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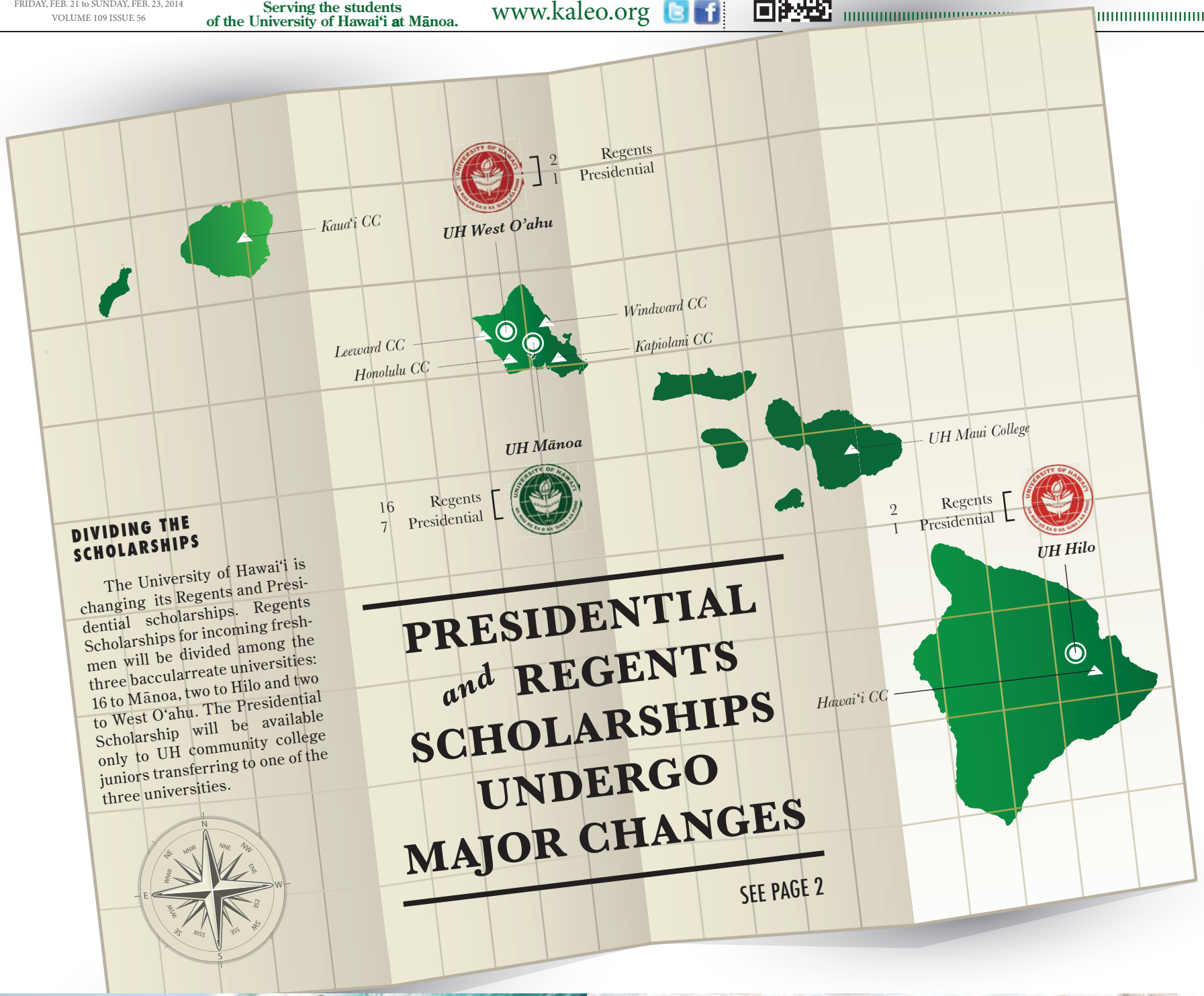

PRESIDENTIAL and REGENTS SCHOLARSHIPS UNDERGO MAJOR CHANGES

SEE PAGE 2

DIVIDING THE SCHOLARSHIPS

The University of Hawai'i is changing its Regents and Presidential scholarships. Regents Scholarships for incoming freshmen will be divided among the three baccularreate universities: 16 to Mānoa, two to Hilo and two to West O'ahu. The Presidential Scholarship will be available only to UH community college juniors transferring to one of the three universities.

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Visit www.kaleo.org/board_of_publications

Students lose eligibility for 'prestigious' scholarship

from cover

Noelle Fujii
News Editor

Kelsie Sasabe turned in her application for the Presidential Scholarship without any problems.

It wasn't until one of her friends turned in his application that she found out she was no longer eligible for what she called the most prestigious scholarship available at the University of Hawai'i.

Effective next academic year, only students transferring from UH community colleges to four-year campuses within the system are eligible for the Presidential Scholarships.

The university has also made changes to the Regents Scholarships, which will be divided among the four-year campuses with 16 being allocated for UH Mānoa, two for UH Hilo and two for UH West O'ahu, effective next academic year.

Each of the four-year campuses controls the recruitment, selection and notification of applicants, according to Jan Javinar, interim associate vice president for student affairs.

PRESIDENTIAL SCHOLARSHIPS

Presidential Scholarships are awarded to 10 college juniors who "have a minimum cumulative GPA of 3.7 for all college level work, a record of sustained progress in academic courses and evidence of superior academic achievement or creative endeavor," according to the UH system website.

Presidential Scholars receive a full tuition waiver for two years of undergraduate study along with $4,000 a year and a one-time $2,000 travel grant.

"To encourage the educational pipeline and supporting incoming juniors to the four-year baccalaureate campuses, it was agreed to refocus the Presidential Scholarships with preference given to those transferring as juniors from our community colleges," Javinar said.

This year, sophomores who will be juniors next year at the four-year campuses are still eligible for the scholarship.

"Because of the transition year to this refocusing, it was left to campuses to allow for including sophomores currently at the four-year campus becoming juniors," Javinar said.

According to Javinar, allowing for the transition period was also due to the different information listed on various university websites.

"To ensure fairness, it was suggested that a transition period be used," Javinar said. "This will be left to the four-year campuses on how they operationalize a transition period."

Eight scholarships will go to Mānoa, one will go to West O'ahu and one will go to Hilo.

REGENTS SCHOLARSHIPS

The Regents Scholarships are awarded to 20 outstanding freshmen who "receive an SAT combined score of at least 1950 on all three sections of the test or ACT combined score of at least 29, maintain at least a 3.5 GPA in academic subjects in high school, and whose extracurricular achievements are shown to be remarkable," according to the UH system website.

Regents Scholars receive a full tuition waiver for four years of undergraduate study along with $4,000 a year and a one-time $2,000 travel grant.

"The reason for that is actually because before the Regents Scholarship is in a system level, so anybody could apply for it and then you could choose where to go," Jen Rasay, vice president for the Regents and Presidential Scholars Club, said.

According to Rasay, a bulk of Regents scholars opted to go to UH Mānoa, who would waive all the tuitions.

"But what happens is, although it's a system scholarship, the campus that the student goes to is the one that pays the tuition waivers," Rasay said. "So because Mānoa gets a lot of those, has been getting a lot of those Regents scholars choosing to come here, so they've been shouldering all of the tuition."

Javinar said this was not a consideration in deciding to devolve the program from the system to the four-year campuses.

AN OPPORTUNITY GIVEN, AN OPPORTUNITY GONE

Rasay thinks it's good that the university is spreading the opportunity to apply for the scholarship, but at the same time, she thinks it takes away opportunities, such as for those applying for the Presidential Scholarship.

"It's good that we're spreading all of the opportunity to all the people, but at the same time, the cost is that you're taking away that opportunity from others as well," Rasay said.

Sasabe, a sophomore majoring in civil engineering at Mānoa, applied for the Presidential Scholarship this year. She thinks the changes are disappointing as students work hard in hopes to possibly earn the scholarship.

"When I found out that we weren't eligible I felt like we were being punished for attending here in the first place," Sasabe said. "Why aren't we going to be able to get the chance or the opportunity to even apply or try out for the most prestigious scholarship that there is just because the fact that we chose to go to Mānoa before we were juniors? So it's like we're paying tuition, and we don't even have the opportunity to get this scholarship and get recognized for working hard."

Sasabe wrote a letter to the editor printed in the Honolulu Star-Advertiser in January, explaining the university's changes to the two scholarships.

"I was just kind of disappointed because it was the most prestigious scholarship we could get and then now we're no longer able to get it," Sasabe said.

THE PRESIDENTIAL AND REGENTS SCHOLARSHIPS

According to John Morton, UH vice president for community colleges, the two scholarships were established in part from lease rent that Magnum PI paid for the use of Kapi'olani Community College facilities and land.

"Initially the lease rent paid for some buildings on the then-new Kapi'olani campus," Morton said. "Subsequent to that, the money was used to endow the scholarships."

Initially, the Regents Scholarships targeted high-school students in an effort to attract some of Hawai'i's best performing seniors to Mānoa and Hilo. West O'ahu was not yet accepting freshmen.

Morton said the Presidential Scholarships were to attract high performing community college students as they transferred to one of the three baccalaureate institutions. He said it sounds like the scholarship is going back to it original intents and purposes.

"Somewhere along the way the eligibility was changed to allow any student who was making the transition from sophomore to junior to become a Presidential scholar, including students already enrolled at one of the baccalaureate institutions," Morton said. "This has been the case for several years now."

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SENIOR CITIZENS UTILIZE FREE EDUCATION PROGRAM

ZOE WINBURN
Contributing Writer

The Na Kāpuna program, formerly known as the Senior Citizen Visitor Program, is one of multitudes of programs offered by the Office of Student Equity, Equality and Diversity. The program enables Hawai'i residents ages 60 and older to attend classes at University of Hawai'i at Mānoa free of charge. Participants are not officially enrolled in UH, thus they do not receive course credit or transcripts and are not required to do homework or take exams.

According to Na Kāpuna Director Patricia Masters, senior citizens were able to get a degree from UH free of charge, in addition to taking classes. However, the Board of Regents decided to end this practice in the mid-'80s. Dr. Amy Agbayani, current head of the SEED program, and Doris Ching, who was the UH Vice President for Student Affairs at the time, decided they did not want to take away the opportunity to attend classes from seniors. Thus, the Senior Citizen Visitor Program was founded in 1987. For a long period, the actual number of seniors attending classes was about 50. However, the program has exploded in recent years and more than 500 senior citizens are taking classes this semester.

"There is a whole range of people from doctors who are retired, professors, teachers, lawyers – so many people who had many amazing professions and in their retirement have decided they wanted to take some classes," Masters said.

The most popular classes taken are language, personal finance and IT related.

The participants are given an ID card that says "student;" however, the ID has an extra number on it to distinguish it from a regular student ID. They do not get access to perks such as athletic games and other things that student fees go toward, but they do get full access to the libraries. This is important to many participants, as that is where they spend much of their time.

The program does not receive funding. However, many program participants give money to both the university and the program. Until this year, participants were able to voluntarily donate to a fund exclusively for need-based scholarships for students. Starting this year, the fund will also go toward perpetuating the program.

"I think it's such a benefit to not only the seniors themselves, but also to the university," Masters said. "It creates a kind of diversity that you don't often see – intergenerational kind of exchanges."

Danilo Mamaril is a retiree who is currently taking intermediate financial accounting and Spanish 101 through the program. He first heard of the program a few years ago from a friend, and after retiring in 2011 he decided to start taking classes during his free time.

"I was happy to learn that I could take regular classes, even without credits," Mamaril said. "We are just auditing, but it's fun and it's a good way to continue learning. It is a very important program because the seniors will have a chance once again to pursue the individual courses that they want. They are fulfilling a dream that they were not able to when they were younger."

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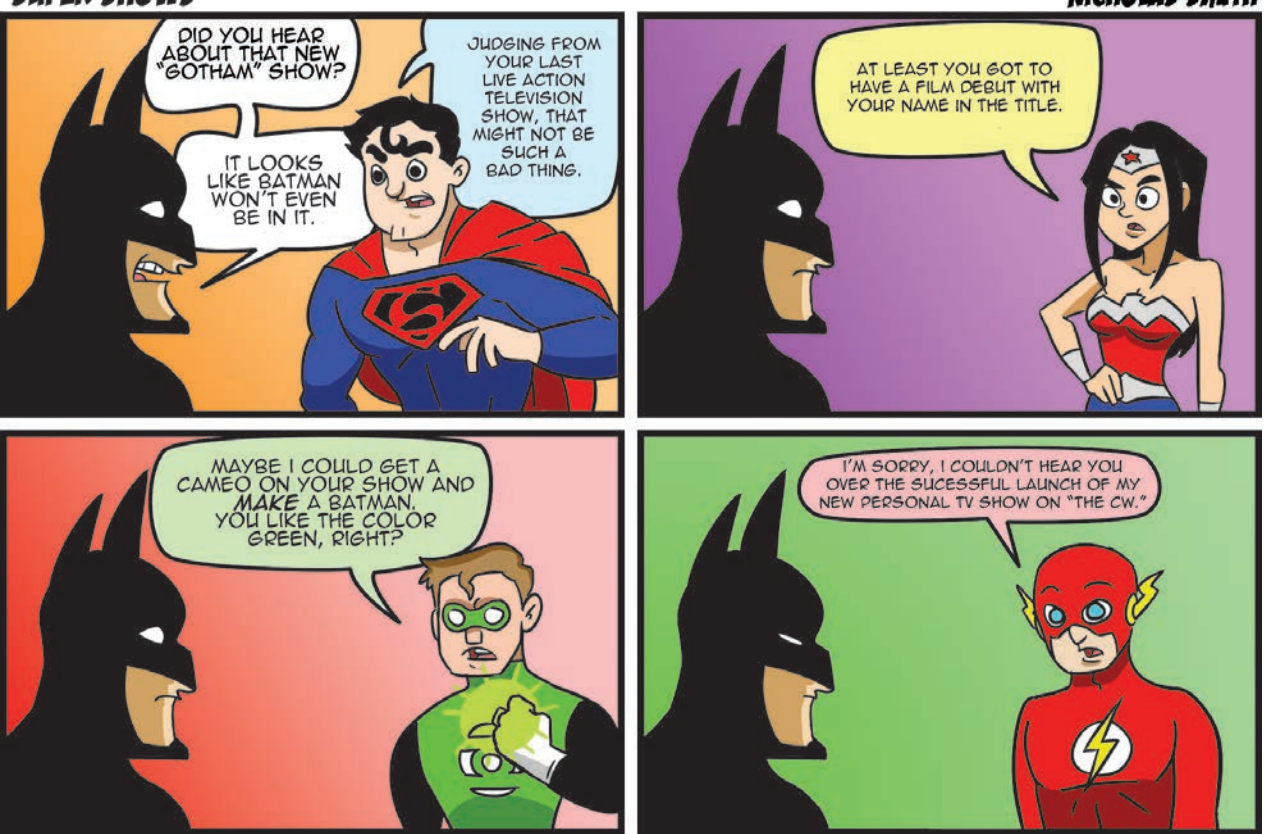
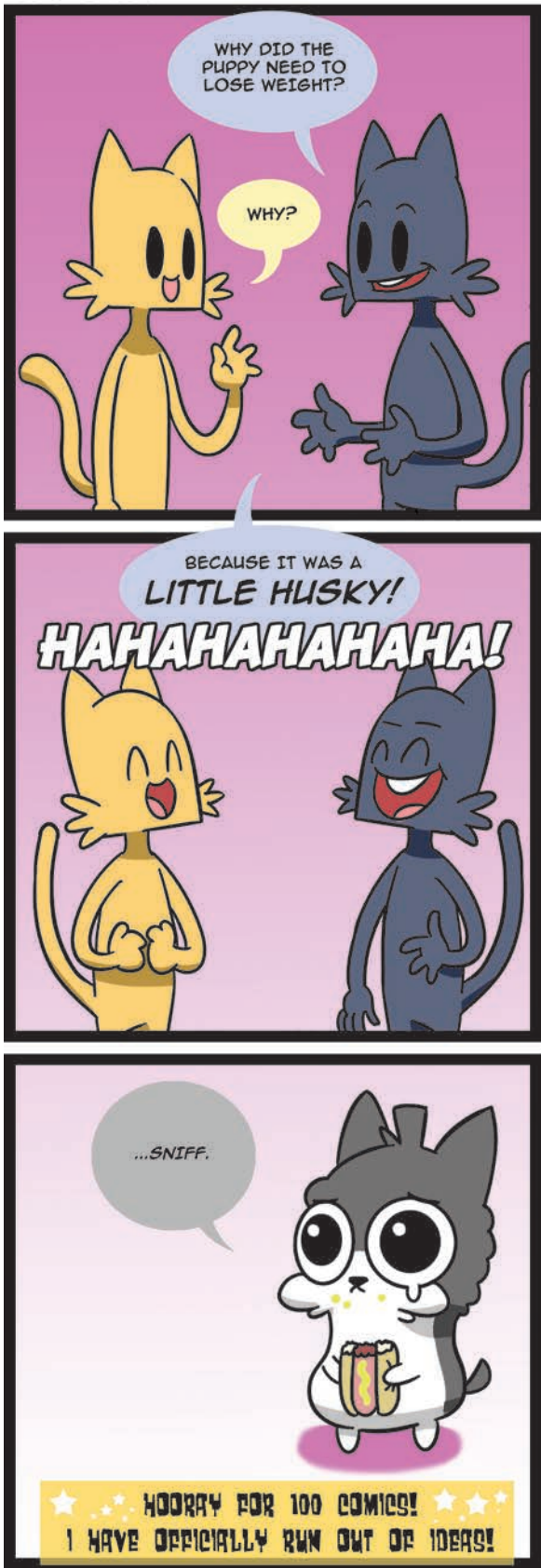
Wifi is Life — Stephanie Lau

Wifi — Lauren Mau

SUPER SHOWS — NICHOLAS SMITH



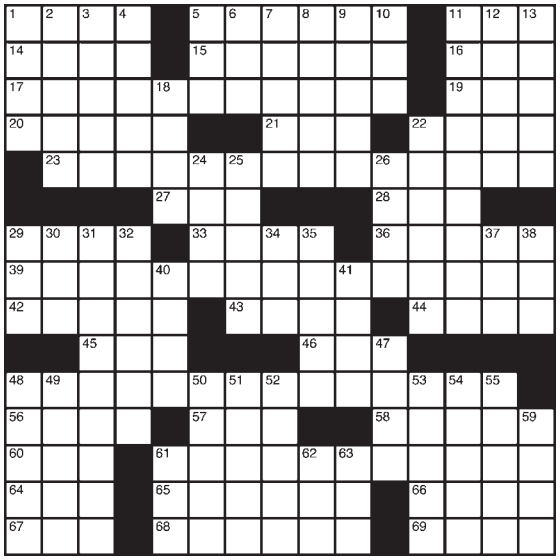
HUSKY — NICHOLAS SMITH — WWW.FACEBOOK.COM/KALEOHUSKY



Games

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis



ACROSS

1 "Sesame Street" lessons
5 Logo, e.g.
11 NASA vehicle
14 Word spoken con affetto
15 Lead ore
16 "Should I take that as __?"
17 Device that tracks certain weather?
19 Ken. neighbor
20 Handle
21 Karaoke need
22 Together, in music
23 Make a mournful cry louder?
27 Bulldog, perhaps
28 German article
29 Lollapalooza gear
33 They may be in columns
36 More ironic
39 Follow, oater-style?
42 Short exile?
43 Tops
44 __-portrait
45 Watch
46 64-Across opposite
48 Run-of-the-mill letters?
56 Pie crust ingredient
57 Tidy sum
58 Warmer for a snowy day
60 Tree ring revelation
61 Eight maids-a-milking?
64 46-Across opposite
65 Jeans measure
66 Auditor's mark
67 Humerus locale
68 Expels
69 Santa __: dry winds

DOWN

1 Rhine whines
2 Sounded like a flock
3 Old-time newsman
4 1972 missile pact
5 Id checker?
6 "Holy cow!"
7 Skycam carrier
8 The Beatles' "__ Be"
9 Cain's oldest son
10 Deface
11 Saved for the future
12 Blasé state
13 Hobby shop purchase
18 Stir
22 Accolades
24 Panache
25 Utah's __ Mountains
26 Norse mythology source
29 Put away
30 "Where the Wild Things Are" boy
31 Winning the lottery, usually
32 Left rolling in the aisles
34 E'en if
35 Medicinal shrub
37 Annex, maybe
38 Instant replay watcher
40 Jersey add-on
41 Hannity of "Hannity"
47 Gesture-driven hit
48 __ del Carmen, Mexico
49 Bright-eyed
50 Country sound
51 Put up
52 Isn't busy
53 It originates from the left ventricle
54 Trap at a chalet
55 Spanish poet Federico García __
59 Queries
61 __ chart
62 Cricket club
63 911 response letters

ANSWERS AT KALEO.ORG

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5				6	8			
	4		3				9	
6								5
	1				2		6	
			6	8				2
		4		7	1	3		9

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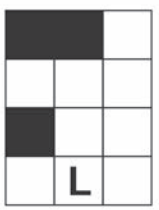

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HOW TO PLAY:

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Opinions

'Rethink Your Drink': Is it effective?

The average American consumes 45 gallons of sugary drinks a year.

USAF/MCT

Mary Zheng
Staff Writer

The "Rethink Your Drink" campaign discourages adolescents from consuming sugary drinks. Across the city and on The Bus, you can see these advertisements of teenagers drinking out of familiar soda bottles filled with colorful chunks of fat.

This campaign has proven effective in curbing consumption of sugar-filled beverages like soda and sports drinks, and it demonstrates the consequences of the extreme intake.

ABOUT THE CAMPAIGN

The repulsive visuals used by this campaign trigger viewers to consider how much fat sugary drinks have in them. The campaign showcases statistics of how much fat one can gain through daily drinking, and it offers some alternatives to soda and energy drinks.

One may ask: How can sugary drinks affect an individual? Excessive consumption of these beverages can lead to a host of health issues including obesity, diabetes and potential heart attacks. Even worse, each sip increases one's risk of death. CBS News reported that 180,000 people die annually from the risks associated with drinking sugar-laden beverages.

An article on sugar consumption on diagnose-me.com states that Americans consume at least 20 teaspoons of added sugar every day.

A 2012 Huffington Post survey of more than 600 Hawai'i teenagers revealed 93 percent of those surveyed reported consuming sugary drinks every week and 48 percent said they had one every day. With 60 percent obesity in adolescents and adults, Hawai'i is notorious for its overweight population and increasing obesity rates.

RETHINKING YOUR DRINK

The "Rethink Your Drink" campaign targets more than just soda. It also cautions against energy drinks and so-called "healthy liquids," such as bottled iced tea or chocolate milk. With Ka Leo's coverage last month on the dark side of energy drinks, there are real hazards for excessive consumption.

Although some may say there are other causes of health issues, it's clear that these unhealthy beverages contribute significantly to the problem.

This does not mean you should drop sugary drinks cold turkey. Limiting the number of times you drink or even foregoing on some days can help.

FOR YOUR CONSIDERATION

Healthy News Daily reported that more than half of teenagers surveyed said they had noticed the ads, and 54 percent of the teens that had seen the ads said they drank fewer sodas and energy drinks as a result.

Attempting to drink yellow goop is certainly unappetizing and undoubtedly contributes to the effectiveness of the campaign. With people consuming energy drinks like water, it is something to consider, especially during midterms and finals week.

Some better alternatives are water, low-fat or plant-based milk and unsweetened tea. If drinking water seems to bore you, adding a kick, like a lemon, can flavor and make your drink more enjoyable and nutritious. You can even make your own drinks with all-natural and wholesome ingredients.

Hawai'i has been working on curbing consumption of unhealthy, processed beverages for years. In 2011, Governor Neil Abercrombie proposed a soda tax. The tax would be 10 cents on beverage containers of 12 ounces or less and 25 cents on containers more than 12 ounces. Unfortunately, the bill was rejected. The bill might be revived and passed in the future.

Though the battle to end obesity may have just started, the "Rethink Your Drink" campaign is a great start. Less is more: Less sugar means more happiness in every drink. Next time you eat out, rethink your drink.

Sports

5 people you see at every UH sports game

Paige Takeya
Senior Staff Writer
@lordmayocloud

This is the fourth installment of Paige's Page, a weekly commentary on University of Hawai'i at Mānoa Athletics – from a different perspective. Read it online at kaleo.org every Wednesday.

ILLUSTRATION BY NICHOLAS SMITH

1. THE HECKLER

Description: You won't see the Heckler so much as you will hear him – a clear bell of rage above the crowd. The ref is always wrong, blind or just in bed with the other team. Opposing players are men of insubstantial character whose girlfriends are dissatisfied with their performance in every way. And our coaches? Oh man, let's not talk about our coaches.

Dealing with a Heckler: Do not get confrontational. Trying to discourage by shouting back will only incur wrath. If you feel uncomfortable, stay calm and ask him to dial it down (or report him, if you feel genuinely unsafe).

If you are the Heckler: Personal attacks are mean-spirited and in poor taste. Expect to see arena security if you don't keep yourself in check. A skilled and classy Heckler can reap the love of all those around him.

2. THE BACKSEAT COACH

Description: There's a reason Norm Chow gets paid $400,000 per year to be head football coach. It's because athletics director Ben Jay hasn't met the Backseat Coach yet. This is the kind of guy who keeps a running commentary about how Gib Arnold is doing it all wrong every game. "You gotta chuck 3s," he chortles, sipping his soda sagely. Never mind that UH is up 30 points. Chuck those 3s. That's how you win the game.

Dealing with a Backseat Coach: There's nothing you can do, really, because the guy has the right to say what he wants. You could loudly and passive-aggressively contradict everything he says to your buddy, though.

If you are the Backseat Coach: Drop some stats and other useful facts in your side commentary so at least people can learn from your babble.

3. THE FANGIRL

Description: With such virile athletes on the court, there's no surprise that starry-eyed young maidens are attracted to the pheromones coating the air. Some Fangirls can enjoy the game for the game while eating the players with their eyes. Other Fangirls are here for the sweaty men. They scream, squeal and go into rapturous fits for their darlings, whose despairingly plain-faced appeal often is lost on, well, everyone else.

Dealing with a Fangirl: Remain calm. Stability is soothing to her overexcited psyche. She will rise and wane like the tides to the moon, depending on the intensity of her passion and whether her beloved is a starter or a benchwarmer.

If you are the Fangirl: Do research before the game. You should know his stats so you can defend him against the haters. Acknowledge his flaws, but champion his strengths.

4. THE FAIRWEATHER FAN

Description: It never fails – come third quarter of a football game, and you can see a steady trickle of fans heading for the exits. "We're just trying to beat traffic," they say, win or lose. These are the people who support UH athletics, you know, most of the time. When the team's winning. And the weather's nice. Maybe if there's nothing to do and you remind them. They usually get there late, and they always leave early.

Dealing with a Fairweather Fan: Honestly, you probably won't even notice them. Their chair is going to be empty 50 percent of the time anyway.

If you are the Fairweather Fan: Think of this game as a movie: Just as you wouldn't walk in 20 minutes late or leave before the climax, so too should you watch the game from beginning to end.

5. THE PARTY ANIMAL

Description: There's always that one girl at the football games: She's drunk as a skunk and being dragged up the stairs at halftime. Her pregame ended up becoming the real game, to the detriment of the actual game on the field. Athletics brings people together – particularly if beer is involved. The average student probably knows more about what beer is sold at the stadium than what the quarterback's name is.

Dealing with a Party Animal: Don't worry. The Party Animal does not even know you are there. Frankly, if you're sitting that close to one, you probably are a Party Animal yourself.

If you are a Party Animal: It's fine to party hard. What's college without partying it up now and then? Here's just one tip: Lighting up a joint at Aloha Stadium is never a good idea. Don't do it.