a constant reminder that — for some of them — it will be the last time stepping onto the court. Setter Daniel Rassay and outside hitter Pedro Azenha were the only two not returning from a team that went 19-9, losing to Long Beach State University in the MPSF quarterfinals. "I'm hopeful we can play a much faster game this year. We've already had our conditioning tests, so we're into big time volleyball and practice now," Wilton said.

There is already a different vibe for this team with the addition of former Brigham Young University head men's volleyball coach Carl McGown, who has been hired as a consultant for the fall. An assistant coach will be named in December due to the departure of Aaron Wilton, who is attending Sacramento State for graduate school. McGown is involved in aspects of the program such as meetings, practices and evaluations.

"Karl brings a wealth of knowledge and he could be the best coach in the world," Wilton said.

Wilton enters his 14th season with the Warriors. He coached the U.S. men's volleyball team this summer at the North, Central America and Caribbean Volleyball Confederation Championship. It was there that Wilton was able to see the absolute dedication to volleyball the U.S. team exhibited.

"Even when they're doing serving and passing drills, they approach it with so much seriousness. That's something I hope we can instill in our guys," Wilton said.

All in all, there is an abundance of potential to be unleashed for this year's team, especially with an experienced core of veterans. There is also help from a practice team that brings the total number of Warriors on the volleyball court to about 24, so they can compete against each other. "This is a new year, a new focus. We have somewhere to be in May, and that's at the NCAA Championships," Reft said.



TONY BLAZEJACK • KA LEO O HAWAI'I

Senior Alfred Reft is the only returning Warrior that played in every game last season. UH opens up pre-season matches in Canada this weekend, October 7th and 8th

Rainbow Wahine soccer team opens up WAC play at home

By Zack Smith
Ka Leo Contributing Writer

The University of Hawai'i women's soccer team returns to action Friday night for their first game in six days. The Rainbow Wahine, with a record of three wins, six losses and two ties, are looking to recover from an 0-2 road trip.

Last Thursday, Hawai'i traveled to play the 19th-ranked Titans of Cal State Fullerton. UH goalkeeper Kori Lu's career-high 10 saves were not enough to stop the dominating Titans (8-2-0) from winning their fourth game in a row and scoring the only three goals of the game. Hawai'i was pressured all night by CSF and ended up being outshot, 24-4.

Two days later, the Rainbow Wahine fell to San Diego State, 2-1. The Aztecs scored in the 23rd minute when freshman forward Jen Mello was able to get behind the UH defense on an assist from senior Ashley Cooper. Hawai'i also allowed a goal in the final minutes of the first half to take an 0-2 deficit into the locker room. Hawai'i's Natasha Kai scored in the 65th minute and would have tied the game if not for SDSU goalkeeper Christi Yount's diving save with 11 minutes left in regulation.

Looking ahead, Friday's game marks the beginning of Western Athletic Conference play and a chance to prove why UH was picked to win the conference by the WAC coaches this preseason.

The University of Idaho Vandals (2-9-0) will make their first-ever trip to Hawai'i to play in their first conference game as a member of the WAC. The two teams have met only once before, in 2001, when Hawai'i won at Idaho, 2-1.

The Vandals are currently on a seven-game losing streak and looking to turn things around with a win or tie against the struggling Wahine squad.

"Hawai'i isn't having its best season," said Idaho head coach Pete Showler. "But they are going to be thinking the same as us and that is to forget what happened during non-conference games. They are playing at home so they are going to be up for the game."

Hawai'i head coach Pinsoom Tenzing dismissed his record so far. "This is the beginning of our season," he said, but acknowledged how imperative winning at home is. "We got to win everything at home if we have any chance to win the WAC," Tenzing added. A WAC title would be his second in his 12-year career at UH (Hawai'i



TONY BLAZEJACK • KA LEO O HAWAI'I

Sophomore defender Shawn Higashi has assisted senior striker Natasha Kai on UH's last three goals.

shared the title in 2003).

Boise State (6-4-2) comes to town just two days after Idaho for a Sunday afternoon match up at the Waipio Peninsula Soccer Stadium. The Broncos lost in Hawai'i last year, 1-0, and have dropped the last four to the Wahine.

Boise looks to their leading scorer, junior Nicole Coleman (four goals, three assists), to add a third game-winning goal this season. They will have their hands full trying to stop the WAC's preseason offensive player of the year, Natasha Kai. The senior forward and team captain already has six goals this season.

Wins in both games this weekend

would give the Rainbow Wahine six points in the WAC and a little breathing room before they play four road games in Louisiana, Utah and California in just seven days. The WAC's new points system awards a team three points for a win and one point for a tie, with the top six teams in the conference advancing to a postseason tournament. UH hopes to be one of the top two teams, who each get a bye in the tournament.

The game against Idaho begins at 7 p.m. Friday night at the Waipio Peninsula Soccer Stadium. The game against Boise State begins at 5 p.m. Sunday. Admission and parking are free.



JESSE BOWMAN • KA LEO O HAWAI'I

Ryan Flood, a business student at UH Manoa, takes off down the face of a wave at Rocky Point during a small northwest swell last weekend.

By Jaime Sato
Ka Leo Contributing Writer

Editor's note: This is the first installment of a "Learn to Surf" four-part series.

So you've always wanted to learn to surf, and now that you're in Hawai'i, your dreams can finally come true. All you have to do is grab a board, jump in the water and start paddling, right?

Not so fast, dude. Unfortunately, surfing is not as easy as some people assume.

There is a right way and a wrong way to learn surfing. In order to become a decent, respectable surfer, there are a few easy steps that a person should take before getting in the water.

While surfing is a fun and relaxing sport, it can also be an intense workout. Between sprints of paddling, pushing through waves and holding your breath underwater, you can discover cramps and pains in muscles that you never even knew you had. Every experienced surfer has seen this happen: first-time surfers getting cramps and not being able to paddle fast enough, getting caught inside and then either getting pounded by whitewater or run over by other surfers.

Evan Laeha, a former University of Hawai'i student and Waikiki beachboy, said that he sees this often, especially when "guys are with girls and want to act cool and then pretty much just embarrass themselves." What they don't realize is that surfing is not as easy as some people make it look. And getting into shape before you get into the water can help you avoid that type of situation, Laeha said.

Surfing uses mostly upper body strength.

"Paddling is something you have to train to get good at," said Nikki Nadalin, a local surfer and competitive paddle boarder. "It uses muscles that a person

doesn't normally use in their daily routines."

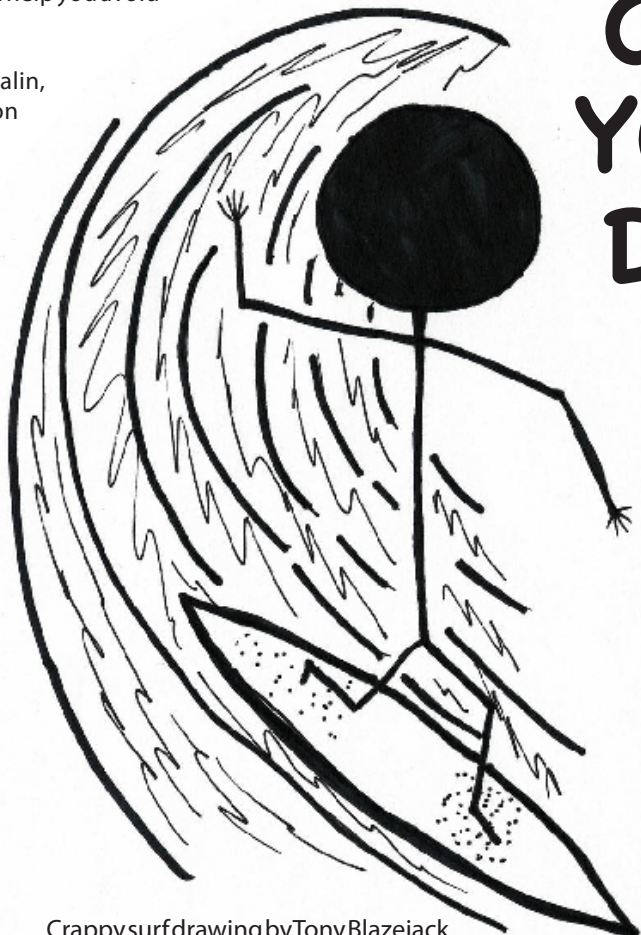
Nadalin claims that swimming is the best type of cross training for surfing. Swimming, according to Nadalin, helps to build up arm strength, boost endurance and gives you confidence in the water. Swimming in the ocean is especially beneficial because it will allow you to become comfortable in the open ocean, as well as provide you with the conditions that you are going to have to face while surfing, Nadalin said.

Along with swimming, a good workout for a UH student-turned-beginning-surfer can also include a few basic exercises that can be done without having to pay any expensive gym fees. A routine of push-ups, crunches and running are a great way to workout, but only do as much as your body can handle; start small and build up to a more intensive workout. For example, during the first week, you could jog around Kapiolani Park once and do four sets of fifteen crunches and push-ups.

The next week, or whenever you feel ready, you can boost your workout up to jogging twice around the park and doing a few extra sets of crunches and push-ups. One of the great things about doing this type of workout is that you can not only do it at your favorite park or at the beach, but you can also do similar exercises at the UH Fitness Center, which is free to students with a valid UH ID.

By doing any or all of these exercises regularly, you can give yourself a good start on getting into surfing and preparing for the next step of learning to surf the right way.

Up next week for "Learn To Surf" is Step #2: "Learn the Lingo."



Crappysurf drawing by Tony Blazejack

CAN YOU DRAW BETTER THAN THIS?

Attention all artists, enter the Ka Leo Surf illustration contest!

We are looking for your 8.5" x 11" black and white, surf-related drawings. Drop them off at Ka Leo for your chance to win prizes from Sera's Surf & Shore. The deadline is Oct. 11.