THE VOICE OF HAWAI'I

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Comics

Sports

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Hard drive noises may be indicative of big problems

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Three Wahine seniors bid aloha but not forever

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Hawai'i reps bring peace to Congress

Abercrombie wants immediate Hirono advocates for U.S. withdrawal from Iraq

Reelected congressman draws on Vietnam activism for decisions

By Matthew K. Ing Ka Leo News Editor

Reelected U.S. Congressman Neil Abercrombie (D-Hawai'i) feels the United States needs to get out of Iraq immediately.

"The honorable thing to do," Abercrombie said, who represents urban Honolulu, "is get out of Iraq as quickly as possible ... I am very upset with the idea that one more person will be killed or permanently maimed in order to facilitate some graceful exit for [President Bush's] political

The Congressman spoke last week to students in Professor Manfred Henningsen's Political Science 337 course at the



ABERCROMBIE

University of Hawai'i at Mānoa.

Abercrombie spoke to the class about his transition into politics, dating back to his days as a student at UH in the late 1960s, and his views on current politics, especially America's involvement in the war in Iraq.

"Civil rights [in the 1960s]," Abercrombie said, "in combina-

tion with the war in Vietnam as a false construct, and that we were using particularly those who were unable to avoid the draft as cannon fire in Vietnam, is what propelled people like me

Political science professor Henningsen said he wanted Rep. Abercrombie to speak to the class so students could see that some contemporary politicians are "intellectually alive" and care about the future of the world.

"I wanted the students to meet a member of Congress who is an activist-intellectual as the [Founding Fathers] were," Henningsen said. He said that, like the Founding Fathers, Rep. Abercrombie is passionate about his political beliefs and living out his vision for the betterment of the nation.

Abercrombie, who got involved in politics during the

See Abercrombie, page 2

Department of Peace

Newly-elected congresswoman preparing for non-violent term

By Charlotte Marten

Ka Leo Staff Reporter

U.S. Congressman Ed Case's seat representing Hawaii's second congressional district went last week to DemocratMazieHirono,whoquestionedPresident George W. Bush's policies on key issues and advocated for the creation of a national Department of Peace.

"We have a Department of Defense," Hirono said, "so it makes a lot of sense to me to have a Department of Peace, especially now in a world where we are all very interdependent on each

Hirono is a twice-elected lieutenant governor who is committed to civil rights, social progress and justice.

Hirono pointed out that the idea of a Department of Peace should be understood in a large context, as it embodies a whole philosophy that focuses on nonviolent solutions in different areas.

"Isupporttheapproachandtheatti-



HIRONO

tudethatisembodiedwithaDepartment of Peace" she said. "There is an education component to it that involves teachingourchildrennonviolentwaysto solve problems."

Ed Case will remain the U.S representative for the district, which represents rural O'ahu and the neighboring islands, until Jan. 2, 2007, after which

See Hirono, page 2

More women self-pleasuring with help



COURTESY PHOTO . LADYS FIRST

Ka Leo Contributing Writer

If you Google the word "vibrator," you will come up with 12,100,000 results, which is a clear indication that the usage of vibrators and female masturbation has come a long way since the invention of the first vibrator in 1883

For some women, masturbation is a natural and liberating thing, and they have no problem showing off their new vibrators to their girlfriends or laughing about the first time they sat in a jacuzzi, realizing it was a little better sitting in front of the underwater jet.

But for some women, this is not the case at all.

Dr. Martha Barham is a sex therapist in Honolulu and has been practicing for more than 30 years.

"If we grow up accepting our bodies," she said, "if we have good education, the idea of touching ourselves for pleasure if we don't have a partner is a very natural thing. If we grow up feeling ashamed, we will do it but end up with guilt."

University of Hawai'i at Mānoa student Elektra Walraven owns a business called Ladies First with her friend and business partner Nikki Marchan. Their business

caters to women and sells sex toys, lingerie, novelty items such as handcuffs, and an assortment of lubricants, many of which are

Ladies First focuses on private sales while also organizing parties for women where the host can invite guests and purchase different products which are all available at the time of the party.

Walraven is an advocate for women's rights to self-exploration and self-pleasure.

"It's so socially acceptable for men," she said. "If your boyfriend has a big stash of porn and he masturbates, it's just common knowledge. If a woman masturbates or expresses desire ... it's more embarrassing."

But she feels that it doesn't have to be that way.

"It's our own fault because we have to stop being embarrassed about it," she said.

Joely Chung is a consultant for Passion Parties, a company which also hosts parties at a woman's home and allows women to order a variety of sex toys, novelty items, lubricants and warming gels.

See Pleasure, page 5

Ladies First, a business owned by UH student Elektra Walraven and her business partner Nikki Marchan, hosts parties for women where they can purchase sex toys, lingerie and lubricants.

Ka Leo O Hawai'i **N**EWS

Hirono

From page 1

point Hirono will take over.

Case told Ka Leo last Wednesday that he is striving to prepare Hirono for

"I want to make sure she has as good and clean a start as she possibly can ... so she hits the ground running," he said. Hirono, 58, ran against Republican Bob Hogue, 53, in last week's general election.

'We have very different views on major issues," she said, "such as the war in Iraq, social security, reproductive rights and other tax policies."

Prior to the election, Hirono told a KaLeoreporterthatherstrategywould betohighlightthedifferencesbetween herself and opponent Hogue.

"There was really no way Mazie could lose," said University of Hawai'i political scientist Neal Milner. "The district is historically, stably and strongly Democratic, and it would have taken an issue of enormous proportions to overcome this Democratic head start. The Republican Party in Hawai'i is very weak with the exception of Linda Lingle ... Hogue took positions very supportive of Bush, especially on Iraq, inayearwhen peopleall over the country voted against Republicans because of the voters' disillusionment with the Bush policies. There was nothing Hogue could have done to overcome Hirono is an attor-

ney who was born in Japan but grew upon O'ahu. She earned her bachelor's degree from the University of Hawai'i and her law degree from Georgetown University Law Center. Hirono was the first immigrant of Asian ancestry elected to a statewide office. She has been married for 17 years to attorney Leighton Kim Oshima. Abill supporting the Department

of Peace is currently before both houses of the U.S. Congress, and the legislation has 63 cosponsors in the U.S House of Representatives. Congressman Dennis Kucinich of Ohio introduced this legislation to Congress in 2001 and, according to his Web site, the idea behind a Department of Peace is to make nonviolence an organizing principle at homeandabroad, and dedicate people to peaceful coexistence, consensus

Factory: 811 Gulick Ave. 847-2677

5:30 am-3:00 pm Mon.-Fri.

6 am-3 pm Sat.

7 am-1 pm Sun.

building, disarmament and respect for international treaties.

"This Congress is coming to an end right now," Hirono said, "and a Department of Peace bill will need to be introduced in the new Congress."

Julianne Seet, an international student from Malaysia studying at UH, believes that a Department of Peace would be very good for the U.S.

"They would be able to focus on more peaceful solutions," Seet said, "and look at conflicts in a better way."

The U.S is on the wrong track in so many areas, Hirono said after 14 years at the state House. She pointed out a few examples of how the U.S is going down the wrong track, in her

- "Iraq did not have anything to do with 9/11 and did not have any weapons of mass destruction. It should not be the foundation of our foreign policy to pursue a war basically alone without support from other countries. We should be pursuing diplomatic resolutions to conflict. A Department of Peace would definitely facilitate that kind of approach ... throughout the world."
- "I think it more important to focus on early childhood educationbecausethatsetsthestagefor success for our kids."
- The No Child Left Behind Act has failed, as it overemphasizes testing. It is not the right way to truly enhance student learning.
- "When it comes to the environment, this administration is cutting back on enforcement of major environmental laws such as the Clean Air Act. We are to be enforcing those laws and in addition, we need to get away from our dependence on oil and recognizing that we need to take some steps to combat global warming."

Hironoishopefulaboutthefuture as the Democrats took the majority in both sides of the U.S Congress.

"I think we are heading in the right direction," she said, "as more people are waking up and wanting to pursue peaceful avenues. I think the publicwouldwantourcountrybackon the right track; we are to work with the world community."

Manoa Market Place 988-5441

7:30 am-8 pm Mon.-Fri.

7:30 am-7 pm Sat.

8:30 am-5 pm Sun.

Abercrombie

From page 1

Vietnam War, said that he now finds that his political career is again focused around a war.

He told his audience that for them to understand the current political situation in America and Iraq, it needs to consider the effects and end-results of the civil rights and anti-war movements in America during the 1960s.

"You cannot understand contemporary politics with regard to the war in Iraq," Abercrombie said, "or Afghanistan for that matter, or the position of someone like President Bush, if you do not understand what actually took place in the 1960s."

In his next term in office, beginning in January, Abercrombie will be a part of the U.S. House Armed Services subcommittee, which allocates the budget for the ongoing war in Iraq. Since the Democrats have gained the majority in both the U.S. House and Senate, Abercrombie hopes fundamental changes will be implemented in the U.S. foreign policy with the Middle East.

One of the challenges is that America's enlisted men and women are being deployed multiple times to Iraq and Afghanistan because the armed services are volunteer-based and thus much smaller in number than the Vietnam era, when the mandatory draft provided soldiers who were only deployed once.

As a result of multiple deployments, Abercrombie said, "There's not a single unit in the United States active duty military that is not militarily ready to take up its mission at the highest level of readiness; not one."

He explained that this wasn't because of lack of dedication, commitment or professionalism on the part of the military.

"[It's] because we have not funded even the most fundamental necessities of equipment, training and readiness in order to get it done, and we do not have the personnel either," Abercrombie said. Political activism beginnings at

Abercrombie reflected on his college days as a political activist and remembered when President Kennedy visited Hawai'i to rally support for the 26th Amendment to the U.S. Constitution to change the voting age from 21 to 18.

Abercrombie said that he and his friends stood on the street by the Hilton Hawaiian Village (then the Kaiser Hawaiian Village), waving their signs in support. He said a police officer asked them, "You're not gonna rush the

Iraq through the eyes of a soldier

By Tiffany Hill

Two members of the active duty military agree with Congressman Neil Abercrombie's assessment that America's armed forces are not ready to take up its mission in Iraq.

AMarinestationed on Kāne'ohe Marine Corps Base, who is enlisted in the 1st Battalion, 12th Marines said that because there are not enough troops being sent to Iraq, his battery (an artillery unit) soon will have to be deployed as well.

The Marine corporal, who wished to remain anonymous, has been on deployment in Okinawa, Japan, since the beginning of August. Last week he was told that they would have to pack up their gear in less than two weeks (it usually takes a month) and come back to Hawai'i to train to go to Iraq in March.

"I'm sure everyone agrees that it would be easier to stay [in Japan]," the Marine said, "but obviously they [division colonels and generals] chose the harder route." He added that he hopes his battery will receive new equipment in time to deploy, but would not be surprised if they did not.

"Communication sucks," the corporal said. "No one ever knows what's going on, its always last minute. The plans keep changing. It's not set till the last minute."

Another U.S. Marine, part of the Marine Logistics Group, stationed in Camp Pendleton, in San

Diego, Calif., who also wished to remain anonymous, said he recently got back from a deployment to Iraq. He will have to return in March.

The lance corporal of the Marine Logistics Group said that his unit lacks relevant leadership experi-

ence in its deployments.

"We have a bunch of leaders who are doing different jobs," the corporal stated, "who are thrown into a unit and they never had prior training or experience. The way deployments are going right now, they're [unit commanding officers] trying to figure out the lower ranking jobs in less than six months."

The California-stationed Marine saidthatinhisupcomingdeployment to Iraq his unit will again have a new changeofcommandwhohasnothad prior experience with the duties of the Marine Logistics Group.

"They're lost in the sauce," he

 $In addition, the Marine said \, that \,$ the warfare tactics and level of skill of the insurgents in the Middle East are increasing, and it has become harder to distinguish between civilian Iragis and insurgents.

Both Marines feel they need to still be in Iraq, although both agree that a timetable should be set up to exit Iraq, but they do not foresee it happening in the near future.

"It might get better [in Iraq]," the lance corporal added, "but there's always going to be fighting, that's the way the Shiites and the Sunnis are."

President, are you?" Abercrombie said that security at political rallies and protests was not as scrutinized as it is today.

"That was the atmosphere in which the civil rights debate took place," Abercrombie said, "and all across the country people joined in that, and of course there was fierce opposition." He said it was these conditions that inspired him to run for a political position.

In 1970 as a graduate student at UH, Abercrombie ran for the U.S. Senate on a pro-peace platform. He said when people would ask if he was anti-war he always said no, asserting that he was propeace and that he was against the military being used for political

"I didn't look like, I didn't act like, I didn't talk like a person they conceived to be a politician a serious politician," Abercrombie said about his first campaign. "I had to overcome that by virtue of trying to indicate that I knew something about what the legislative process was all about."

He emphasized that, in his early political campaign, he would stand on the street corners in downtown Honolulu holding signs and waving to people. He also

added that he would go door-todoor in neighborhood and apartment complexes, trying to win the support of voters.

"I would go to the same house three times to show people I was committed," he said. "I would go home dripping with sweat, sit down, rip open the [apartment tenant] directory and call those people I didn't get to talk to that day."

another instance Abercrombie said that in his early Congressional campaign he borrowed \$200 in a loan from Finance Factors, a company in which his opponent Hiram Fong, the Republican incumbent Hawai'i representative, owned stock shares.

He then turned the \$200 into nickels and went down to Bishop and King streets and gave away nickels to people;

"I said, 'Would you like five cents? Here it's free — five cents, and [people] would say for what and I said, 'I pay for my votes just like you're having to pay right now ... For every dollar you earned last year, you're having to earn \$1.05 this year just to stay over in terms of inflation as a result of the [Vietnam] War."

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What do you think Ka Leo should be covering? What kind of things on or around campus concern you?

Voice your concerns and insight by emailing us at: tipline@kaleo.org or call 956-3219



EVENTS CALENDAR

Please e-mail any community or campus events to calendar@kaleo.org.

"Hybrid semantix," an MFA thesis exhibition, is on display until Nov. 17, University of Hawai'i Commons Gallery. The exhibition is by UH Mānoa student Calvin Collins.

"Quiet splendor: Yup'ik Eskimo culture," a collection of traditional dress, masks, baskets, carvings and paintings by the Yup'ik; will be on display until Nov. 20, East-West Center Art Gallery. Info, 944-7584.

"Research 201: how to find articles," a University of Hawai'i library workshop, tomorrow, 2 to 3 p.m., Sinclair Library, first floor. Participants will learn how to search for relevant journal articles for their research. To sign up, e-mail gohere@ hawaii.edu. Info, Jonelle Sage, 956-9932, gohere@hawaii.edu.

"2500 years of very small numbers," a faculty lecture, tomorrow, 3:30 to 4 p.m., Hamilton Library, first floor, Yap room. David Ross, a professor of mathematics at the UH, will present his work with infinitessimals. Refreshments provided. Info, Jonelle Sage, 956-9932, gohere@hawaii.edu.

"The origin of boreal summer intraseasonal oscillation," a meteorology seminar, tomorrow, 3:30 to 5:30 p.m., Marine Science Building, room 100. Chunhua Zhou, a meteorology graduate student, will present. Info, meteorology department, 956-8775, metdept@hawaii.

Hawai'i Shakuhachi Masters will perform tomorrow, 7:30 to 9:30 p.m., Orvis Auditorium. Ten shakuhachi and koto players from Japan, Australia and

the United States will perform, including Riley Lee, Christopher Blasdel, Teruo Furuya, Kaoru Kakizakai, Kazushi Matama and Stan Richardson. Guitarist Jeff Peterson will also perform. Tickets: general - \$12, students - \$8. Info, Music at Mānoa, 95-MUSIC, uhmmusic@hawaii. edu, http://www.hawaii.edu/uhmmusic.

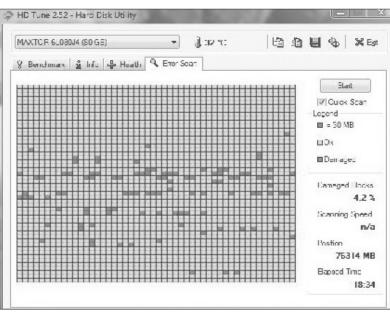
Former Associated Press correspondent Jim Becker will lecture Thursday, 10:30 to 11:45 a.m., Architecture auditorium. Becker will discuss his encounters as a reporter with Marilyn Monroe, Jackie Robinson, the Dalai Lama and Korean War casualties. Info, Beverly Keever, 956-3781, bkeever@hawaii.edu.

"Plantation children: broadcasting histories of second-generation Koreans in Hawai'i" Thursday, 12 to 1:15 p.m., Henke Hall, room 325. English professor and local writer Gary Pak will present. Info, Craig Howes, 956-3774, biograph@hawaii.edu.

"Writing an effective resume and cover letter," a career services workshop, Thursday, 12 to 1 p.m., Queen Lili'uokalani Center for Student Services, room 208. Participants will learn about the basic resume formats and the fundamentals of writing effective resume and cover letters. To sign up: Career Services, 956-8136, careers@hawaii.edu, http:// www.hawaii.edu/career.

The University of Hawai'i **International Student Association** will hold an open house Thursday, 4:30 to 5:30 p.m., Queen Lili'uokalani Center for Student Services, room 208. Info, I.S.A., Yubin, yubinwu@hawaii.edu, http:// www.isauhm.org.

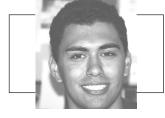
Kaipo'sComputer Column



COURTESY PHOTO . KAIPO ALAKAI

HD Tune can show you the health of your drive by interpreting the S.M.A.R.T. data being sent

Monitor hard drive failure



By Kaipo Alakai Computer Guy

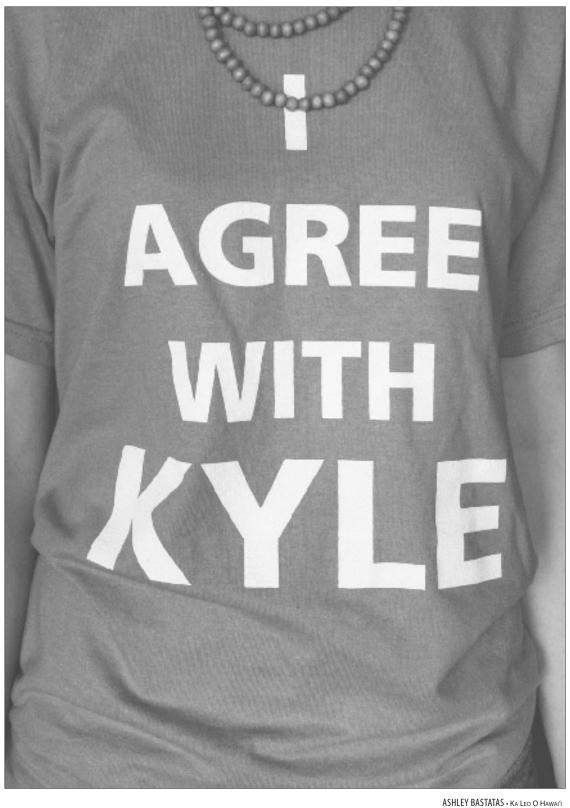
Q: "Hey computer guy, is there any way to check if my hard drive is dying? My computer is getting old, and I can hear demonic noises coming from my hard drive ... Help

Hearing noises from your hard drive (HD) is usually not a good

thing, and depending on what type of noise it is, your HD might be on its death bed. Hopefully your computer isn't too old because HD manufacturers have developed a tool called S.M.A.R.T., which stands for Self-Monitoring, Analysis and Reporting Technology. Almost all HDs today have this type of programming.

What S.M.A.R.T. does is continuously monitor and analyze the HD to detect and report on various pre-determined indicators of reliability to anticipate failure. When S.M.A.R.T. detects an impending drive failure, it will warn the user so that they can back up their data before it is too late. S.M.A.R.T. will only notify the user is if it is

Do you agree with Kyle?



Last week students involved in Christian ministries on campus wore T-shirts that said, "I agree with Kyle." UH senior Kyle DeLeonard, the co-coordinator of the event and member of Campus Crusade for Christ, helped make more than 200 T-shirts, which stated that those who wore them agreed that they have a personal relationship with Jesus.

enabled in the Basic Input/Output System (BIOS) or a software program.

HD Tune

http://www.hdtune.com/

This is a free program for Windows. It can show you the health of your drive by interpreting the S.M.A.R.T. data being sent by

Clicking on the Info tab lists the tures of your HD. If S.M.A.R.T has a check mark next to it, your HD is S.M.A.R.T. capable. If you click on the Health tab, it will show you a list of categories S.M.A.R.T. is monitoring. If any of the categories are highlighted in red and the status says "Failed," then you should seriously consider backing up your data and replacing your HD.

Although it is possible that your HD may not fail for several months, it is still possible that it may fail shortly. If you click on the "Error Scan" tab, you can scan your HD for damaged/corrupted sectors. If you have any damaged sectors they cannot be repaired, and the damage slowly spreads over time.

SMARTReporter

http://homepage.mac.com/julian-

This is a free program for Mac

10.3 or later. SMARTReporter peri-Have a destal des odically checks the S.M.A.R.T. data from the HD and if anything is check-up für dental decay wrong it will let you know. You can & gum disease. have it put an icon in your menu Come in for a dental bar which shows how healthy your hygiene screening, drive is. There are many other programs

UHM Death! Hygiene Clinic Honoway Hall, Room 200 Desday, Wednesday & Thursday 1:30 - 11:30 am. 1:00 - 3:30 pm.

See Computer, page 5

out there, some are free like the

ones mentioned above and others

Pleasure

From page 1

"From mild to wild and young to old, I've done parties for all sorts of people," Joely said. "When [women] come to me interested about learning more about sex toys, they tend to be intimidated and feel somewhat ashamed by the entire concept of 'sexual accessories." She said that women believe that if they use toys, people might think they are dirty or that their spouses are not satisfying them, none of which is true.

Masturbating as a child

Dr. Barham explained that many of the feelings of shame and guilt for women regarding masturbation starts during childhood. She gave the example of how boys have contests to see who can pee the farthest, and when they go to the bathroom, they all stand side by side. Women, on the other hand, in most cases, are taught to urinate in a stall all alone.

"I don't believe we learn privacy," she said. "I believe we learn shame, and when we do, that's why we have problems in the bedroom."

"Masturbation is a very natural thing," Barham said. "Children do it. We are very curious about our bodies ... the idea of touching ourselves. Children need to be taught that we do it in the bedroom, the bathroom, not at Jack in the Box or the front room. But we aren't taught that, we are taught that it's very naughty."

Stephanie R., who did not want to give her last name, is a student at UH who remembers masturbating when she was four years old.

"I was really young; I didn't know what I was doing," she said. "I just knew it was bad. I was taughtit was a bad thing. I remember telling my parents, 'you look one way, you look the other way,' so they wouldn't watch me touch myself."

Walraven said that less than 30 percent of women orgasm in their monogamous relationships and marriages, which is very low, she adds, considering men orgasm 100 percent of the time.

For many women, she said, "It's all about clitoral stimula-tion."

Finding the right vibrator

The vibrator is a perfect tool for just that, Walraven said. The first vibrator was invented in 1883 by a British doctor to relieve hysteria in women. Vibrators also appeared in some pornographic movies in the 1920s and 1930s. In 1952, the American Medical Association declared that hysteria was not an ailment, and the usage of vibrators died down. Though they existed, they weren't often used. The idea of a woman masturbating, let alone walking into a shop and buying a vibrator, was not widely accepted.

But times have changed and sales are booming. Vibrators come in all shapes, sizes, colors, and prices.

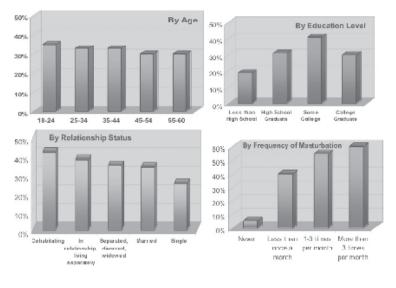
Sensually Yours, located off Nimitz Highway, carries more than 300 different varieties of vibrators. They have everything from the Bunny Treat, which is a carrot-shaped vibrator, to the Luscious Legs vibrator, which is in the shape of a woman's

legs crossed.
Diamond Head Video is another
local store, located off Kapi'olani
Boulevard, where you can pick up a
vibrator. Though the selection is not
extensive, the store still has plenty of

Who uses Vibrators?

The following results are from a recent survey prepared by Chicago psychologist and noted sex researcher Laura Berman, Ph.D., director of the Berman Center, which specializes in women's sexual health. Along with her sister Jennifer Berman, M.D., she co-authored the book. For Women Only, a book on women's sexuality.

This information proved what we at Passion Parties have known all along, that there are far more women using vibrators in more ways and for more reasons than is commonly assumed.



Why do women use vibrators?

Vibrator users are most likely to use them during masturbation.

As part of masturbation, users say that vibrators:

spart of masturbation, users say that vibrate Relieve sexual tension 73% Provide sexual pleasure: 58% Help them relax: 44% Substitute for a lover: 44% Help them get to sleep: 19%

Fill in for a lover who doesn't want to have sex: 16%

Relieve boredom: 14% Turn on a lover: 1%

Compensate for a lover with health problems that limit sex: 1%

COURTESY CHART • PASSION PARTIES

items that can get the job done.

UH student Colby Begent has no issues with women masturbating, whether it be with a vibrator or other means of self-pleasure.

"If a girl can't get herself off," he said, "how does she expect a guy to get her off? If it takes a vibrator, then by all means."

Vibrators not only help a woman please herself but can also help nonorgasmic women in the bedroom as well.

"The physical differences between a man and a woman's body can make it difficult to have an intense orgasm, and that is when a sex toy can be used to help," Chung said. "Once womenbecomemoreeducated about toys, realizing there is nothing wrong with using one during sex or masturbation, they become more open to the idea of using one, thus becoming more open about their sexuality and sensuality."

UH student Anne, who did not want to give her last name, said she owns a few vibrators. She enjoys using them but explained when she attempted to bring one into a sexual situation with a man, she did not have a positive experience.

"The vibe I get when a vibrator or dildo presents itself in a sexual situation," she said, "is kind of a dominance thing, where the guy is like, 'I've got to conquer this chick over the dildo!' I'm sure it intimidates them if you have this huge black dildo, and they're a skinny white boy."

Despite Anne's experiences, and the discomfort and shame associated with masturbation and women, there are some men who are very enthusiastic about it.

Ty is a student at UH who does not mind a woman pleasing herself.

"I have never seen a guy intimidated by a woman touching herself," he said

UH student Sean Fritz agrees. "I think it's hot," he said. "It

"I think it's hot," he said. "It makes sex so much better."

The sex toy business

Walraven found that being in the business of selling sex products

to women has been a very positive experience not only for her clients, but for herself as well.

"I'm absolutely learning more about myself and women," she said, "and about health and wellness. I didn't realize how many people, even those close to me, kind of had a misunderstanding of what my intentions were."

Walraven wanted to provide women with the opportunity to purchase sex products in a private setting. They provide a service in which women can host a party for their friends in a classy setting, with womenwhoareknowledgeableabout their products and have products that are of high quality.

She didn't enter the business to meet single men, contrary to the belief of many of her peers, she said.

Although Ladies First is not the first business like this, it still meets with some negative opinions.

"It's still really controversial," Walraven said. "People who were especially raised in Christian families, even though they're young and more liberal and having out-of-wedlock sex, they still hold on to these basic Christian fundamentals of Christian concepts which make me bad."

Chung has experienced some negative responses to Passion Parties as well.

"Many times," she said, "the women that come to these parties were always interested in entering a sexual type store, though would never do so, for whatever reason. Unfortunately, as with all things, I have received some negative responses to the products and business. However, there is nothing that I can do about it. You have to take the good with the bad."

Masturbation in history

Masturbation has been looked down upon culturally throughout history, said Dr. Barham. Augustine (350-430 A.D.) condemned masturbation as an unnatural sin, which was accepted throughout the Christian religion for centuries. Aquinas reaffirmed this idea in the

15th century. In the 16th century, it was acknowledged that masturbation was very common, but it was considered a mortal sin. In the 18th century, masturbation was a diagnosable disease.

Dr. Barham mentioned Alfred Kinsey, a scientist who researched sex for over 15 years, and whose discoveries revolutionized the way people looked at sex. A study Kinsey did in 1953 revealed that 62 percent of women masturbate. In 1972, the American Medical Association announced in a publication that masturbation was normal.

Walraven feels masturba-

accept. Dr. Barham emphasized that self-exploration and selfacceptance are essential to sexual satisfaction. "We don't know our bod-

tion is something women should

"We don't know our bodies," Barham said. "We don't

More toys

Ladies First

For more information about this organization, call Electra Walraven at 265-2224.

Passion Parties

To host a party, call Joely Chung at 779-0307, e-mail her at passionisle@yourpassionconsultant.com or visit http://www.gotpassionhawaii.com.

know the idea of ... the pleasure we can give [them]. We're looking at appreciating our own body and pleasing it. If you can't be honest and open, then your body won't respond."

Computer

From page 3

are not free. If you would like to pay for something that does the samething as the aforementioned programs but has more features, then here are some other programs:

- DiskView (Windows) http://www.diskview.com/
- Stellar Smart (Windows & Mac) http://www.stellarinfo.com/
- DiskWarrior (Mac)http://www.alsoft.com/DiskWarrior/

Prevent Drive Failure

Some things that you can do to help further prevent drive failure is to keep your hard drive cool. If your computer is stashed away somewhere with a lot of dust, then your computer may not be getting the ventilation it needs. Another thing that may seem like a no-brainer is to not move your computer around when it is on (this mostly applies to laptops).

If you drop your laptop even just a little bit, the heads in the HD could crash into the platters (the platters look like DVDs but spin at 5400-7200 times a min.), causing damaged sectors.

For more computer questions, e-mail me at computerguy@kaleo.org.

The Board of Publications is now accepting applications for:

Ka Lamakua Editor in Chief

Seeking a creative student with attention to detail, ability to multi-task, enthusiasm for writing and ability to meet deadlines and work under pressure for the 2007 spring semester.

For more information, or an application, contact:

> Jay Hartwell 956-3217 hartwell@hawaii.edu

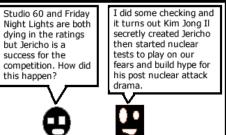
Or stop by the Ka Leo Building, located across from the ground-level entrance to the UHM Bookstore.

Application Deadline: Noon, November 17, 2006 Page 6 | Tuesday, November 14, 2006

Comics Editor: Casey Ishitani | (808) 956-7043 | comics@kaleo.org







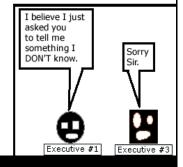
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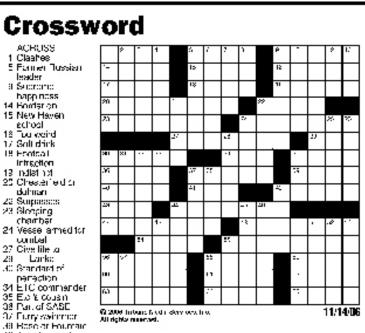
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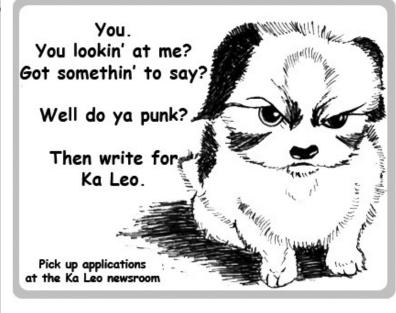
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SPORTS

'Bows Blow through Lady Techsters before showdown



DAN RICHARDS • KA LEO O HAWA

Jayme Lee makes a diving attempt to save the ball during the Wahines' three game sweep over Louisiana Tech on Friday night at the Stan Sheriff Center.

By Magdiel Vilchez *Ka Leo Staff Reporter*

Two nights before the showdown for the West, the Rainbow Wahine battled through a quick

shootout to sweep the visiting

Lady Techsters.
The 14th-ranked University
of Hawai'i Rainbow Wahine
volleyball team swept through
the Louisiana Tech Lady
Techsters 30-16, 30-15, 30-21
in front of a pumped crowd of
5,071 at the Stan Sheriff Center
Friday night. The Rainbow
Wahine left plenty of ammu-

nition in their barrels for the

Sunday night match against the

number 20 New Mexico State

University Aggies.

"We focused on the fact that it's going to be a pretty tough night for Senior Night," said UH senior co-captain Cayley Thurlby. "We've been thinking about it for the last couple of nights, so maybe this is the night for the seniors."

Unfortunately for the 'Bows, the Lady Techsters, who are 0-14 in the WAC, came out with something to prove. The Lady Techsters stunned the 'Bows with a 7-4 run to start Game 1. However, the 'Bows were not willing to let anyone rain on their parade. Led by an 8-0 serving run by All-American senior co-captain Kanoe Kamana'o, Hawai'i took back the lead at 12-7 and ran away with the game from there. Finishing on a 9-1 run, the 'Bows took a convincing 30-16 win.

"Jamie [Houston] made some good volleyball plays and kept her errors down," said UH head coach Dave Shoji. "She is beginning to understand that she can keep the ball in play and still hit for a high percentage."

Houstonthrewdownseven of her 17 kills in Game 1, hitting .600 for the game and .455 for the night with only two

attack errors. The 'Bows kept the Lady Techsters from getting too close by grabbing an early 19-6 lead. UH middle Juliana Sanders continued to

The Bowswere not willing to let anyone rain on their parade

hit a high percentage, hitting a .600 attack percentage with seven kills in Game 2. Sanders also brought down the roof with five blocks, including a double block with Houston at 29-15. An ace by Houston finished the game 30-15.

"No matter what we did on the court," said Sanders, "bad or good, we had this real nice positive energy. There was a nice feel on the court between all the players, even the new ones. We had a lot of energy and a lot of smiles on the court."

Assuring good health and energy for Kamana'o and starting libero Jayme Lee for Sunday night's match, coach Dave Shoji sat the starters out for the third game. With Thurlby as setter, the Rainbow Wahine had no trouble finishing off the match. Thurlby put up 11 of her 14 assists in the third game. The 'Bows bench held the Lady Techsters to a negative attack percentage of -.093. UH junior reserve Caroline Blood went 2-2 on blocks, including a block solo and double block for the 30-21 win.

"I think that it's no secret that we're zero and whatever in the conference," said Louisiana Tech head coach Heather Mazeitis. "There is a consistent newness on the floor and when we progress, everyone else in the league progresses, so it's hard to see it in a win-and-loss column."

Seniors

From page 8



DAN RICHARDS • Ka LEO O HAWAI'I

Seniors from right, Cayley Thurlby, Sarah Mason, and Kanoe Kamana'o, take a moment to come together during their post game Senior Night activities.

crowd, as well as get the Wahine pumped up, the football players performed their famous "Haka," which is done at the beginning of every football game.

Game 3, unfortunately, was not as fan pleasing as the Haka. For the first time in the match, Hawai'i was behind. The Aggies came out strong, jumping to an early 4-2 lead. The Wahine swung back with six kills from Houston and four from Mason, keeping the score close and tying twice. Soon the Aggies pulled a 6-0 run that left the Wahine on the wrong end of a 15-10 score. The Aggies were able to keep ahead of the Wahine throughout the rest of the game. But the Wahine, not taking defeat for an answer, averted three game points with single blocks from Mason and Sanders before finally falling to the

Aggies, 30-24.

"We had a mental lapse in that third one," Mason said. "We just had to refocus and try and pull off that last game like we did the first two."

The Wahine did just that in Game 4.

They quickly jumped to a 7-2 lead over the Aggies. Two more blocks from Kaufman and Gregory extended their lead to 17-10. NMSU tried their best to keep up with Hawai'i by putting up a few strong blocks of their own, but it wasn't enough to stop the Wahine. The match finally ended when Mason dropped her 20th and match-ending kill at 30-23.

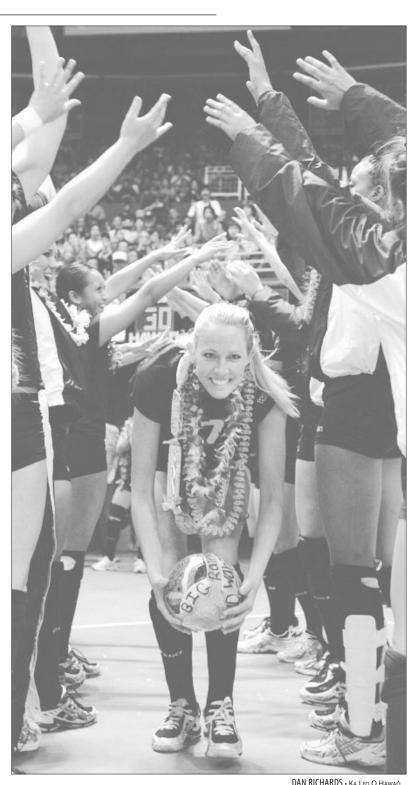
Houston ended the match with match-high 24 kills, followed by Mason, with 20. NMSU's Alice Borden came in third with 11. Mason also led the team with 19 defensive digs. NMSU's Krystal Torres came in second for digs with 18.

In the end, the Wahine outdug, out-hit, and out-blocked the Aggies and held them to a .146 hitting percentage in the fourth game.

As for the WAC tournament, the Wahine feel that they are definitely ready for the challenges that lie ahead.

"I think this team's had a lot of trials and tribulations," said UH senior co-captain Cayley Thurlby. "But we've stuck it out and we're going to make it through the WAC tournament."

The Rainbow Wahine will playtheirlast two games of the season away from the Islands against Boise State and Idaho before heading to the WAC Tournament.



DAN KICHAKUS • Ka Leo O Hawa

Senior Sarah Mason, goes through her teammates tunnel as she comes out to accept her award and say good bye to the home crowd.

Seniors bid Aloha to fans

Rainbow Wahine avenge earlier season loss to Aggies

By Steven Tonthat *Ka Leo Staff Reporter*

Sunday night was a memorable night for the University of Hawai'i Rainbow Wahine. While celebrating Senior Night, the 14th-ranked Rainbow Wahine exacted revenge on the 20th-ranked New Mexico State University Aggies (30-16, 30-18, 24-30, 30-23) in front of a crowd of 7,207 at the Stan Sheriff Center. Along with the victory, the Wahine took first place in the Western Athletic Conference standings.

"It was an important match for us," said senior setter Kanoe Kamana'o. "I think we knew that this was a game we needed to win."

New Mexico State defeated the 'Bows in five matches earlier this season in Las Cruces, New Mexico. It was Hawaii's first WAC loss in 114 matches. Their new WAC winning streak now stands at six matches. Since the Aggies only loss of the season came to conference member Nevada, the 'Bows and Aggies were tied for first entering Sunday's match.

The Wahine came out strong, jumping to an early 6-3 lead in game one with a kill from freshman middle Amber Kaufman. A powerhouse block by Kaufman and junior middle Kari Gregory, one of many, gave the Wahine a 10-3 lead over the Aggies before a timeout was called by NMSU.

After the timeout, the Wahine continued to show their dominance on the court with five kills from sophomore outside hitter Jamie Houston, and five from senior outside hitter Sarah Mason. Another block from Kaufman and Gregory gave the Wahine a commanding 20-10 lead before NMSU was forced to call another timeout. The Aggies were able to fight their way back with kills of their own, before a service ace from Mason ended the game, 30-16.

Game two brought the same fire and intensity as the first, with the Wahine jumping out to a 10-5 lead with a kill from Mason. The Aggies would not go down without a fight, as kills of their own brought them to within three points, 16-13, before the momentum swung back to the Wahine. The Wahine blocking showed its strength with two more blocks from Kaufman and Gregory, and one each from junior middle Juliana Sanders and Kamana'o. An attack error from NMSU gave the Wahine their second victory at 30-18.

During the break between the second and third game, some of the UH Warrior football team who were in the crowd showed up on the court to celebrate their 61-17 victory over Louisiana Tech the night before. As a way to entertain the



Senior Cayley Thurlby tries to hold back her emotion as she watches highlights of her career as a Rainbow Wahine on Sunday evening.

DAN RICHARDS





DAN RICHARDS • Ka LEO O HAWAI'I

LEFT: Kanoe Kamana'o, pumps her fist after an assist on a Wahine point. The assist gave Kamana'o 6,000 assists in her carreer, only the 12th person to do so in NCAA Womens Volleyball history.

TOP: Coach Dave Shoji listens to his players during a Wahine timeout during their victory over New Mexico State on Sunday.

Kamana'o, Thurlby and Mason hope this won't be goodbye

By Steven Tonthat

Ka Leo Staff Reporter

For the fans and the players, Sunday's match wasn't solely about a victory for the Wahine. It was about coming together and honoring three outstanding seniors who have been a huge part of the Rainbow Wahine volleyball team: Kanoe Kamana'o, Sarah Mason, and Cayley Thurlby.

The Senior Night festivities started off with a beautiful hula showcase, followed by the introduction of the three seniors and their families, including Thurlby's family from Illinois, Mason's family from Hilo, and Kamana'o's family from Honolulu.

The night continued with a touching video of the three seniors, their thoughts on looking back on their careers at UH, and then a montage of the team's greatest moments throughout the year, played to the cool music of The Pink Panther. The night came to a fitting end with the entire team doing a walk around the stadium, signing autographs and taking pictures.

For the seniors, however, just because it was the last home game of the season didn't mean it would be the last time they would step back into the

KAMANA'O

Stan Sheriff Center.

"I'm not mentally or physically ready for this to be my last home game here," Thurlby said.

"We're going to be back here for



MASON



THURLBY

regionals."

Thurlby was not the only senior with these sentiments.

"Hopefully this won't be our last game here," Kamana'o said. "... We'll be here again."