Foundation for East-West Medicine

Mission: To initiate, promote and support the study, investigation, interpretation and integration of the concepts and practices of traditional Asian and contemporary Western medicine.

History: In 1988, Dr. Julia Tsuei and the John Burns School of Medicine (JABSOM) at the University of Hawaii obtained a significant grant from the government of the People’s Republic of China to study bioenergetics theory. She was project director for the three-year project, and Dr. Satoru Izutsu of JABSOM was the principal investigator. The first International Bioenergetic Conference, held in Honolulu, was one activity of the project.

The Foundation was established by Dr. Tsuei in Honolulu in 1989, with an allocation of $40,000 from a separate foundation with the same name, based in Taipei, Taiwan. It includes a research committee of which only physicians are members, but its board of directors include a wide variety of professional and community members.

Since inception, the Foundation has worked closely with a sister organization—the American Association of Acupuncture and Bioenergetic Medicine (AAABEM)—which serves primarily as a teaching and certification body. Many of the Foundation’s board members share joint appointments with on the board and research committee of the AAABEM. Originally, only physicians and dentists were accepted by the AAABEM, but eventually grew to include other licensed healthcare professionals as well.

Activities The Foundation fund-raises and applies for specific grants to support research projects and educational conferences. A highlight is bioenergetic studies, focusing on the meridien system of the human body, and technologically-assisted measurements of bioenergetic balance. Research programs currently underway also include studies on herbal effectiveness in the treatment of various illnesses, such as cancer and viral infections, and to counter the effects of the aging process; and the use of computer-aided technology in diagnosis and analysis, based on both Eastern and Western medical methodologies.

The second international bioenergetic conference was held in Honolulu in 1997; the third was co-sponsored by the University of Maryland in 1998; and the fourth was scheduled to coincide with the First International Conference on Holistic
Medicine, in Taiwan. The fifth Bioenergetic Medicine and second International Integrated Holistic Health Care Conferences were held jointly in July, 2005, at the Convention Center in Honolulu, and drew participants from ten nations including the US, China, India, Austria, and Germany.

Planning is ongoing for the sixth bioenergetic and the third international conferences on holistic healthcare, to showcase the most rigorous scientific work and to afford venues for bioenergetic training.

Members of the Foundation’s board and research committee meet on a regular basis. Once a year, they also meet with the board and research committee of AAABEM, to plan projects and conferences. AAABEM maintains a website, that can be visited at <www.healthy.net/aaabem>.

Activities of the Foundation and AAABEM are also supported by many volunteers, who participate as necessary.

**Board of directors**

Dr. Julia J. Tsuei, **president**
Dr. Frederick M.K. Lam, **vice president**
Mr. Raymond Starbuck, **secretary/treasurer**
Mr. Jack Bratton
Mr. Paul T.P. Chen
Mrs. Connie Clapp
Mr. David Clapp
Mr. William Coats
Dr. Alex Duarte
Mr. Dean Ho
Mr. Don Ho
Mr. Toshio Kanehara
Mr. Chao-Yung Kuo
Mr. Ted Mina
Mr. David M.J. Shu
Dr. Mark Tajima
Mr. Hsung-Hsiung Tsai
Mr. Kuo-Shen Wang
Dr. David Y.Y. Yun
Mr. Al Harrington
Dr. Heung Hung Yin

**Research Committee**

Dr. Frederick M.K. Lam, **chair**
Dr. Brian F. Issell, **vice chair**
Dr. Shao-Chia Chou
Dr. Douglas Massey
Dr. Julia Tsuei
Dr. Arwin R. Diwan
Dr. Thomas K.L. Lau
Dr. Glenn H.L. Pang
Dr. Zixian Zhai

*Right: Dr. Tsuei demonstrates electrodermal stimulation testing. Photos from NEWIDEA magazine issue 2004, March 2005*