VOLUME 102 ISSUE 60

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THE VOICE

KALEO

Serving the students of the University of Hawai'i at Mānoa since 1922

Warriors Basketball

Warriors seek to buck the Broncos in Idaho

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WEDNESDAY
JAN. 23, 2008

Women's Center lends support

By Rachel Cabamongan
Ka Leo Staff Reporter

Two deaths in two weeks has left the local community horrified and searching for ways to help victims of domestic abuse and find solutions to decrease domestic violence crimes. The Women's Center, located in the Queen Lili'uokalani Student Services Center, offers professional counseling and other services to all students.

"When students meet with us, it's all about providing options and letting them know what those options are," said Christine Quemuel, director of the Women's Center.

"The main thing is that students realize that they are not alone and there are lots of trained staff and resources here on campus that can help them," she said.

On Jan. 9, Jenny Hartsock was stabbed to death in her Kalihi home. Neighbors responded to a call for help and found Hartsock in the hallway fronting her apartment, lying in a pool of blood with a knife protruding from her chest. Police arrested her husband, Roy William Hartsock, in suspicion of second-degree murder.

On Jan. 16, Janel Tupuola was clubbed to death on Maluniu Avenue in Kailua. Alapeti Siuanu Tunoa Jr., Tupuola's estranged boyfriend, was arrested and booked for second-degree murder. According to eyewitnesses, Tunoa used the handle of a shotgun in an ax-like manner to beat Tupuola as she screamed for help and attempted to run away.

The deaths of the two women are a grim reminder of the dangerous consequences of domestic abuse.

"It is very sad and it hit close to home for me because my mom was abused. She wasn't killed by the abuse but she was abused as a wife," said sophomore Shamara Brown.

A student survey taken in 2003 by the Program Against Violence to Women revealed that 11 percent of undergraduate women at UH Mānoa experienced partner violence, 10 percent experienced stalking, and nine percent experienced sexual assault. Thus, the survey found that about 1 in 10 women experienced partner violence, stalking or sex assault. About two percent were raped. (Full survey results can be found at the Women's Center.)

Junior Donald Foster believes that being in an abusive relationship is a matter of self-control and personal choice. "For the people who are involved, you could really stop if you wanted to," he said.

However, Jill Nunokawa, a civil rights counselor at the UH Mānoa Advocacy Office, explains what makes leaving

See Women, page 2

Honoring Baby Cyrus

By Blane Benevedes and Casey Chin
Ka Leo News Editors

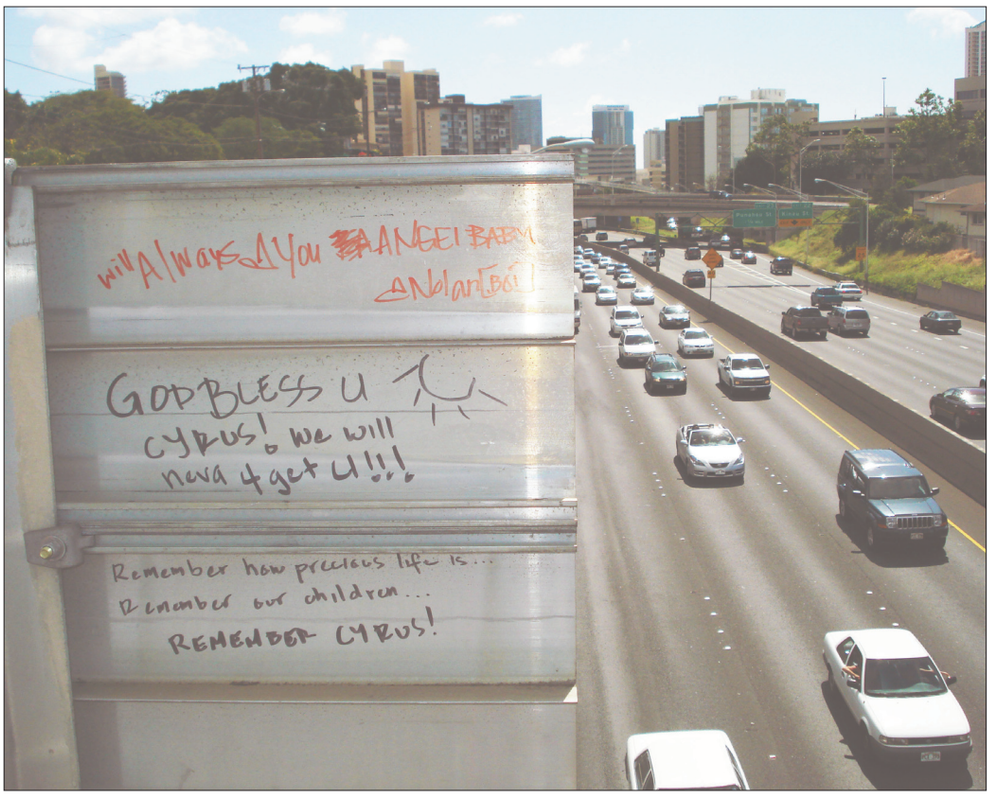
If you picked up a local newspaper this weekend, you probably know that Matthew Higa, 23, of Punchbowl, was charged with murder in the second-degree for the death of 23-month-old Cyrus Belt.

You also may know that according to eyewitness accounts, Higa threw the toddler 24 feet from the Miller Street pedestrian overpass and onto the H-1 Freeway around 11:40 a.m. Thursday. And you probably know that eyewitnesses have said that after he was thrown from the bridge, Cyrus was hit by two cars while Higa lit a cigarette and walked away.

This story, however, is not a recap of the events that occurred before, during or after the horrific tragedy. It is not about the legal proceedings surrounding the incident. And it is not about the evil actions of an individual. Rather, it is the story of an entire community pulling together to honor a child many have come to know as "baby Cyrus".

Dana Davidson, a professor

See Cyrus, page 2



BLANE BENEVEDES • KA LEO O HAWAI'I

Visitors to the crime scene of Cyrus Belt wrote their support for the toddler, who was killed Thursday after being thrown off the Miller Street pedestrian overpass.

PLEASE RECYCLE MAHALO

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WEDNESDAY SURF OUTLOOK

HONOLULU TIDES
HI 4:50 A.M. | 5:01 P.M.
LO 11:54 A.M. | 10:20 P.M.

HALEIWA TIDES
HI 3:48 A.M. | 3:59 P.M.
LO 9:49 A.M. | 8:15 P.M.

NORTH 2-4
SOUTH 1-3+
WEST 1-3+
EAST 2-4
WINDS 10-25 mph E- NE

Wave heights reported Hawaiian style, about half face heights.

The new northwest swell is expected to roll in overnight and diminish through Friday into moderate swells.

SOURCE: NATIONAL WEATHER SERVICE

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Ka Leo e-mail edition

Women

From page 1

such a relationship difficult.

"What goes on in domestic violence is not limited to physical abuse, but it's the totality of the psychological and emotional ripping of the soul and the theft of the spirit," Nunokawa said.

Nunokawa once worked as a public defender for individuals charged with domestic violence. "Most of the individuals that I worked with were law abiding citizens, but when it came to that one person, it was an obsession that they had to control," she said.

If an argument escalates to violence on campus, Quemuel advises to call campus security and avoid personal involvement by attempting to stop the argument.

"If I saw a girl getting hit, I would more than likely try to intervene somehow, maybe not to stop it, but to push him somehow. If not, I would immediately call the police," Foster said.

Nunokawa advises if family members or friends are suffering from abuse, endless support is vital for their success in leaving the relationship. "Our goal in the community is not to judge them but to help them work through the process of becoming self-empowered," she said.

Nunokawa said everyone is affected by domestic violence and that it needs to be seen as the social crisis it really is. "We all have a moral and sacred obligation to get involved and end it," she said.

WARNING SIGNS OF DOMESTIC ABUSE:

- Death threatening
- Constant criticizing or belittling behavior
- Constant accusations of cheating
- Possessiveness and jealousy
- Forces isolation from family and friends
- Displays extreme anger when things are not done properly

ADDITIONAL IMPORTANT NUMBERS:

Campus Security: 956-6911
Women's Center: 956-8059
Gender Equity Counselor: 956-7077
Civil Rights Counselor: 956-4431
Women's Health Clinic: 956-6221
Sex Abuse Center (24hr line): 524-7273
Suicide/Crisis (24hr line): 832-3100

BLANE BENEVEDES • Ka Leo O Hawai'i

Robyn Schmidt, a student assistant, sits behind the desk at the Women's Center.

Cyrus

From page 2

family resources at University of Hawai'i at Mānoa, said, "We can pay tribute to a life that was lived, and it was a full life no matter what the life span. He was alive and he made a difference. We're going to learn from him."

Davidson, who has struggled to educate people about the danger of crystal meth to families for the past three years, said toddlers like Cyrus are in an age group that receives little attention from beneficial programs. She said they only receive attention from police and the Department of Human Services when it's really bad or far too late, like in Cyrus' case.

"He probably would have been helped more if he had been in a program that could have worked with him and his family. And there is a shortage of those programs," Davidson said.

"We lift young Cyrus Belt up to you, Lord, and we ask that you hold him and comfort him in your arms in Heaven for eternity," reads a written prayer left at the Miller overpass where Belt was thrown to his death.

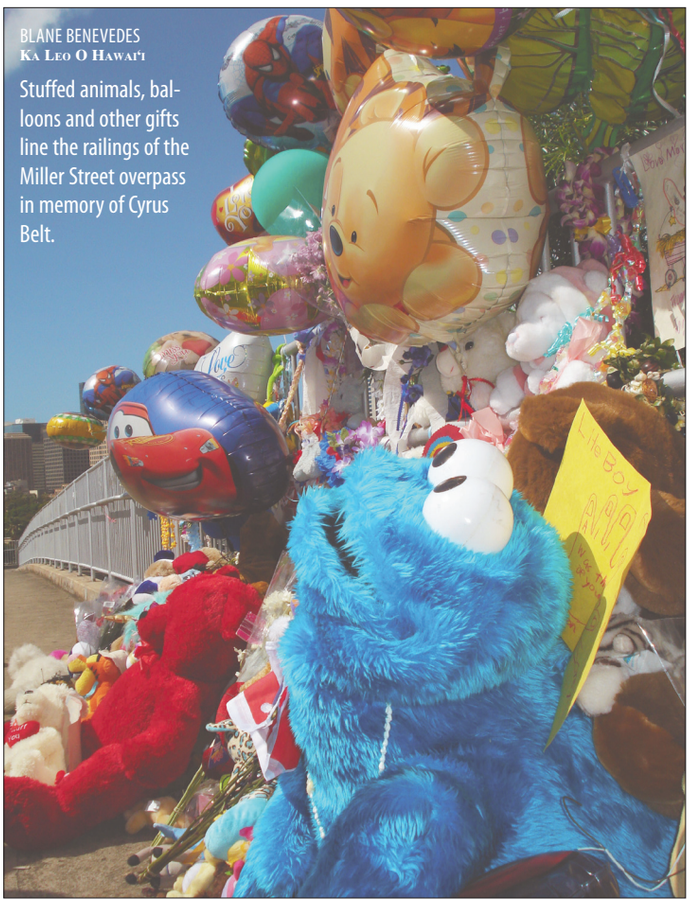
Large banners, over a hundred lei and flower bouquets cover the bridge's entrance wall. A jungle of stuffed animals, toy cars, treats and loving letters crowd both sides of the 30-foot stretch deemed safe by Honolulu city officials. The original display was pushed back toward the bridge's entrance because of the danger of memorial items falling onto the freeway below.

"Heaven was missing an angel," another letter reads as a flock of balloons shift in the wind above, tied tightly together on both railings. While there are many Christian messages and images decorating the site, people of all faiths and walks of life continue to visit the memorial. Many of them force themselves to hold back tears while holding one another. However, the tears – like those paying their respects – kept coming frequently.

A young girl collapsed onto the overpass's railing and cried through its bars, inconsolable to her nearby friends. She sobbed for nearly 10 minutes, as drivers honked their car horns sporadically below in tribute to baby Cyrus.

A mother welled up as she held her children while setting down a gift. And another family just stood there, looking outward at the traffic flow of the H-1 West.

Although the gifts placed at the site were as diverse as those who brought them and many different emotions are continually experienced at the site, most visitors seemed to have shared a theme, underlined in one letter: "We'll never forget you, baby Cyrus."



BLANE BENEVEDES
Ka Leo O Hawai'i

Stuffed animals, balloons and other gifts line the railings of the Miller Street overpass in memory of Cyrus Belt.

BizarreBeat

Ka Leo News Desk

LEDGER

- Heath Ledger, the Australian actor best known for his role in the Oscar-winning film "Brokeback Mountain," was found dead in his New York apartment Tuesday afternoon. His body was discovered by a massage therapist and a housekeeper at around 3:30 p.m. and the two attempted to revive him to no avail. An NYPD spokesperson said that there appeared to be no signs of a suicide attempt. He was 28 years old.

- A man in Kerry County (San Antonio, Texas) is running for county treasurer. His platform: Elect him, and he won't serve. Ed Hamilton, 77, is challenging the incumbent because he feels that the position is inefficient and a waste of taxpayer dollars.

- A police officer in Maine agreed to escort a car that was transporting a pregnant woman to the hospital. It turns out, however, that the car was actually stolen and the woman wasn't pregnant. The driver, Richard Saunders, 23, of New Hampshire, has been charged with receiving stolen property.

- Three men, suspected of bank robbery in Costa Mesa, Calif., threw at least three wads of cash out of their getaway car at speeds of up to 100 mph during a high-speed chase that spanned two counties in Southern California. No report has been made as to whether the money was recovered by authorities.

- A pair of Australian thieves were sentenced on Tuesday for their connection in a restaurant robbery that took place last April Fool's. When apprehended, the men were confused to find out that the bag they were hauling was not full of money, but of bread rolls instead.

- Police in Maine have seized $1,000 in lottery winnings from a man who they say purchased the winning ticket from money he earned while selling drugs at a nearby motel.

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Activists discuss genetically modified food products

By Steven Tonthat
Ka Leo Senior Staff Reporter

A discussion was held at the Hawaiian Studies building at the University of Hawai'i to promote the awareness of genetically modified foods, or GMs.

Activists at the meeting felt that the weaknesses of GMs drastically outweigh the benefits.

Among the presentors was well known native-rights activist Winona LaDuke, the two-time Vice Presidential candidate of the Green Party. Other speakers were Louie Hena of the Traditional Native American Farmers Association, Paula Garcia of the New Mexico Acequia Association, and Andrea Hanks, coordinator of the Wild Rice Campaign.

The topic was GMs, the effect they have on crops, and the people who make and buy them.

According to LaDuke, the term "genetically modified" refers to a scientific procedure in which genes are extracted from one organism and injected into another to bring about a certain trait. Some of the crops being genetically modified are wild rice, corn, and taro.

"(Scientists) can take the DNA of wild rice and stick it into something else," LaDuke said, "and that we found to be quite alarming."

Some of the benefits of GMs are that they are cheap and can grow larger than conventional crops.

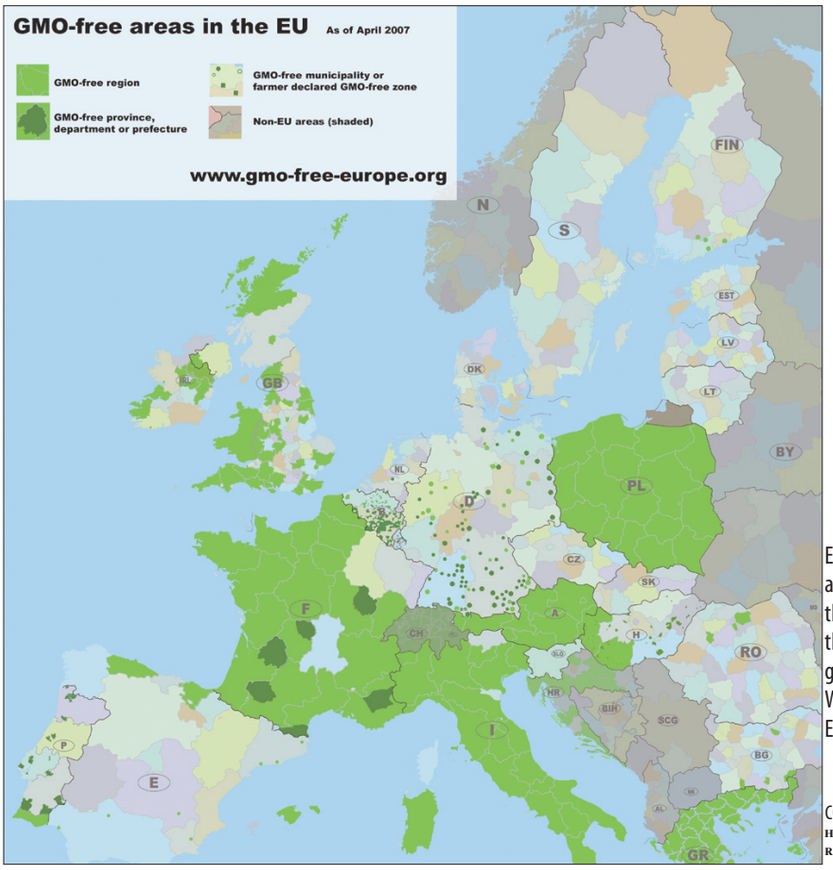
One of the major concerns addressed was contamination of other products.

"Once (scientists) have genetically engineered something, they've let the genie out of the bottle," she said. "There is no reversing of the contamination and there is no controlling the contamination."

LaDuke believes that the earth is sacred and should be treated as such. She and the other activists are very oppossed to big corporations using GMs to subsidize their crops.

Many activists have taken different measures to combat the use of GMs. These include signing petitions and lobbying the legislature. Their main goal is to urge people to become aware of the issue and to take charge.

"What's more important?" asked Hena. "The corporation that has five people on the board… or this committee of 30,000 elected officials?"



Europe is the biggest anti-GMO advocate in the world as seen by the near universal illegality of GMO in both Western and Eastern European countries.

COURTESY PHOTO
HTTP://WWW.GMO-FREE-REGIONS.ORG

COURTESY PHOTO • NATIVEHARVEST.COM

nativeharvest.com is an organization for GMO-free food and Indian rights, founded in part by Winona LaDuke.

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I've had it with men

By Kris DeRego
Ka Leo Commentary Editor

Guys, listen up. We need to start treating women with more respect. Don't worry, I'm not excluding myself from this group.

Last week, while catching a quick bus ride to Ala Moana between classes, I had the unfortunate experience of witnessing hypermasculinity in action. As I was relaxing into my seat, a clearly agitated young man boarded the bus and plopped down in front of me. I use the word "plopped" not just as an onomatopoeia in this case, but also as an apt description of the man's cognitive state. To use a phrase that I'm sure he would understand, it's like killing two birds with one stone.

The man's emotional ignorance wasn't readily apparent from the beginning (though many women could make a strong argument to the contrary). Instead, it arrived several minutes later, when an absolutely gorgeous young woman sat down beside Walks-With-A-Grudge and tried caressing his troubles away.

Well, Falstaff certainly wasn't going to have any of that. In fact, the more our feminine hero (or Feminero, if you will) tried to console him, the more disgruntled he became. Undeterred, Feminero stepped up her affection, taking the bold step of - wait for it – putting her arm around the man, who made every passenger acutely aware of his amorous intentions by throwing off his girlfriend's arm and declaring, "I'm your boyfriend, not an immature little baby!"

No, not immature. Maybe a different word, perhaps.

Needless to say, Feminero was surprised at the outburst and tried to move away as quickly as possible. Unfortunately, Darth Hater couldn't allow his pride to be bruised in front of a bus full of people, so he violently grabbed his girlfriend's wrist and pulled her back into her seat. More frightened than angry, the girl sat, wrist in fist, listening intently to one of the most insulting harangues I've ever heard in my life. Though I attempted to tune out most of the diatribe, I did overhear the "Don't embarrass me"s, "Why are you acting like this" questions and even the occasional "You're being such a b****."

When the Beast finally finished his emotional honor killing and relinquished Beauty's wrist, she dashed to an empty seat near the front of the bus, buried her face in her hands and cried her heart out. Every now and then, after dabbing her eyes, she'd shoot her boyfriend a heartbroken glance, as if to ask "How could you do this to me?" and "What did I do wrong?" at the same time.

If you're reading this, Feminero, the answer is "nothing." You did nothing wrong. And you can keep the handkerchief.

Men, when did we become a bunch of brutes? When did it become cool to mistreat the women we work so hard to impress? When did we replace buying cards and flowers with making demeaning comments? Don't give me the it's-how-men-are-raised excuse either, guys. It's about time we expelled those insecurities from our gender's collective subconscious.

I'm not saying that we're all as bad as the failed genetic experiment described above. That breed of jerk, homo insensitivus, is a particularly invasive species and needs to be avoided at all costs. He presents a real threat, however, as his numbers within the general population seem to be growing exponentially. Don't believe me? Just ask the girl that sits next to you in class. The one whose shoes you compliment every week. You do compliment her shoes, right?

We're only men, after all. We're naturally flawed. It's in our DNA. We're not as suave as we think, as strong as we let on, or as independent as we'd like to be. Also, we're almost never as good in bed as we tell each other. C'mon, admit it; you learned everything you know from one of your ex-girlfriends. You know, the one who did all the work?

We're needy, we're clingy and we're certainly not easy to please. Half of the time we don't even know what we want. All we know is that we want something, and we expect someone else to provide whatever that something is, on demand. Like TiVo.

But there's nothing wrong with showing a little sensitivity once in a while. There's no shame in going out of your way to make a girl smile, or calling to talk simply because you enjoy the sound of her voice. Despite what some so-called "progressive sex workers" might say, most women don't want to be routinely objectified or treated like prostitutes. They'd much rather be treated like, dare I say it, real human beings.

So, my fellow fellas, next time you're think of smacking a girl's ass, remember that spooning can be just as fun as spanking. Remember that cuddling can be just as satisfying as getting crunked. And please, for the sake of mankind, keep your hands and your libido in your pants, where they belong. Unless she specifically asks you to do otherwise, that is.

COURTESY PHOTO • ASSOCIATED PRESS

Even tough guys can be romantic once in a while, as shown by Boise State running back Ian Johnson after the 2007 Fiesta Bowl.

LettertotheEditor

Sailing team champions should be honored too

I would like to begin by saying that, as an alumnus of the University of Hawai'i at Mānoa Athletics Department, I am extremely proud of all the work our current athletes have put into this past season and I believe that all of the fall championship teams are well deserving of the honors they received. These young individuals bring great honor to both the university and the state of Hawai'i.

Unfortunately, I was discouraged to discover that the UHM sailing team was not included in the Parade of Champions or the ceremony at the Legislature, which honored the university's fall champions from this past season. By winning the Fall 2007 Men's Singlehanded Championship and the Fall 2007 Sloop Pacific Coast Championship, the UHM sailing team worked hard to claim the titles to two different Pacific Coast Championship Conference events.

The UHM sailing team competes against teams in PCCSA, which include powerhouses such as Stanford, USC, UCLA, UCI, UC Berkeley, and UC Santa Barbara, to name a few. After winning both Pacific Coast championships, senior Mark Spector went on to represent the university on a national level at the Men's Singlehanded Championship, where he placed 10th. Mark Spector, along with junior Ryan Wild and freshmen skipper Samuel "Shark" Kahn, went on to take another first place finish in the Pacific Coast Sloop Championship for the first time since 1997, earning yet another title for the university and going on to compete in the National Collegiate Regatta.

So, while I am extremely proud of UHM's championship football, volleyball and soccer teams, I am also proud of the champion sailing team. In the future I hope that all UH sports teams, even the "little" ones, are accorded the honor they deserve, an honor they have earned by being champions.

Cassandra S. Harris
Member of the 2004 UHM National Championship Sailing Team

LetterstotheEditor
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Ka Leo O Hawai'i welcomes letters to the editor on any subject. Letters are given priority on the basis of importance to the University of Hawai'i at Mānoa system and its surrounding communities.

All letters must be accompanied by the author's true name, e-mail address, daytime telephone number and affiliation with Mānoa. Authors are subject to being contacted by the Ka Leo staff. Letters should address a single subject and should be no longer than 500 words. Letters of any length are subject to trimming and editing.

All letters and articles submitted to Ka Leo O Hawai'i may be published or distributed in print, online and other forms.

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The Wii's first bloody good game

By Taylor Hall
Ka Leo Features Editor

"No More Heroes" is a game that relies on its style and the acceptance of its format to deliver an action game experience that effortlessly reaches the lonely plateau of must-have third party Wii titles.

Travis Touchdown buys a "light-sabre" off the Internet and decides to become the No. 1 killer in the world. Throughout the game, the intricacies of the story open up as Travis' ambition reveal to be something else entirely.

The visuals and gameplay of NMH reaches to the early video game roots to excel in its vision of the future. Everything is a mish-mash of stereotypes and cliches to invent something heartfelt and new. The world is a beach resort town that proudly wears Southern insignia and stereotypes, while at the same time being filled with irony-free otaku (Japanese fans). The cell-shaded look is the only sign of modern game design. The health bar, the start screen, the menu, the sound effects when you click on something and especially the list of killers are all rendered in early '80's nostalgic pixel designs.

Protagonist Travis Touchdown is an effete metrosexual who loves the ladies, his cat Pierre, has a giant Gundum in his living room and was trained in the ancient art of Mexican wrestling. He is a new form of hero who retains the take-no-crap, save-the-damsel personality cliches that were all the rage in the '80s action movie boom.

The action in NMH retains the feel of an arcade "beat-em-up"-like "Final Fight," while existing in a 3-D environment. You'll be mashing "A" for hours on end but the action never feels repeatable, thanks to the smart Wii-mote design. Slash your final slash with the IR, body-slam foes and giggle in delight the first time you get a call on your "phone" and have to hold the remote to your ear. The funniest use of the remote is shaking it like a soda bottle to charge your saber as onscreen Travis mimicks what every 13-year-old is thinking.

If NMH has any faults, it's the tricky camera. With nothing but a reset button for camera positioning, tight hallways become a nightmare of navigation. It must be stressed that this is nothing but a little dust on an otherwise unique must-play title.

Crotch-guns, singing and baseball-loving bandeleroes, giant razors and bathroom jokes every five minutes, NMH is a strange but intelligent delight that only belongs to Wii owners. Though the game tanked in Japan, NMH is more of an American game anyway. It's hard-hitting, dirty and isn't afraid to be itself.

On killer no. 9's level: Look at the subway menu and you'll see a Japanese-appropriated favorite, "RocoMoco."

FYI: The US version is the only version with blood. In all other versions, enemies explode into a cloud of dust.

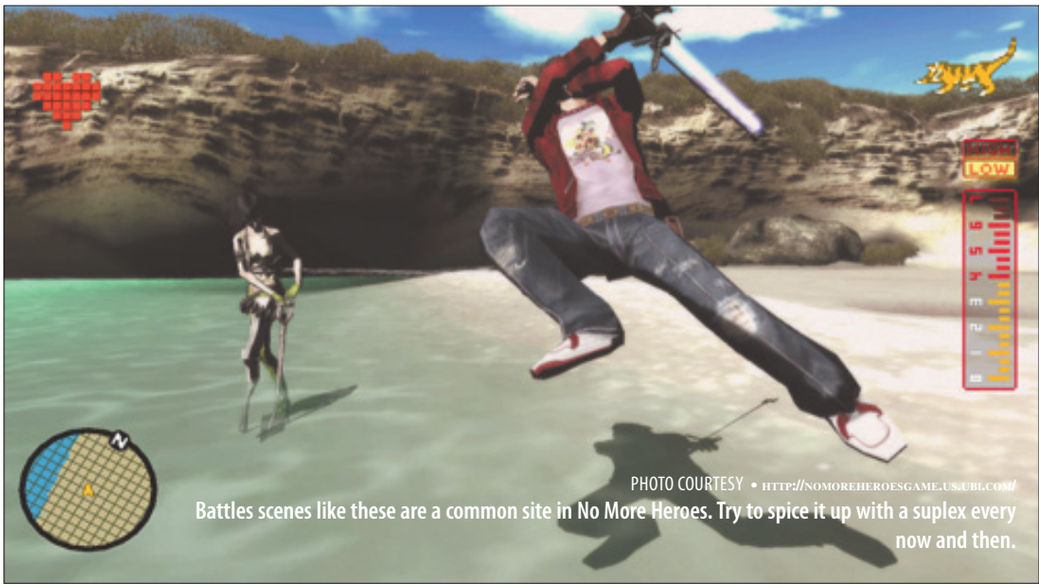

PHOTO COURTESY • HTTP://NOMOREHEROESGAME.US.UBI.COM/
Battles scenes like these are a common site in No More Heroes. Try to spice it up with a suplex every now and then.

It may not look it, but Travis Touchdown's bike, the "Schpel Tiger," is the biggest vehicle in Santa Destroy, covering almost two lanes of traffic area.

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JET participants mingle with Japan's economy and lifestyle

COURTESY PHOTO • KA LEO O HAWAI'I

If you join the JET program these could be some of your prospective students.

By David Pham
Ka Leo Staff Reporter

So you just got your Bachelor's in whatever field you thought would be controlling the rest of your life; yet you look back at your college years and feel as if there's something you should have pursued. Sure, you've been in a theater production, fundraised for a club, volunteered at some hospital – but what about visiting a foreign country?

The Japan Exchange and Teaching Program (JET) is a government-sponsored program to promote international exchange at the local level by fostering ties between Japanese youth and foreign youth. Anyone with a BA earned before July 8 can participate in the year-long JET program as an Assistant Language Teacher (ALT), Coordinator for International Relations (CIR) or a Sports Exchange Advisor (SEA).

ALTs go to public schools to teach English alongside a teacher and, eventually, share a piece of their own culture with the students. CIRs can follow a mayor around to ceremonies and public affairs; SEAs generally assist sports trainers.

On Oct. 8, JET and University of Hawai'i at Mānoa alumni came to Campus Center to talk about their experiences in the JET program.

"I really wanted to travel Japan and to be working in a fun environment as opposed to studying there," said JET Alumnus Lauren Kawana. "JET is an organized program and you'll feel safer (participating in it)."

Participants work 35 hours a week — Mondays through Fridays — and have a choice of where to be placed in Japan. There's no guarantee that participants will get their choice, especially for hard-to-get-areas like Tokyo or Kyoto. JET helps find homes, but in most cases, participants will be staying in the homes of their predecessors.

"My rent was about $500 — which was on the cheaper side, because I shared an apartment," said JET Alumnus Krystal Sakata.

The JET program is actually a job, but many people misunderstand it as a study abroad program. JET can help its participants get a job in Japan — especially jobs in education.

When asked what her favorite accomplishment in JET was, Jaimie Gusman said, "Being able to survive (the JET program and living in a foreign country), make international friends and to be able to act like an international ambassador."

The JET program started in 1987 and receives about 48,000 participants from 50 countries each year.

"(JET) gives them an opportunity to work and travel abroad and really broaden their verizons," said Lisa Sakamoto, JET Coordinator for Hawai'i. "It's a government-sponsored program, so it's safe.

JOB OPENINGS FOR JET

Assistant Language Teacher (ALT)

These participants are engaged in language instruction. ALTs are placed mainly in local boards of education or public junior and senior high schools. There may be a very limited number of cases in which the participants are placed in private junior and senior high schools through the prefectural offices or designated city offices.

Coordinator for International Relations (CIR)

These participants are engaged in internationalization activities. CIRs are placed in offices of local authorities or related organizations.

Sports Exchange Advisor (SEA)

SEAs promote international exchange activities through certain designated sports. They are generally placed in sporting facilities or boards of education from which they assist in sports training.

For information about the JET program and its application process visit: http://www.us.emb-japan.go.jp/JETProgram/homepage.html

Alex overseeing a writing assignment. "I'll never forget my double-take when a second year boy approached me on my way home one day and asked: 'Mr. Alex, what is your favorite 'Kaiser Chiefs' song?"

COURTESY PHOTO
KA LEO O HAWAI'I

'Bows hope for three straight in Boise

By David Nishimoto
Ka Leo Staff Reporter

After struggling for more than half the season, the University of Hawai'i men's basketball team (7-10, 3-2 Western Athletic Conference) will aim for their third consecutive win when they travel to Idaho to play the Boise State Broncos.

The Warriors claimed their first back-to-back win of the season last Saturday in a 75-62 victory over the Fresno State Bulldogs at the Stan Sheriff Center.

In front of a capacity crowd of about 5,500, the Bulldogs and the Rainbow Warriors were in a tight battle for the entire first period. The Warriors nailed the pull-away win over the Bulldogs after consecutive 3-pointers came from seniors Bobby Nash and Matt Gibson early in the second half. The series of points beyond the arc concealed Hawai'i with a double-digit lead for the rest of the game. UH finished the game hitting nine 3-pointers.

"All the 3-point shots were in the offense, we did everything within the framework of the offense and we started to get comfortable in our own gym," head coach Bob Nash said. "Tonight was one of those good nights. We had a system that we were going to run and see if our system was better. It wasn't just a one-on-one battle, we played as a team."

Nash and the 'Bows hope to continue tightening their system as they embark on their two-game road trip. The Broncos are currently third in the WAC behind Utah State and New Mexico State with a 4-2 WAC and 13-5 overall record. With the win over the Bulldogs, Hawai'i has jumped to fourth in the conference.

Boise State will be one of the strongest teams on Hawai'i's schedule; the Broncos had a marginal loss to 6th-ranked Washington State and have already beaten former No.21 BYU.

The last time Hawai'i played on Boise State territory, the Broncos came out on top 73-62. Coach Nash is not worried.

"I like our chances, we just have to get into our system and make it work," Nash said. "If we hit our shots and score as a team, not mostly with just one player, then it can turn out to be a good game."

The Rainbow Warriors' shooting game is a key weapon and they will continue to rely on it for their remaining games.

"We shot well, we have to shoot whenever we're in a slump," senior guard Jared Dillinger said after this weekend's game. "It worked out really, really well tonight."

After starting the season 4-8 against non-conference foes, the Warriors have won the last three out of their four games to WAC opponents.

Tip-off between the 'Bows and the Broncos is on Thursday, Jan. 24 at 9 p.m. ET. The Warriors will face Idaho on Jan. 26.

CAMERON KUCIC • KA LEO O HAWAI'I

Senior forward Alex Veit (50) puts up a shot, while Bulldog forward Hector Hernandez (21) attempts to block the it.

Sports Writers Wanted

Do you love sports and want to go behind the scenes and talk to University of Hawai'i players and coaches? Do you want to join in post-game press conferences, report on games and attend events on campus and statewide? This is the opportunity for you to explore the world of sports from a different perspective while gaining the experience that can help you in every field of study.

For more information, contact Glendalyn Junio or Ashley Nonaka at (808) 956-3215, or e-mail us at kaleosports@gmail.com.

BACK-TO-SCHOOL
art supply
SALE
Sale Good Between January 14 - January 26, 2008
Cash and carry only. Sale items limited to stock on hand. No backorders or rainchecks. Discounts not combinable with other offers.
25% OFF All Artist Watercolor, Acrylic & Oil Paints
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30% OFF Any Brand Paper Pads
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1923 South Beretania St. • Honolulu, HI 96826 • 808 - 973 - 7171 • http://www.hawaiiangraphics.com
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Hawai'i sweeps Rainbow Invite

Ka Leo Sports Desk

The University of Hawai'i coed and women's sailing teams both swept their respective regattas this weekend in the annual Rainbow Invite. Representing Hawai'i were two teams in each regatta, but it was the Rainbows Black team that took first place in the coed and women's regattas.

The 'Bows, ranked 16th in the latest Sailing World, placed the Black and White teams in the coed regatta. In the A division, junior Mike Scott and sophomore Jaclyn McLoughlin led the Black team to victory with a 23-point finish.

In the B division, UH featured senior Andrew Meade and McLoughlin. The pair tallied a division high 21 points, giving Hawai'i a total of 44 point from both divisions as well as placing them well ahead of second place finisher USC with 72. The White team finished third in the coed regatta with an 89-point finish. Each division raced 12 times.

On the women's side, UH again recorded a first place finish out of six other teams with a 50-point total. Western Washington and UC Irvine both tied for second place with 66 points. The women's Black team featured senior Becky Mabardy and sophomore Darla Baldwin who placed third in the A division with 36 points.

UH's sailors in the B division were freshman Hannah Tuson-Turner, and juniors Danielle Hull and Whitney Hohl. The team recorded a 14-point finish, the best of the division, and propelled the 'Bows into first place. The White team finished seventh in the regatta with 157 points.

(Right) Pacific Coast Sailing Conference Dinghy Championship

(Below) The University of Hawai'i Rainbows compete in the Pacific Coast Sailing Conference Dinghy Championship last season.

FILE PHOTOS
KA LEO O HAWAI'I

FINAL STANDINGS COED
Pl., Team, A-B-Total
1. Hawai'i Black 23-21-44
2. USC 39-33-72
3. Hawai'i White 82-57-139
4. UC Santa Barbara 69-43-112
5. UCLA 51-63-114
6. UC Irvine 67-59-126
7. Cal State Channel Islands 88-87-175
8. Washington 83-97-180
9. Western Washington 79-101-180
10. Oregon State 121-120-241
11. Washington State 114-132-246
12. Oregon 143-139-282

FINAL STANDINGS WOMEN'S SAILING
1. Hawai'i Black 36-14-50
2. Western Washington 23-43-66
3. UC Irvine 31-35-66
4. UCLA 45-48-93
5. USC 46-51-97
6. Oregon 82-71-153
7. Hawai'i White 74-83-157

Funakoshi Shotokan Karate-Do
LEADERSHIP SELF-CONFIDENCE DISCIPLINE
FSKD
Certified Black Belt Instructors
Classes for Children & Adults
Locations in Manoa Valley & Pearl City
Website: www.fskd.8m.com
371-7670

read ka leo

GRAND OPENING SPECIAL!
Contemporary: Thai • Malaysian • Japanese • Chinese
ALL IN ONE MENU
Wild Ginger
ASIAN CUISINE
Get a free house dessert
with the purchase of any entree
valid with this coupon or student ID
expires 02/28/08
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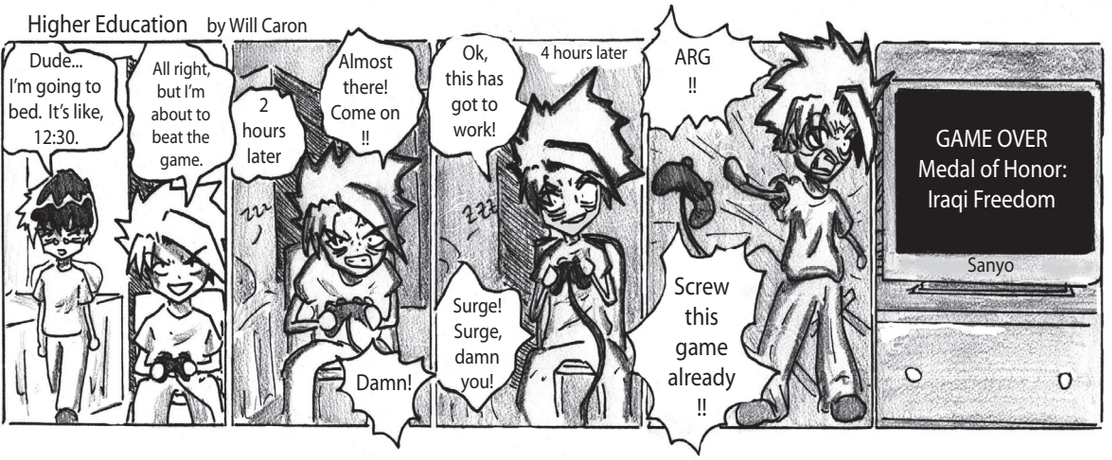
3441 Waialae Ave. (corner of 9th & Waialae Ave) • Ph: 738-1168
Lunch prices: $6.95 - $8.95
Includes rice and soup or salad
All no MSG • Vegan/vegetarian dishes available

Volunteer Opportunities

Hawaii Nature Center
Volunteers needed to help restore Pouhala Marsh by removing invasive species and establishing habitat areas for the endangered Hawaiian stilts. Pouhala Marsh service projects for 2008 will take place on Saturdays, 8:30-11:30am: February 2, March 8, April 12, May 10, and June 14. Please call Pauline Kawamata at 955-0100 ext. 18 or email volunteer@hawaiinaturecenter.org for more details.

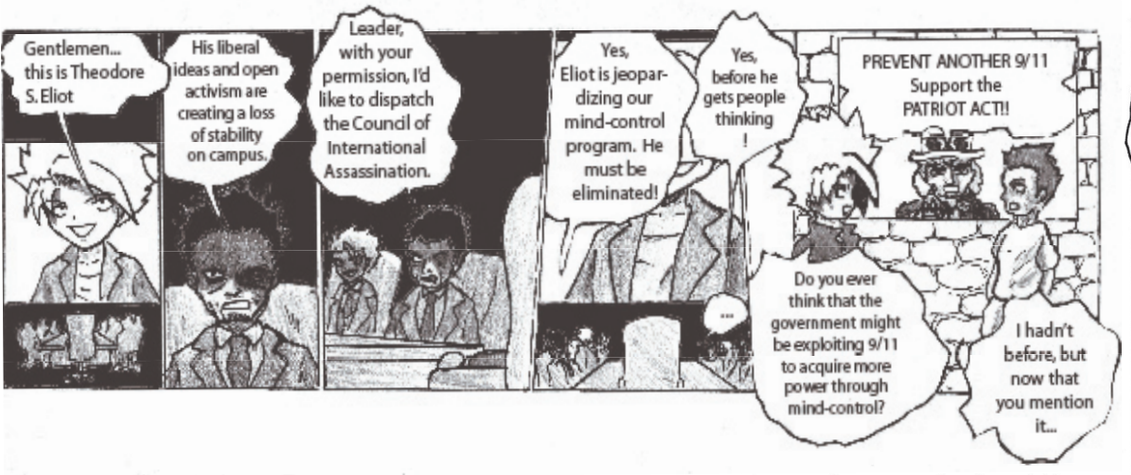
School & Community Education Program at the Hawaii Institute of Marine Biology (Coconut Island, Kaneohe)
Are you interested in the field of education? Ever wanted to work in an aquarium, science learning center or nature center? This is a unique volunteer opportunity for a student interested in learning about the operations of a small community education program based on Coconut Island in Kaneohe Bay. Contact Jennifer Barrett at 236-7415 or email himbcep@hawaii.edu for more information.

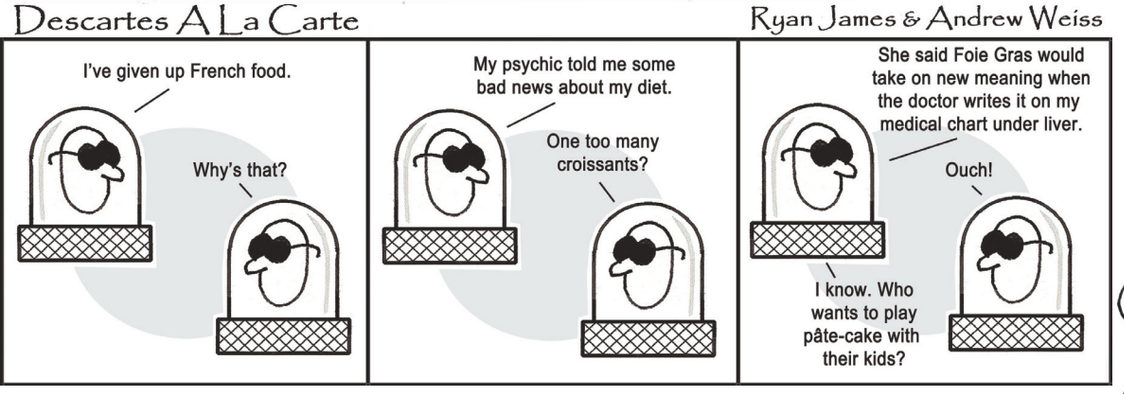
Service Learning Program | (808) 956-4641

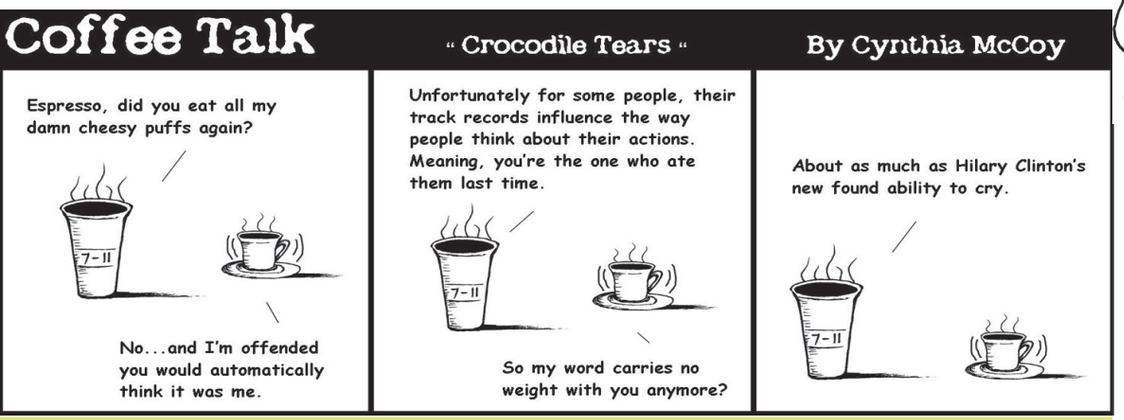


"Americans who travel abroad for the first time are often shocked to discover that, despite all the progress that has been made in the last 30 years, many foreign people still speak in foreign languages."

-Dave Barry



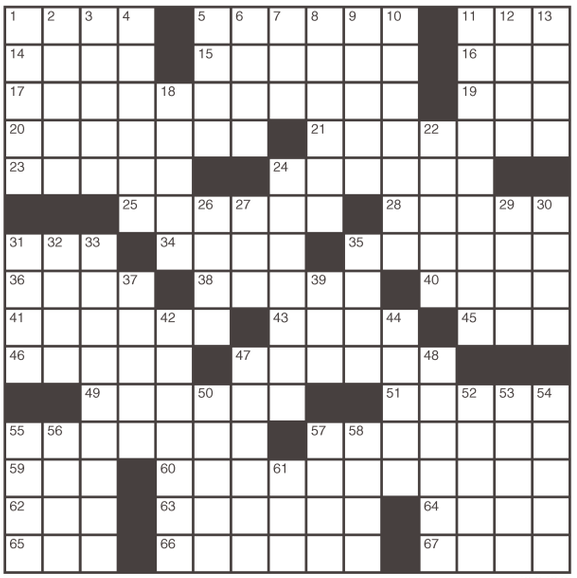




visit kalamakua.org

THE Daily Crossword

Edited by Wayne Robert Williams



By Annabel Michaels
Williamsburg, VA

1/23/08

Go to www.kaleo.org for puzzle solutions.

ACROSS

1 Junk e-mail
5 Loud, metallic sounds
11 Video-game shot
14 Powder ingredient
15 Vacation spot
16 12/24 or 12/31
17 With 11D, today's numbers
19 Balderdash!
20 Proof of purchase
21 Pastures
23 City on the Ruhr
24 Golfer's porter
25 Upgrade machinery
28 Madonna title role
31 __ Paulo, Brazil
34 Robert of "Jaws"
35 Proverbs
36 Sleeve end
38 Old anesthetic
40 Khomeini's predecessor
41 Enjoin solemnly
43 Blighted trees
45 Uno e due
46 Marlins' home
47 Where watches are worn
49 Spooned
51 Lasso
55 Woman's sitting room
57 Punched
59 A Gabor
60 With 33D, today
62 Serving of corn
63 Dyer
64 Different
65 Double over
66 Chronic respiratory disease
67 Land title

DOWN

1 Shop
2 Window pieces
3 Baldwin and Guinness
4 "A Doll's House" star Janet
5 Farm output
6 Riga resident
7 Fire residue
8 Common
9 Avarice
10 Was of benefit
11 See 17A
12 Declare as true
13 Favored ones
18 Port and hock
22 Opera stars
24 Cattle tender
26 Address for a Friend
27 Livestock tidbit
29 Salty droplet
30 U.S. tennis stadium
31 Con game
32 Autobahn auto
33 See 60A
35 Shirtsleeves
37 Got hot under the collar
39 Actor Wallach
42 Soft Italian cheese
44 Proud step
47 As if this __ enough...
48 Exhaled audibly
50 Fuzzy fruits
52 Light on one's feet
53 Succinct
54 Tacked on
55 Signal with a horn
56 Ellipsoid
57 Winding device
58 Vega's constellation
61 Ultimate degree

sudoku

© Puzzles by Pappocom

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 thru 9.

Puzzles will become progressively more difficult through the week.

Solutions, tips and computer program at **www.sudoku.com**

Go to www.kaleo.org for this puzzle's solution.

							2	3
	8		2	4			7	
	9	5						
		7	8	9			3	4
4	5			6	1	2		
						7	6	
	7			2	6		5	
1	4							

MEDIUM # 53

Classifieds

The Ka Leo Building
(to the right of the UH Bookstore lower entrance)
Monday-Friday 8a.m.-4:30 p.m.

Deadline: 4 p.m. two days before publication.
Payment: Pre-payment required. Cash, in-state checks, money orders, Visa and MasterCard accepted.
Rates: $5.00 per day (up to 3 lines); $1.25 for each additional line. All caps and/or bold will add 25% to the cost of the ad. Place an ad in four (4) consecutive issues and receive the fourth ad free!
In Person: Stop by the BOP Business Office.
Phone: 956-7043
E-Mail: classifieds@kaleo.org
Fax: 956-9962. Include ad text, classification, run dates and charge card information.
Mail: Send ad text, classification, run dates and payment to Board of Publications, Attn: Classifieds P.O. Box 11674, Honolulu, HI 96828-0674

LOST AND FOUND

FOUND:
Platinum wedding band on campus.
Call Atina 956-9257.

SPECIAL ANNOUNCEMENTS

Bartenders Wanted!
Up to $300/day. No exp necessary. Training provided. Age 18+ ok. 800-965-6520 x172

FOR RENT

Priv. room in house avail 1/22 near UH, Chamanade, buslines. Furn room incl: linens, A/C, TV, cable, internet. Also kitchen priv, own fridge, w/d, util incl, street park. $650. 737-5769 lv msg.

MANOA

One bedroom apartment for rent in private hillside home in Manoa. Spectacular Views. Near Bus line. Private entrance, full bath and shower, bed room and study and living room with library. TV, VCR-DVD, fully furnished, hardwood floors and carpets and monthly maid service. All utilities included except phone. Kitchen privileges shared with main home that include full kitchen, all appliances, microwave etc. WI-FI computer access included. No smokers or pets. References. Six month minimum. $1000.00 a month and one month deposit. Mr. Lane 988-3335 or 523-3794. E-Mail: stevewlane@aol.com
Ideal for Student or faculty. Single occupancy.

HELP WANTED

P/T: Typing & simple writing. Flex hrs. Near UH. Good working cond, will not hinder school work. $8.50/hr starting. Call 983-1327 day/night lv msg.

Pre-Audit Clerk temporary positions available: full and part time, located at UH Manoa (lower campus) to review and audit payment documents for completeness, accuracy, legality and propriety. $14.43/hr. Call Brenda at 956-8601.

P/T sales clerks needed for dance supply store. No exp nec. Walking distance from UH. University Square. Please call 941-7837 for appt.

HELP WANTED

Bubbies Homemade Ice Cream & Desserts is looking for dependable energetic ice cream lovers to work at our Varsity store! Pick-up applications at Bubbies on University and Coyne Street. Shifts start from 7 or 8 pm and end after midnight. Applicants must be available to work weekends. Call 949-8984 for more information.

Nordstrom is currently seeking creative and talented people to join our Specialty Coffee Division. We are hiring for the position of "Barista" in our Espresso Bars at the Ala Moana Shopping Center Location. We offer a professional and fun work environment, as well as a comprehensive benefits package including: 401 (k), Company-funded profit sharing plan, and Medical, Dental & Life Insurance, & merchandise discount.
Nordstrom is an EOE.
If you are interested apply online at: www.nordstrom.specialty.coffee@hotmail.com

10 participants needed for a virtual reality surgical skills study. No experience required. Use the latest in medical simulation. $20 per hour, for a total of approximately 2h ($40). Times: Tuesdays + Thursdays (9:30-11:30 am; 12-2pm; 2:30-4:30pm). Location: Kaka'ako Campus by CompUSA. E-mail dkcmok@hotmail.com if interested. For more information, please check the link. http://www.tri.jabsom.hawaii.edu/tri/study-haptics.php

THE WEDDING CAFE
Seeking enthusiastic individuals for cafe help during lunch-time rush. No experience necessary. Call 988-1005.

Seeking computer programmers for developing new facebook application. Ad revenue share. Contact Joel at: 612-306-0180.

UH Foundation needs data entry stud help. Maintain mail list, accurate comp typist, familiar w/Excel, other duties. Work yr-round incl semester breaks; winter breaks a must. $7.75/hr. UHM stud with 6+ credits; detail-oriented; 15-19 hrs/wk. Seeks good, dependable, long-term stud; 1st-year stud w/lmtd work exp welcome. Email Sharlene addressupdate@uhf.hawaii.edu to request interview & typing test; incl contact #.

HELP WANTED

Senior w/dementia, needs helper for hip surgery healing. $10/hr, nonsmk, HI Kai. Begin now. chotzenjenner@sbcglobal.net / 323-465-9877

IMMEDIATE OPENING!!!

STUDENT ASSISTANT/RESEARCH FACILITATOR - ID# 28028

Research Corporation of University of Hawaii
We are looking for (3) Student Assistants, Part-Time (15-20 hours per week in minimum of 2-3 hour increments preferred) positions with the University of Hawaii research projects, located at UH Manoa and other UH research facilities. This is a great opportunity for anyone interested in a career/working in the exciting field of scientific research management.

Minimum Hourly Pay Rate: $9.45

Duties: Provide routine administrative, clerical, and general office support (filling, photocopying, sorting/distribution of incoming/outgoing mail/correspondence, preparation/completion of standard forms and other related office support activities) to the Research Program Management Coordinators and RCUH and UH projects/programs. Assists in preparing, copying, filing, scanning, and/or delivering documents relating to procurement and hiring actions through UH and RCUH.

Requires: F/T Student at UH or UH Community Colleges, Sophomore or higher standing with minimum 3.0 GPA (Freshman may be considered) in a Business or Science major. 0-1 year of experience in an office environment. Understands general office administration procedures, filing, documents processing, and office equipment (personal computer, telephone, fax, scanner, photocopier, etc.) Competence in PC applications MS Word, MS Excel. Ability to demonstrate accuracy and organizational skills.

Go to www.rcuh.com for complete details & application requirements. **Inquiries: Sheri Nakashima 956-6965. Closing Date: 02/01/08.** EEO/AA Employer.

HELP WANTED

LOVE MUSIC?
DJs and Staff Wanted
For Mobile DJ & Special Events company
Free Training P/T & F/T Schedules
For more info call 781-8868 or 688-3848

Part-time Afterschool Care Assistant needed immediately for school in Niu Valley.
Fax resume to 373-2040.

Edible Arrangements Manoa - A "Sweet" Job Opportunity. Seeking energetic, polite team members to join our Ohana. Tasks include taking orders, dipping fruit & building arrangements. Flexible hours/shifts available. Call Bob 988-3784 for more.

Maddog Saloon now hiring cocktail wait help.
Apply in person after 10 pm.
No experience necessary, will train.

Student Assistants Needed!
Student assistant positions are for short-term & temporary with the Underage Alcohol Prevention projects. Short-term services are required immediately to complete surveys. This position will work under the direction of the Project Managers and will be responsible for assisting with preparation, fieldwork, data collection, and will perform other duties as assigned. Individuals must be 18-20 years old, possess a valid driver's license & their own means of transportation, and be able to pass post-offer criminal background check. Position involves time commitment during the evenings and weekends. Inquiries: May Rose Dela Cruz, 441-3485. Pay: $10.50/hr.

Field Research Project Assistants Needed!
Field Research Project Assistant positions are short-term and temporary with the Underage Alcohol Prevention projects. They are under the supervision of the Project Coordinators, participate in field activities on Oahu and Neighbor Islands, light clerical work, data collection, supervising student assistants, providing transportation, and attend court hearings. Must be over 21 years old, able to follow strict procedures, complete forms accurately, and other duties assigned. Positions require valid Hawaii driver's license and availability of car, flexible hours, be able to pass post-offer criminal background check, and mandatory Saturday and evening work. Inquiries: May Rose Dela Cruz, 441-3485. Pay: $12.50/hr.

HELP WANTED

Summer youth eco-internship. Paid. Statewide. Travel. Work outdoors. Member & leader positions avail. 808-735-1221 www.hawaiiycc.com

Student Assistant
The University of Hawaii Foundation is seeking an energetic student enrolled half-time or more within the UH system to assist in the Office of Development Operations. Located on UH Manoa campus. Primary duties include clerical & office tasks such as xeroxing, faxing, errands, filing, etc. Previous office experience a plus. 12-19 hrs/wk. Call Jannelle at 956-8103.

Allure Swimwear Waikiki. Sales assoc. P/T, day shift prefer, for brand new and existing swim boutiques. Great swimwear, good job/pay. Seek flexible, friendly, outgoing. Call 262-0803 to apply.

PBS Hawaii
Student Production Technician
Great opportunity for students interested in gaining hands-on experience while learning about all aspects of TV production. Learn how to operate cameras, teleprompter, audio equipment, and be a part of live studio productions. On the job training provided. No experience necessary. $7.75 to start. Call 973-1177 or email dfunai@pbshawaii.org

BUSINESS OPPORTUNITY

Think and Grow Rich
Success minded successful student looking for like minded $$$ motivated students to learn business and wealth principles. For immediate interview, call 382-6976.

Be your own boss!
Unlimited income potential! Get paid daily!
Call: Painted Sky Warrior at 688-6442.

CHILD CARE

Nannies Needed
P/T or on call, flexible hours, pays $12-20/hr. Bonus for Japanese or Mandarin-speaking. Apply online: alohanannies.com

Intramural Sports Calendar

Registration *Spring 2008*

ACTIVITY	BEGIN	END	MANAGERS MEETING	STARTING DATE
Indoor Soccer	Jan. 14	Jan. 23	Jan. 24 (4 p.m.)	Jan. 28
Golf League	Jan. 22	Jan. 30	Jan. 31 (4 p.m.)	Feb. 4
Badminton	Jan. 28	Feb. 8	None	Feb. 11
Modified Indoor Softball	Feb. 11	Feb. 20	Feb. 21 (4 p.m.)	Feb. 25

ACTIVITY	BEGIN	END	MANAGER'S MEETING	STARTING DATE
Tennis (Doubles)	March 3	March 12	None	March 13
Doubles Volleyball	March 10	March 19	March 20 (4 p.m.)	March 31
COED Basketball	March 10	March 19	March 20 (5 p.m.)	March 31

NOTE: Indoor Soccer Registration ends today.

Star markets

See What's New!

We've Changed for You!

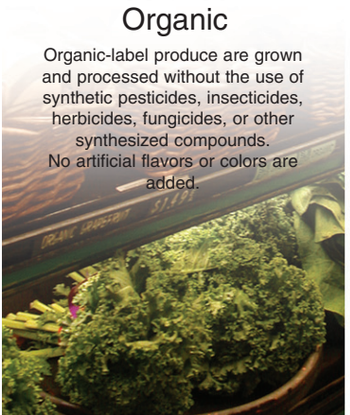
Healthy Living
Look for Special Health Tags on our Shelves and Choose Foods Suited to Your Lifestyle

Star Markets is conveniently located for UH Students at the corner of University, King and Beretania.

- One-Shop Convenience for Snacks and Drinks
- Ready-To-Go Hot Entrees & Salad Bar
- Fresh Seafood Straight from the Auction
- Fresh Produce • Frozen Dinners
- Organic Chicken & Natural Beef
- Bakery • Expanded Deli • Olive Bar
- Cheese from all over the World
- Nutrition & Wellness Center
- Foods of the World

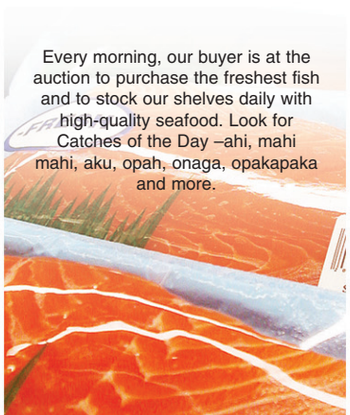
Certified Organic

Organic-label produce are grown and processed without the use of synthetic pesticides, insecticides, herbicides, fungicides, or other synthesized compounds. No artificial flavors or colors are added.



Seafood

Every morning, our buyer is at the auction to purchase the freshest fish and to stock our shelves daily with high-quality seafood. Look for Catches of the Day –ahi, mahi mahi, aku, opah, onaga, opakapaka and more.



Hot Ready-to-go Entrees

On the go? Find a wide selection of hot, balanced, ready-to-go meals. Convenient, tasty variety of popular standards and local favorites perfect for a family or just one.

Expanded Deli

More choices. Shaved meats, gourmet dishes, fried chicken, rotisserie chicken, salad bar, olive bar and more. Savor the great flavors of fresh-made Signature Sandwiches.

Nutrition and Wellness

A comprehensive Nutrition and Wellness Center with products to support your healthier lifestyle. Homeopathic remedies, organic health care, Asian herbs, tintures, dietary supplements, sports nutrition, aromatherapy, natural personal care items & more.

STAR MARKETS MOILIILI Open 24 Hours Ph. 564-7660 S. King St.

Leisure Center PROGRAMS SPRING 2008

2445 Campus Center Road
Hemenway Hall Room 101
Honolulu, HI 96822

(808)956-6468
www.hawaii.edu/cclp

Leisure Program Hours:
Monday-Friday 8:30am-6:30pm
Saturday 8:30am-12:00pm

AEROBICS
$40 UH student, faculty and staff | $45 community or guest. Rm: Hemenway Hall 208

Jan 29 – Feb 28	Tues/Thurs	5:30–6:30pm
Mar 11 – Apr 17*	Tues/Thurs	5:30–6:30pm

AFRO CARIBBEAN JAZZ DANCE
$36 UH student, faculty and staff | $40 community or guest. Rm: Hemenway Hall 208

Jan 26 – Feb 23	Sat	10:30–12:00pm
Apr 05 – May 03	Sat	10:30–12:00pm

ASTRONOMY
*$15 UH student, faculty and staff | $17 community or guest. *Please register at the Leisure Center prior to each event *Rain dates honored. Location: Kapiolani Park, soccer fields off Paki Avenue*

Feb 12	Tues	7:00–9:00pm
Feb 14	Thurs	7:00–9:00pm
Mar 13	Thurs	7:00–9:00pm
Apr 11	Fri	7:00–9:00pm

BASICS OF HOME BREWING
$45 UH student, faculty and staff | $50 community or guest. Rm: Hemenway Hall 101

Jan 25 – Feb 22	Fri	5:00–7:00pm
Apr 11 – May 09	Fri	5:00–7:00pm

BELLY DANCING
$45 UH student, faculty and staff | $50 community or guest. Rm: Hemenway Hall 201

Jan 28 – Mar 03*	Mon	6:30–8:00pm
Jan 30 – Feb 27	Wed	6:30–8:00pm
Mar 12 – Apr 16*	Wed	6:30–8:00pm

BELLY DANCING II
$45 UH student, faculty and staff | $50 community or guest. Rm: Hemenway Hall 201

Mar 10 – Apr 14*	Mon	6:30–8:00pm

BODYBOARDING
$15 UH student, faculty and staff | $20 community or guest. Location: Waimanalo

Feb 02	Sat	2:00–5:00pm
Feb 22	Fri	3:00–6:00pm
Mar 07	Fri	3:00–6:00pm
Mar 25	Tues	9:00–12:00pm
Apr 11	Fri	3:00–6:00pm

CAPOIERA
$50 UH student, faculty and staff | $55 community or guest. Rm: Hemenway Hall 201

Jan 28 – Mar 03*	Mon/Wed	3:30–5:30pm
Mar 10 – Apr 16*	Mon/Wed	3:30–5:30pm

CERAMICS
$65 UH student, faculty and staff | $95 community or guest. Rm: Hemenway Hall 101

Jan 28 – Mar 03 *	Mon	5:00–8:00pm
Mar 10 – Apr 21*	Mon	5:00–8:00pm
Jan 29 – Feb 26	Tues	5:00–8:00pm
Mar 11 – Apr 15 *	Tues	5:00–8:00pm
Jan 30 – Feb 27	Wed	5:00–8:00pm
Mar 12 – Apr 16*	Wed	5:00–8:00pm
Jan 31 – Feb 28	Thu	5:00–8:00pm
Mar 13 – Apr 17*	Thu	5:00–8:00pm
Feb 01 – Feb 29	Fri	5:00–8:00pm
Mar 14 – Apr 25*	Fri	5:00–8:00pm
Jan 26 –Feb 23	Sat	9:00–12:00pm
Apr 05 – May 03	Sat	9:00–12:00pm
Jan 27 – Feb 24	Sun	9:00–12:00pm
Apr 06 – May 04	Sun	9:00–12:00pm

FIRST AID / CPR
$40 UH student, faculty and staff | $45 community or guest. Rm: TBA

Feb 04 – Feb 05	Mon/Tues	6:00–10:00pm
Mar 03 – Mar 04	Mon/Tues	6:00–10:00pm
Mar 05 – Mar 06	Wed/Thurs	6:00–10:00pm
Apr 07 – Apr 08	Mon/Tues	6:00–10:00pm

GUITAR, BEGINNING
$60 UH student, faculty and staff | $65 community or guest. Rm: Hemenway Hall 204

Jan 30 – Feb 27	Wed	5:00–6:00pm

GUITAR II
$60 UH student, faculty and staff | $65 community or guest. Rm: Hemenway Hall 204

Mar 12 – Apr 16*	Wed	5:00–6:00pm

GUITAR, HAWAIIAN SLACK KEY
$30 UH student, faculty and staff | $35 community or guest. Rm: Hemenway Hall 215

Feb 05 – Feb 19	Tues	4:00–5:00pm
Mar 04 – Mar 18	Tues	4:00–5:00pm
Feb 06 – Feb 20	Wed	4:00–5:00pm
Mar 05 – Mar 19	Wed	4:00–5:00pm
Feb 01 – Feb 15	Fri	4:00–5:00pm
Feb 29 – Mar 14	Fri	4:00–5:00pm
Jan 26 – Feb 23	Sat	1:00–2:00pm
Apr 05 – May 03	Sat	1:00–2:00pm

HAPKIDO
$50 UH student, faculty and staff | $60 community or guest. Rm: Hemenway Hall 208

Jan 26 – Feb 23	Sat	1:30–3:30pm
Apr 05 – May 03	Sat	1:30–3:30pm

HAWAIIAN JUJITSU
$25 UH student, faculty and staff | $30 community or guest. Rm: Hemenway Hall 208

Jan 29 – Feb 28	Tues/Thurs	7:00–8:30pm
Mar 11 – Apr 17*	Tues/Thurs	7:00–8:30pm

HIKING
$5 UH student, faculty and staff | $10 community or guest

Jan 27	Sun	8:30–12:30pm	Makapu'u TidePools
Feb 09	Sat	1:00–6:00pm	Kaena Point
Feb 18	Mon	12:30–6:30pm	Waahila Ridge
Feb 23	Sat	2:00–6:00pm	Aiea Loop
Mar 01	Sat	2:00–6:00pm	Makapu'u TidePools
Mar 09	Sun	1:00–6:30pm	Lanipo
Mar 24	Mon	1:00–5:00pm	Maunawili Falls
Mar 29	Sat	9:00–4:00pm	Kuliouou Ridge
Apr 12	Sat	1:00–5:00pm	Lanikai Bunkers
Apr 18	Fri	2:00–5:00pm	Manoa Falls
Apr 27	Sun	1:00–6:30pm	Aiea Loop
May 08	Thurs	9:00–2:00pm	Kaena Point

HULA I
$45 UH student, faculty and staff | $50 community or guest. Rm: Hemenway Hall 201

Jan 29 – Feb 28	Tues/Thurs	5:30–6:30pm
Mar 11 – Apr 17*	Tues/Thurs	5:30–6:30pm
Jan 26 – Feb 23	Sat	11:30–1:30pm
Apr 05 – May 03	Sat	11:30–1:30pm

HULA II
$45 UH student, faculty and staff | $50 community or guest. Rm: Hemenway Hall 201

Jan 29 – Feb 28	Tues/Thurs	6:45–7:45pm
Mar 11 – Apr 17	Tues/Thurs	6:45–7:45pm

I'M FINALLY IN COLLEGE. WHAT THE HECK DO I DO NOW?
$5.00 UH Student. Rm: Hemenway Hall 101

Feb 7 – Apr 17	Thurs	5:00-6:00pm

KAYAKING EXCURSION
$25 UH student, faculty and staff | $30 guest (must be a guest of a UH participant)

Jan 26	Sat	9:00–2:00pm	Mokulua Islands
Jan 27	Sun	1:00–5:00pm	Chinaman's Hat
Feb 03	Sun	9:00–2:00pm	Hawaii Kai
Feb 10	Sun	10:00–2:00pm	Kahana Bay
Feb 17	Sun	9:00–2:00pm	Mokulua Islands
Feb 24	Sun	1:00–5:00pm	Flat Island
Mar 01	Sat	9:00–1:30pm	Chinaman's Hat
Mar 15	Sat	9:00–2:00pm	Mokulua Islands
Mar 22	Sat	10:00–2:00pm	Kahana Bay

KAYAKING EXCURSION (CONTINUED)

Mar 26	Wed	10:00–2:00pm	Haleiwa River
Mar 28	Fri	9:00–2:00pm	Mokulua Islands
Apr 06	Sun	1:00–6:00pm	Haleiwa River
Apr 19	Sat	2:00–6:00pm	Kahana Bay
Apr 26	Sat	1:00–5:00pm	Chinaman's Hat
May 04	Sun	1:00–5:30pm	Haleiwa River
May 09	Fri	9:00–2:00pm	Mokulua Islands

MACROBIOTIC COOKING
$30 UH student, faculty and staff | $35 community or guest. Rm: Hemenway Hall 101

Mar 13	Thurs	5:30–8:00pm	TBA
Apr 10	Thurs	5:30–8:00pm	TBA

MASSAGE, BEGINNING
$50 UH student, faculty and staff | $55 community or guest. Rm: Campus Center 310

Jan 30 – Feb 27	Wed	6:00–8:00pm
Mar 12 – Apr 16*	Wed	6:00–8:00pm

MIND SKILLS FOR RAPID LEARNING
$45 UH student, faculty and staff | $55 community or guest. Rm: Hemenway Hall 215

Jan 29 – Feb 26	Tues	7:00pm–9:00pm
Mar 11 – Apr 15*	Tues	7:00pm–9:00pm

NEIGHBOR ISLAND TOURS

TBA	Fri/Sat/Sun	Kauai
TBA	Fri/Sat/Sun	Maui
TBA	Fri/Sat/Sun	Big Island

SAILING ADVENTURE / WHALE WATCH
$25.00 UH Student, faculty, and Staff. Rm: Makani Catamaran, Kewalo Basin
TBA

RECREATIONAL SAILING
$20 UH student, faculty and staff | $25 community or guest. Classes Conducted at: Ke'ehi Lagoon

Jan 22	Tue	3:00–6:00pm
Feb 10	Sun	3:00–6:00pm
Mar 15	Sat	3:00–6:00pm
Apr 15	Tues	3:00–6:00pm
May 03	Sat	3:00–6:00pm

SAILING I
$95 UH student, faculty and staff | $130 community or guest. Classes conducted at: Ke'ehi Lagoon

Feb 02 – Feb 23	Sat	8:30–12:30pm
Feb 24 – Mar 16	Sun	8:30–12:30pm
Apr 05 – Apr 26	Sat	8:30–12:30pm
Apr 13 – May 04	Sun	8:30–12:30pm

SALSA WORKSHOP
$36 UH student, faculty and staff | $40 community or guest. Rm: Hemenway Hall 208

Jan 26 – Feb 23	Sat	12:15–1:15pm
Apr 05 – May 03	Sat	12:15–1:15pm

SCUBA
$185 UH student, faculty and staff | $200 guest. Rm: Hemenway Hall 101. Pool fee: $15. Classroom | Pool | Boat

Jan 28	Classroom	Mon	6:00–10:00pm
Jan 29	Pool	Tues	5:00–10:00pm
Jan 30	Classroom	Wed	6:00–10:00pm
Jan 31	Pool	Thurs	5:00–10:00pm
Feb 02	Boat	Sat	11:00am
Feb 03	Boat	Sun	12:00pm
Feb 25	Classroom	Mon	6:00–10:00pm
Feb 26	Pool	Tues	5:00–10:00pm
Feb 27	Classroom	Wed	6:00–10:00pm
Feb 28	Pool	Thurs	5:00–10:00pm
Mar 01	Boat	Sat	11:00am
Mar 02	Boat	Sun	12:00pm
Mar 31	Classroom	Mon	6:00–10:00pm
Apr 01	Pool	Tues	5:00–10:00pm
Apr 02	Classroom	Wed	6:00–10:00pm
Apr 03	Pool	Thurs	5:00–9:00pm
Apr 05	Boat	Sat	11:00am
Apr 06	Boat	Sun	12:00pm
Apr 28	Classroom	Mon	6:00–10:00pm
Apr 29	Pool	Tues	5:00–10:00pm
Apr 30	Classroom	Wed	6:00–10:00pm

SCUBA (CONTINUED)

May 01	Pool	Thurs	5:00–10:00pm
May 03	Boat	Sat	11:00am
May 04	Boat	Sun	12:00pm

SNORKELING
$20 UH student, faculty and staff | $25 community or guest. Location: North Shore (Shark's Cove)

Feb 18	Mon	8:00–12:00pm
Mar 02	Sun	2:00–6:00pm
Mar 27	Thurs	9:00–1:00pm
Apr 05	Sat	1:30–5:30pm
Apr 20	Sun	2:00–6:00pm

SURFING (ONE DAY CLASSES)
$20 UH student, faculty and staff | $25 guest Location: Diamond Head

Jan 24	Thurs	3:00–6:00pm
Jan 29	Tues	3:00–6:00pm
Feb 05	Tues	3:00–6:00pm
Feb 11	Mon	3:00–6:00pm
Feb 14	Thurs	3:00–6:00pm
Feb 20	Wed	3:00–6:00pm
Feb 26	Tues	3:00–6:00pm
Feb 29	Fri	3:00–6:00pm
Mar 08	Sat	8:30–11:30am
Mar 13	Thurs	3:00–6:00pm
Mar 17	Mon	3:00–6:00pm
Mar 19	Wed	3:00–6:00pm
Mar 24	Mon	3:00–6:00pm
Mar 27	Thurs	2:00–5:00pm
Apr 04	Fri	3:00–6:00pm
Apr 06	Sun	8:30–11:30am
Apr 14	Mon	3:00–6:00pm
Apr 22	Tues	3:00–6:00pm
May 02	Fri	3:00–6:00pm
May 08	Thurs	3:00–6:00pm

SURFING (TWO DAY CLASSES)
$40 UH student, faculty and staff | $50 guest Location: Diamond Head

Feb 01 & Feb 08	Fri	3:00–6:00pm
Mar 05 & Mar 11	Tues	3:00–6:00pm
Apr 17 & Apr 24	Thurs	3:00–6:00pm

TANG SOO DO
$5 UH student, faculty and staff | $10 community or guest Rm: Hemenway Hall 201

Jan 28 – Mar 03*	Mon	5:30–6:30pm
Mar 10 – Apr 21*	Mon	5:30–6:30pm

TAHITIAN
$45 UH student, faculty and staff | $50 community or guest. Rm: Hemenway Hall 201

Jan 29 – Feb 28	Tues/Thurs	4:30–5:30pm
Mar 11 – Apr 17*	Tues/Thurs	4:30–5:30pm
Jan 29 – Feb 28	Tues/Thurs	3:15–4:15pm

TAHITIAN II
$45 UH student, faculty and staff | $50 community or guest. Rm: Hemenway Hall 201

Mar 11 – Apr 17*	Tues/Thurs	3:15–4:15pm

TAI CHI
$50 UH student, faculty and staff | $65 community or guest. Rm: Campus Center 307

Jan 29 – Feb 26	Tues	6:00–7:00pm
Mar 11 – Apr 15*	Tues	6:00–7:00pm

INTRODUCTION TO HATHA YOGA
$40 UH student, faculty and staff | $45 community or guest. Rm: Hemenway Hall 208

Jan 28 – Feb 27*	Mon/Wed	4:30–5:45pm
Mar 10 – Apr 09*	Mon/Wed	4:30–5:45pm

YOGA SPECTRUM
$40 UH student, faculty and staff | $45 community or guest Rm: Hemenway Hall 208

Jan 26 – Feb 23	Sat	9:00–10:30am
Apr 05 – May 03	Sat	9:00–10:30am

BEGINNING ASHTANGA YOGA
$40 UH student, faculty and staff | $45 community or guest. Rm: Hemenway Hall 208

Jan 29 – Feb 28	Tues/Thurs	4:00–5:15pm
Mar 11 – Apr 17	Tues/Thurs	4:00–5:15pm

ZEN MEDITATION PRACTICE FOR DAILY LIVING
$15 UH student, faculty and staff, or community Rm: Hem 201 (on-going sign-ups)

Jan 16 – May 07	Wed	4:30–6:00pm

Please call us or visit
www.hawaii.edu/cclp
for more details.

RENTALS

	DAILY	WEEKEND	WEEK	DEPOSIT
Backpacks	$5.00	$10.00	$18.00	$85.00
Bodyboards & Fins	$5.00	$7.00	$10.00	$80.00
Boards or Fins only	$4.00	$5.00	$7.00	$45.00
Car Rack	$3.00	$5.00	$7.00	$70.00
Cooler (small)	$3.00	$4.00	$6.00	$20.00
Cooler (large)	$4.00	$5.00	$7.00	$45.00
Cooler (jumbo)	$6.00	$8.00	$10.00	$90.00
Kayak (single)	$14.00	$20.00	N/A	$150.00
Kayak (double)	$20.00	$25.00	N/A	$150.00
Kayak backrest	$5.00	$8.00	$10.00	$45.00
PFDs	$4.00	$5.00	$7.00	$30.00
Snorkel & Mask	$4.00	$5.00	$7.00	$35.00
Snorkel, Mask & Fins	$5.00	$6.00	$8.00	$65.00
Stove	$4.00	$5.00	$7.00	$25.00
Hard Surfboards	$10.00	$18.00	$30.00	$150.00
Surfboard	$7.00	$10.00	$15.00	$150.00
Tent (2 person)	$7.00	$11.00	$20.00	$75.00
Tent (4 person)	$9.00	$13.00	$24.00	$120.00
Tent (6-8 person)	$15.00	$20.00	$40.00	$200.00
Tent (10 person)	$20.00	$26.00	$48.00	$250.00

Please call 956-4845 for any rental questions.

Rental Program Hours
Monday - Friday 2:00pm - 4:00pm
Saturday 9:00am - 12:00pm

LEISURE CENTER PROGRAMS
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