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Volume 104 Issue 71

Valentine's Day Issue

Mānoa Minute

Compiled by Ty Tanji
Chief Copy Editor

MĀNOA INTERNATIONAL
EXCHANGE INFO TABLE

Thursday, Feb. 11 | 11 a.m. to 1 p.m. |
Campus Center | (808) 956-3101

If you want to spend this summer or fall semester in another country, get the facts on Mānoa's Education Abroad – but hurry, because March 1 marks the program's deadline. Opportunities in Asia and Europe are available, as are Chile, French Polynesia and New Zealand, among others.

UH@SEA INFORMATIONAL
MEETING

Thursday, Feb. 11 | 4:30 p.m. to 6 p.m. |
Dean Hall, room 6 | (808) 956-8467 | www.
geography.hawaii.edu/announcements.html

Interested in learning more about marine conservation but need a break from the classroom? For the first summer session, two weeks of studying on campus bookend a three-week journey around Hawai'i aboard a sailing vessel, offering students "a new platform" for instruction that will "use" the Hawaiian Islands and their surrounding waters as the laboratory," according to the geography department's Web site.

LGBTI WORKSHOP:
CHOOSING TO LABEL

Friday, Feb. 12 | 1 to 2:30 p.m. |
Campus Center, Executive Dining Room |
(808) 956-9250

Lesbian, gay, bisexual, queer – how definite are the lines that separate these labels associated with the homosexual community? What do the labels signify, and can they be avoided? Friday's participatory workshop aims to provoke creative and proactive thought on identity. Concurrent sessions will deal with issues such as stereotyping, Christian perspectives, and bisexuality. Contact LGBT Student Services at lgbtq@hawaii.edu for additional info.

New companies join College of Engineering career fair

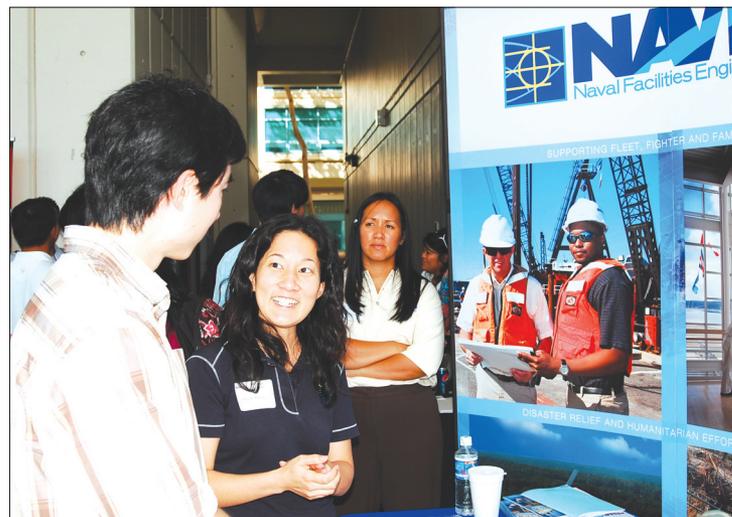
JUNGHEE LEE
News Co-Editor

With the economic downturn, the number of companies participating at the University of Hawai'i at Mānoa College of Engineering career fair has dropped from around 85 companies to 67 companies. However, eight new companies participated in yesterday's career fair.

"This career fair mainly offers a chance for students to look for a job and meet representatives from different companies," said Laura Shimabukuro, career fair program coordinator.

Matthew Johiro, a junior majoring in electrical engineering, took this opportunity to see what jobs are out there while networking. Johiro said that depending on the job, the representatives give mixed answers.

"I still have a year to graduate, and the National Security Agency (NSA) representative said that in a year my major



ALEXANDER DANIELS/KA LEO O HAWAII

Master's student Dustin Goto submitted his résumé to Naval Facilities Engineering Command at the Career fair yesterday.

would be in demand, while Pearl Harbor said electric engineering wouldn't be so much in demand," he said.

Johiro visited Pearl Harbor and Hawaiian Electric

Company first because those jobs allow him to work while living in Hawai'i and are the most stabilized.

Among the new companies that participated in the fair this

year is the Honolulu Rail for Growth, whose prime contractor is Sumitomo Corporation of America, an international company from Japan with expertise in rail, cars, train, etc. According to Sumitomo's managing employee William Spiegelberg, the rail project will be a good opportunity for the local people to get employed and university students to work at an internationally recognized corporation.

"We want to hire locally because I believe that it's a great project for the state and a great opportunity for locals to get employed," Spiegelberg said.

The career fair happens every semester at Holmes Hall; however, the fair only lasts for four hours. Yesterday, the fair lasted from 1 to 4 p.m.

"We definitely have students who are hired through the fair and it's just a great opportunity for networking," Shimabukuro said.

Protests start off the National Security Studies colloquium

JUNGHEE LEE
News Co-Editor

A group of about six protesters gathered together and protested against the colloquium National Security Studies yesterday around 9 a.m., waving signs that read "Stop torture" and "CIA off campus now."

"They say it's a seminar but it's a recruitment," said protester Ann Wright. "They should recruit at a federal government, not at the campus. Students might be applying for something they don't know everything of."

Wright has worked for the government for 40 years and is currently a retired army colonel.

"Students should ask questions and be critical," Wright said in regard to the job intelligence agencies are asking

them to do.

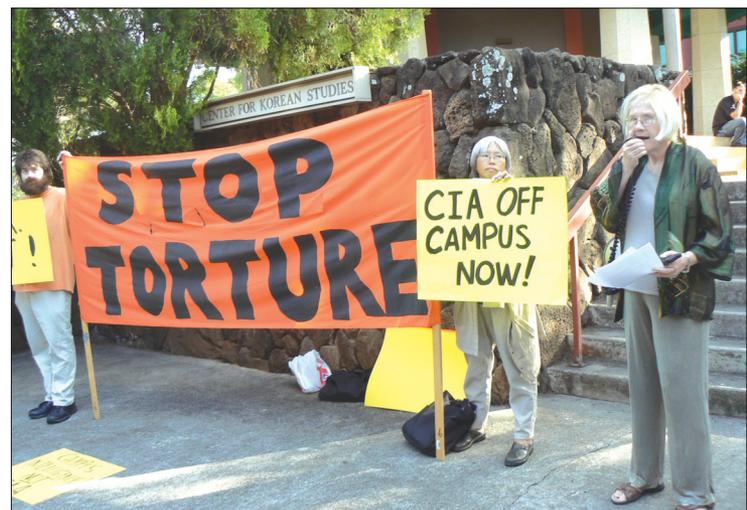
However, students think differently.

"If I do the research ahead of time and speak with recruiters, then I think I'll make the right choice," said Randy Cortez, a senior philosophy major.

The colloquium consists of 21 expert panelists from fields such as economics, Asian studies and political science. According to Project Coordinator Jialin Sun, 145 students and around 40 faculty and staff registered for the colloquium.

Some of the topics covered in the colloquium were language and cultural awareness in national security, economic issues in East Asia, and 21st-century Intellectual Community (IC) enterprises.

"To understand the new paradigm operated in a global



JUNGHEE LEE / KA LEO O HAWAII

Protesters gathered in front of the Koren Stuiies building yesterday morning to convey their distrust with the CIA's presence on campus.

contact, the IC must bring in the equation of the brain power of the academic community, its

expertise and intellect," said

Events for campus lovebirds to flock to

MARY RENEE REUTER
News Co-Editor

For many students at the University of Hawai'i, the economy has made the luxury of a dozen roses for your loved one and a night out on the town a near-impossibility. However, if your partner is willing, this Valentine's Day weekend can be the perfect time to take advantage of all the budget-friendly events happening right on campus.

On Friday, the Campus Center Dining Room is having a "Happy Valentine's Day Aphrodisiac Lunch" special featuring several foods said to stimulate your lover – including a heart-shaped red velvet cake. For \$6.99 a plate,

couples can also feast on the specially prepared Chicken à la Maltaise. The dish includes arugula, a documented aphrodisiac since the 1st century; sweet potatoes, believed to increase a woman's sex drive; and honey-glazed carrots, as the ancient Egyptians believed that honey cured both impotence and sterility.

After indulging in such fertility-boosting nutrients, students might want to stop by the Health Promotion Office's annual Condom Fair at Campus Center from 10:30 a.m. to 1:30 p.m. that same day. Last year's event featured condom "roses" for \$1. There's no better – or less conventional – way to say, "I want you sexually, but still respect you" than a condom

rose. Students who spent all their money on lunch can still grab free samples, enter a raffle or check out the various sex toys and health tables available for the event.

After a romantic Friday evening, Saturday offers more free amusement for the public at the East-West Center Participants Association's (EWCPA) Love Concert featuring live music and free snacks.

"The main theme of the performances is about love in different languages," said Van Dang, EWCPA co-coordinator.

The performers are all students from Nepal, India, Tahiti, Burma, Pacific Islands, Timor-Leste, China, Indonesia and Vietnam, and currently residents of the EWC.

For the single folks looking to branch out, the performances will break around 7:15 p.m. for "Love Matching" games.

The event begins at 6 p.m. and will take place at the Friendship Circle in front of Hale Hala-wai. The EWCPA asks that the public bring their own utensils if planning to indulge in the provided snacks.

But Sunday, the big day, is the time to get creative. Any starving artist knows that a poem or a picture can take anyone's breath away, and it is absolutely free.

However, if the words do not come so easily, try strolling the grounds, taking advantage of the campus flora and fauna, and checking to see if any of those condom roses are left.

NSS colloquium

.....
from page 2

Lenora Gant, director of the Office of the Intelligence Community Centers of Academic Excellence.

University of Hawai'i at Mānoa Chancellor Virginia Hinshaw attended as a guest speaker and gave welcome remarks in the beginning of the colloquium.

"This is an exciting opportunity to introduce students for their future employment options by the federal government," Hinshaw said. "Being a public servant is a noble endeavor, and it is important to examine all types of careers."

At the end of the colloquium, students were encouraged to attend an hourlong networking session.

HPV Fact #16:

It is estimated that **each minute** in the US, there is a new case of **genital warts**.

HPV Fact #8:

Guys **can't get screened** for **HPV**. So there's no way **to know** if a guy has the **virus** or is passing it on.

Why risk it

Visit your campus health center.



A sure-fire way to sweep her off her feet

REECE FARINAS
Staff Writer

Over the next few days leading to Sunday, the issue will be what to get your special someone for Valentine's Day. Do you take your chances at creating something unique, or do you play it safe and go with the commercial consumer flow? How can it get more cliché than the dozen long-stem red roses and a heart-shaped box of chocolates with an unnecessarily large red ribbon bow placed off-center to the right?

But, "It works!" exclaimed UHM freshman Ava Nowiki, who explained how excited she would be to receive flowers.

"All I want on Valentine's is to spend the whole day with him, but flowers would be great," Nowiki said. "All girls love flowers; it makes them feel special."

Although red roses, the Valentine's flower of choice, have diminished in popularity over the years, it will always belong in the league of gentlemen. This simple act of expressing emotions will let her know that she is definitely special. Flowers can be delightful and a joy to behold, and its fragrance has a kind of therapeutic quality. But mainly due to a greater interest in gift-giving originality, gestures have changed without straying too far from the idea of Cupid working his magic.

"Flowers are guaranteed to seal the deal," said freshman engineering major Justin Osumi. "If she kind of likes you and you show up with a bouquet, you're good to go."

Receiving flowers for Valentine's Day has for years been the leading cause of fluttering chest pains and weakness in knee strength.

"They're just phenomenal – it's something spiritual. Roses are beautiful and they create memories that last forever," said Howard Nakamoto, owner of Beretania Florist.

Nakamoto, who has been in the busi-



ALEXANDER DANIELS / KALEO HAWAII

An ordinary pink rose means grace and perfect happiness while light pink roses mean admiration, according to flower-meaning.info.

ness for over 70 years, has seen the lasting effects of his product work year after year.

"It's a nurtured gift from the earth that connects two people spiritually, something that you can't get from jewelry or artificial flowers," he said.

Though the price of flowers may be a deterrent, those looking for discounted flowers can find some of lower grade at Wal-Mart, Target or Safeway. But for the classier gentleman-type willing to spend a little extra on higher quality Ecuadorian roses, specialty florists such as Beretania and Fujikami are a few blocks away from campus to ensure your holiday success.

"I don't really like red roses; they just seem cliché-ish to me," said UHM fresh-

man Sarah Shin. "I'd rather have white lilies, those are pretty – or anything white!"

Over the past few decades, Valentine's Day has turned into a commercial holiday, with flying fairies carrying weapons and an excess of heart-shaped products. To fight the hype of the commercial craziness, florists also offer other-colored roses such as pink and lavender, and tulips and daisies are perfect for those who want to be different.

It is true that flowers are not for everyone, especially those who are severely allergic, but they are a great way to impress your valentine and to express affection. Romance can run high and sparks might fly, but if anything else, they are a great way to break the ice and avoid the awkwardness of asking someone out.

The history of Cupid

MARK BRISLIN
Editor-in-Chief

He flies through the air totting a bow and arrow, a chubby man-angel with a pair of white wings and a loincloth wrapped around his waist. He stays out of sight, but those who experience the effects of one of his magic arrows piercing their

heart know of his life-changing power. According to legend, those who are struck by Cupid's arrow will fall in love with the next person they see.

Cupid has evolved into a short, pudgy creature with a playful smile who represents love and Valentine's Day. But in fact, Cupid's history is pretty dark and disturbing.

The details of Cupid's story differ depending on whether you read the Greek or Roman myths, and versions differ within the myths as well. For example, Robert Littman, a classics professor at the University of Hawai'i at Mānoa, explained that in the Greek version, Cupid's name is Eros and he is a young boy who has

the power to "drive creation." But during the Hellenistic period, he becomes younger and is given his bow and love-inducing arrows. It is easier to see how the Greek version evolved into the Cupid we now see on Valentine's Day cards, despite adapting the Roman name.

See Cupid, page 8

Roses are red (and a spectrum of other colors)

TY TANJI
Managing Editor

However you might interpret giving or being given a rose, the sweet little things are selling fast, and local florists anticipate the largest rush to start today. So hurry, before the last petal is gone.

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Cheapest Dozen: \$40

Hours: 7 a.m. to 7 p.m. daily

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(808) 941-0322

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Single Rose: \$5

Cheapest Dozen: \$60

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888 KAPAHULU AVE. / 2855 E. MĀNOA RD.
(808) 733-2600 / (808) 988-2058

Colors: Pink and yellow

Single Rose: \$4

Cheapest Dozen: \$22

Hours: 24 hours daily, except for 7 a.m. to 8 p.m. this Sunday only

Ka Leo Contributing Writer Huong Nguyen asked:

What are your plans for Valentine's Day?



"Me and my boyfriend just got a little sailboat off of Craigslist, so we want to go sail! We have been together for about a year and a half."



CRYSTAL MARTONE
Junior, nursing

"I'm single and I work. My friend is having a party the night before and I might go to that, but that's about it. I don't really like Valentine's Day."

JANEL SHIMABUKURO
Junior, business



"I have to tell you in secret. I'm gonna take her to the beach and (we're going to) have dinner there."

JORDAN CAYANAN and ANYA ISHIDA
Senior, architecture;
Senior, psychology



"I normally don't plan things for the weekend, but I always end up doing something anyways. I'll probably be going out with my other single friends to a party or something."

CHANTELLE MATSUMURA
Senior, economics



"This Thursday is (my wife and my) third anniversary. It's the longest relationship I've ever been in. ... We're probably going to rent a hotel. I'm not telling you what we're doing in our hotel room."

MANNY NEWMAN
Junior, religion



ALL PHOTOS BY BRIAN TSENG / KA LEO O HAWAII

Features writers needed!

For more info, e-mail
features@kaleo.org



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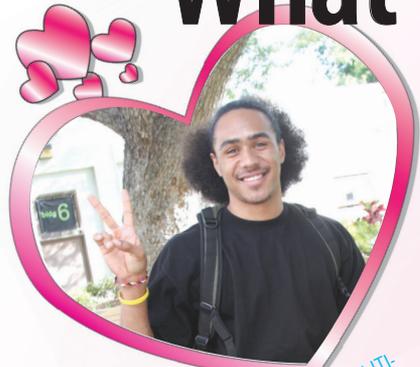
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What does *love* have to do with it?



ROYCE POLLARD, JUNIOR, POLITICAL SCIENCE

"Love is undeniable...an unbelievable connection."



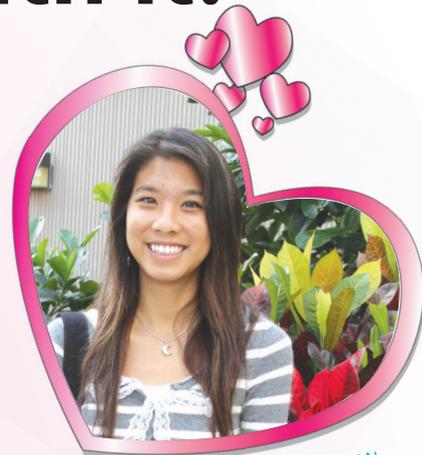
CORTNEY STONE, JUNIOR, SPEECH COMMUNICATIONS

"Love is a physical expression... hugging and kissing."



CASEY PURDY, SOPHOMORE, FAMR

"Love means peace, friendship."



TRACY WONG, FRESHMAN, ECONOMICS

"Love means happiness."

ALL PHOTOS BY BRIAN TSENG
KA LEO O HAWAII

ANDREA DeCOSTA
Staff Writer

"Love makes the world go 'round," said one popular song. To scientists, love is vital to many aspects of our life, including health and happiness. As love is considered a byproduct of human mating, our lives, our species even, may truly depend on it.

That is exactly what renowned psychotherapist Dr. Arthur Janov said in his book "Biology of love." Janov asserted that a lack of love, like a lack of oxygen, can lead to serious detrimental changes in human brain chemistry. These changes, some which can occur even before birth, can interfere with the healthy development of neural connections within the brain, often later manifesting as poor health and relationships with others.

But what is it about love that can send retailers and consumers into an annual red-and-white buying spree, and what makes it possible for those looking for love to find their right match?

Seeking to answer these compelling questions, researchers, like Ph.D. candidate students Vinita J. Ling and A.J. Jeedagunta, are dedicated to studying social

psychology and the impact of love in our society.

"Valentine's Day is definitely the day to celebrate love, but I celebrate love every day," Jeedagunta says.

Having spent five years under the tutelage of University of Hawai'i professor and guru of love Dr. Elaine Hatfield, Jeedagunta, who obtained her undergraduate degree in psychology from the University of Michigan, is working on a dissertation that looks at how cross-cultural assimilation impacts marital decisions of Indian immigrants.

"Love is universal, but it is also very individualized... a lot has to do with gender, culture, societal norms and expectations," Jeedagunta said. "For example, the ways in which men and women are expected to behave (in love), where the guy is expected to do all the wooing and the girl is the receiver. This differs dramatically from those cultures where marriage is arranged, which, due to increased globalization, has

changed relatively recently and we find more Indians choosing 'love marriages' over the traditional arranged marriage."

The fervor over love has even found its way to embattled Afghanistan, where florists are still awaiting their annual Valentine's Day shipments. One Afghani flower seller said that Valentine's Day "is the biggest occasion for us, from a business point of view. The people ... don't argue over price. They willingly give the price



FIZZ FOSTER, MAN, BUSINESS

"Love means not knowing their name."

ANA KEA, FRESHMAN, PRE-MED/MICROBIOLOGY

"Love means trust, loyalty, understanding, and honesty."

they are asked for." And, while it may be common to pay the retail price, these comments say much about the impact of globalization on a society that traditionally relied on arranged marriages.

Whether premised on love or arrangement, researchers have come to understand that love

is rooted in our biological need for attachment, security and the need to continue the gene line through procreation. And love, like other emotions, produces physiological changes to the body and brain, including what UH social psychology Ph.D. candidate Vinita J. Ling described as "weak knees, butterflies in the stomach, sweaty palms, and in general, all kinds of nervousness."

The biological link between love and brain chemistry appears obvious, as this area has long been associated with the production of dopamine, a brain chemical related to consumption and addiction. Ling explained this by referring to tests that consistently show that these neurons respond to "unexpected rewards" and "novel stimuli," sensations often associated with the pursuit of love.

Further support is demonstrated in the amygdalae, found in the midbrain, which processes feelings of avoidance and fear. Ling said there is a link between the suppression of fear, normally produced by the amygdalae, and feelings of love. Brain imaging of subjects described as "in love" revealed a temporary inhibition of fear and pain, both of which contribute to the risk-taking behavior

so familiar in individuals who experience feelings of love.

This experience includes what UH sociolinguistics professor Dr. Katie Drager refers to as the "language of love ... not limited to verbal communication." Drager suggested that individuals who have difficulty expressing their emotions verbally may "have an easier time expressing feelings of love through physical contact or even simply looking into their lover's eyes."

PASSION AND COMPASSION

Researchers like Dr. Hatfield have long studied the most common expressions of love, passion and compassion. While each serves a useful purpose, each produces a very distinct pattern of behaviors. Whereas passionate love is more intense, provoking extreme emotions, including anxiety and distress, compassionate love, though less intense, produces more enduring feelings of security and attachment. In the end, though less provocative, compassionate love, and its ability to induce feelings of calm and contentment, may offer enduring health and social benefits.

Hatfield and her cohorts have

found that in passionate love it is not uncommon for individuals to experience extreme emotions, from "fulfillment and ecstasy" in reciprocated love, to "feelings of emptiness, anxiety and despair," associated with unrequited love.

According to scientists, passionate love, when contrasted with compassionate love, produces a "mental chaos." These results are directly observable in fMRIs (functional magnetic resonance imaging) taken of subjects claiming to feel love "truly, deeply and madly."

This process allows an individual to let down their guard while concurrently enhancing feelings of attachment that may eventually lead to love.

Feelings of love, aided by a reduction of critical thinking and combined with a reduction of anxiety and fear, along with a handful of flowers and a box of chocolates, may ultimately serve as the foundation for human health, happiness and love.



PAULO ALEXANDER, SENIOR, MECHANICAL ENGINEERING
 "Love means more than just one person, it's loving my friends and the things I do."



JULIE KNUDSEN, VISITING LANGUAGE STUDENT, DENMARK
 "Love means everything."



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A bouquet of intricate details

MICHAEL BREWER
Features Editor

Advice from a horticulture professor: on Valentine's Day, take your significant other "out on a date, feed her well, give her a nice lei, and, you know, have a grand evening."

Dr. Richard Criley, who has been on the faculty at the University of Hawai'i at Mānoa for almost 42 years, said that with a grin on his face. Of course, he is also aware of the chemical processes that go on between the reception of the lei and the whole part about having a "grand evening," as proven by the heaps of books on horticulture, floriculture, cultivation and arboriculture on his desk, mixed with random notes and chemicals stored in packets for later lab usage.

For one, flowers give off a fragrance. Fragrances affect hormones, which affect decision-making. Describing those fragrances and determining why they have

such a powerful influence on deciding what type of flower to bring to your beau or belle is a tough endeavor.

"If I told you the fragrance of roses was phenylethyl alcohol, would it make a difference?" Criley asked.

In layman's terms, we say roses are sweet-smelling, although the spectrum of different roses has a tremendous variance of smell. Carnations can smell spicier, while freesia is "pretty-smelling."

The horticulturalist had to pause as he thought of the right adjective for freesia, proving that describing smells can be difficult.

As for why certain flowers influence people in different ways, Criley said it was "a good question, that, if you had the answer to, perfumists and florists would pay you a lot of money." He also said that it's something personally tailored to things like culture, location and nostalgia.

"Maybe your first girlfriend wore a certain perfume – Chalomar, or some-

thing like that," Criley said. "You always remember that fragrance."

DECISIONS, DECISIONS

"A lot of the time I think the girl would rather receive a flower arrangement instead of just a handful of roses," Criley said.

He added that "there's a lot of other flowers" that are nice to receive, and that roses don't always need to be the Valentine's Day gift, even though they do last an abnormally long time, what with longer life being bred into them and mixtures like rose food, a compound of sugars, and acidifying agents that destroy bacteria.

"If you had time to run down to Watanabe Floral on Nimitz (Highway), you'd see all kinds of neat stuff," Criley said. "Freesia, that's a beautiful one for this time of year."

Another thing to consider when buying roses for your other half is the cost. Think of the fact that, with most of our

roses grown in South America, and with Christmas, another flower-heavy holiday just two months prior to Valentine's Day, there might be some extra charges like shipping, priority, supply and demand.

But if you really must buy a rose, consider buying a few at other times of the year, as Criley mentioned that it's never a bad idea to give someone flowers for any occasion.

Perfume is another gift to give. Using rough figures, Dr. Criley said it takes about 500 kilograms (1,200 pounds) of rose petals to produce about 1 kilogram (2.2 pounds) of usable rose essence. This essence can then be disseminated into alcohol and turned into a few thousand 2-ounce bottles of perfume. Most fragrances used for perfume are manufactured in France as is traditional (most perfumes have French names), but India is another major producer. Also, the Eastern Asian countries, like China and Japan, have begun becoming major growers as they westernize.

Cupid

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from page 4

In full disclaimer, the following version of the myth may contain details of both versions, but is drawn mostly from retellings of the Roman myth.

Cupid fell in love and married a mortal named Psyche after Cupid's goddess mom instructed him to hurt Psyche because she was envious of Psyche's striking beauty. Psyche's sisters were also jealous and tried to convince Psyche that her husband looked repulsive. This worked, because Cupid, who perhaps had some self-image issues as a result of his upbringing, asked Psyche when they got married to never look at him – they only saw each other when it was dark.

Psyche is eventually swayed by her sisters and her own self-

doubt to sneak a look at Cupid. One night while Cupid was sleeping, Psyche lit a candle and saw her husband for the first time. She was mystified by his stunning good looks, and was frozen for a moment as she stared at him before a drop of wax burned Cupid, who woke up and saw Psyche looking at him. Cupid was furious and flew away into the night.

Psyche was determined to find him. She tracked down Cupid's mother and asked her to help, but her mother-in-law gave her a bunch of tests before she could hope to be with him again. The last test was a mission into the underworld, in which she was to deliver a package that she was instructed not to open. Of course, she opened the box, and passed

out from the magic inside.

But then Cupid came along and saw her. He realized that he loved her and used his god-like abilities to save her from the powers that harmed her. When Psyche woke, her dedication to her husband impressed the gods, and she became a goddess.

So what can be learned from the Roman myth of Cupid? One lesson is that love is more than "skin deep," because Psyche was willing to marry Cupid without ever looking at him. Another lesson is that trust is important in a relationship, and when damaged it's hard to repair. But perhaps the most enduring lesson is that in the end, if love between two people is true, they will always find their way back to each other.



Cupid is now portrayed as a chubby, magic arrow packing creature who is a symbol of Valentine's Day, but his history in Roman mythology paints a very different portrait of him.

THE WEE PIXIE
FLICKR

Lack of touch kills the long-distance relationship

DAVIN AOYAGI
Associate Opinions Editor

"So I love you because I know no other way ..." I recall quoting Pablo Neruda late into the night while chatting over Skype. There is no doubt that relationships, particularly long-distance relationships, can be sustained through Skype, AIM and Facebook.

Many of us, however, have experienced a relationship that simply could not work through such media, particularly a high-school sweetheart who went away for college. The problem is not necessarily the fact that it was long distance, but rather that it was an over-reliance on the technology that seemed to make the separation anxiety bearable.

How did long-distance relationships function without cell phones and the goodies of the 21st century? I'm sure you've heard of a story in which adoration was exchanged through letters written across many miles, carried on the wings of tireless

love. If these relationships triumphed over distance with nothing more than paper and ink, surely they should be simpler to maintain today.

This, however, is not the case. Both partners in a relationship increasingly rely on the technologies that make living apart easier, and thus these technologies morph into stressors when problems arise. How can distance make the heart grow fonder when a partner is close enough to be a phone call away, yet far enough where you can't stroke their face?

The problem is that technology allows partners to communicate but not engage in physical intimacy. When lovers are deprived of that intimacy, they lose a crucial way of expressing their feelings for each other, and the relationship changes, usually for the worse.

With that in mind, when lovers get frustrated over issues in the relationship that were never resolved before the separation, they lack the physical option to

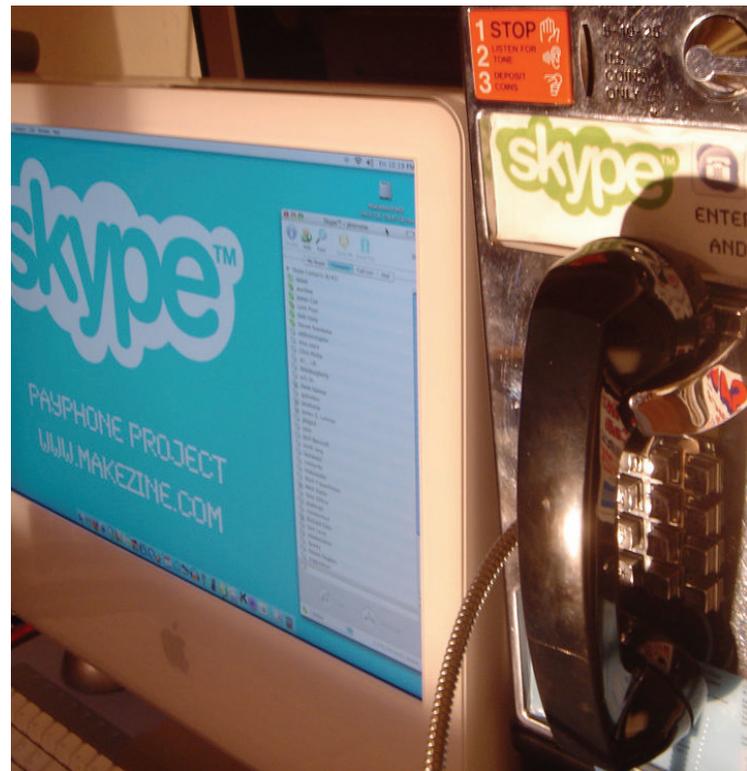
help mend the emotional rifts.

What is the solution to this dilemma that technology has caused? How can we balance the communicative closeness that technology allows with the physical intimacy lacking in long-distance relationships?

I insist that one must enter a relationship of such nature only if they are aware of the implications of this action. You may claim that your relationship is exceptional; however, I entreat you to imagine a relationship where screens of your lover's face dominate.

The solution is not to avoid long-distance relationships, but to instead realize that both parties must love each other for their words, not their physical actions. When you entertain the notion that, "I love you because I know no other way," it truly means that you must be devoted to that person regardless of where they are or what faults they possess.

Distance makes the heart grow fonder ... if lovers speak, not touch.



P T / FLICKR

Technology has made it easier for couples in long-distance relationships to keep in touch, but the lack of physical intimacy can test even the most committed of couples.

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Dollar signs in a relationship

LINDSY OGAWA
Opinions Editor

Does the salary of your significant other matter?

The question seems simple enough to be answered with a yes or no, but there lies a deep cultural history surrounding the roles of breadwinner and

homemaker that remains embedded into even the modern man and woman.

While a relationship should focus more on respect than comparing paychecks, issues may arise when men begin to feel inadequate in the relationship or women begin to feel they are not being taken care of.

I suspect this role-playing stereotype that society placed on sexes will soon only be found in the cultural-studies books for college students of the future, so long as the current trend of more women entering and graduating from college continues.

A Pew report found that in 1970, only 4 percent of women

had a higher salary than their husbands, while in 2007, 22 percent of women had a higher salary. The same report also shows that in 1970, 28 percent of men had more education than their wife, and 20 percent of women had more education than their husband. In 2007, the numbers were nearly reversed with a comparable 19 percent and 28 percent.

Despite what the numbers say, gender roles persist. This also means that everyone is susceptible to certain expectations for themselves, as well as what

who work are likelier to end in divorce, there were 17 divorces per 1,000 couples in 2009 compared to 23 divorces per 1,000 couples in the 1970s. Economically independent and better-educated women were also more likely to stay in her marriage, said the 2009 report from the Center for American Progress.

Similarly, relationships that shifted the stereotypical roles, in which husbands did more of the housework while their wives left to go to work, equated in happier couples.

Unless a large bank account

“I mean, I’d like to be the one to (provide)... but again, if she can bring home more money, it sounds good to me,” he said with a smile.

we expect from a significant other – similar to how men often have a “type” of body they prefer on a woman, and women have a “type” of body they prefer on themselves.

But men should relax. The amount of a paycheck should not be a competition against your partner.

“I mean, in this time and age, I’d say I’m not all that surprised that more women are becoming the larger provider,” said William Jang, a UHM sophomore majoring in Korean and sociology.

Still, Jang admits to some societal pressures.

“I mean, I’d like to be the one to (provide) ... but again, if she can bring home more money, it sounds good to me,” he said with a smile.

Jang’s statement shows that men, though obvious, sometimes fail to miss when insecure about a prosperous spouse, that a working, richer companion means a richer relationship, and often a happier one.

Though the common belief is that marriages with women

is the central foundation of the relationship, many look into their partner’s motivations and actions, digging deeper than the salary itself.

“If my husband was doing what he loved to do, his passion, then I wouldn’t mind being the one who made the money,” said Danika Harada, a UHM nursing junior.

At the same time, she added, “If he wasn’t making money simply because he had no motivation to do something or get a higher education, then I honestly wouldn’t be happy with the situation.”

Because more women are becoming more financially independent and marrying less for financial support, women are choosing men who support a balanced relationship, and someone they enjoy being with.

So, then, men should continue to strive to improve themselves and to consider what is best for the family, but relax when it comes to the idea that they must be the prince who saves the helpless princess. It just isn’t the case these days.

Program Heads Wanted

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SPORTS COMMENTARY

Sailing programs deserve title nod



BRIAN TSENG / KA LEO O HAWAII

The Rainbow Wahine volleyball program has four national championship banners that hang on the rafters at the Stan Sheriff Center. The coed and women's sailing teams each have one title.

RUSSELL TOLENTINO
Sports Co-Editor

UCLA has 104 team national championships – the most in Division I.

Penn State has 65, Texas has 47, and Hawai'i ... ?

Well, Hawai'i has six.

The Rainbow Wahine volleyball program won national titles in 1979, '82, '83 and '87, and banners hang on the rafters of the Stan Sheriff Center (SSC) as a proud reminder that UH has been and can be No. 1.

But for the other two championships – women's sailing (2001) and coed sailing (2004) – the only existing banner hangs in the Hemenway Hall office of sailing head coach Andy Johnson; it was made by Campus Center following the 2004 coed title.

It's unfortunate that there are no banners hanging in the SSC for the sailing teams.

"I don't really think there's a reason why," said Marilyn

Moniz-Kaho'ohanohano, associate athletics director.

Moniz-Kaho'ohanohano said that the women's volleyball banners have been there since the Klum Gym days of the 1980s and were redone when the teams moved to the SSC.

"(Sailing banners) wouldn't go in the (SSC) anyway – it's volleyball and basketball," she continued. "Nobody's really asked the question. I think if coach Andy wanted to do it, we could do a banner and we could hang it. It could be done."

But Moniz-Kaho'ohanohano said that even if they made national championship banners for the sailing teams, they should be hung at the team's venue at Ke'ehi Lagoon, despite the fact that not many people go there.

"You've got to have the proper place to be able to hang it," Moniz-Kaho'ohanohano said.

But why not hang them at the Stan Sheriff Center alongside the women's volleyball

banners? It's obvious that the sailing teams don't practice or compete at the SSC, but in my opinion, the arena is the proper place to hang them.

After all, a combined average of about 170,000 fans a season come together to support and celebrate the four teams that play in the SSC. And, unlike Aloha Stadium, the Stan Sheriff Center is located on campus.

But in an e-mail, even Johnson said that he had "no feelings one way or another" in regard to his teams not having banners to hang.

In my opinion, the school's six national titles should hang together at the SSC regardless of whether or not it would be "proper" to do so.

Perhaps banners and public recognition are superficial, but national titles haven't come to Mānoa 104 times like UCLA.

And because of that, each title should be cherished and celebrated together for every fan to see, remember and be proud of.



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STRAIGHT FROM THE ATHLETES

WHAT DOES VALENTINE'S DAY MEAN TO YOU?

CARMEN EGGENS



"I've never really celebrated Valentine's Day because it's the day after my birthday ... but Valentine's Day to me is a day where I can eat a lot of candy and chocolate and not feel guilty about it."

**RAINBOW WAHINE WATER POLO
JUNIOR, UTILITY**

JOSEPH MALABUYOC



"If you have a significant other, it's a day to provide an act of affection to show you care. It's also a day to make known to that special girl/guy that he/she had been on your mind. It should also bring your courage out and help you realize that you have everything to gain by making your feelings known."

**WARRIOR FOOTBALL
JUNIOR, LINEBACKER**

STEPHANIE FERRELL



"It means a lot this year – in the past years it was just another day ... This year it's going to be a time of celebration of love and happiness."

**RAINBOW WAHINE VOLLEYBALL
SOPHOMORE, OUTSIDE HITTER**

JOSH SLAATS



"Valentine's Day is just an excuse for women to have men buy them things. ... They expect things to be given to them, which is okay because men are usually cheap. So it keeps them in line and forces them to actually show appreciation."

**RAINBOW BASEBALL
JUNIOR, PITCHER**

KELLY MAJAM



"My favorite thing about Valentine's Day is receiving candy."

**RAINBOW WAHINE SOFTBALL
REDSHIRT FRESHMAN,
OUTFIELD/PITCHER**

ALEKSANDAR MILOVIC



"It's a significant day in the whole year and it's nice to spend that night or that day with your girlfriend/boyfriend, but I don't really pay much attention to that day ... It's a significant day for those people who are in a relationship, so you should somehow spend time with them and give them a gift."

**RAINBOW WARRIOR BASKETBALL
SOPHOMORE, GUARD**

UH HOME GAMES

FEB. 11 TO 14

THURSDAY, FEB. 11

6 p.m. – Rainbow Wahine Softball vs. Mcneese State in the Oceanic Time Warner Cable Paradise Classic at the Rainbow Wahine Softball Stadium (RWSS)

FRIDAY, FEB. 12

5 p.m. – Rainbow Wahine Softball vs. Texas A&M-Corpus Christi in the Oceanic Time Warner Cable Paradise Classic at the RWSS

7 p.m. – Rainbow Wahine Softball vs. Stanford in the Oceanic Time Warner Cable Paradise Classic at the RWSS

7 p.m. – Warrior Volleyball vs. Alberta at the Stan Sheriff Center

SATURDAY, FEB. 13

All Day – Rainbow Wahine Track and Field hosts the UH Mini Meet #2 at Clarence T.C. Ching Field

All Day – Rainbow Wahine Softball hosts the Oceanic Time Warner Cable Paradise Classic at the RWSS (Games at 10 a.m., noon and 2 p.m., with championship game at 4 p.m.)

1 p.m. – Rainbow Baseball vs. Alumni at Les Murakami Stadium

7 p.m. – Warrior Volleyball vs. Alberta at the Stan Sheriff Center

SUNDAY, FEB. 14

No home games

The Continuing Trials And Tribulations of Senator Picklescissors: Cupid's "Yes" Vote

WITH GOD AS MY WITNESS, I SWEAR THAT I SHALL PUT MY OWN RE-ELECTION ABOVE WHAT IS JUST! THE IMPLICATIONS OF THE CIVIL UNIONS BILL ARE HORRIFIC! THIS NATION HAS A LONG, PROUD HISTORY OF INEQUALITIES AND I'LL BE DAMNED IF I LET ANOTHER INJUSTICE BE RIGHTED!

GAH!

IN LOCAL NEWS, SENATOR PICKLESCISSORS, THE VOCAL LEADER OF OPPOSITION TO THE CIVIL UNIONS BILL, WAS SEEN SNOGGING A BURLY, MUSCULAR MAN OUTSIDE THE CAPITOL BUILDING YESTERDAY! JAM!

Will Caron

Popular Books #57 TOBY IDIAN

The Adventures of Thomas the Narcoleptic Tree

MMPH! MMPHH!

I HATE VALENTINE'S DAY. PDA COUPLES EVERYWHERE. IT JUST REMINDS ME OF HOW LONELY I AM.

SO ALL THOSE NIGHTS WE SPENT TOGETHER MEAN NOTHING TO YOU?!

I SEE HOW IT IS!

SHHHH!

MMPH! MMPHH!

7Sketches Devco 2

Mature Adult Behavior

Oh, Sweetness!

P. Albanese

I gotta be honest with you, Mandy: I don't come here all that often.

I guess. What are you putting in your drink?

Liquid sugar.

Oh.

So...it's liquid sugar? Pure sugar I can...drink?

But who would want to dilute SUGAR water?!? It's the greatest drink in the world!!!

Yeah...you wouldn't like coffee.

Well, you add it to your drink, usu-

Special thanks to D. Teraoka

lol girl problems EPISODE 136: SHACKLES DUANE FUKUMOTO 2.4.2010

OMG! I LOVE MY NEW GIRLFRIEND!

WHY?

SHE LETS ME CARRY ALL HER BAGS ALL THE TIME...

UH-HUH...

...LETS ME PAY FOR ALL HER MEALS...

OKAY?

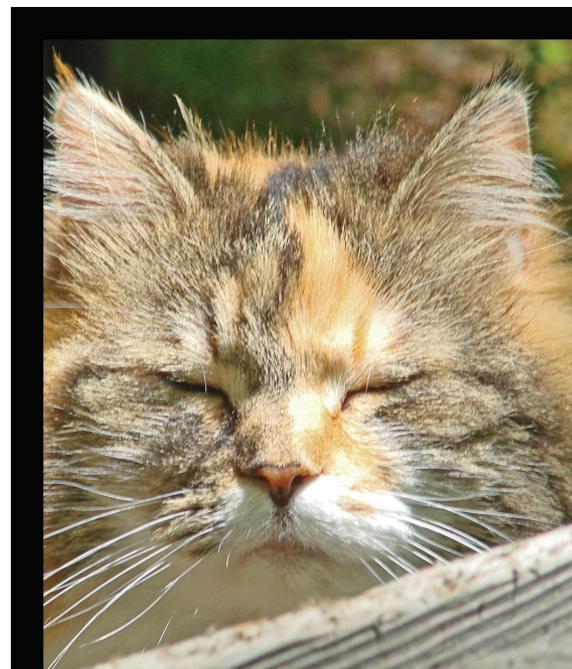
AND ALLOWS ME TO COMPLETE HER HOMEWORK FOR HER...

UH...

SHE EVER BUY YOU ANYTHING?

YEAH! GOT ME SOMETHING YESTERDAY!

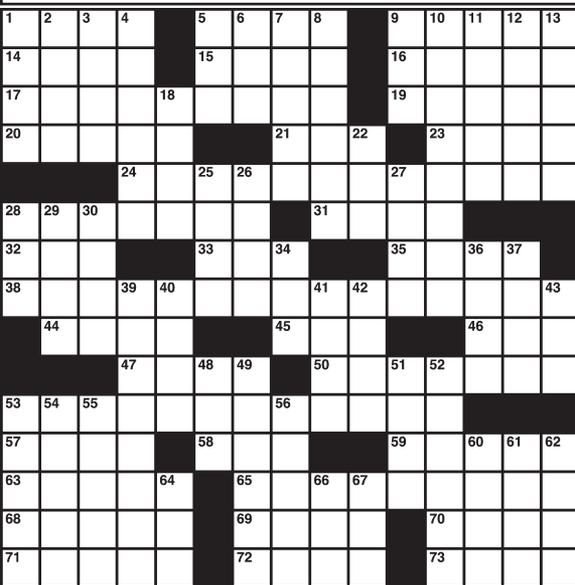
A LEASH...



HELL YEAH

STILL
The feeling you get after your comic gets published in Ka Leo

Los Angeles Times Daily Crossword Puzzle
 Edited by Rich Norris and Joyce Lewis



By Nancy Salomon 2/11/10

ACROSS

- 1 Holy pilgrimage
- 5 Kids' getaway
- 9 "Gimme a break!"
- 14 Nobelist Wiesel
- 15 "This looks like trouble"
- 16 Leonard Marx, familiarly
- 17 "Get going!"
- 19 Peyotes, e.g.
- 20 She played Donna in the film "Mamma Mia!"
- 21 Sinus specialist, briefly
- 23 Baseball Hall of Famer Speaker
- 24 *1986 Pulitzer-winning Western novel
- 28 Feel the heat
- 31 Food critic Sheraton
- 32 "Bingo!"
- 33 X-Games bike, briefly
- 35 Run at a red light?
- 38 1968 Troggs Top 10 hit, and a hint to the hidden puzzle theme in the answers to starred clues
- 44 Jeans joint
- 45 Yield to gravity
- 46 Sportage maker
- 47 Fresh response
- 50 Serious-and-funny show
- 53 *Gunpowder, e.g.
- 57 They're not returned
- 58 Bosox great
- 59 Comforting comment

DOWN

- 1 Bridge position
- 2 Burn balm
- 3 Fashionable Christian
- 4 Stevenson physician
- 5 ___-de-sac
- 6 Yellowfin tuna
- 7 Changes places
- 8 Rising star
- 9 N.C. State's conference
- 10 "Who, me?"
- 11 Tiny
- 12 When Brutus sees Caesar's ghost
- 13 Hullabaloo
- 18 Big-time
- 22 "I didn't need to know that," informally
- 25 Birds' bills
- 26 Humorist Bombeck
- 27 Islamic leader
- 28 ___ soda

su | do | ku

© Puzzles by Pappocom

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 thru 9.

Puzzles will become progressively more difficult through the week.

Solutions, tips and computer program at www.sudoku.com

Go to www.kaleo.org for this puzzle's solution.

7	4			6	9		
3			5		1		
9		2	4				
				8			1
	8					6	
6			3				
				9	3		5
		7			5		8
		4	8			9	2

HARD

40

- 29 Grinch victims
- 30 Place for Christmas lights
- 34 Tee choices
- 36 Gospel writer
- 37 Camelot lady
- 39 Removes gently
- 40 Eye-opening theater
- 41 Fellows
- 42 Rural prefix
- 43 Beatles' "A ___ in the Life"
- 48 Security threat
- 49 Course for weavers?
- 51 Fired up

- 52 Like some weights
- 53 Bochco series
- 54 City NW of Orlando
- 55 Brand on a patio, maybe
- 56 Hole site
- 60 Foal's parent
- 61 Rink, often
- 62 Canterbury's county
- 64 Some NFL linemen
- 66 Feature of a two-ltr monogram
- 67 Neighbor of Aus.

www.kaleo.org for solutions

Horoscopes

By Nancy Black and Stephanie Clements
 Tribune Media Services (MCT)
Today's birthday (2/11/10). You obsess about how to get your needs met in the work environment. You'll quickly get over that once you turn your attention to more appealing projects. Revise your financial portfolio to reflect recent changes in family structure. Group membership takes higher priority now. To get the advantage, check the day's

rating: 10 is the easiest day, 0 the most challenging.
Aries (March 21-April 19) -- Today is a 7 -- Everyone shifts gears. Social contacts occur in private. Emotional moments happen in public. Overall, love triumphs.
Taurus (April 20-May 20) -- Today is a 7 -- Who's on first? Not you? That's because you've rounded third and you're on the way home, with just the score you wanted.
Gemini (May 21-June 21) -- Today is a 6 -- Relationships undergo a shift from contentment to excitement. You better understand your own needs. Share your

feelings as openly as you can.
Cancer (June 22-July 22) -- Today is a 7 -- Social contacts soothe your feelings and allow you to balance work with the rest of your schedule. Opt for time alone at the end of the day.
Leo (July 23-Aug. 22) -- Today is a 5 -- A female's plan remains out of focus until you adjust your sights. She wants what you want, only in a different shade of green. In this case, money talks.
Virgo (Aug. 23-Sept. 22) -- Today is a 7 -- Work on a close relationship today as Venus enters Pisces. You understand on an empathetic level. Take independent action to get things done.

Libra (Sept. 23-Oct. 22) -- Today is a 7 -- Balance! You want love to dominate the scene, but you have work to do. Save love for dinner and dancing with someone special.
Scorpio (Oct. 23-Nov. 21) -- Today is a 6 -- Focus on feelings (it will be hard to do anything else). Own what's yours, and listen to family members. Don't leave until the conversation is complete.
Sagittarius (Nov. 22-Dec. 21) -- Today is a 7 -- A female decides to go in a new direction. This challenges your thinking about your role. Remember, the two of you are not connected at the hip.
Capricorn (Dec. 22-Jan. 19) --

Today is a 7 -- If you've been seeking independence, today can set you on that path in surprising ways. Be careful what you ask for. Today, you just might get it.
Aquarius (Jan. 20-Feb. 18) -- Today is an 8 -- Your weekend plans get ahead of your end-of-the-week work schedule. Keep your mind on today's tasks and maintain confidentiality as needed.
Pisces (Feb. 19-March 20) -- Today is a 7 -- On a personal level, you're staying comfortable. An associate jumps into a shocking new relationship. Only time will tell how it will work out.

Classifieds

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Men's volleyball: WARRIORS GEAR UP FOR ALBERTA BEARS

from back page

coming off two straight-set victories over the University of British Columbia last weekend.

Alberta is led by senior middle blocker Simon Lidster, who heads the CWUAA with 1.51 blocks per set.

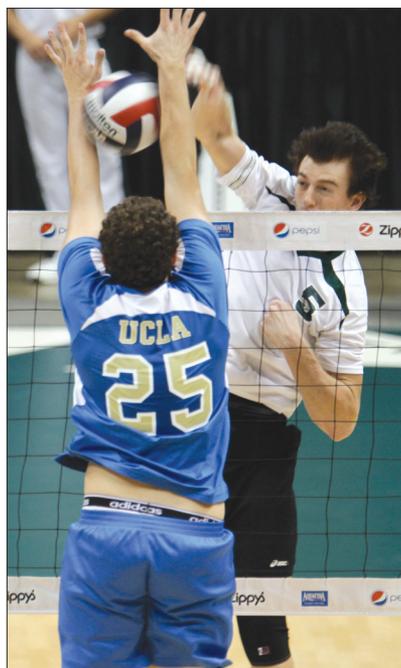
Hawai'i dropped from No. 6 to No. 8 following an 0-2 record against the No. 3 UCLA Bruins last weekend after losing both matches in four close games.

Still, Wade was happy with how his team performed.

"Well, I'm really proud of our guys; I thought we battled hard, and that was one of the elite teams," Wade said. "They played at a really high level the entire time. We out-blocked them actually tonight and they're bigger than we are."

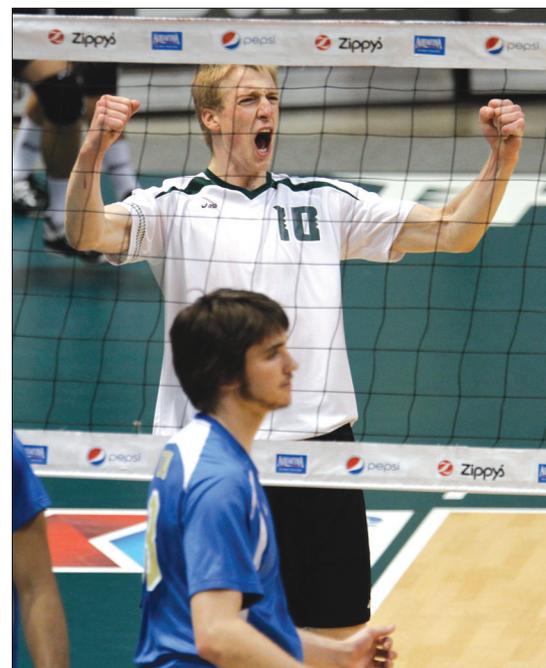
"There's not much to fault – the effort on our side or even execution. We just ran into a really good team."

Following the matches against Alberta, UH will host Hope International, a National Association of Intercollegiate Athletics (NAIA) school.



Sophomore outside hitter Steven Hunt spikes the ball between the hands of UCLA setter Kevin Ker.

BRIAN TSENG
KA LEO O HAWAI'I



Freshman opposite hitter Jonas Umlauft celebrates after a point against the UCLA Bruins. Umlauft leads UH with 4.53 kills per game and 12 service aces.

BRIAN TSENG
KA LEO O HAWAI'I

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Canadian cold front in Warriors' forecast

MARC ARAKAKI
Senior Staff Reporter

A team from Canada hasn't played the Warrior volleyball team since British Columbia in 2007 for preseason matches.

But on Friday and Saturday, the Warriors host the Alberta Golden Bears at the Stan Sheriff Center, with both matches set for 7 p.m.

"(We hope to improve on) passing, our block and serving as well," said senior libero Ric Cervantes. "We need to improve on every facet."

Both nights are exhibition matches, meaning the results won't count toward the Warriors' season record, so head coach Charlie Wade plans to experiment with his lineup.

"We are not going to worry about the other side of the net at all," Wade said. "We are just going to work on some stuff, trying to get some other guys in the lineup."

Alberta (25-4, 14-4 Canada West) concluded its regular season and finished first in the Canada West Universities Athletic Association. The Bears are

Men's volleyball, page 15



Sophomore middle blocker Jarrod Lofy (left) and junior outside hitter Joshua Walker (right) go up for a block against UCLA sophomore opposite hitter Jack Polales Feb. 4 at the Stan Sheriff Center.

BRIAN TSENG
KA LEO O HAWAII

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