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Office offers aid to

internat'l students

**By Michael Keany** 

VOL. XCVII ISSUE 15

Ka Leo Staff Writer

For some international students, the fallout of Sept. 11 has not dramatically changed the experience of attending the University of Hawai'i at

For Paolo Maurin, the main stresses in life are the pressures of school and work.

Maurin, a citizen of Argentina, came to Hawai'i last fall to pursue a doctorate in communication and information sciences and said that the benefits of attending a university in the United States outweigh any restrictions relating to his interna-

"An education in America is viewed as very, very valuable in most of the world ... it's viewed as a prized experience.'

And for the most part, the U.S. government has helped Maurin, not hindered him, although he says he's fortunate to have obtained his student visa when he did.

"I'm sure it would have been a different story if I had come here after Sept. 11. As it was, I have been affected probably the same as anyone else has been."

Maurin attributes the UHM International Student Services office with easing some of the challenges of

"When I came here to UH ... it was a change," he said, "Because for the first time, I was in a position that I needed some guidance. I had come to a place that I had never been to before, away from family and my friends. Luckily the office here gave me a lot of help.

SIS is the primary resource for international students at UH, offering a range of services designed to help them with any problems they may encounter, school-related or oth-

Maurin describes the office as being very active. After he arrived in Hawai'i, Maurin was assigned a mentor who showed him around the campus and familiarized him with other aspects of living in Hawai'i. During the first few weeks of the semester, he participated in several activities the SIS office had planned for international students — a hike to Diamond Head, a trip to Hanauma Bay.

Maurin, one of only five Argentinian students this past semester according to SIS data, said he has not had any trouble with the Immigration and Naturalization Service. This is due in part, he says, to the workshops offered by the SIS office, which teach international students the ins and outs of maintaining legal status, federal tax laws and other potential pitfalls.

"I've tried really hard to do everything by the book and not to miss anything. As long as you maintain your status, (and) you don't do anything you shouldn't be doing ... you don't have to worry," Maurin

Maurin says he doesn't understand all the controversy over the Student and Exchange Visitor Information System, a new computerized tracking system being set up by the INS to monitor the activities of international students. "The people making the noise are not the international students ... just people who are championing other goals."

"Personally, I see it as something necessary."

Maurin says it's reasonable to expect some oversight by the government, whether computerized or not. "I thought they were doing that anyways, before. I'm surprised that they were not."

Maurin has four more years before he earns his doctorate. He is reluctant to make concrete plans after that. "I try not to think too far ahead," he says. One thing he does know is that he wants to stay in the United

"Ideally, I'd like to get a job at the United Nations, move to New York for a couple of years."



ANDREW SHIMABUKU . Ka Leo O Hawaii

Jacinta Yeong, an international student from Hong Kong, feeds pigeons outside of Paradise Palms Cafe Friday.

## **Get out your sneakers: New** guidelines call for exercise

**By Jonathan Grover** 

The Gazette (Johns Hopkins U.)

(U-WIRE) BALTIMORE—On Sept. 5, a panel of 21 scientists and physicians at the National Academy of Science's Institute of Medicine released new recommended dietary guidelines. The guidelines stray from previous versions as they not only allow flexibility in the amounts of fats, carbohydrates and proteins consumed, but also account for exercise.

The new recommendations follow a range: 45 percent to 65 percent of calories should come from carbohydrates, while 20 percent to 35 percent should come from fat. On the other hand, while the suggested amount of protein consumption remained constant at 10 percent to 35 percent of total calories, a new standard was introduced. Women should be consuming 25 grams of fiber daily, while men should aim for 38

In addition to the new guidelines the panel said people should be engaging in at least an hour of physical activity each day, twice as much as the

surgeon general recommends. The guidelines recommend moderate activity for an hour. These include walking at a pace of approximately 4 miles per hour, leisurely swimming or bicycle riding.

For those who cannot devote an hour each day, 20 to 30 minutes of high-intensity exercise, four to seven times, weekly should accomplish the

The study, conducted at the request of Congress and other U.S. government agencies, as well as Health Canada, comes as both nations have begun to address a national health concern: obesity.

Now reaching epidemic levels in the United States, the obesity issue has typically been addressed with low-fat foods that are generally high in calories but low in fiber. However, for an epidemic that results in approximately 300,000 deaths yearly, it was obvious that something more needed to be

As Dr. Benjamin Caballero of Johns Hopkins University readily pointed out, "We must distinguish between diets to lose weight and diets to maintain health ... Our report focuses on diet for the long-term to maintain health." Still, the study directly addresses obesity in the following manner: while fat is noted as a major source of energy in a diet, people are urged to avoid certain types of fats that are linked to an increased risk in heart disease. These include saturated fats and trans-fatty

Saturated fats are often found in meat and dairy products, while transfatty acids are in the hydrogenated oils that are commonly used in cookies, crackers and other processed foods. By contrast, healthy fats have been emphasized. These included two types of polyunsaturated fats which have been studied to reduce death from heart

Key to the report is the balance between diet and exercise. For example, a relatively inactive 30-year-old woman standing approximately 5 feet 5 inches tall and weighing between 111 and 150 pounds should be consuming between 1,800 and 2,000 calories daily. The same woman participating in the recommended exercise regimen should aim to consume between 2,500 and 2,800 calories daily.

"To reduce some of the main killers of America, we will have to increase the level of physical activity," said Dr. Caballero.

Student felt silenced, alienated after 9/11

Graduate student felt shunned when he spoke out against war

**By Joshua Gefroh** 

Special to Ka Leo

When Ludovic Sebag, a University of Hawai'i at Manoa graduate student from France, spoke openly about his opposition to immediate retaliation in Afghanistan shortly after the Sept. 11 terrorist attacks, he felt shunned by his friends.

"Even if I can say whatever I want in this country, I didn't want to express my opinions and anger (to) anyone," Sebag said.

That is a primary fear among UHM international students according to Russ Henrie, a psychologist at the Counseling and Student Development Center.

Henrie said many international students are afraid of being treated differently or even being kicked out of school if they voice what American sentiment deems the

"wrong opinion." "International students are at a

disadvantage to start with," Henrie

"They can be taken advantage

of and threatened," he continued, because many don't have a working knowledge of the rights afforded

them under U.S. law. Sebag said he didn't feel as if his opinion was taken seriously by his friends, many of whom took on an attitude of: "Are you with us or

"It was an attack on freedom in general," Sebag said.

Shortly after the terrorist attacks, Sebag was worried that the United States would close its doors to all non-nationals.

Ravikiran Vatrapu, a UHM student from India, shared similar worries but sees Europe as no better.

"In Europe, it's more racist," Vatrapu said.

Vatrapu is sympathetic to the United States but is no stranger to terrorism. After all, he said, it has been going on in India since Indians gained independence from Britain in

"Somebody needs to be held accountable," Vatrapu said of terrorism. "Slowly it will become the cancer of the world."



**TODAY IN HISTORY** 

ON SEPTEMBER 16, 1620, THE MAYFLOWER SAILS FROM PLYMOUTH,

> WITH 102 PASSENGERS SEEKING ENTERPRISE AND FREEDOM OF RELIGION.

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ENGLAND BOUND FOR THE NEW WORLD

Editor: Mikey Campbell | Associate Editor: Jason Paz | (808) 956-3218 | featurekings@yahoo.com

### **Upcoming Events**

#### **Theatre**

Kennedy Theatre presents "The Boy Who Stole the Stars," a tale of love, friendship and dragon battling. An adventure for the whole family. Free stargazing party by the Stargazers of Hawai'i following the Friday, Sept. 20 show. Shows on Sept. 20, 21 and 28 are at 8 p.m. \$3

for UHM students with student ID. \$10 regular. For more information call 956-7655, or log on to www. hawaii.edu/theatre.

#### Health

The UHM Health Services is now offering flu shots for the 2002-2003

season. Since it takes two weeks for the vaccine to be effective it is important to administer the vaccine early in the season. The shots will cost \$10. Shots will be provided at these times only: Tuesdays-Fridays, 8:30 a.m.-11:00 a.m. and 1:30 p.m.-3:00 p.m. No shots on Mondays. For more information call 956-8965.

#### **Faculty**

Members of the UHM Faculty Senate report to The William S. Richardson School of Law, classroom 2, for the Manoa faculty meeting on Wednesday, Sept. 18. Meeting starts promptly at 3:00 p.m.

KALEO.ORG

## Dialog

Marine Science Building 100

October 1, 1:30 p.m. Marine Science Building 100

October 8, 1:30 p.m. Marine Science Building 100

October 22, 1:30 p.m. Marine Science Building 100

October 31, 1:30 p.m. Marine Science Building 100

November 7, 1:30 p.m. Physical Science Building 217

November 19, 1:30 p.m. Marine Science Building 100 **Introductory Remarks on Diversity** 

Peter Englert, Chancellor, University of Hawai'i at Mānoa

Mobility and Diversity in the Media: From Ka Leo to Los Angeles Times I-Team Robert Lopez (UII '89 with highest bonors), investigative reporter for

LA. Times, member of its Pulitzer-Prize-winnning team, & Hollywood scriptwriter

Diversity Day In & Day Out at The Honolulu Advertiser Jim Kelly, The Honolulu Advertiser executive editor

Discussant: Puanani Burgess, community activist

Remembering Enewetak and the Mike Shot on the 50th Anniversary of the 1st U.S. H-Bomb Davor Pevec, esq., attorney for the People of Enewetak

UH's "College Town" Concept and Multi-Cultural Mö'ili'ili Karl Kim, UH vice chancellor for academic affairs

A Case of Media Coverage of the Nuclear Age on the 50th Anniversary of the U.S. H-Bomb Beverly Keever, School of Communications professor

Diversity, Media and Hawai'i's '02 Election Dan Tuttle, veteran political analyst

Creating Safe Environments: Gay, Bisexual, and Lesbian Issues in the UH System Panelists moderated by Ku'umeaaloha Gomes, chair of the UH Commission on Lesbian, Gay, Bisexual, Transgendered, and Intersex Individuals

Ka Leo O Hawai'i & UH Chapter of The Society of Professional Journalists **UHM Commission on Diversity** 

A Linked-Class Project of JOUR 316 & JOUR 415, School of Communication

The University of Hawai'i is an equal opportunity/affirmative action instituti

# **OPINIONS**

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Editor: Lance Collins | Associate Editor: Norman Kukona | (808) 956-3214 | opinions@kaleo.org

# Private financing brackets democracy from election process

THE EVENT: Gubernatorial candidate Linda Lingle has out fundraised her nearest opponent by over \$2 million. The Hawai'i

Legislature has consistently shot down proposals to create different versions of public financing of election campaigns.

Currently, Hawai'i has a very weak public financing system. Candidates are required to jump through so many hoops that it hardly makes it a sexy alternative to privately financing a campaign.

Over the last decade, several proposals have been submitted to the state Legislature to create different versions of public financing of election campaigns.

The typical response from the state Legislature is to send it to a committee, chaired by state Sen. Cal Kawamoto, which has no rational relation to publicly financing elections. Kawamoto then kills the bill over the purely symbolic objections of the members of his committee. Then, the bill dies.

If all the current state senators were to hoard their campaign monies together, Kawamoto's contribution would be almost a quarter of the total hoarding. With no rational basis for sending to Kawamoto's committee and no rational basis for Kawamoto killing the bill in committee, the basis is personal.

While there are many different types of public campaign financing proposals floating around the state, the discussion in the Legislature has not been forthcoming. With a highly centralized state government, there can be no county-level implementation of public campaign financing.

The case of Lingle demonstrates the need for publicly financed campaigns. Lingle has spent over \$3 million so far and most of her contributions have come from out of state.

There is compelling evidence that suggests a very strong correlation between the amount a candidate spends and the number of votes they receive

For Kawamoto and the democratic leadership in the state Legislature, this may be karma if Lingle wins with an excessively large campaign treasury paid for by interests on the continent. It will also indicate that no meaningful change has occurred in this state.

Campaign financing is one of the sites where democracy and capitalism are at odds. The principle of one person, one vote is trumped by the principle of one dollar, one vote.

Extensive arithmetical analysis uncovers that money indirectly purchases votes. There is no meaningful voter education, so voters are exposed to candidates and their names through methods that all involve substantial amounts of capital.

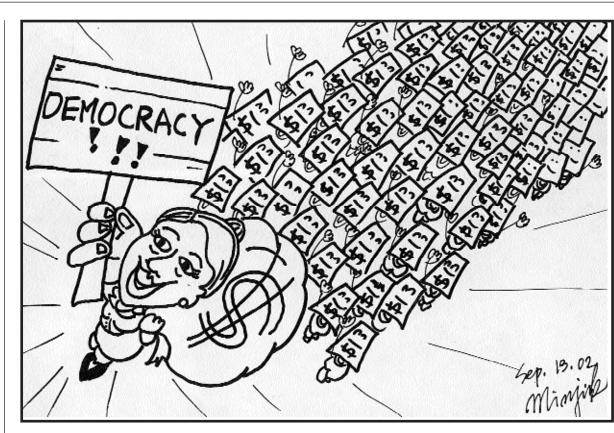
The point of democracy is that decision making is organized in such a way that no person has more power than the next and that the majority rules. In this system, the person with the most cash rules and the next guy loses

Wealthy, upper-crust, landed white men wrote the Constitution. Democracy for them was equal playing field among them. The nature of the Bill of Rights was a way to restrain the majority of wealthy, upper-crust, landed white men from tyrannizing the minority of wealthy, upper-crust, landed white men.

Through constitutional amendments and social changes expressed in Supreme Court rulings, those who may participate in democracy have increased (even if only on paper) — people of color, white women. However, the protection of the Bill of Rights seems to still be protecting the minority interests of wealthy, upper-crust, landed white men.

Certain states have attempted to level the playing field by using extensive voter education. For example, a booklet giving each candidate the same amount of free space to educate voters on their position is mailed to voters in Colifornia.

We believe that campaigns should be publicly financed. The state must come together to define what that means and what it entails. Democracy cannot survive when it is a part of the apparatus of production.



# Road rage dangerous, keep cool to save lives



Reflections
Joey Condit
Ka Leo Staff Columnist

While driving home from school the other day, I became the victim of a rude driver.

I was on the freeway headed west when I signaled to change lanes. The green Ford Explorer in the lane I wanted to switch into sped up to block me out of the lane upon seeing my signal.

Normally, that would have ticked me off a little because that kind of rudeness is unnecessary, but that day I just sort of chuckled and waited for him to pass so I could get behind him.

Once behind him I was shocked to notice that the driver of the Explorer was now watching me in his rearview mirror and had slowed his car to nearly 40 miles per hour on the freeway. That made me laugh even more, but I started wondering what I had done to make the driver so mad.

After a couple of miles of that childish behavior, the Explorer's driver changed lanes. Excited to finally be able to drive the speed limit, I sped up, and as I passed the Explorer I made eye contact with its driver who proceeded to angrily flick me off.

In retrospect, this experience is hysterically funny because I had not been driving too close behind him, and

I had not tried to cut him off. I honestly had done nothing to that man, he was just angry. Why do so many drivers in Hawai'i have "road rage?"

Dr. Leon James and Dr. Diane
Nahl have been studying driving
behavior since 1982 here at the
University of Hawai'i. Dr. James is
a professor of psychology and Dr.
Nahl is the director of the Information
Science Program in the ICS department

The two were the first authors of a comprehensive "aggressive driving" book and their video course, "RoadRageous," is used to train law enforcement and the U.S. military in the psychology of driving.

"The average driver is now highly likely to get into one serious accident every 15 years," wrote the pair in a Newsletter of the Mental Health Association in Hawai'i. Studies indicate that driver error causes most accidents, and "almost all of 'driver error' can be traced to lack of emotional intelligence behind the wheel."

What that means is that every day we get into our cars and venture out into the streets we are putting ourselves and our loved ones at risk. I cannot think of a single person who doesn't have a road rage story to tell. Whether as victims or the enraged, we have all experienced road rage, and I for one believe it is time to start admitting that drivers in Hawai'i are out of control. But what can we do?

Education seems to be the answer. "All drivers can train themselves to

acquire emotional intelligence behind the wheel," say Dr. James and Dr. Nahl. The first step may be to gain an awareness of what causes road rage and traffic violence. Dr. James attributes traffic violence to two main things: the comic strip mentality of drivers and the lack of moral training.

The comic strip mentality of drivers refers to the way real-life drivers often mirror cartoons in the ridiculous and outlandish ways they think and react when they're driving. The best way to remedy that condition is to realize you are reacting in an unreasonable way and then actively stop that behavior.

In addition, a lack of "moral training" greatly contributes to an individual's inability to deal with driving situations in a reasonable, nonviolent manner.

Some suggestions from Dr. James on how to avoid traffic violence include: committing yourself to obeying all traffic signs and regulations and trying to drive as though you are being videotaped on a live TV show (cursing and making lewd gestures would probably be too embarrassing to do if you were going to be on TV).

For more information on the research and findings of Leon James, Ph.D. and Diane Nahl, Ph.D. please consult their book, "Road Rage and Aggressive Driving: Steering Clear of Highway Warfare" (Prometheus Books, 2000), or access their Web site at http://DrDriving.org.

#### The Voice of Hawai'i

### Ka Leo O Hawaiʻi

University of Hawai'i at Mānoa 1755 Pope Road 31-D Honolulu, HI 96822

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## **Dobelle delivers!** And student able to stay in school

UH glitch left student high, dry; Dobelle promised waiver in return



O' Julian **Julian Billson** Ka Leo Staff Columnist

With no cash, I was about to crash, like a speeding train ready to jump its track. The Sept. 9 tuition deadline loomed only days ahead, and I had no way to pay for it. I was set to lose all my classes, save one, if I didn't come up with some-

I can only describe the mental pain, the reality of which hung around like a migraine headache and stunk like smoke on your hair after clubbing all night.

O'ahu Work Links, the service organization that supported my education up until now, had simply run out of funds.

What little money they offered me — and an unspecified number of students at the University of Hawai'i at Manoa — remains frozen in their account because someone from OWL, or someone from our campus, either didn't send, didn't receive or simply lost the form meant to re-establish UHM's eligibility in the OWL program.

But today, it's fixed, gone for good, washed right out of my hair and clean right out of my head. The University of Hawai'i has waived my tuition, all \$1,608 of it!

How do I spell relief? I spell it

UHM President Evan Dobelle and Chancellor Peter Englert were set to appear at a forum on Sept. 3 at Hemenway Auditorium to meet students and answer their ques-

As I walked there that day, I said to myself, "What have I got to lose? Maybe Dobelle will do something to help me if I ask him. Anyway, it's worth a try.'

I needed to know if the University propaganda was true. Is Dobelle a fast tracker who gets things done? Or, is he just a fast

Personally, I like to believe in people. I like to give them at least a couple of chances to prove them-

With this in mind, I sat in the front row so I could get a clear shot at Dobelle when I asked my question. As Dobelle entered the room with Englert he asked the crowd if he might sit instead of stand.

Body language. Now that's cool. Here he was sitting eye to eye with the students, not standing above us like some authoritarian. "This man is smooth," I thought.

Here's a well-salaried university president (some think too salaried) – a powerful dude with lots of connections - conversing at the same level with his students and politely answering their sometimes crude and insulting questions.

My moment of truth arrived. I was nervous and hopeful as I told President Dobelle about my problem. He listened intently and for a few brief seconds I thought I detected a trace of embarrassment on his face. Looking at me, he made this promise:

"If it is our (the University's) fault, and we have failed to do

READ KA LEO DAILY

something, I will waive your tuition, because I will not find that acceptable. We are not going to have a bureaucracy here that says no to students anymore, and if there is a mistake made, then it's going to be resolved."

A wave of relief washed over my brain. I can hear you scoffing. "Yeah, right! Go sell that piece of \*@#! to someone else."

Calm down. Chill. I know it's a shock. Students are cynical. We're not used to getting what we really want, much less what we really need on this campus. I could hardly believe the words myself.

But isn't a university president supposed to work for you? Why should that come as a shock?

With continued interest, I watched Dobelle answer concerns from students ranging from the need for longer library hours and administrative accountability to the new film school and plans for the future of the University.

If he didn't have an answer, he didn't pretend he did. Instead, he referred those questions to his partner Peter Englert, a likable and approachable person, who actually lived in one of the dorms during the summer to get a feel for what the students have to contend with.

Dobelle had numerous staff around the auditorium to help him answer questions and get things done. Doris Ching, the vice president of student affairs, sat next to me after the forum and talked about resolving my tuition problem.

Wow! We like service at restaurants and banks, but we don't expect it at school! What's happening?

Dobelle is calling for a change in our thinking. He wants us to adopt a can-do attitude for the new millennium. Maybe we should start believing in his promises for a

Our university is "first tier," according to Evan Dobelle, it just lacks the funding to meet all the needs of its students. However, he predicts that in five years, when people talk about the great public universities of America, "They're going to talk about Manoa."

In relation to my own funding fiasco, I've learned that sometimes vou just must interact with authority if you are going to get some things accomplished. My tuition is paid and I have Evan Dobelle to thank for it.

That's a fact.

He made me a believer, and I believe it's time for students to at least speak out to their legislators, ask for more allocated money and, just as important, speak to Dobelle.

Do something. Take responsibility. Don't just complain.

President Dobelle left his e-mail with the students before he left the forum, and he promises he will personally answer all messages he receives. Try it. Take his word for it. He certainly gets paid enough to represent our university. Maybe it's because he actually gets things done. You think?

Get rid of that school headache and try taking a dose of Dobelle. Take him at his word. I did, and it worked. He might just be what the doctor ordered.

Ka Leo O Hawai'i

# MICS & CROSSWORD



















aaron k











#### Dragon SirL

MY FATHER'S THE JADE EMPEROR? THE ONE THAT LIVES IN THE PALACE IN THE HEAVENS? THE PALACE WHERE ALL OF THE GODS AND GODDESSES MEET? IT SEEMS HARD TO











#### Crossword

- ACROSS Identific destination Orbiting loc.
- 15 Boring routine 16 Яваса
- 17 Neighbor of Medico
- 19 Archipelego member
- 21 Finality 23 Proder Billy 25 Caribbean
- Badinspe Obligation Scandinsvian
- 34 Gem State 38 Perform again 35 Qen or Home Country settled by freed elevee
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# Harvard hack a half-hearted attempt at fun

By Craig Gerard

Daily Orange
(Syracuse U.)

(U-WIRE) SYRACUSE, N.Y.

— Dysfunctional families are at the heart of many of today's comedic films. When done correctly, these films accomplish their goal of making audiences laugh.

When done halfheartedly, like in "Stealing Harvard," audiences are left scratching their heads.

The story centers on John Plummer (Jason Lee, "Mumford"), a man whose life is finally beginning to come together. He has saved up enough money to buy a home for himself and longtime girlfriend, Elaine (Leslie Mann, "The Cable Guy"), and they are finally getting married.

John's parents died when he was 18 and since then his sister has evolved into nothing short of trailer park trash. Her daughter, Noreen, (Tammy Blanchard, TV's "Life With Judy Garland: Me and My Shadows"), however, defies the odds and overcomes her mother's wild lifestyle to earn admission into Harvard University.

John's plans unravel when his niece, Noreen, reminds him of a promise he made to her when she was a kid: If she got into college, he would foot the bill. John definitely remembers making this promise, but at this point isn't exactly able to fulfill it.

For help finding the dough, he turns to his dimwitted friend, Duff (Tom Green, "Road Trip"). The two men begin on a series of misadventures, each incident ending in some sort of predictable calamity.

As an actor, Jason Lee has proven his ability to carry a film. Whether it's playing a hilarious wise-ass in "Mallrats" or an egomaniacal lead singer in "Almost Famous," Lee is a genuinely likeable actor.

But his charisma is wasted in "Stealing Harvard." On the bright side, Tom Green tones down his trademark outrageous acting in this film, perhaps finally realizing that bizarre behavior doesn't automatically equate humor.

His character, Duff, unfortunately does not have much substance. In



COURTESY PHOTO

Dumwitted Duff (played by Tom Green), center, helps Harvard prospective John Plummer (Jason Lee) get money for the lvy League.

her portrayal of Elaine, Mann plays the same character she has played in many other films, including "Big Daddy" and "The Cable Guy" — the snotty love interest.

Perhaps the lone bright spot of the film is Dennis Farina who, as Elaine's father, makes the most of what could have easily been an inconsequential role.

The movie was helmed by "The Kids in the Hall" alumnus Bruce McCullouch. McCullouch's comedic timing and skill is obvious in some parts of the picture but, unfortunately, these are few and far between.

Sadly, sections of this movie feel like any other "Kids in the Hall" sketch except dragged out and too long. The cast is made up of talented individuals who never seem to connect in any real, meaningful

It is a tough sell for an audience to get involved in a picture when they cannot bring themselves to care for any of the characters. A movie is doomed when its base is a poorly constructed plot.

Sometimes, memorable supporting characters or great dialogue can save a film from itself. Too bad for viewers, "Stealing Harvard" has neither.



COURTESY PHOTO

## Ka Leo O Hawai'i

The Voice of Hawai'i

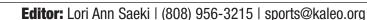
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Jennifer Carey concentrates to set the ball for a teammate during practice.

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# Karate kicks into university Leisure Center

## Karate and Self Defense Club bear their colored belts with pride

By Lori Ann Saeki

Ka Leo Sports Editor

Belts may not be as in vogue as they were in the '80s, but one group on campus can't get enough of them

Members of the Karate and Self Defense Club, led by the club's president Wayne Jones, show their progress through the class with different color belts

Jones, who also teaches karate classes for the Leisure Center, said as students progress, they can take rank exams and move up the levels and different color belts.

According to Jones, himself a third degree black belt, these rankings would likely be recognized by almost anyone in the world who teaches shotokan karate.

But other than Jones, the highest current rank in the club is a purple belt. "There's a lot of people just coming through Hawai'i," said Jones. "They're only here for a couple of semesters or so."

Although the club is open to all students, it currently consists primarily of current and former members of the Leisure Center classes.

"That's the best recruiting, 'cause I don't have time to put up posters," said Jones.

The club currently only has about six members. But in the past, it has boasted members from as far away as Hong Kong, Germany and Venezuela.

"Hawai'i is kind of unique in that there's a lot of martial arts," said Jones. "But ... it's more popular in other countries than the U.S.."

Jones teaches shotokan karate, the largest and most popular Japanese style of karate. In any one class, Jones will teach kihon (basic stances and techniques), kata (preset forms) and kumite (sparring). He also focuses on training self-defense

The class teaches "more practical techniques that you don't need to train years to do," said Jones.

Jones started the club as a registered independent organization in 1998, when he came to the University of Hawai'i at Manoa to pursue a doctorate in International Management. He had gotten his start in karate in the early '80s, while an undergrad at the University of Wisconsin at Madison.

"I had a lot of friends in different martial arts," said Jones. "I carefully looked at different ones around my city ... I picked up one that was standardized so if I moved away I could pick it up again."

When Jones moved to Hawai'i, he not only was able to continue at his previous level, he could also teach through the club and later through the Leisure Center classes.

"Once you reach a certain level, it's better to teach and train along with the students than just be a student somewhere," said Jones.

Although the lineup has completely changed from when he started the club in 1998, Jones says that some of his students have told him that they picked up where they left off with him in whatever distant location they may have returned to.

And in Hawai'i, even new students often come with some training in one of the disciplines.

"But of course, no experience is necessary."

Editor's note: This is the fourth in a series of profiles of sports-themed

#### **SportsBriefs**

#### Court rules Illinois chancellor's e-mail limited free speech

**By Leslie Hague** 

Daily Illini (U. Illinois)

(U-WIRE) CHAMPAIGN, Ill.

— More than a year after former
University of Illinois Chancellor
Michael Aiken sent an e-mail
forbidding contact with potential
athletic recruits without the consent
of the Division of Intercollegiate
Athletics, a judge is ordering him to
pay \$5,000 for it.

Federal District Judge Michael Mihm awarded four University professors and one University student \$1,000 each in damages for

the limitation of their free speech in a Peoria, Ill. court in July. The Illinois chapter of the American Civil Liberties Union represented the plaintiffs.

Aiken sent the mass e-mail in March 2001, requiring students and faculty who wanted to contact potential athletic recruits to first get permission from the Division of Intercollegiate Athletics, per NCAA rules.

This was based on several anti-Chief Illiniwek protesters' plans to contact prospective athletes and discourage them from attending the university based on the Chief. A group of anti-Chief activists filed suit, and Mihm issued a temporary restraining order on the e-mail several weeks later. Aiken retracted the e-mail in June 2001, but the ACLU persisted in its lawsuit.