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MASTERS OF PUPPETRY

PHOTO COURTESY OF KENNEDY THEATRE

Persistent puppets: 'The Very Persistent Gappers of Frip' closes out Kennedy's 50th anniversary season

BEN SAUNDERS
Staff Writer

What better way to end Kennedy Theatre's 50th anniversary season than with screaming orange puppets?

The UH Theatre Department's final mainstage offering, "The Very Persistent Gappers of Frip," opens Friday, April 11 and strives to break from the precedent set by many of Kennedy's other, more mature shows by offering a program for the entire family to enjoy. Being a TYA (theater for young audiences) show, Gappers is a musical aimed at all ages and delves into the world of puppets to bring the stage adaptation of George Saunders' picture book to life.

THEATER FOR ALL

Upon his recent return from London, director and TYA veteran Mark Branner chose Gappers because of the source material, which he considers "a moral fable that plays to all ages very well." As such, Branner considers the show to be a prime example of "theater for all," in that the show aims to entertain young and old audience members alike. Branner has extensive experience with circus performance, clowning and puppetry, and all are utilized heavily throughout Gappers.

Gappers are creatures portrayed by bright orange puppets that love to make high-pitched squealing noises and tend to be obsessed with goats. Gappers is different from other, more adult-oriented musical offerings at Kennedy Theatre, including last year's mainstage musical, "Big Love," which had its own share of differences from "traditional" musical offerings. In keeping with this tradition, however, Branner clarified that Gappers is "unlike what you think of when you think of a Broadway show" and that it is "quirky and snarky enough to be funny to adults" and children alike.



Amy Johnson (left) plays Capable in "The Very Persistent Gappers of Frip" at Kennedy Theatre.

GOING CAMPING

If there's one thing that cast and production members of the show agree on, it is that Gappers is over-the-top in the best way possible. In addition to the noisy, neon puppets that give the show its name, there is music throughout almost the entire program, provided by live piano accompanist Richard Bragdon.

Amy Johnson, an undergraduate theatre and music double major (last seen in Lab offerings "Queens of the Night" and "Wild Party") who plays the show's lead (aptly named "Capable"), specifies that it is this over-the-top element, along with a "sense of unity" and camaraderie amongst the members of the cast that make the show so enjoyable to perform.

"There's going to be some 'camp,' ... and it's really fun," Johnson said.

"Campiness" is a phrase used to denote a purposefully outlandish performance style, and it is precisely this that Gappers intends to deliver to its audience.

Adding to the campiness is tongue-in-cheek double-casting of actors, often of different genders. These tie in with the music, puppetry and inherent humor of the story itself to create a comedic, yet moral, tale that aims to be equally accessible to both the young and the young at heart. "The Very Persistent Gappers of Frip" is recommended for all audiences, especially fans of musical theater, over-the-top caricatures and bright orange puppets.

'The Very Persistent Gappers of Frip'

When: April 11, 12, 18 and 19, 7:30 p.m.; April 20, 2 p.m.

There will be free pre-show chats at 6:30 p.m. on April 12 and 19.

Tickets: etickethawaii.com or box office

PHOTOS COURTESY OF KENNEDY THEATRE



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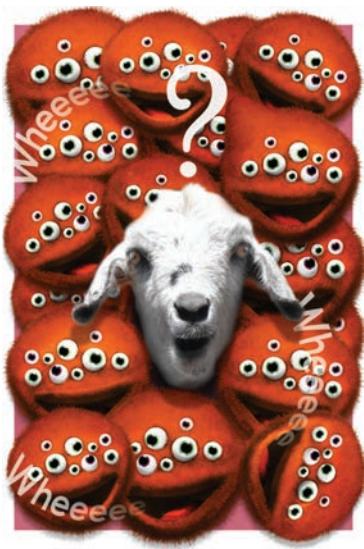
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JABSOM continues to climb in national ranking

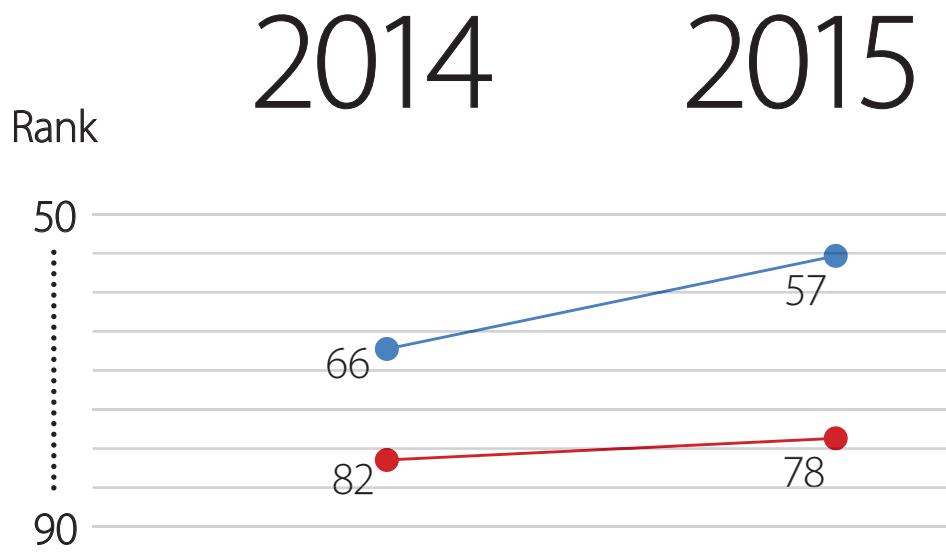


Figure 1: JABSOM's annual research and primary care programs improved its national ranking in the 2015 U.S. News & World Report.

FADI YOUKHANA
Associate News Editor

Primary care and research programs at the John A. Burns School of Medicine have risen in ranks among the best medical schools in the nation.

"These rankings indicate that JABSOM has gained additional national recognition amongst U.S. medical schools," JABSOM Dean Dr. Jerris Hedges said.

According to the 2015 U.S. News & World Report, JABSOM's primary care program propelled nine places from 66 in 2014 to 57 in 2015, while the school's research program earned an improvement of four spots, moving up from 82 to 78.

"I believe our primary care rankings continue to rise in conjunction with our student scores rising on what is called the U.S. Medical Licensing Exam, Step one," said Tina Shelton, communications and government affairs director at JABSOM.

Second-year medical students across the country must pass the USMLE Step One to continue their medical education for a third year.

"In the last 10 years in a row, our second-year medical students have scored above the national average in this exam," Shelton said. "That is a singular achievement as far as we know and speaks incredibly well of the faculty at our school and the problem-based learning curriculum adopted at JABSOM in the late 1980s."

According to Shelton, JABSOM has focused its re-

search in recent years on addressing health disparities, which affect groups such as Native Hawaiians, Asian Americans and low-income citizens.

"I am grateful for the excellent work that a stellar group of leaders at JABSOM has done during the last academic year," Hedges said. "They, in turn, have relied on many other hard-working and committed individuals who support the vision of our school, to 'Attain Lasting Optimal Health for All.'

Among medical schools at land grant universities without a university hospital, JABSOM has led the nation in external funding, which include gifts and faculty practice

cian," Teranishi said. "It is because of the quality education here that I feel prepared to start residency and serve Hawai'i's people with excellence."

In addition to leading the nation in external funding, JABSOM also ranks No. 1 nationwide by the Association of American Medical Colleges in retention of M.D. and resident alumni combined practicing in-state.

JABSOM's high retention of M.D. and resident alumni was evident through the annual "Match Day," which was held on March 21, during which fourth-year medical students were matched into post-M.D. training slots through the National Resident Matching Program.

"Match Day" is a national event among medical schools in which students find out where they will complete their residency programs. The event is conducted simultaneously across time zones in America.

After reviewing applications, programs invite candidates for interviews and then the applicants and program directors submit ranking lists in order of preference.

This year's senior class includes a group of 62 M.D. candidates at JABSOM. Of those candidates, 25 students have chosen to begin their career training, which includes OB-GYN, Internal Medicine, Pediatrics and Family Medicine, in JABSOM's Hawai'i Residency Programs, Inc.

JABSOM, established in 1965, is named after former Gov. John A. Burns. The school receives 1,600-1,900 M.D. applicants annually. Two hundred and sixty-four students are accepted, and 90 percent of those accepted are Hawai'i residents.

“It is because of the quality education here that I feel prepared to start residency and serve Hawai'i's people with excellence.”

-KRISTEN TERANISHI

income. In fiscal year 2013, external funding for JABSOM exceeded \$57 million.

"It has been a great privilege to complete my medical school training at JABSOM," said fourth-year medical student Kristen Teranishi. "The students and faculty are top-notch both academically and as people."

The U.S. News & World Report rankings are recorded annually for professional school programs. The rankings are based on expert opinions and statistical indicators. The statistical indicators include measurements of the quality of a school's faculty, research and students.

"I'm proud that our school has moved up in the rankings, as JABSOM really is a special place to develop as a physi-

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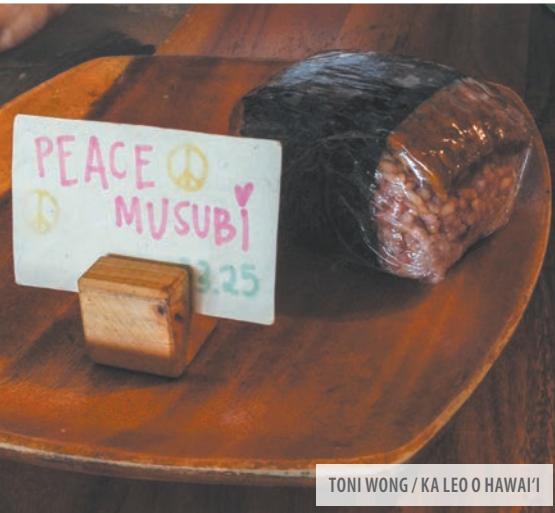
Email or call Sandy Matsui at matsuis@hawaii.edu or 956-7043. Printed application forms due at the Ka Leo Office in Hemenway 107 by **FRIDAY APRIL 25, 2014**.

Three vegan restaurants for the food adventurist

TONI WONG
Contributing Writer

Vegan food isn't just for the food conscious; it's also for food adventurists. A cuisine that is "vegan" is made without any animal products – this means no meat, dairy or eggs. These limitations require chefs to think outside the box and work more creatively to create a good vegan meal that

will leave one feeling both satisfied and full. Vegan cuisine introduces its eaters to unfamiliar food combinations, and sometimes, new ingredients altogether. With a bit of delicious research, Ka Leo has a guide to some of the best vegan restaurants in Honolulu.



TONI WONG / KA LEO O HAWAII



SHELBY DELL / KA LEO O HAWAII



FILE PHOTO

PEACE CAFE

Located on King Street, Peace Cafe features tasty organic foods. Its menu offerings include vegan sandwiches, Asian-inspired entrees, salads, desserts and lattes. A favorite among diners is Peace Cafe's Popeye sandwich (\$8.95) made with tofu, spinach and a sweet and savory miso-tahini sauce served with Ciabatta-style rolls. The BBQ Tempeh (\$9.45) is another must-have and is served with coleslaw, brown rice, salad and cornbread. At \$3.25, Peace Cafe's vegan musubis, made with brown and red rice and a savory tempeh patty (a vegan protein patty made from soybeans and nuts), are delicious and filling. For a bit of sweetness, Peace Cafe's vegan ice cream is some of the best my companion and I have had and is especially delicious when served with chocolate sauce and roasted candied nuts. And for a tasty burst of energy, be sure to pick up their signature Kinako Latte (\$3.95) or a traditional Americano (\$2.95) made from organic and fair-trade coffee beans.

Hours: Mon-Sat, 11 a.m.-9 p.m.;

Sun, 11 a.m.-3 p.m.

Address: 2239 S. King St.

Website: peacecafehawaii.com

DOWNBEAT DINER

Downbeat Diner is a great place for a vegan novice. This quirky diner serves up both a meat and vegan option for everything on its menu. This includes familiar diner foods such as chili-cheese fries (\$7) and local favorites such as the Loco Moco (\$8). Even the Carnivore Burger (\$10), which traditionally comes with a Big Island beef burger, bacon, ham and American cheese, can be ordered with all vegan substitutes. Every ingredient has a vegan counterpart, so even the most earnest of vegans can indulge in vegan milkshakes (\$5), vegan grilled ham and cheese sandwiches (\$7.50) and vegan buffalo chicken wings (\$7). With both the meat and vegan options, this place has something for everyone.

Hours: Mon, 11 a.m.-12 a.m.;

Tues-Thurs, 11 a.m.-3 a.m.;

Fri-Sat, 11 a.m.-4 a.m.;

Sun, 11 a.m.-10 p.m.

Address: 42 N Hotel St.

Website: downbeatdiner.com

LOVING HUT

Also located on King Street, Loving Hut serves Asian-inspired vegan dishes featuring organic ingredients. Loving Hut's meat-alternative items are almost art-like. From its Island Drumsticks (\$7.50) that pull apart like real chicken to its Summer Rolls (\$5.95) with "shrimp" made from yam root that feels and tastes just like real shrimp, Loving Hut's meat-alternative ingredients are convincing. Many of Loving Hut's stir-fried entrees, noodle soups and curry dishes also have gluten-free options. For the best value, mix it up with a combination lunch plate. The Two Entree plate (\$8.95) and Three Entree plate (\$9.95) allow eaters to try a range of delicious dishes at a great deal. With its value of high-quality organic ingredients, including organic tofu and sauces, Loving Hut's offerings are good for your body and taste buds.

Hours: Mon, Tues, Thurs, Fri, 10:30 a.m.-

2:30 p.m.; Sat, 11 a.m.-2:30 p.m.;

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4:45 PM	<u>Spin Intro</u> <i>Trainer:</i> Andrew- WRC 30 min		<u>Introductory BoxMaster</u> <i>Guest Trainer:</i> Sonja- StarTrac <i>Co-Trainer:</i> Kalai 30 min	<u>Stretch/Warmup/Cooldown</u> <u>PowerPlate</u> <i>Guest Trainer:</i> Andrew- UpCountry Fitness <i>Co-Trainer:</i> Jason 30 min		
5:30 PM			<u>Intermediate BoxMaster</u> <i>Guest Trainer:</i> Sonja- StarTrac <i>Co-Trainer:</i> Kalai 30 min	<u>High Intensity Interval Training</u> <i>Guest Trainer:</i> Andrew- UpCountry Fitness <i>Co-Trainer:</i> Jason 30 min		
6:15 PM	<u>Spin</u> <u>Intermediate</u> <i>Trainer:</i> Andrew- WRC 30 min	<u>HumanSport</u> <u>Performance</u> <i>Guest Trainer:</i> Sonja- StarTrac <i>Co-Trainer:</i> Apelila 30 min		<u>Core/Abs</u> <i>Guest Trainer:</i> UpCountry Fitness <i>Co-Trainer:</i> Anson 45 min		
7:00 PM		<u>HumanSport</u> <u>Performance</u> <i>Guest Trainer:</i> Sonja- StarTrac <i>Co-Trainer:</i> Apelila 30 min				<u>Kettle Bells</u> <i>Guest Trainer:</i> Mike- UpCountry Fitness <i>Co-Trainer:</i> Ben 30 min
7:45 PM	<u>Spin</u> <u>Advanced</u> <i>Trainer:</i> Andrew- WRC 30 min				<u>Multi-Modality Class</u> <i>Guest Trainer:</i> UpCountry Fitness <i>Co-Trainer:</i> Erik 30 min	

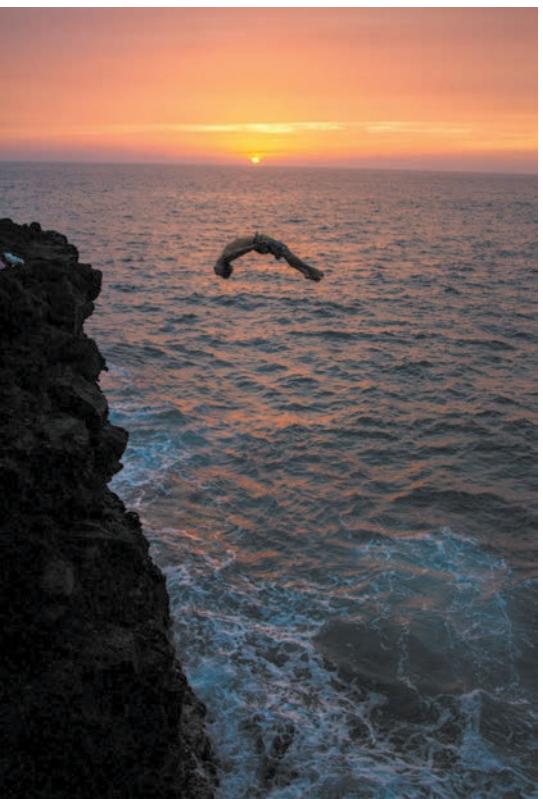


CAPTURE

Photos by Shane Grace



Big adventures on the Big Island



I was invited to go on a trip to the Big Island with some friends a couple months ago and jumped at the opportunity. During my time there, I visited Mauna Kea, Volcanoes National Park, Kona, Waipio Valley, Rainbow Falls and South Point. The scenes on the Big Island absolutely blew my mind, and I couldn't stop capturing them.

Résumé like a pro

MARGUERITE TRAHEY

Contributing Writer

With the end of the year and graduation approaching, it's almost time to put that expensive degree to work and find a real-life career. For many, this means starting down the confusing path to building a résumé. Take into consideration the following, and you should be happy with the results.

START EARLY

Start developing your résumé and applying to jobs as early as possible. Unemployment rates are at 7.3 percent in America, according to USA Today. This means that unless you are specialized and qualified, chances are you won't get the first job you apply to. But this doesn't mean you should give up; employers are hiring, and hundreds of people find a job every day.

Furthermore, the U.S. Bureau of Labor Statistics found unemployment rates are only 3.4 percent for college graduates, and Hawai'i has one of the lowest unemployment rates in the nation at 4.6 percent. However, it could take a few months to land a job, and unless you want to be sitting on your hands between graduation and employment, it will be beneficial to start sending out your résumé as soon as you can. Don't put it off because it seems too hard or because you have other things to do. In the weeks waiting to be hired, you will have plenty of time to get other things done.

WHY IT'S IMPORTANT

Learning how to make a pristine résumé is a must for finding that dream career. Jobs in the real world typically will not allow you to fill out and turn in an application in 15 minutes as some restaurant and retail jobs do.

A resume should be a one- to two-page summary of all your marketable accomplishments, including your skill sets and educational background. To the company you want to work for, it will be your chance at a strong first impression. This is why it is crucial to make your résumé as professional as possible.

INSIDE ADVICE

Many websites will give you handfuls of advice on how to build a résumé, and by all means follow these reliable guidelines. However, here are some helpful tips you may not find off Google.

Before you begin to write, browse through job sites and look for specific details requested from a majority of the jobs you want. Although there are main points all résumés should have, the leading advice offered online fails to detail some of the finer details that specific companies look for in their applicants.

Always check to make sure the company you are applying to asks for these specific qualifications before adding them to your resume. It may seem unprofessional to include this information unless they specifically ask for it. You should also know that it is illegal for employers to ask certain questions regarding race, religion and national origin. Make sure you are familiar with these questions in case they are asked.

THE BASICS

According to Forbes.com, there are two basic formats that people fresh out of college should follow. There's the conventional style that's formatted generally "with an objective at the top, then education and relevant coursework, and after that, experience and skills."

The other format recommends putting employment experience at the bottom, under education information, which is under the list of specific skills and training. Depending on what your strong suits are, education or skills sets, you can choose to go with the first style or the latter.

BUILDING THE BEST RÉSUMÉ

Remember that employers can look at hundreds of résumés a day, so you want to make yours looks as professional as possible. In addition, you can take advantage of numerous websites, books and software to help you craft the perfect résumé. Spend some time crafting your résumé. It's not just another writing assignment, but your path to turn your hard-earned degree into a salary.

While peers are good for general advice and tips while drafting your first copy, try to find people who are experienced in the "real world." Your parents, professors, coaches or even current employer can often provide insight. Take their critiques seriously when you return to your résumé for revision. Once you feel you've crafted it to perfection, send it out into the world.

APPLY, APPLY, APPLY

There is no limit to how many jobs you are allowed to apply for. Chances are you're going to want to apply to more than one. Applying for a job can be similar to applying to college – you don't want to send in your application to just one job opening.

Scour the job sites and any networks and connections you may have. Make finding a job your full time job upon graduation. Send out the application not only to your dream careers, but also to the ones you're not crazy about. Jump-starting your career may not give you the most glamorous job, but it will likely open several doors for you moving forward.

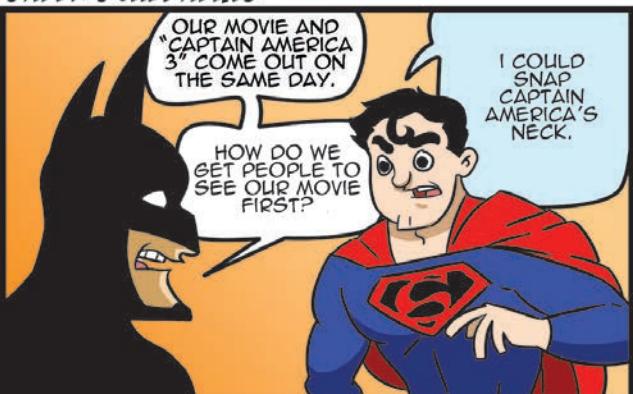
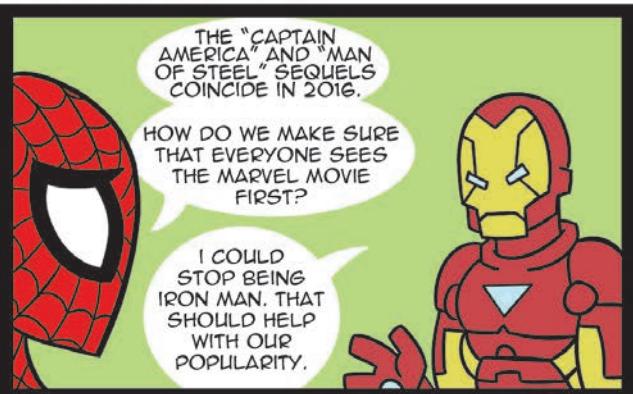
FOLLOW UP

After you've sent out that résumé, do not stay in the dark with the company's selection process. Don't think that once you hit send your work is finished. Your résumé could have been buried beneath many others or sent to a spam folder on the receiving end. Depending on the company you applied to, there could be a computer-screening program that sifts the applications before a human even sees your résumé.

It is not a question of whether you should follow up, but instead is a question of when and how to follow up. Did you email your resume, submit it on the company's website, drop it off in person or network your way into applying? If you emailed it, send a follow up question to the same email. If you submitted it on a website or in person, look online for a contact email or phone number. Being eager and persistent shows companies and organizations that you are energetic and excited for an opportunity to work with them, and this never hurts. Unlike relationships, playing hard to get rarely works in the professional field.

THINGS TO CONSIDER

Writing a résumé might seem basic, but the simple details make a big difference. Knowing exactly what you need can determine whether you get the job. If you do your own research, trust reliable sites and reputable sources. Remember to stay patient and positive to make the process more pleasant and relaxing. The transition from academia to a career can take time, but if you do all you can, your degree will take you places.

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NICHOLAS SMITH

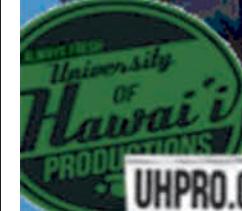
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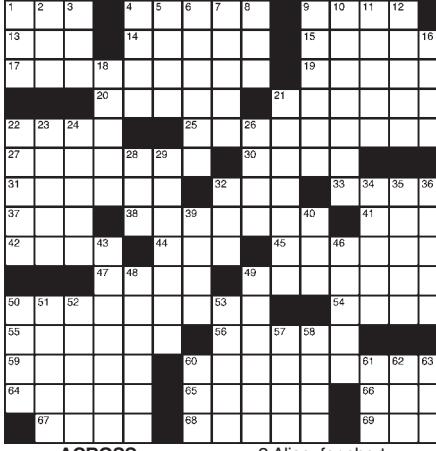


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Edited by Rich Norris and Joyce Lewis

**ACROSS**

- 1 Lead-in for bird or walk
 4 Nervous and irritable
 9 Thai cash
 13 Musician Turner
 14 Words Alice read on a cake
 15 Month in Madrid
 17 Waist bag
 19 Once more
 20 "It's ___ bet": "No risk"
 21 Everlasting, to a poet
 24 Cal. entry
 25 Herbal remedy for indigestion
 27 Custard dishes
 30 River in NW France
 31 "The Star-Spangled Banner," e.g.
 32 Countdown-ending numero
 33 Leveling wedge
 37 Pen name
 38 Reneg
 41 Amin of Uganda
 42 Twice vier
 44 Word of surprise
 45 ___ Zee: area where the Hudson River widens
 47 Taj Mahal home
 49 Heavenly higher-ups, in Christianity
 50 Piece of Le Creuset cookware
 54 Chess piece
 55 People with skill
 56 Place to store valuables
 59 Station
 60 Sense of humor
 64 Old hat
 65 Popeye creator Segar
 66 Type of museum
 67 Kane's Rosebud, e.g.
 68 Nobel-winning Irish poet
 69 It may need a boost
DOWN
 1 Peanut butter brand

- 2 Alias, for short
 3 Hankering
 4 They may be done by ones who have gone too far
 5 Family nickname
 6 Support crews
 7 Game show personality
 8 "___ War": Shatner series
 9 Defeated
 10 49-Across, por ejemplo
 11 Soul partner
 12 Puzzle video game with three heroes
 16 Top draft status
 18 "Of course!"
 21 Along the way
 22 Red Sea port on its own gulf
 23 ___ Wars: Rome vs. Carthage
 24 Tuner's concern
 26 Words to Nanette?
 28 Playboy nickname
 29 Political fugitives
 32 Island instrument
 34 River horse
 35 Snake River state
 36 Belarus capital
 39 Tide type
 40 Roaster's supply
 43 Stage in a frog's life
 46 Medicare section for physician services
 48 Destroyed the inside of, as a building
 49 Verse segment
 50 Hula Hoop et al.
 51 "Golden Boy" dramatist
 52 India neighbor
 53 Small egg
 57 Workbook chapter
 58 Strong alkalis
 60 "30 Rock" star
 61 Be indebted to
 62 Pick on
 63 Outer: Pref.

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Photography by Polina Carlson

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Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 thru 9.

Puzzles will become progressively more difficult through the week.

Solutions, tips and computer program at www.sudoku.com

Go to www.kaleo.org for this puzzle's solution.

4	8	3				
5		9				
	6		4	5		
1		9	6		3	
6		7	8	1		
7	5			1		
		8	6	9		
			4	7	2	

78

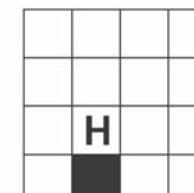
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"Switchblade Romance"

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HOW TO PLAY:
 Spell the phrase in the grid above it, writing each unique letter only once. The correct solution will spell the complete phrase along a single continuous spelling path that moves horizontally, vertically and diagonally. Fill the grid from square to square - revisiting letters as needed to complete the spelling path in order. Each letter will appear only once in the grid.



"Freeze"

LETTER TO THE EDITOR

As a UH alum and former news editor of *Ka Leo O Hawai'i*, I am writing with disappointment after reading, "Complaint: Mizusawa violated ASUH constitution." It is not a clear and perhaps not even a 'valid concern' that UH Mānoa student Ryan Mandado is bringing to the ASUH court in his capacity as an ASUH senator.

Throughout UH Mānoa's history, precedent has been set as to the ASUH president's eligibility to serve on the student caucus. Sen. Mandado — one of only two sources quoted by *Ka Leo City Editor* Alex Bitter in his article — repeatedly cites the ASUH constitution as grounds for his complaint.

Did the writer fully explore the question of whether the ASUH constitution has any governing authority whatsoever outside of the UH Mānoa campus? Mr. Bitter informs the reader in his one-sentence-long twenty-fifth paragraph that the University of Hawai'i defines a chartered student organization (CSO)'s charge as the "student body on its campus." Did Mr. Bitter seek comment from a representative of the ASUH court or the

other ASUH senator (*Kelly Zakimi*) serving alongside ASUH President Richard Mizusawa on the UH student caucus to clarify this direct rebuttal of Mandado's questionable assertions?

Pres. Mizusawa should have been afforded the professional courtesy of a direct inquiry by Sen. Mandado and if one was pursued — the writer should have reported the result of that inquiry. If not, one has to consider the distinct probability that Sen. Mandado is simply stirring up baseless controversy in order to generate publicity. He is, after all, in the middle of a campaign for ASUH president.

MATTHEW LUM
Alumni member of the UH Board of Publications from 2006-07 and a former associate news producer for KGMB-9 News (CBS).

Note from the Opinions Editor: The ASUH West O'ahu's constitution does in fact prohibit acting senators from serving on student caucus, though this may not be as clear in the ASUH constitution for Mānoa.



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Complaint: Mizusawa violated ASUH constitution

A CLEAR, VALID CONCERN

The president of the Associated Students of the University of Hawai'i is also chair of a system-wide student governance group, but ASUH rules say he can't be a senator.

The president of the ASUH senator is making a complaint to file with the student senate earlier this year. Sen. Mandado said in the complaint, which he filed with ASUH office staff on Feb. 24, that holding both positions violates ASUH rules.

According to the ASUH website, the student senate was chartered by the UH Board of Regents in 1912. Mandado said he was aware of the continuation of the University of Hawai'i Student Caucus, which describes the organization in part as a "system-wide student government chartered by the University of Hawai'i Board of Regents."

The caucus includes members from each of the 11 student governments across the UH system, according to the organization's website.

The ASUH senate is made up of 10 members each year and includes students involved in government bodies at their home campus, according to a list of the caucus's members.

The ASUH constitution states that members are limited to one term as a senator or member of the ASUH Constitution.

Mandado said he believes the senator is "clearly" under the rule limiting an ASUH officer's ability to serve on other organizations' committees.

"Pretty much everyone in ASUH knows you're not supposed to have multiple [executive] positions in organizations," he said.

He said he believes the violation is a "clear, valid" one. Mandado said he yet to receive a formal decision from ASUH and plans to take the matter to the ASUH constitution committee. The committee's decision disagrees with his complaint.

"It doesn't say that," he said.

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S: 3-5 ft.
E: 2-5 ft.

SATURDAY
N: 6-10 ft.
W: 8-15 ft.
S: 2-5 ft.
E: 2-5 ft.

SUNDAY
N: 6-15+ ft.
W: 10-15 ft.
S: 3-13 ft.
E: 1-3 ft.

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I wouldn't have taken up the caucus executive seat if I knew it was in violation of our rules here.

- ASUH President Richard Mizusawa

Associated Students of the University of Hawai'i President Richard Mizusawa



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Men's volleyball heads to Pepperdine in pivotal road trip



JESSICA HOMRICH / KA LEO O HAWAII

Sinisa Zarkovic (16) was named Sports Imports/AVCA National Player of the Week for his performances against BYU.

HAYLEY MUSASHI
Associate Sports Editor
@HayleyElyse

After a pair of stunning upsets over No. 3 Brigham Young University and the bittersweet celebration of Saturday's Senior Night, the Rainbow Warrior volleyball team will embark on its final regular-season road trip this weekend to face Pepperdine in a pivotal conference matchup.

No. 9 Hawai'i (15-10, 13-9 Mountain Pacific Sports Federation) swept the two-match series over the Cougars for the first time since the 2010 season and made a substantial move in the conference standings into a three-way tie for sixth place.

The Rainbow Warriors will have to come out wins against perennial powerhouse No. 2 Pepperdine (16-6, 16-6 MPSF) in this weekend's trip to secure a top eight qualifying position in the MPSF Tournament.

PEAKING WHEN IT MATTERS

In front of a crowd of 4,493, the 'Bows pulled out a stunning sweep over then-No. 2 BYU — a team that entered the

Stan Sheriff Center on Friday with six consecutive victories.

Hawai'i's top hitters came out firing, as sophomore Sinisa Zarkovic and junior opposite Brook Sedore tallied 22 and 11 kills, respectively.

"This is the time in the season where we want to be peaking," senior Jace Olsen said. "We're doing good things on and off the court and beginning to play as one unit. We're going to carry this momentum into Pepperdine, and we'll see what happens there. Hopefully we'll be hosting them in two weeks."

RIDING OUT THE WAVES

In a program that boasts five NCAA championships, nine National Players of the Year, and 79 All-American selections, the 'Bows will need to carry the momentum from last week's wins to take their conference finale over Pepperdine.

"We can't be content with the BYU wins," Sedore said. "I think we're a dangerous team, no matter what. If we get into the playoffs, no matter what seed, we're deadly."

The Waves return to action after most recently taking down No. 8 USC and are one match closer to securing home

court advantage in the MPSF Tournament quarterfinals.

The Waves are led by junior setter Matt West, who was recently named MPSF Player of the Week for his contributions in back-to-back shutouts over Long Beach State and Cal State Northridge.

West averaged 14 assists per set in the rout over the 49ers, putting an end to Long Beach's eight-game win streak.

CRUNCH TIME

While Pepperdine sits comfortably in second place in the conference standings, the Waves can control their own destiny by winning at least one match in the Hawai'i series to solidify home court advantage in the quarter-final round of the MPSF Tournament.

Last season the Warriors took down Pepperdine in both meetings in Honolulu, though Pepperdine holds the 40-28 advantage in the overall series.

"Every game is a must-win game," Olsen said. "You can't go into any game on your heels, and I think that's what happened with BYU. They came in, took us for granted, and we shoved it down their throat."

Senior staff writer Jeremy Nitta contributed to this story.

The top eight teams in the MPSF make the conference tournament. With two matches remaining, these are the teams UH is hoping to beat out.

- | | |
|----------------------------|-------------------|
| 4) UC Santa Barbara (14-8) | 6) Hawai'i (13-9) |
| 4) UC Irvine (14-8) | 6) UCLA (13-9) |
| 6) Long Beach State (13-9) | 9) USC (14-10) |

UPCOMING GAMES

Hawai'i at Pepperdine
Friday and Saturday, 4 p.m.

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- Apr. 12 @ 6:35PM
- Apr. 13 @ 1:05PM

RAINBOW WAHINE WATER POLO

- Apr. 12 @ 6:00PM vs. UC Davis (SENIOR NIGHT)
- Apr. 13 @ 12:00PM vs. Cal State Monterey Bay

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