

Housing funds head proposal

By Kevin Schumacher *Ka Leo Contributing Writer*

University of Hawai'i Acting President David McClain has put funds to tackle UH Manoa's student housing crisis near the top of UH's construction budget proposal to the state Legislature, which opens in four months.

McClain recently told UH Manoa journalism students that his administration included money in UH's \$300-million-plus, two-year construction budget request to plan for Manoa campus housing.

These funds would be a cushion if negotiations were slow in having private developers build more dorms for surging enrollment. Bonds issued and guaranteed by the state would pay for the requested construction money in the form of capital improvement funds.

McClain said issuing these bonds would let UH upgrade its total net assets, worth about \$1.6 billion, by 20 percent before fall 2007.

UH also will be asking the Legislature for another way to finance construction projects, McClain said.

UH wants authorization to issue special-revenue bonds, in which the



FILE PHOTO • Ka Leo O Hawai'i

Junior Brandon Hanagami was one of over a thousand UH students whose housing plans were stalled by the shortage.

university is the issuer of the debt on its own authority. These bonds are secured by streams of revenue, such as the return from UH's overhead on research, dormitory fees and student tuition.

Other states use this funding mechanism, he said, but Hawai'i's Legislature has refused to reply to UH's earlier requests for this authorization.

UH Manoa also will ask state legislators, whom McClain refers to as "friends," for more money from the state's general fund.

UH committees have spent the last eight months readying the budget for the state Legislature. The committees reduced the initial request of \$125-\$150 million to \$30-\$35 million. But McClain said, "We need help from our friends."

Costly housing upgrades are only one of many issues included in UH's budget proposal.

UH's 10-campus system has a

backlog of \$160 million in repairs that are mostly to be corrected in the twoyear budget beginning July 1 of next year, McClain explained.

Manoa's housing crisis was apparent to married couple Jake and Ashley Fowler when they moved into the Hale Wainani apartment complex in late August.

The couple said they expected to find a livable apartment. But when they entered it, Mrs. Fowler said they discovered broken lights, a malfunctioning refrigerator, dirty walls, missing glass from the windows and a broken garbage disposal.

They said their only explanation for the inconveniences was found on a note from the maintenance staff stating that the crew had insufficient time to finish the repairs.

The Fowlers, who are newlyweds, also hoped to live in a dormitory apartment for two. Upon their arrival, they were surprised to find three beds in the bedroom. When they contacted Housing officials, they were told: "There might be a third person moving in."

The couple was eventually able

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UH talk launches year of the press

Ka Leo Staff

The Association of Research Libraries and the Association of University Presses has designated 2004 "Year of the University Press." University of Hawai'i at Manoa Libraries and the University of Hawai'i Press will host several events throughout 2004 to celebrate.

The first event will start today at Hamilton Library. A brown-bag symposium entitled "Sea-Change in Scholarly Publishing" will run through Sept. 23 and discuss the changing landscape of scholarly communication from 12-1:30 p.m., Journals: Publish or Perish and Library Budgets," on Sept. 22 and "Changing Landscape of Scholarly Publishing," on Sept. 23.

A speaker series, "Saturday Morning Authors," will run from Oct. 2 through Dec. 4, 10:30 to 11:30 a.m. in Hamilton Library, Eugene Yap Room, Room A153. The series will feature talks by authors who have published with the University of Hawai'i Press. Refreshments will be served from 10-10:30 a.m.

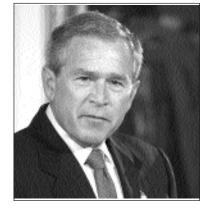
Various exhibits displaying the scope of publishing by the University of Hawai'i Press can be seen at Hamilton Library's Asia Collection, Hawaiian-Pacific Collection and the Sciences and Technology Collection. For more information on "Year of the University Press" events contact Sara Rutter at 956-2540.

Bush leads in snapshot

By Steven Thomma Knight Ridder Newspapers (KRT)

WASHINGTON — President Bush is cutting into John Kerry's base, leading or drawing virtually even with the Massachusetts senator in six of seven swing states that Democrat Al Gore won four years ago, according to a new Knight Ridder-MSNBC poll and two other single-state polls.

In Iowa, Bush led Kerry by 48-42 percent; in Minnesota, by 46-44; in New Mexico, by 47-43; in Oregon, by 47-43; and in Wisconsin by 46-44. Kerry held a razor-thin lead of 45-44 percent in Pennsylvania. In Michigan, he led by 47-41, his strongest state among the secure



KRT CAMPUS

Terrorism and national security topped voters' list of concerns in a recent poll. The General Election voter registration deadline is Monday, Oct. 4.

Bush-Kerry debates could be decisive, especially when combined with efforts by each side to turn out their voters. Still, the new state polling - combined with a Knight Ridder-MSNBC survey announced Sunday of six swing states that Bush carried in 2000 - offers the most detailed look so far this year at 13 battleground states that probably will decide the presidential election. The 14th swing state - Florida - couldn't be surveyed accurately last week because of disruption from recent hurricanes. Taken together, the surveys show that Bush appears to be holding his base in most of the six swing states he won in 2000 while making inroads in many of the swing states that Gore carried. "As of now, George W. Bush clearly holds the upper hand in the Electoral College battle," said Brad Coker, who conducted the polls for Mason-Dixon. "There is still plenty of time for John Kerry to turn things around, as Bush's margins are hardly insurmountable in most of the battleground states. But with the election focusing primarily on national defense, Kerry is playing on a field that has

historically favored Republicans, particularly incumbent Republican presidents."

One key trend is that terrorism and national security topped voters' list of concerns in Republican swing states and came in first or a close second for voters in the Gore-2000 swing states. Throughout all these states, voters preferred Bush over Kerry to keep them safe from terrorist attack by roughly 3-1. "The war on terror is my top priority," said Joe Arresto, 49, an account executive in Warren, Mich. "Bush has shown strong leadership, strong decision making. Yes, there are things that haven't gone according to plan, but I think Bush's decisiveness has been key.' Even when voters turned to the economy, where Democrats hoped to gain broader support, they split almost evenly between Bush and Kerry. "I don't think the president has all that much influence on the economy," said Norma Mottet, 78, a secretary in

Eugene Yap Room, Room A153.

Various talks are scheduled for the remainder of the week including "Survival of the Scholarly Monograph," on Sept. 21, "Scholarly

Flu vaccines available

Ka Leo Staff

University of Hawai'i at Manoa Health Services is offering flu vaccinations to students for \$12, Tuesdays through Fridays. Shots will be available to faculty and staff members by appointments only.

The flu vaccination should be repeated every year because different strains of the virus can develop over time. The virus is transmitted by direct contact and through the air.

Health Services highly recommends the vaccination for people with chronic lung, heart or kidney disease, diabetes, or anemia. People with the aforementioned health problems or who are over 65, are at the greatest risk of getting the virus.

The vaccine takes approximately two weeks to become effective.

For people ages 5-49, an alternative nasal vaccination called FluMist is also available. FluMist has not been approved for people at high-risk of getting the flu.

For more information or to make an appointment, call 956-6221. Most non-HMO insurance companies cover the charge. the seven.

Those results emerged from a series of polls for Knight Ridder and MSNBC done by Mason-Dixon Research and Polling. In addition, Mason-Dixon surveyed Minnesota for the St. Paul Pioneer Press and Minnesota Public Radio, and polled New Mexico for the Santa Fe New Mexican and KOB Television.

While Bush held a slim lead in most of these key battleground states, each state poll was close enough to be considered a statistical tie. Mason-Dixon surveyed between 624 and 629 likely voters in each state from Sept. 11 to Sept. 16; the polls had a margin of error of plus or minus 4 percentage points. All polls are but snapshots in time. Election Day is six weeks away and voter sentiment may well shift. In the meantime, all swing states remain sufficiently close that the coming

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Ka Leo Online

The interview with UH Acting President David McClain conducted by UH Jour-Nalism students will soon be posted online at kaleo.org. McClain shared concerns about several key UH issues.

Bush: Iraq's role in war a concern

From page 1

said Norma Mottet, 78, a secretary in Bettendorf, Iowa. "I just think it's going to do what it's going to do."

In interviews, those who supported Bush tended to see the Iraq war as part of the broader war on terrorism.

Those who supported Kerry tended to see Iraq as a costly and unnecessary mistake that distracted the United States from the war on terrorism. One issue that isn't a major factor is the sniping between the two sides and in the news media over the candidates' military service during the Vietnam War. Four out of five voters said it wouldn't influence their decision. The poll found that Ralph Nader's independent candidacy also isn't a major factor in any of the seven Gore-2000 swing states.

What's more, a plurality of voters in three states - Michigan, Pennsylvania and Oregon - thought the

country is on the wrong track. Voters in two others - Iowa and Wisconsin - split evenly. Said Georgette Fischer, 61, who works for a wholesale florist in Philadelphia: "Bush is not bringing the boys home from overseas, the economy is going down the tubes, everything is going to pot."

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(From left to right) Beverly Keever, a journalism student, Ann Auman and Jonathan Lillie of the UH journalism school were part of a panel that interviewed UH Acting President David McClain (right).

McClain: Waikiki beds still a housing option

From page 1

The couple was eventually able to get most of the problems solved, including removal of the third bed.

Others have not been so fortunate. UH Manoa's enrollment has

of Manoa's enrollment has increased by 3.7 percent over last year to a total of 20,463 students. As a result of the housing shortage becoming so tight, some resident advisors, who expected to have their own personal rooms, are sharing rooms with non-RA students.

As many as 1,400 students were on the waiting list for on-campus housing at the beginning of this semester. McClain said that 80 percent of the students requesting rooms two years ago were assigned campus housing, 72 percent a year ago, and only 70 percent this year.

"That's probably what you'd expect with the surge in enrollment," he said.

As for current numbers, Jim Manke, spokesman for UH Manoa's chancellor, wrote in an e-mail, "The

bulk of the students who applied for housing and did not receive assignments made other arrangements, and we don't track them beyond that."

University contracts for about 200 beds in Waikiki ended last summer, placing even more strain on students seeking housing. While the Waikiki contracts are not an official part of UH's housing program, the agreements are approved by the university's Board of Regents and coordinated by UH officials.

However, McClain said, "The Regents have given the green light to go ahead and try to enter into those contracts again."

But even signing these contracts do not provide an immediate solution.

Manke wrote that officials "may have something in place for fall 2005."

To contact President McClain for comments or suggestions, e-mail mcclain@hawaii.edu. For more housing information visit UH Manoa's link to the Off-Campus Housing Department at www.housing.hawaii. edu/och Have student ID and password ready to check rental listings.

Clarifications

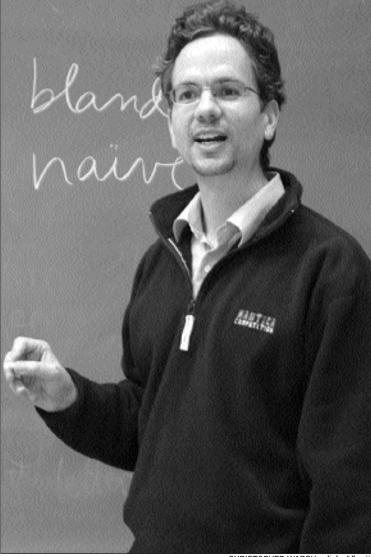
In the article "Dean search narrowed to two" which appeared on Sept. 16, the writer's title was incorrectly attributed. Alice Kim is a Ka Leo Senior Staff

Writer.

The cover photo for the Sept. 3 issue of Ka Leo was taken by Tony Blazejack. The cover photo for the Sept. 15 issue was taken by Sou-Chung "Sau" Hsu.



Professor spices up classes in film and literature



CHRISTOPHER WARSH • Ka Leo O Hawai'i

Paul Schroeder, an Assistant Professor in Latin American Studies lectures in both Spanish and English. He is especially passionate about Cuban film.

By Lisa Tourtelot *Ka Leo Staff Writer*

If you are a student looking for classes a touch spicier than those on the normal menu, University of Hawai'i at Manoa has just the assistant professor for you: Paul Schroeder. Teaching film and literature classes in both English and Spanish, he offers a new perspective on Latin American studies.

Assistant Professor Schroeder began his studies as a pre-med stupresented both sides of the Cuban revolution, the good and the bad.

Schroeder offers something a little different to UHM students. In what seems like a small area of learning, he offers a study of film, literature and poetry in English and Spanish.

"Film and poetry ... are complementary," Schroeder said. "Both reflect our collective fears and desires: one visually and collectively, the other through words and at a more individual level." The artist becomes the subject

Shawn Regruto, director of the film "Point & Shoot" stands in front of the theatre in which his film made its Hawai'i debut on Friday Sept. 17. The film headlined the Third Annual Cinema Paradise International Film Festival.

"Point & Shoot", a pseudobiographical documentary on Regruto's life and the lives of his mates will also show tonight at a 10:30 p.m. screening at Varsity Theatres. For more information, visit www.cinemaparadise.org.

SOU-CHUNG "SAU" HSU Ka Leo O Hawai'i



dent. But after working as a volunteer at the Georgetown University Hospital, he realized medicine was not his calling. He went on to two years of service as a Military Intelligence Officer in Germany. After that, Schroeder milled around Washington, D.C. until he realized that he needed more of a challenge in his life. He then went on to graduate school.

Growing up in San Juan, Puerto Rico, Schroeder's interest in Latin American film and poetry is a natural one. His childhood was spent with the sons and daughters of the Cuban revolution, so he became especially passionate about Cuban film. In particular, he was drawn to the films of Tomas Guitierrez Alea.

Schroeder even published a book about Alea, "Tomas Gutierrez Alea: The Dialectics of a Filmmaker." The book focuses on Alea's unique film style in a world of predictable filmmaking. It discusses the way Alea His personal perspective on Latin American studies allows students to understand on their own personal level what he is attempting to teach.

The classes you can find him teaching are: World Cinema A and B, which cover the history of cinema from silent films to modern films, Latin American Cinema and International Film Criticism. Assistant Professor Schroeder also offers Studies in American and Iberian Film, Caribbean Literature and Society, Latin American Poetry and Modern Latin American Literature.

Any student looking for a break from the norm can take one of his classes. Schroeder is looking for motivated students — people who truly care about their studies. This is not surprising, coming from a man with as much motivation as Schroeder has. His courses, although challenging, add extra flavor to the ethnic mix of Hawai'i. Editor: Christopher Mikesell Associate Editor: Leah Ricker | (808) 956-3214 | opinions@kaleo.org

TV shows portray a cliched Hawai'i

New series fail to portray the diversity of Hawai'i's multiethnic culture

By Jason Ordenstein

PININ

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Ka Leo Staff Columnist

Ka Leo O Hawai'i

For the love of all that is holy and pure in this world, can someone, anyone, please make a show about Hawai'i that isn't horrifically, mind-numbingly bad? I'm not even asking for a mid-"Simpsons"-caliber show. I just want to see a show that builds upon the foundation set by "Hawai'i Five-O."

I think some of you will be mad at me for criticizing these shows. I know that about onethird of the population of Hawai'i is connected to one of the three shows filming right now, but we have to face the truth — the sad truth — that television shows about Hawai'i have not improved since the days of "Hawai'i Five-O."

Of course, I'm not including the show "Lost" since it just uses Hawai'i as a backdrop for another place. It also looks like it could actually be decent. The entertainment value of the previews of "Lost" already look better than the two ghastly Hawai'i shows airing on television right now. These two shows being, of course, "North Shore" on Fox and "Hawai'i" on NBC.

I hate to say it, I really do, but "The World Series of Poker" is 9,999 times more entertaining than those two shows combined. I'm not talking about last year's charismatic and suspenseful main event. I'm talking about this year's repetitive and predictable main event, where the eventual winner, Greg Raymer, seemed to amass ten million chips in the first half hour. Yes, it's still that much better. The commercials on Cartoon Network's "Adult Swim" are better than these shows combined. That's right. I didn't say the shows, I just said the commercials (a thousand anime geeks are chuckling, "in the know," at this reference). In a class I took last semester, we looked at how Hawai'i was portrayed over the years, through various TV shows like, "Hawaiian Eye," "Hawai'i Five-O," and "Magnum P.I." Of the three, "Hawai'i Five-O" amazed me the most. It surprised me, not because it was the best written and most purely entertaining of the three, but because its portrayal of and respect for Hawai'i also was the most advanced. You have to remember that the show first began in 1968 and ran till 1980. That a show made today, like "North Shore," could feature fewer Asians — in Hawai'i - than the movie "Broken Blossoms" made back in 1919 (by the same man who made the overtly racist "Birth of a Nation") is puzzling to say the least. Oh, and yes, I do know that the Chinese man in "Broken Blossoms" was played by a white actor. It's still a better representation than that show.

Speaking of "North Shore," the only thing that could possibly be dumber than that series is if someone were to make a sequel to the summer mind-dreck known as, "AvP," and called it: "AvP II: Aliens vs. Predator vs. Bridget Jones's Diary." The show "Hawai'i" is a little better, at least in terms of portraying Hawai'i's racial diversity. It seems to follow the "Magnum P.I." model, though. That your nightmares. It is the sound of one hand clapping. It is exactly as you have feared; it is exactly the sort of show we all feared someone would make about Hawai'i. The only thing that could possibly be any worse than this show is if someone were to ever get the brilliant idea to make a biopic about King Kamehameha planning to cast former WWE wrestler, "The Rock," in the title role. Why, that would be just as smart as making a Keanu Reeves-starring-sequel to last year's biggest box office smash, and called it, "The Passion of the Christ II: Attack

yearn for a good, or at least, semiaccurate portrayal of Hawai'i. To truly love, you can't blindly overlook and accept every single glaring fault. As "Hawai'i Five-O" already proved long ago, it's actually possible to make a show about Hawai'i that we can all be proud of.

In a special edition of the University of Southern California film media publication, "The Spectator," entitled "Oceania in the Age of Global Media," and hierarchies, and rehearsing territorial containment and control."

Yeah, I know, some of you reading that just went up about ten IQ points. If you examine it carefully, though, you'll find one a very accurate statement that explains the reason behind the poor success rate and quality of recent Hawaiian television shows. Perhaps even viewers outside of Hawai'i are starting to send the

message that they

aren't buying the "all flash but no bang," soulless image of Hawai'i that the recent flood of television duds are trying to pass off to the masses.

Anyway, all of this is almost enough to make me swear off TV for another year or so. Hmmm ... that might actually be a great idea. But without TV, where would I get my brainless fix of cliches: badly written, badly acted (for the most part) and badly represented portrayals of the Hawai'i that I know and love? Well, I could always pop in the DVD of the movie, "Pearl Harbor." That movie's good right? Actually, I can think up much better uses for that movie than merely watching it. I personally use my DVD copy to help scrape the tartar off my pet dog's teeth after I give it a bath. It also makes a great yamslicer (please, clean it first before you slice yams). Or, I could always pop in my old VHS tape of the movie, "North Shore." That movie's

good, isn't it? Oh, wait a minute. That movie seemed to have been written by the husband and wife screenwriting team of "Coco" and "Peaches" at the Honolulu Zoo Orangutan pen. It's best not to ask what they used to write with, but it starts with a "c" and rhymes with "map." It's actually very fitting. In the meantime, we could always wait around for the next "good" Hawai'i-themed television show to come. Still, I don't know about you, but

"The commercials on Cartoon Network's 'Adult Swim' are better than these shows combined. That's right. I didn't say shows, I said commercials..."

model states that as long as you have one black actor in a supporting role, you have represented all of the numerous racial groups in Hawai'i. Yes,

in this model, you are allowed to

of the Clones."

Of course I know that these shows bring a lot of money, jobs, advertising, etc., to our state. Nobody's arguing that this is bad for Hawai'i. It's obviously good. In fact it's very good. However, if you're angry at this article, you know, and I know, that you are somehow connected to one of these shows. A lot of people are, but that doesn't mean we can't the editor at the time, Peter Britos, talks about the history and context of Hawaiian television. In it, he writes, "These Hollywood conceived programs tell us more about the desires and ideals of the people and institutions making the programs than they do about actual island living. It's a fantasy and allegorical realm predicated on naturalizing continental hegemony

portray other ethnic groups, as long as they are as horrendously stereotypical as possible. At least, "Magnum P.I" was entertaining. But if "Hawai'i Five-O" back in the 1960's can have honorable characterizations of different ethnic groups (albeit not perfect), you would think that shows today, in 2004, could do the same. You'd think that wouldn't you?

Oh, and in case you haven't noticed, I just mentioned the show, "Hawai'i" back there in my last paragraph. Yes, I actually invoked the name of that evil television incantation. For those of you unfortunate enough to have watched it, you know what I and what most people here — are secretly whispering about. It is the worst of the worst. It is that specter of evil that lurks only in

We're interested in what you have to say. Here are some ideas: Letters to the Editor

If you want to voice your opinion about an article or a letter to the editor that has already been printed, go ahead. Letters should be about 300 to 400 words and reference the article it is in response to.

Perspectives

If you are concerned about an issue and would like to write a significant amount of text about it, you can do that too. Submissions should be about or under 700 words. If your submission is too short, it will be included in the Letters to the Editor category described above.

Letters can be submitted in two ways: Typed, double-spaced, on standard letter-sized paper, or by e-mail (please proofread). Generally speaking, we prefer the e-mail option. All submissions should include your name, major and class rank. Faculty members, please include your department and position. Please remember that we reserve the right to edit stories. You may submit up to two letters or perspectives per month. Mailed submissions will not be returned.

Editorial Page Editor 1755 Pope Road Building 31-D Honolulu, HI 96822 opinions@kaleo.org Voices from within, key to writer's block

By Bart Abbott

Ka Leo Staff Columnist

Writer's block sucks. I've had it for nearly two weeks now. I got writer's block because I lost touch with my center. Writers often talk about writer's block like it is some exclusive right of passage that only writers endure, like some weird writer's badge of courage, but I think we all get writer's block in some form or another.

Writing is my passion; it is how I express my true self. We all have outlets that we use, or would like to use, that we express ourselves through, but there are so many other things in this world that can distract us. Some are good, some are bad, but they demand our attention and take up time that we would much rather be spending on pursuing our hopes and dreams.

When I let myself get distracted by life's background noise, when I become entangled, once again, in the superficial clutter of places to go and people to see, and then I try to write; I find my mind cannot even focus on one thing at a time. It's like twenty different radio stations are trying to jam their way through one stereo system simultaneously.

We can force ourselves, or we can be forced to take on so much extra junk in this world, that we lose sight of what it is we are personally most passionate about. It is hard to even quiet our minds, and when this happens, it's hard to stay happy.

This is why it is vital that we take time in each of our days to practice what it is we are the most passionate about doing. Even if it is only for a half of an hour each day, we need to do it, and we need to let ourselves not think about anything else.

When we quiet our minds, the voices that come from within us become easier to hear over the commotion of society.

The voices within are the voices of our hopes and dreams. They speak of everything we would love to do with our lives. When they are allowed to flow amazing things happen, barriers become obstacles, tribulations turn into

saw as necessary and permanent will start to look like something you have to do for a little while longer until you can take the next step towards living the life you've always dreamed of.

Maybe that next step is as little as to stop working that extra hour for your boss who doesn't notice anyway, so you can spend extra time painting when you get home.

Maybe it's as big as defying your parents and becoming a philosophy major instead of an accounting major, because you finally decided to live your life the way you want to, and not the way your parents do.

Now before someone from the accounting department writes a letter to the editor, I should explain myself.

Being an accounting major is perfectly all right. I had a next door neighbor who was an accounting major and she loved it. There are just so many people out there I see devoting their lives to studying and working in environments that they haven't chosen. Someone else, or some set of circumstances, or society has chosen it for them and I think it's sad.

This world has so many nasty ways of making us feel trapped into making certain choices that we don't want to make. Well, if there is one thing I could leave behind to future generations, it would be enough evidence to convince them that we are not trapped!

We are not gears stuck in a rotating motion, destined to live our life span grinding against other gears until our teeth erode away and we are replaced by another.

Our lives are not meant to be spent keeping the wheels of some giant, obscure machine turning. We are here to explore and learn about what is possible in this world.

Writing is my passion. It is what I was born to do and yet in the past few weeks I have become so distracted by so many things that I deemed "important" that writing has felt more like a chore than a blessing.

Even my school work has suffered and I love what I am studying right now! If we are to make

Diets' popularity may be sending wrong message

By Nina Buck *Ka Leo Contributing Writer*

The average American girl has been on a diet by the time she is eight years old. I guess if you want a body like Britney Spears', you have to start young (of course, if you want a body like Janet Jackson's, you also have to get a couple of ribs taken out at some point. Isn't that what she did to get those made-for-TV abdominals? Minor surgery?)

Forty thousand children starve to death every year. The discord between that statistic and eightyear-old girls limiting themselves to grapefruit and Atkins is something I've always found to be a little unsettling.

I grew up in the slim-thighed world of southern California. It's famous for healthy cuisine and Hollywood; famous for materialism and bleached blonde bikini babes.

Most of my childhood friends have battled an eating disorder of some kind. Many of us continue to have skewed images of ourselves and unhealthy relationships with food. The first thing I do when I hop out of bed in the morning is check out my stomach in the mirror. If it's flat, I whistle toward the coffee. If it's pudgy, I'm grumpy all morning.

Really. I know better. I've read sufficient literature on body and feminism, but my stomach still dictates how my day shapes up.

How does this happen? How is it so common for otherwise intelligent, thoughtful, creative women to consistently deprive themselves into smallness?

Is it the steady bombardment of popular images that present only one kind of thin standard? Is it the magazines on the racks at grocery stores, bookshops, gas stations, libraries, newsstands and cafes that all list stories about how to tone those "problem areas?" When did my soft belly turn into a problem? Sometime prior to age eight?

Why are we distracted by the South Beach Diet when we should be focused on how to stop George W. Bush from getting re-elected? Why is our energy going into lowcarb and high-protein diets when it could be directed towards feeding those 40,000 children whose bellies are distended? Who is profiting from this? Do the supersizers at McDonalds win in the end?

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Ka Leo O Hawai'i

What if hours at the gym could be spent planting community gardens full of wholesome and non-toxic produce? What if our muscles came from refurbishing crumbling buildings and converting them into classy low-cost housing? If my thoughts were on bettering the place I live and not on the shape of my tummy, what else might I dream up? What else might I accomplish? Why do I buy someone else's narrow definition of femininity when there are powerful and gorgeous ladies in all sizes, colors and styles grooving all around me? Why do we try to make ourselves less than we are?

My body is capable of running and swimming, dancing and hulahooping, walking, roller-skating, jump-roping, skateboarding, seeing, smelling, tasting, kissing, juggling, feeling and fighting.

My brain and body are capable of celebration and revolt. I'd like for that to be the first thing I see in the mirror in the morning.

challenges and keys to the cages that once trapped us appear.

Beware: pursuing our passions for even half an hour a day can make you feel a little crazy.

Things that once seemed so important will suddenly look miniscule. Everything you once the changes we wish to see in this world, we must pursue our hopes and dreams with vigor because it is there that we are most happy.

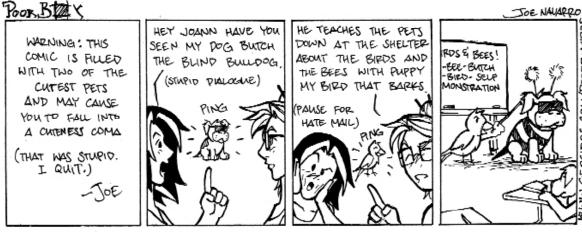
Live your life, reach for your hopes and dreams, "be the change you wish to see," and most importantly, be happy.

The Voice of Hawai'i

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Friends at Work, Friends at Play By Kristen Murashige *CTICK , LARRY SAID THE +LOCK-LIDRARY'S LOBBY ONEOF GCOD THEM IS HAS A MOSQUITO IDEA (ADRYING A PROBLEM ... ENT LAW STUDENT THIS?? AWAY .. HEELLP. MEE

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Kai's 50th helps UH sink Vikings

By Kevin Suzuki Ka Leo Staff Writer

The Rainbow Wahine Soccer team improved their record to 5-2-1 on Sunday, claiming their secondstraight home win over the Vikings of Portland State in a 3-1 blowout at the Waipi'o Peninsula Soccer Stadium.

"I thought they were brilliant in the first half, most particularly Natasha Kai, and I remain impressed by the intensity of Jess (Domingo) in the middle of the field," said University of Hawai'i head-coach Pinsoom Tenzing.

The Wahine starting squad dominated the first half of the game exhibiting a talented edge in spite of a technically sound Portland State performance throughout the entire game.

All three goals for Hawai'i were scored in the first half and set marks for each respective player.

The first goal came in the 14th minute by freshman forward Koren Takeyama. Breaking past the last defender, Takeyama sent an unstoppable bullet of a shot into the upperleft corner of the goal as she seemed to have posted an exclamatory statement that her first goal of the season would not be denied.

Just under two minutes later, two-



time Western Athletic Conference Player of the Year Natasha Kai took a feed from fellow striker Robyn deHay and increased the school record she holds for career goals to an even 50 with a break away goal, and as usual made it look easy.

'They were just giving us time and they gave us space, and with a fast offense (to control the open field), we saw that and used it to

our advantage," said Kai in regard to how she broke down the Portland State defense.

In the closing minutes of the first half senior defender Jessica Uecker sent a far arcing cross off a free kick from almost 40 yards to sophomore Kelly McCloskey, who went up high and headed it into the opposite lower-right corner of the goal.

Both McCloskey and Takeyama

Rainbow Wahine all-time leader in goals scored Natasha Kai netted the 50th goal of her UH career against the Portland State Vikings on Sunday Night at Waipi'o Peninsula Soccer Stadium. The 'Bows beat the Vikings, 3-1.

CHRISTOPHER WARSH Ka Leo O Hawai'i

celebrated their first goals of the season and their careers in the first half.

"It was a relief because I've been wanting to score (since) the first game," said Takeyama.

With starting junior goalkeeper Mahie Atay still sitting out due to the concussion she suffered last week. senior backup keeper Erin Chow threw down an impressive performance, putting stops to multiple oneon-one attempts on goal.

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Hawai'i goalkeeper coach Josh Fouts commended Chow, saying she "has done very well as a second stringer. Her distributions were good, and she did a very good job calling for back passes.'

Ka Leo O Hawai'i

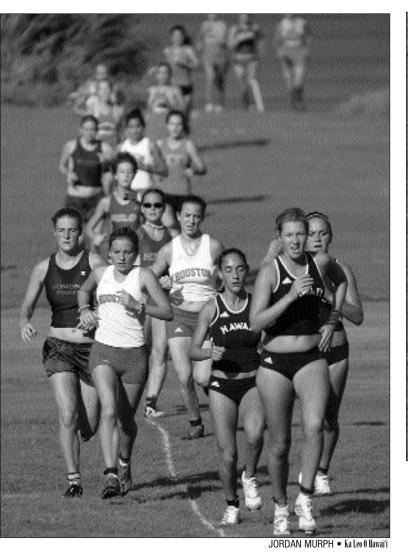
"The score could've been a lot more that one, it could've been two or three even, but she kept us in the game," said Fouts.

Being up 3-0 after the first half, Tenzing pulled most of the starters, and inserted the reserves who didn't fail to display the great potential that will support the program through the loss of 13 seniors next year.

"We did well, we did allow a goal but we'll learn from it," said junior midfielder Seline Williams. "They're young, they listen, they're very coachable, and they work as a team."

"I couldn't have asked for anything more from them, Lehua (Wood) on one side and Shawn (Higa) on the other side," said Tenzing in adoration of the reserve defensive effort.

The Wahine will hope to extend their recent home success on the road as they will participate in the Montana Fall Classic against New Mexico and Gonzaga on Friday and Sunday, and then at BYU on Monday.





Three Rainbow finish in top five to help the 'Bows

to their first victory of the season

Victory Wave

ABOVE: Rainbow Wahine Chantelle Laan (front left); Danielle Binns (front center); and Chelsee Pummel (far right) stay ahead of the main pack at Saturday's Big Wave Invitational at Kane'ohe Klipper Golf Course.

TOP RIGHT: On Rainbow Wahine Dana Buchanan's left ankle is a black band that houses a computer chip. When each runner crosses the finish line, a scanning device records their finishing time.

BYU-Hawai'i's Chelsea Smith runs alone to the Big Wave individual title. When she won the NCAA Division II title last year, she celebrated by eating an entire pumpkin pie.

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- 3. Houston (93) 4. Pomona-Pitzer (102)
- 5. Occidental (133)

1. UH Manoa (37)

6. UH Hilo (139)

Team (Points)

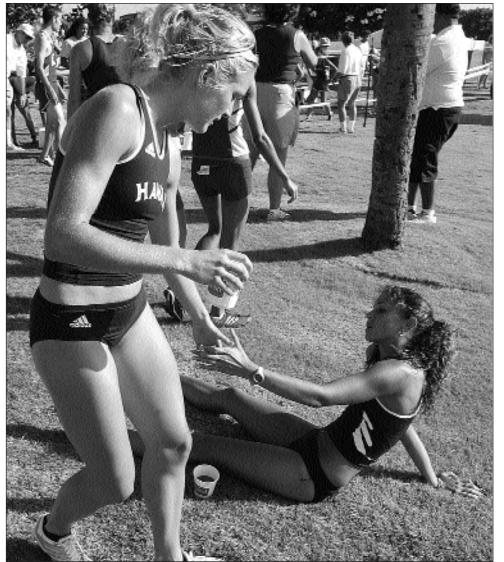
2. BYUH (47)

7. Mt. San Antonio College (149)

Big Wave results

Top Five Finishers

- 1. Chelsea Smith (BYUH), 14:37
- 2. Dana Buchanan (UHM), 15:18
- 3. Diana Choi (BYUH), 15:49
- 4. Kelly Young (UHM), 15:56
- 5. Chantelle Laan (UHM), 15:57





Rainbow Wahine Dana Buchanan finished second individually with a time of 15:18. She was 41 seconds behind BYU-Hawai'i's Chelsea Smith.

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Rainbow Wahine Dana Buchanan congratulates teammate Kelly Young after their 4-kilometer race. Young finished fourth individually while the Rainbow Wahine won the team title with 37 points.

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Rainbow Wahine Chantelle Laan encourages fellow teammate and Canadian Danielle Binns at the halfway point of the 4-kilometer Big Wave Invitational course.